



1st Onsite Training

- Land Development
- **Rice Cultivation**
- Farm Management

Back side

This chapter includes 10 topics;

- Bush and grass Clearing
- 2. De-stumping
- 3. Land Demarcation
- 4. Virgin land ploughing
- 5. Grading and Levelling
- 6. Bunds Construction
- Bunds Construction using tractor
- 8. Land levelling
- 9. Water harvesting
- 10. Maintenance of bunds





Land Development and Preparation

From a Virgin Land to an Arable Land





Sustainable Development of Rain-fed Lowland Rice Production





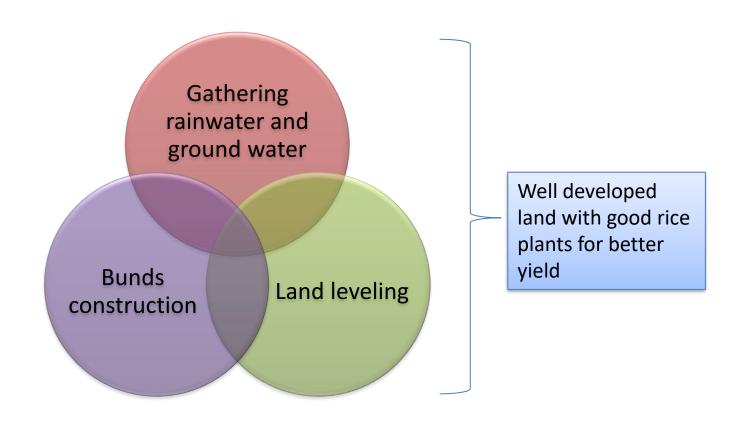
Land Development and Preparation

From a Virgin Land to an Arable Land

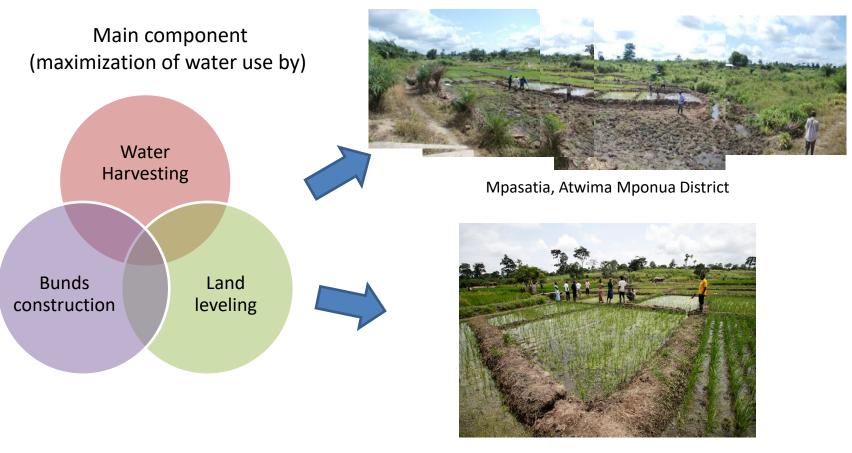


Back side

Land Development for rice cultivation under rain-fed system



Land Development for rice cultivation under rain-fed system



Katabo Central, Ahafo Ano North District

Steps

- 1. Bush and grass Clearing
- 2. De-stumping
- 3. Land Demarcation
- 4. Virgin land ploughing
- 5. Grading and Levelling
- 6. Bunds Construction
- 7. Bunds Construction using tractor
- 8. Maintenance of bunds
- 9. Land levelling
- 10. Water harvesting

Generally Land Development procedures followed by activities on the left table.

However, sometimes you can jump some steps or do some steps at same time, if it is not necessary such as grading, puddling and land levelling.

Land Development by machine might be requested by farmers because of tedious and tough works, in that case, please remind them how farmer/MOFA can access the machine.

Steps

- 1. Bush and Grass Clearing
- 2. De-stumping
- 3. Land Demarcation
- 4. Virgin Land Ploughing
- 5. Grading and Levelling
- 6. Bunds Construction
- 7. Bunds Construction using tractor
- 8. Maintenance of bunds
- 9. Land Levelling
- 10. Water Harvesting

Back side

1. Bush and Grass Clearing



Explanation

- 1. Cut grass and clear bush.
- 2. After cutting grass, leave number of days for drying.

Note

Remain/Do not remove grass or bush at upstream area as a buffer zone against flood.

1. Bush and Grass Clearing



2. De-Stumping





Explanation

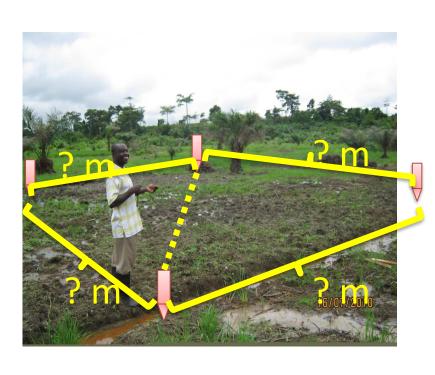
- Remove the roots
- Group work
- Get it out from field

2. De-Stumping



Back side

3. Land Demarcation



Purpose

- 1. To Identify actual area for rice cultivation (determine right amount of seed and fertilizer application)
- 2. Easily identify the location of peripheral bunds.

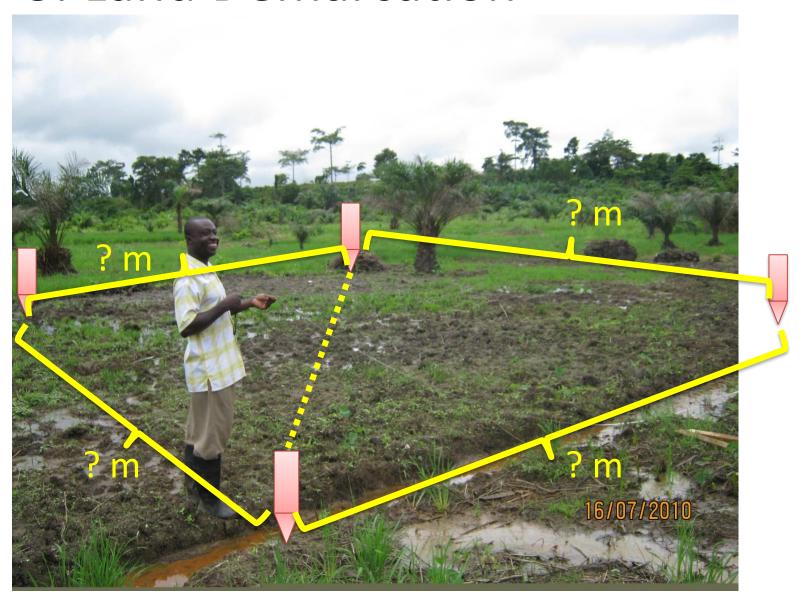
How

1. Peg should be put at each corner

Then

1. Area should be around measured and calculated

3. Land Demarcation



Back side

4. Virgin land ploughing



Purpose

- 1. To make the soil medium smooth and fine to enhance rice growth.
- 2. To bury(kill) weeds

When

Plough when the soil is moist

How

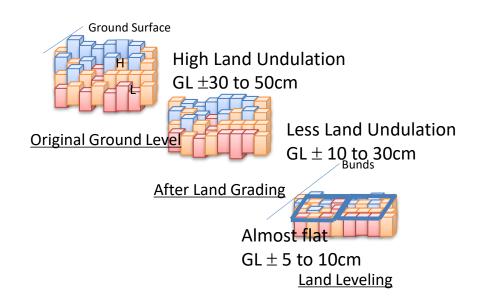
- Use available simple tools like hoe
- As much as possible farmers should be groups to reduce the drudgery
- Deep ploughing should be avoided (top soil)
- Ploughing depth should be uniform (around 20 cm)

4. Virgin land ploughing



Back side

5. Grading and leveling



Uniform water depth

- Uniform growth of rice
- Effective fertilizer and herbicide utilization

Drainage of surface water

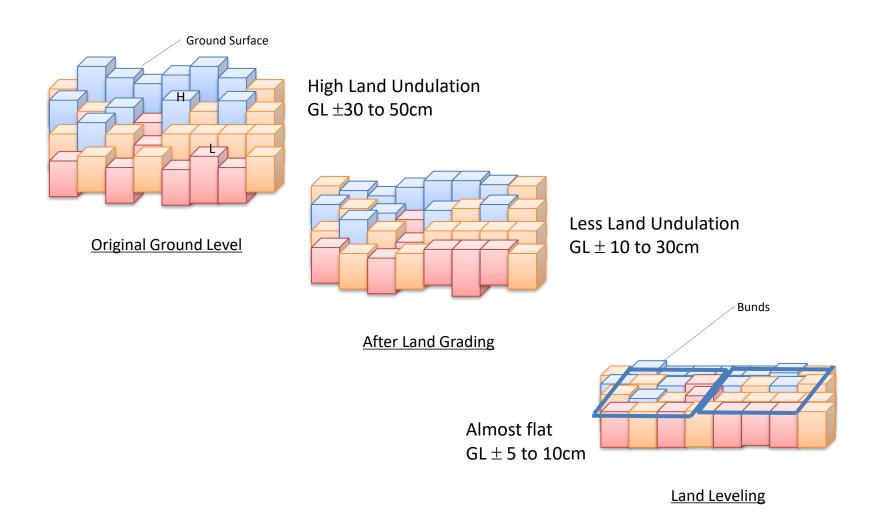
- For agric. Machinery application in the field
- For harvesting of rice under dry field condition

Why grading and land leveling are necessary?

- Minimize the undulation levels,
- Ensure equal distribution of water in the field,
- Ensure adequate use of water by the plants,
- Enhances the optimum usage of fertilizer by the plants



5. Grading and leveling



6. Bunds Construction (1)



Without Bunds

- Lack of water in the field,
- Frequent floods or over flows,
- Poor drainage problems,
- Difficulty in applying fertilizer

- Why bunds are necessary for rice cultivation?
 - Helps in conserving water in the field for the rice plants,
 - Direct water in and out of the field for water, management
 - Controls floods,
 - Avoid loss of fertilizer through moving water,
 - Walk ways and boundaries

LD OST. 01

6. Bunds Construction (1) Purpose and Functions





6. Bunds Construction (2)



Spilled water over bunds



Purpose

To prevent spilling of water over bunds

- How to determine?
 Height = (Maximum water level from last few years) + (Freeboard 20 cm)
- Other factor to be considered

Land slope (inclination)

6. Bunds Construction (2) Determination of height of bunds





6. Bunds Construction (3) Earth Bunding





Contour Bunds

Bunds with sand bags



Interlocking Bunds

material	Earth	
	Advantage	Disadvantage
Contour Bunds	➤Easy construction ➤Low cost	➤Weak to erosion
Bunds across the water flow direction		
Bunds along the water flow direction		
Interlocking bunds		

6. Bunds Construction (3) Earth Bunding





Contour Bunds



Bunds with sand bags

Interlocking Bunds

6. Bunds Construction (4) Stone Bunding

Stone Bunding



Stone Bunding (across the water flow direction)

Combined earth & Stone Bunding with impermeable sheet



Contour Bunds



material	Stone	
	Advantage	Disadv.
Contour Bunds	•Strong against heavy water flow •Resistant to erosion	•Expensive •Might be scattered on field
Bunds across the water flow direction		
Bunds along the water flow direction	Not appropriate (ploughing with tractor)	
Interlockin g bunds		

6. Temporary Bunds Construction (4) Stone Bunding

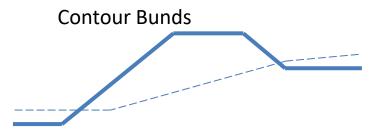
Stone Bunding



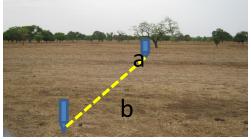
Stone Bunding (across the water flow direction)

Combined earth & Stone Bunding with impermeable sheet





7. Bunds Construction using tractor (1)





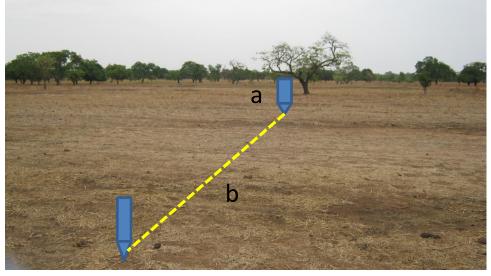


1. Construction work with Tractor

- a. Determine and mark out with pegs the portion to bund.
- b. Determine the center line of the area to bund.
- c. Plough with tractor to heap soil at one end.
- d. Plough the other side of the center line to heap soil at the other end.

LD OST. 01

7. Bunds Construction using tractor (1)







7. Bunds Construction using tractor (2)





2. Hilling -Up

- a. Hill-up soil around the center point to the desired height of bund needed (with shovels and hand)
- b. Measure with a ruler to verify height.

LD OST. 01

7. Bunds Construction using tractor (2)





7. Bunds Construction using tractor (3)





3. Compaction

- a. Sprinkle water (1st layer) over heaped soil (with watering cans, buckets, etc)
- b. Compact with round compactors, stamping with feet.
- c. Heap more soil after 1st compaction.
- d. Sprinkle more water (2nd layer) and compact again. Compact about 5 times before moving to the next area.

LD OST. 01

7. Bunds Construction using tractor (3)



7. Bunds Construction using tractor (4)





4. Reshaping

- a. Shape the sides with the back of the shovel and compact with the side compactor.
- b. Check height and width of bunds.

LD OST. 01

8. Bunds Construction using tractor (4)



8. Maintenance of Bunds

During cropping season

 Minor repairs such as hilling up the soil, reshaping and cutting grasses should be done to maintain the function of bunds.

During off-cropping season

- Cutting grass, re-compaction of bunds and reshaping of bunds should be done
- Reinforcement of bunds where weak should also be done



Using Sand bags with wooden materials

8. Maintenance of Bunds



Back side

9. Land Levelling



Without leveling

- Uneven water distribution
- Difficult in controlling water in the field
- Difficulty in applying fertilizer and its usage by the plants
- Low yields of the rice plants

Importance of Land levelling

- 1. Land level should be flat as much as possible
- 2. Water-logging in the field tell where land is high and low. (mark those places for next rice cultivation)
- 3. Continues land leveling works year by year is a key factor for good yield. (not possible to achieve leveled land once)

9. Land Levelling



10. Water harvesting

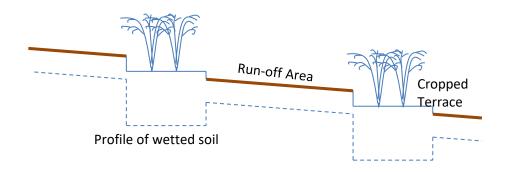
<u>Purpose</u>

Water harvesting is a series of methods to increase the amount of moisture stored in the soil profile or where there is some small movement as surplus runoff.

Where water harvesting is being applied?

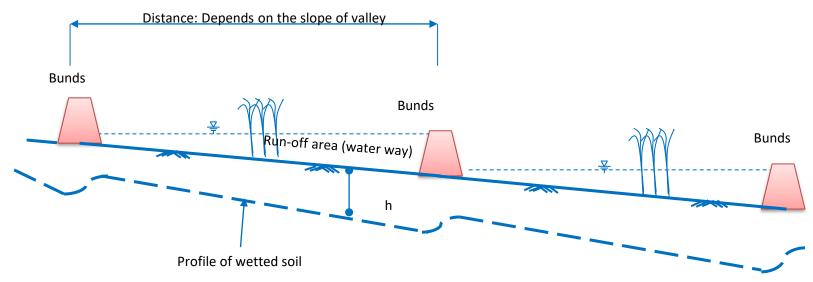
Marginally inadequate rainfall by concentrating runoff from an uncultivated part of the land onto a cultivated part which then receives enough moisture to grow a crop.

10. Water harvestings



Increase soil moisture
Storage under the terrace

Bunds



RC OST 1-1

- Seed selection is the first step for rice cultivation.
- The purpose of seed selection is to select heavier seeds for obtaining stronger and healthier seedlings.

SEED PREPARATION

Seed selection

TENSUI RICE MOFA-JICA Project

- Seed soaking is the second step of seed preparation.
- The purpose of seed soaking is to enable seeds to absorb sufficient water for a period and to have a <u>uniform germination</u>
- Uniform germination is very important in order to obtain <u>uniformly growing</u> seedlings.

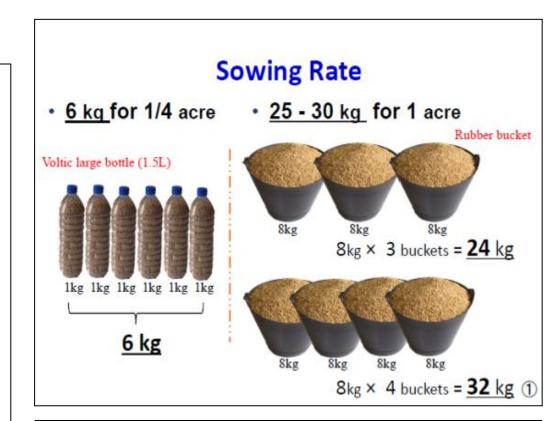


MOFA/JICA TENSULRICE

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SEED PREPARATION Seed selection

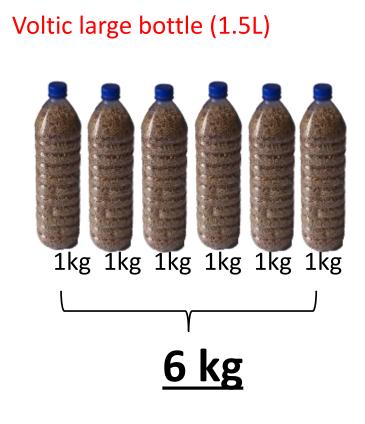
- Prepare <u>6 kg</u> of dry seed for 1/4 acre or <u>25 - 30 kg</u> for 1 acre.
- Seed for one Voltic large bottle (1.5L) equivalent 1 kg. Therefore, 6 bottles of seed should be prepared for 1/4 acre.

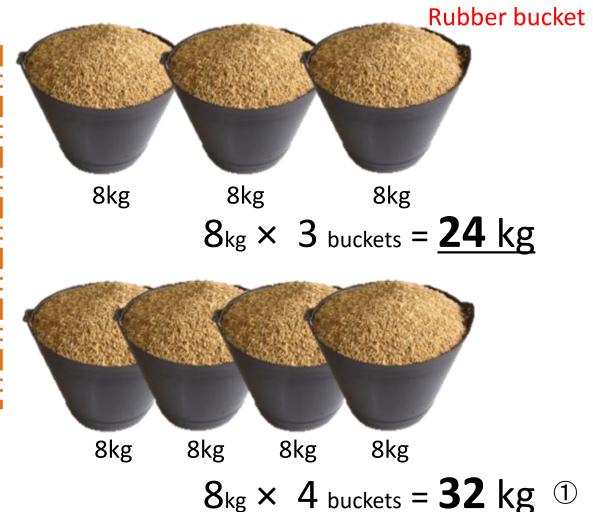


 A full rubber bucket of dry seeds (13%) equivalent 8 kg.
 Thus, between 3 and 4 buckets of seeds should be prepared for 1 acre.

Sowing Rate

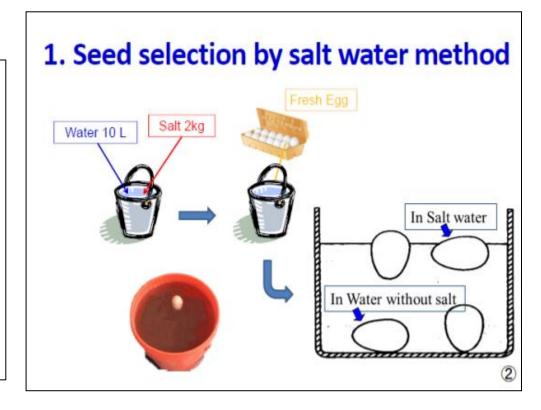
6 kg for 1/4 acre
 25 - 30 kg for 1 acre





Seed selection by salt water method

- 1. Measure ten 10 liters of water and 2kg salt.
- 2. Mix salt and water then stir well.
- 3. Put the fresh egg in the solution, if the egg float above the water, the solution is correct for seed selection.

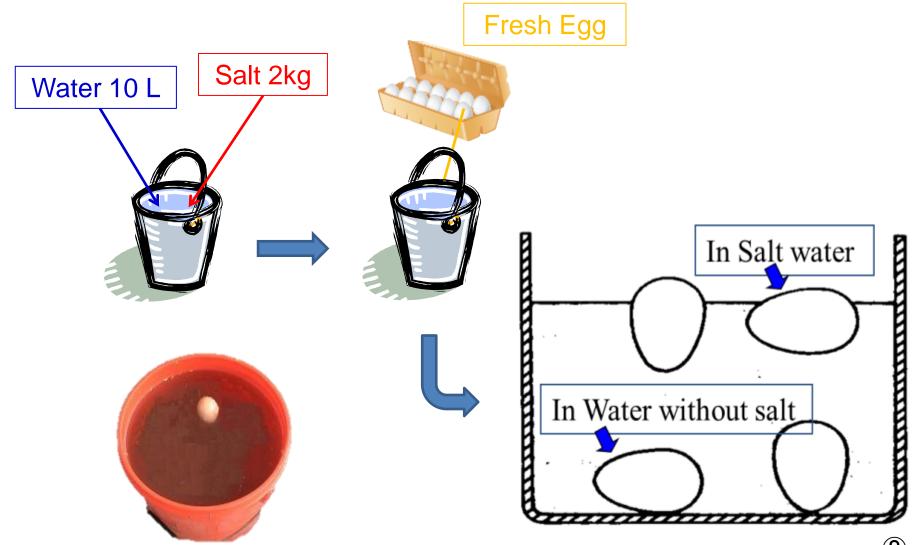


Purpose of seed selection

To get heavier seeds

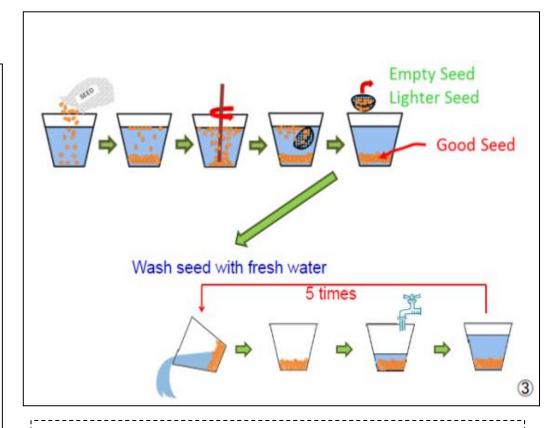
 The heavier seeds normally germinate uniformly and give sufficient nutrients to became healthy seedlings

Seed selection by salt water method

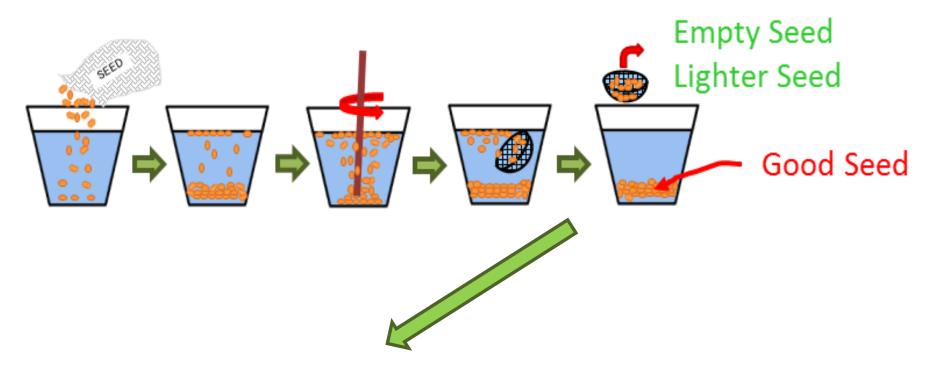


Seed selection by salt water method (Cont.)

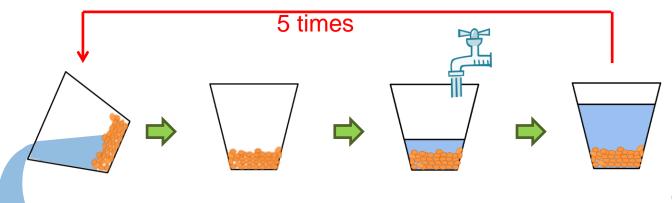
- 4. Remove the egg and put seeds.
- 5. Remove the floating seeds.
- Wash the remaining seeds with fresh water 5 times.
- 7. Quantity of seeds should be fully submerged into the solution.
- 8. The solution can be used for several times.



There are several ways of seed selection such as selection by salt water, by normal water and by winnowing, however, the salt water method gives you good result.



Wash seed with fresh water



Prepare <u>20 - 25 kg</u>
 of selected seed per
 1 acre or 5 kg per ¼
 acre.

Direct Sowing

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- In situations where water is not enough for transplanting, the direct sowing method is selected.
- Also in case of the direct sowing, seeding is done in line.





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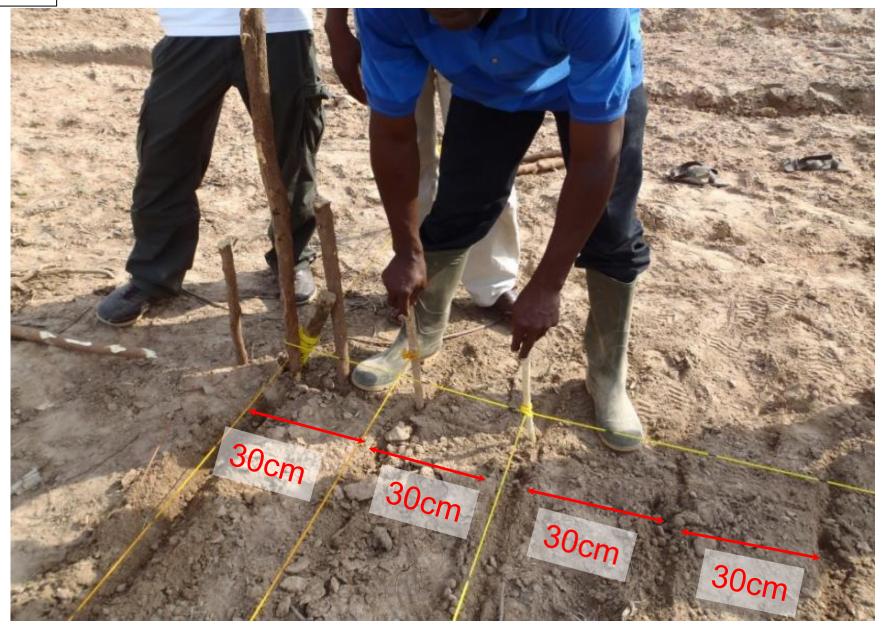


Direct Sowing

String guide ropes in the field at 30 cm interval.



RC OST 1-2-2



- Use hoe to create furrows before sowing.
- Seeding depth: 2 to 3 cm







- Sowing method:<u>Drilling</u>
- Seeding depth: 2 to 3 cm





- After sowing, cover seeds with soil well.
- If seeds are not properly covered, they are removed by birds.



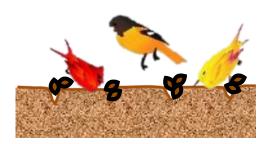
RC OST 1-2-2





Uncovered

Damaged







Safe

- If the drawer is used, working time is reduced.
- When the drawer is used, soil surface should be even and well levelled by harrowing.
- Put a weight on the drawer for easy creation of furrows.





- Sowing time is at the beginning of rainy season.
- Avoid delayed sowing.
- Standing water in the field inhibits germination.

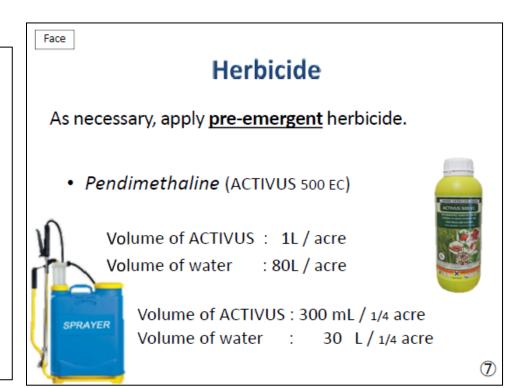


- In case the moisture content of soil is too high or water is standing in the field partially, soak seed in water for two days to acquire higher germination ratio.
- Change water every 12 hours during soaking.

Face RC OST 1-2-2



- Apply pre-emergent herbicide when necessary.
- Apply the herbicide on the same day of sowing or within 2 days after sowing.



- When using pre-emergent type herbicide, seed must be covered well with soil to prevent damage to emerging seedlings.
- If soil is too dry, the herbicide will not be effective and therefore avoid spraying in dry soil.
- The dilution ratio and spray volume are different from chemical to chemical.

Herbicide

As necessary, apply **pre-emergent** herbicide.

Pendimethaline (ACTIVUS 500 EC)

Volume of ACTIVUS: 1L / acre

Volume of water : 80L / acre

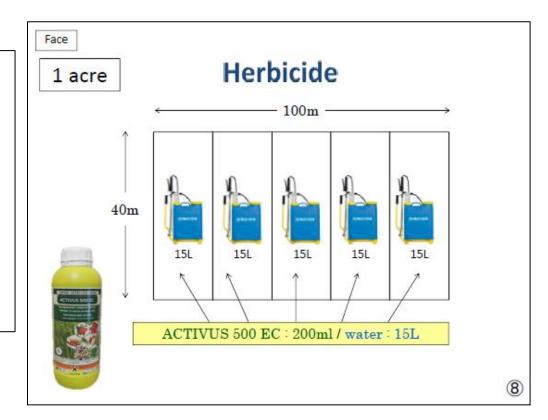
Volume of ACTIVUS: 300 mL / 1/4 acre

Volume of water : 30 L/1/4 acre



Method of spraying the herbicide [Example] <u>ACTIVUS 500EC</u>

 Prepare <u>80 litres</u> of water and <u>1 litre</u> of the herbicide for <u>1 acre</u>.

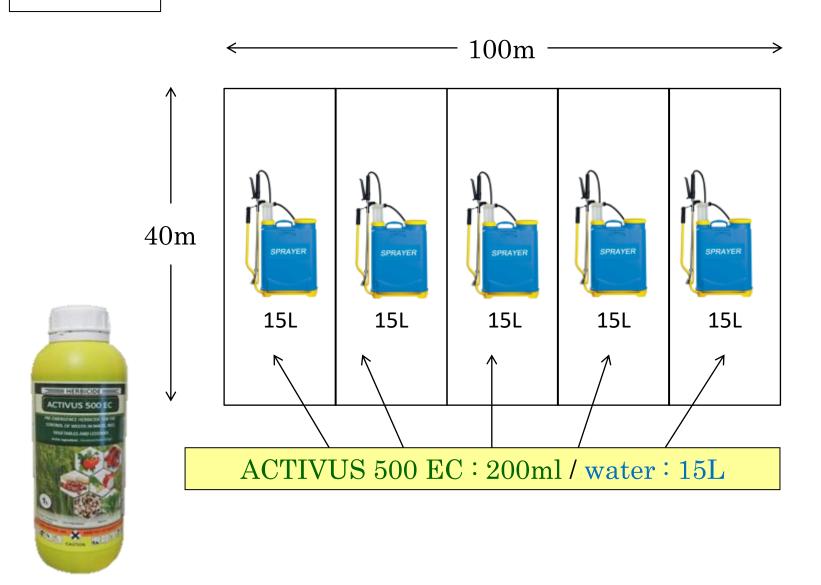


- First mix <u>15 litres</u> of water and <u>200 mL</u> of the herbicide and spray it to <u>1/5 of 1 acre field</u>.
- Then mix another 15 litres of water and 200 mL of the herbicide and spray it to next 1/5 of the field.
- Repeat it 3 more times.

Face

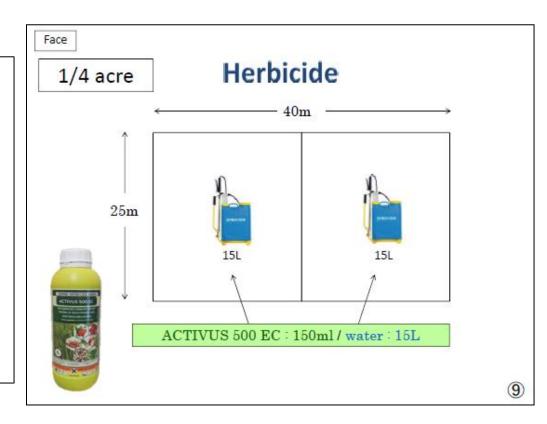
1 acre

Herbicide



Method of spraying the herbicide [Example] <u>ACTIVUS 500EC</u>

 Prepare 80 litres of water and 250 mL of the herbicide for 1/4 acre.



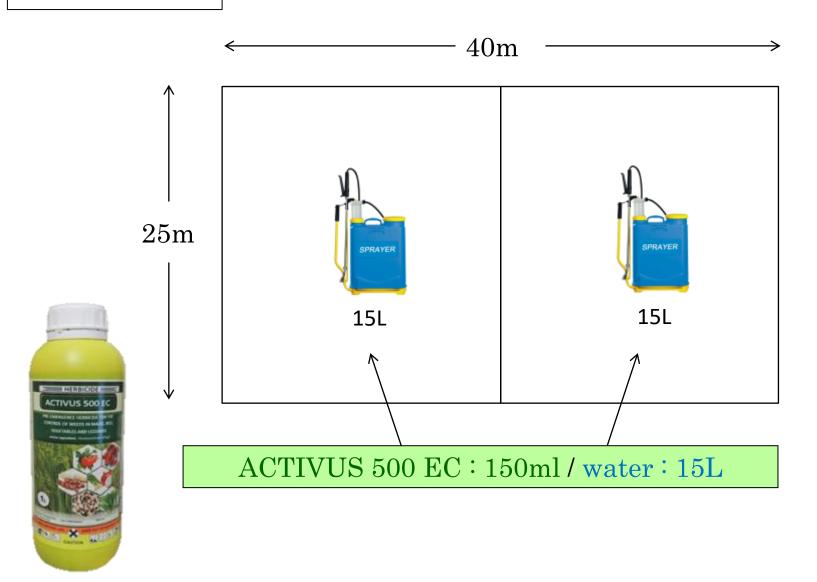
- First mix <u>15 litres</u> of water and <u>150 mL</u> of the herbicide and spray it to the first half of a 1/4 acre field.
- Then mix another 15 litres water and 150 mL of the herbicide and spray it to the other half of the field.

Face

RC OST 1-2-2

1/4 acre

Herbicide



Face RC OST 1-4 **On-farm Water Management** TENSUI RICE MOFA-JICA

 Required water level depends on the each growth stage of rice plant.





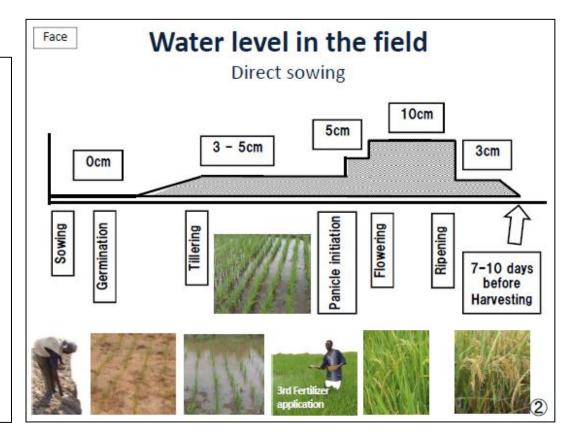


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On-farm Water Management

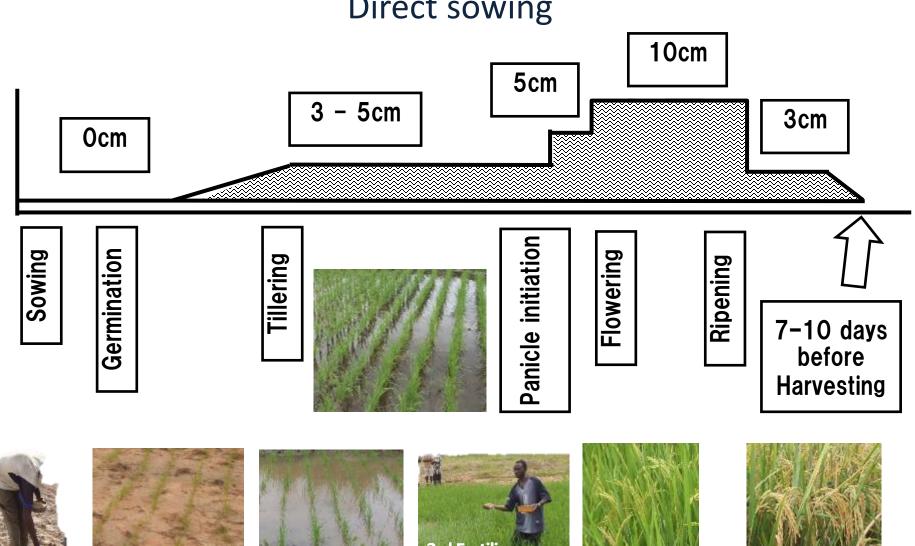
- In direct sowing cultivation, on-farm water management is more difficult than that in transplanting cultivation.
- However, it is important to understand an ideal way of on-farm water management and to try to collect and keep water in the field as much as possible for maintaining good growth condition.



- 1. Increase water level gradually after germination.
- 2. Keep 3-5 cm depth of water up to panicle initiation stage (at 3^{rd} fertiliser application time).
- 3. Keep 5 cm depth of water between panicle initiation stage and heading time.
- 4. After heading time keep 10 cm depth for 2weeks.
- 5. Then keep 3cm for 1 week and drain 1 week or 10 days before harvesting.

Water level in the field

Direct sowing















Discuss with the farmers:

- What is Farm management?
- How do you manage Demo-plot and your own plot as business venture?







Farm management is fun!!

How do you manage Demo-plot and your own plots as business venture?

• Explain the cycle of Farm management. After one cropping season ends, a new season will start upon the review of the previous season.

 Repeating this cycle will keep improving your
 Farm management skill!



1. Let's get information!

5. Let's review!

2. Let's set a target!

4. Let's implement!

3. Let's make a plan!

Do you know the demand in the market?
 Aromatic? Non-aromatic?



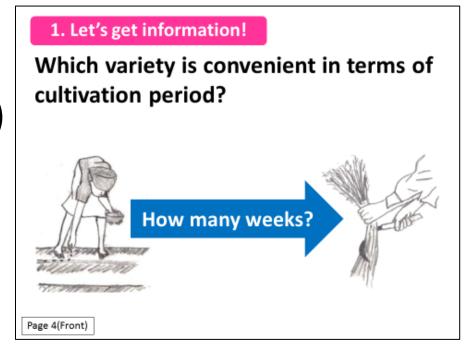
1. Let's get information!

Which type of rice is most liked by buyers?



 Do you know how long it takes for the variety you are growing to come to maturity?

Example: Jasmine 85, 120-130 days (18 weeks) from sowing to harvesting.



1. Let's get information!

Which variety is convenient in terms of cultivation period?



- Do you know how many bags you can harvest per unit area of the variety you want to grow?
- Do you know how much money you can earn from production of the variety you want to grow?

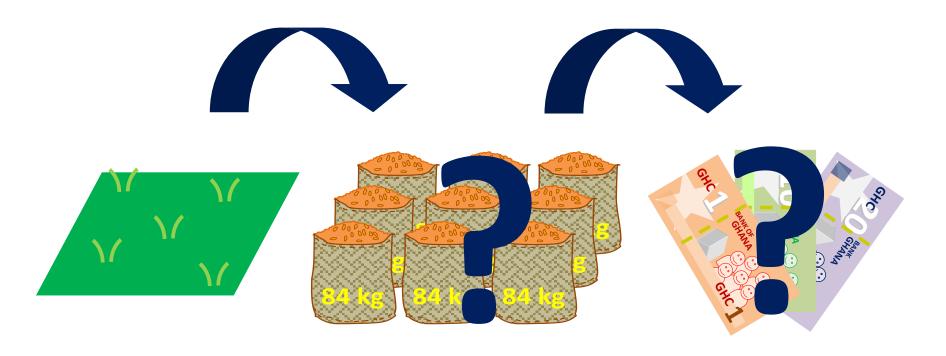
Yes or no, if you don't know, try to find the answers.

With all such information (market preference, characteristics of the varieties you want to grow, expected income), you can compare several varieties and take a decision!



1. Let's get information!

How many bags can you produce? How much money can you earn?

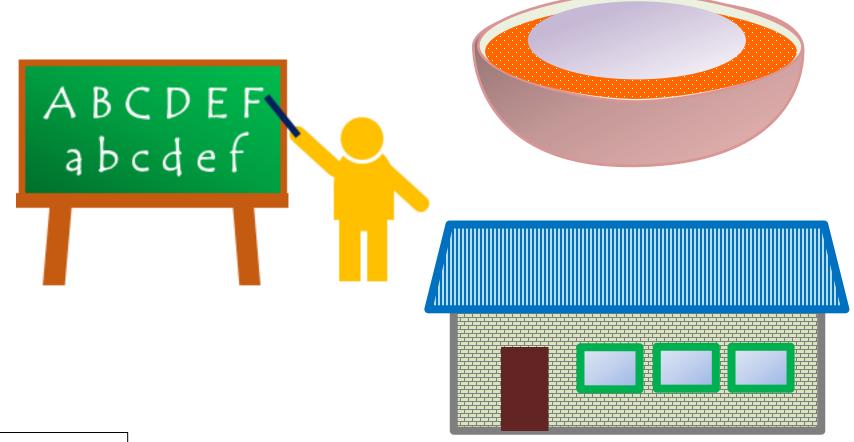


- Education for children?
- Building a house?
- Food?
- What else?



2. Let's set a target!

What is your dream?



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 To make your dream come true, how much do you need?



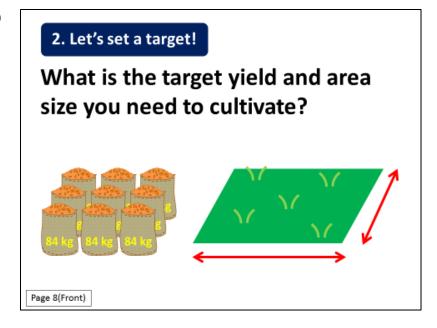
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2. Let's set a target!

How much do you need?

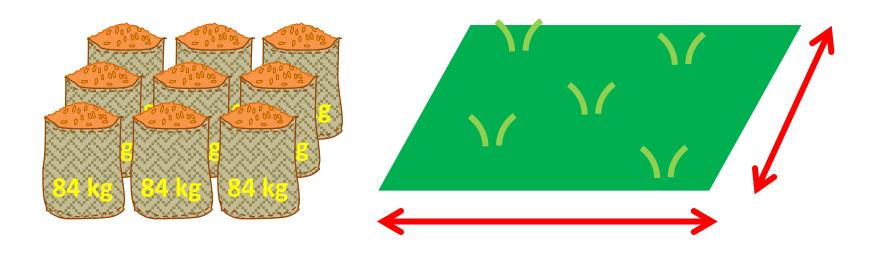


- To earn the money for your dream, how much do you need to produce?
- To produce the targeted yield, how many acres do you need to cultivate?



2. Let's set a target!

What is the target yield and area size you need to cultivate?



 How long will it take to make the dream come true?

How many seasons/year can you cultivate

rice?

 How much can you earn in each cropping season?

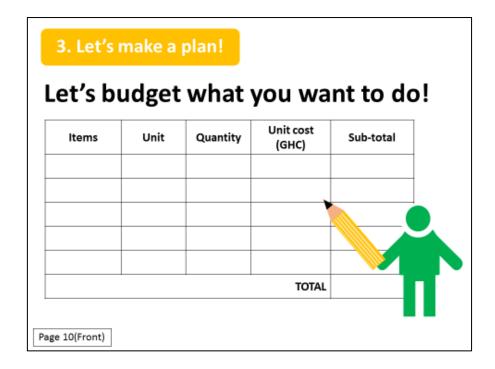


2. Let's set a target!

How long will it take to attain your dream?



- What are the necessary inputs needed to cultivate unit area?
- Encourage farmers to cost each inputs and calculate the total



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3. Let's make a plan!

Let's budget what you want to do!

Items	Unit	Quantity	Unit cost (GHC)	Sub-total
			,	
			TOTAL	

- What do you have, what you don't have?
- How do you make up for what you don't have?



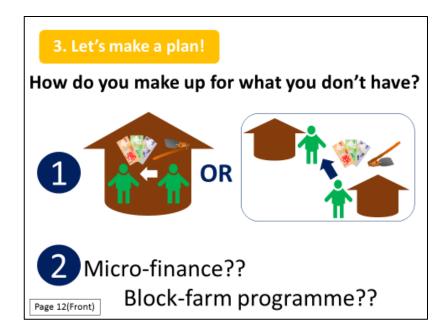
3. Let's make a plan!

But our resources are limited...



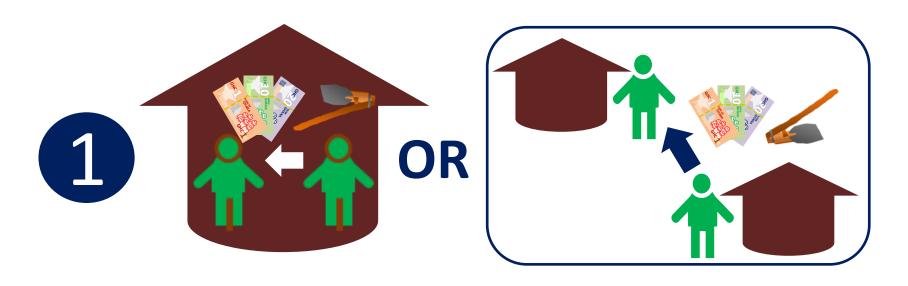
Page 11(Front)

- 1: Get loan from family members or village members
- 2: Make use of micro-finance, take inputs from block-farm programme (MOFA)



3. Let's make a plan!

How do you make up for what you don't have?

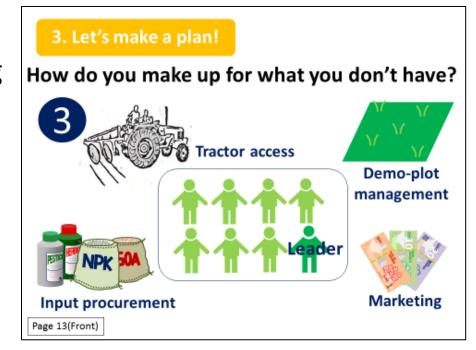


2 Micro-finance??

Block-farm programme??

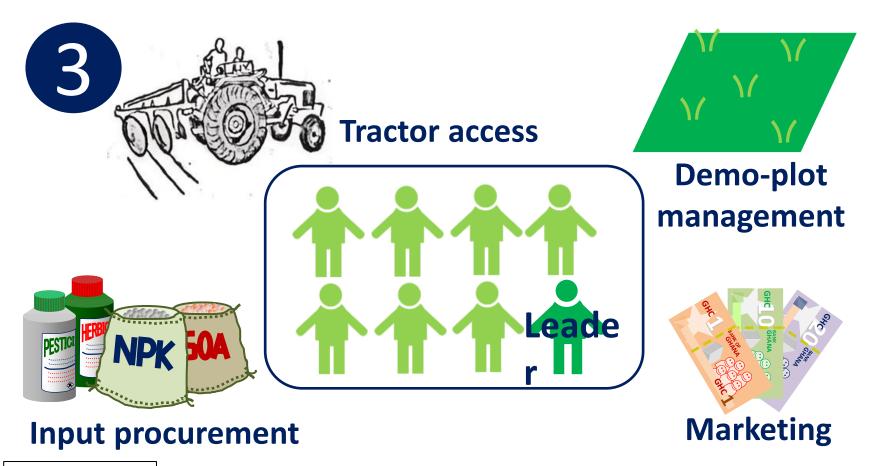
Page 12(Front)

- What are advantages of working in a group ("Noaboa system" in Ashanti, "Lagm-gbai, lagm-gbiba" in Northern)?
- 1. Cooperative work (no cash payment except for food)
- 2. Group input acquisition (saving transportation cost)
- 3. Group accessing to tractor services (strengthening bargaining power, only for Northern region)
- 4. Equipment/tools sharing
- Group marketing (strengthening bargaining power, saving transportation cost, etc.)
- Ideal number should be 8-15 members per group



3. Let's make a plan!

How do you make up for what you don't have?



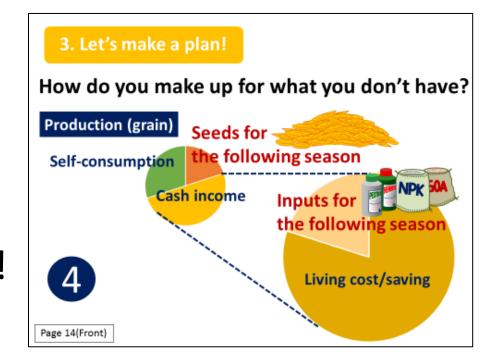
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How do you increase saving?

Are you saving any portion of your

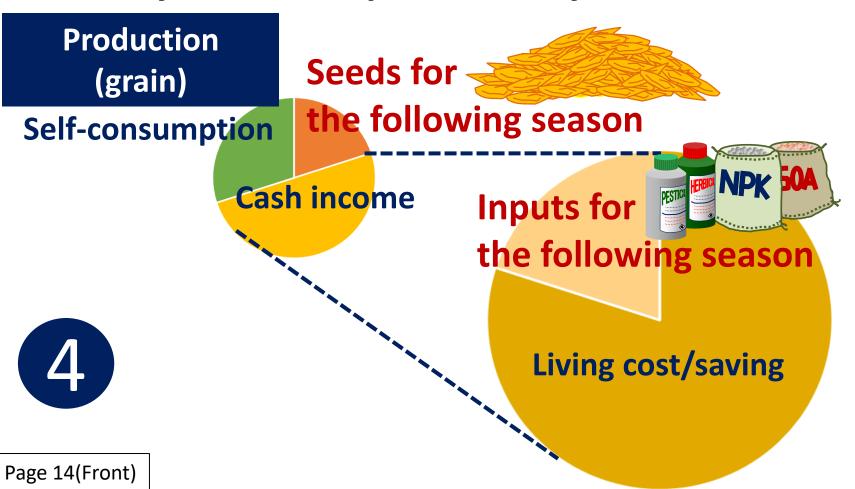
income?

 Then, spend income to purchase inputs for the following season to cope with yearly price increase!

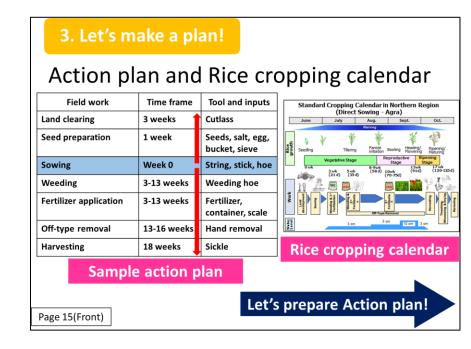


3. Let's make a plan!

How do you make up for what you don't have?



- Do you know which inputs are needed for each activity?
 - ✓ See Sample action plan
- Do you know when you should carry out each activity?
 - ✓ See Sample action plan and Rice cropping calendar
 - ✓ Let's prepare Action plan!Action plan format can be used

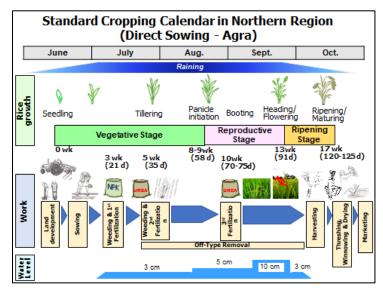


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3. Let's make a plan!

Action plan and Rice cropping calendar

Field work	Time frame	Tool and inputs	
Land clearing	3 weeks	Cutlass	
Seed preparation	1 week	Seeds, salt, egg, bucket, sieve	
Sowing	Week 0	String, stick, hoe	
Weeding	3-13 weeks	Weeding hoe	
Fertilizer application	3-13 weeks	Fertilizer, container, scale	
Off-type removal	13-16 weeks	Hand removal	
Harvesting	18 wooks	Sicklo	



Rice cropping calendar

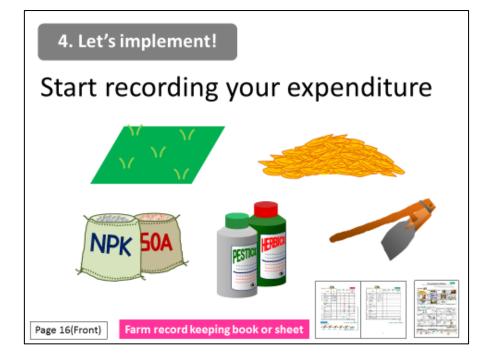
Sample action plan

Let's prepare Action plan!

 Record keeping should start when you begin purchasing inputs.

Use Farm record keeping book or sheet to

record costs.



4. Let's implement!

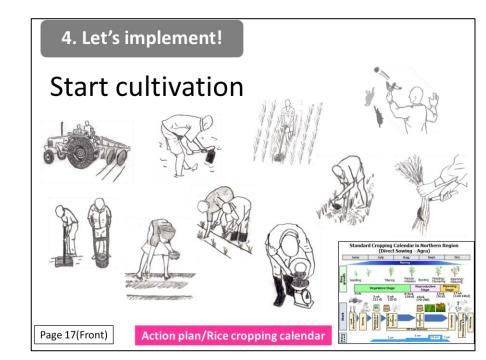
Start recording your expenditure



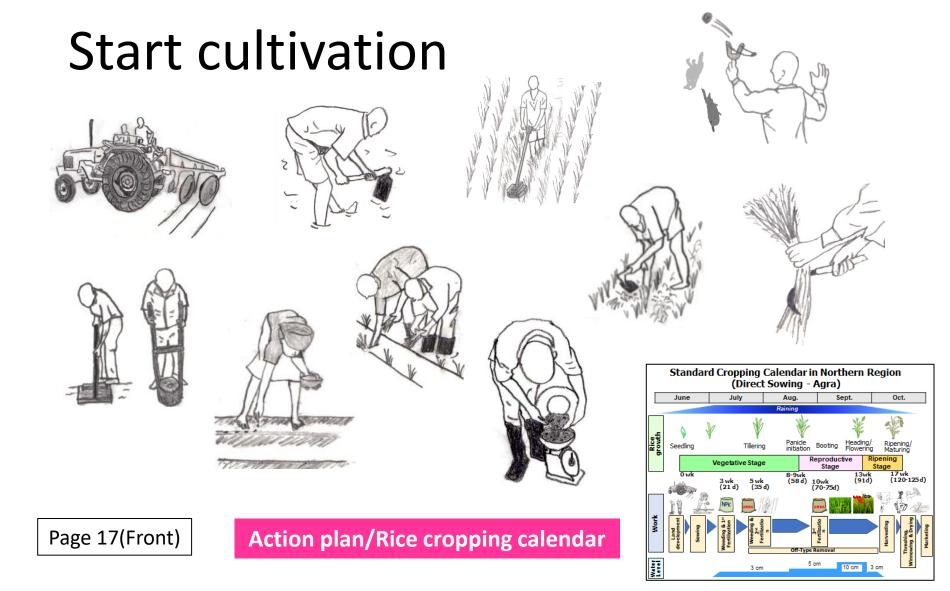
Page 16(Front)

Farm record keeping book or sheet

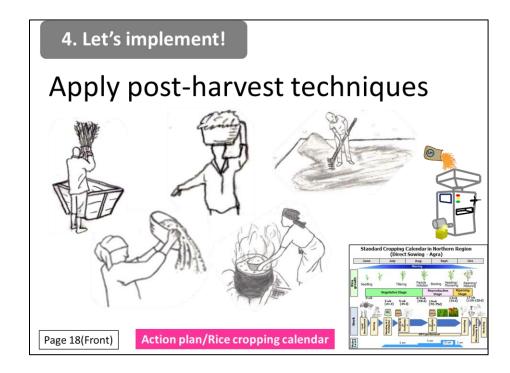
 Start cultivation, following Action plan and Rice cropping calendar



4. Let's implement!



 Continue to follow Action plan and Rice cropping calendar



4. Let's implement!

Apply post-harvest techniques



- Who is your customer?
 - 1: Food vendors/retailers/processors (only for Northern) in your community
 - 2: Direct consumers
 - 3: Market women from outside of the community
 - 4: Contracted consumers
 - 5: Who else?
- At which timing do you want to sell?
 Just after harvesting? Yes or no?
 If no, storage is needed.
- At what price do you want to sell?
 Keep in mind that sales should be higher than cost of production



4. Let's implement!

Do marketing



To food vendors?



To processors?



Page 19(Front)

Discuss with the farmers:

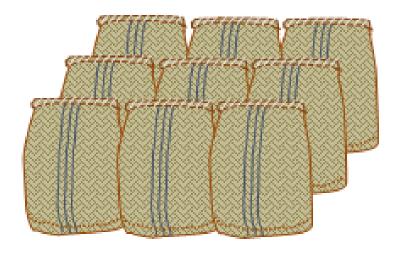
- How much was your sales?
- Refer to Farm record keeping book or sheet.



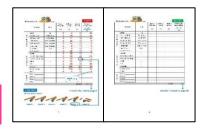
4. Let's implement!

Record your sales GH¢?

GH¢?









Discuss with the farmers:

- At the end of the implementation stage, refer to your record in Farm record keeping book or sheet
- Then, compare total costs and total sales,

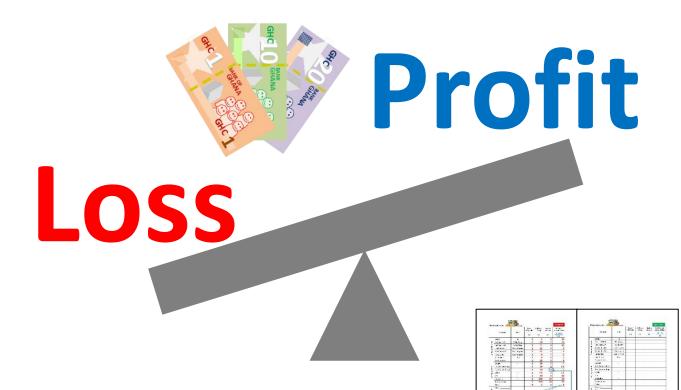
and find the difference

(= profit or loss)



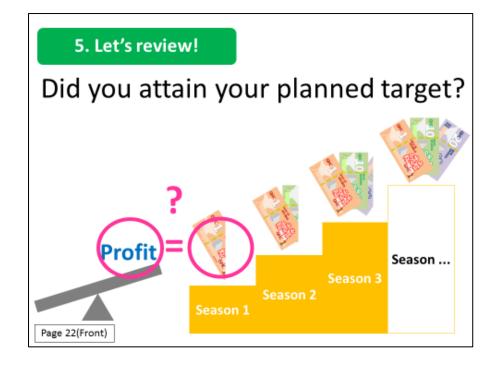
5. Let's review!

Confirm the profit or loss



Discuss with the farmers:

 Is your profit equal to your planned target per season or per year?



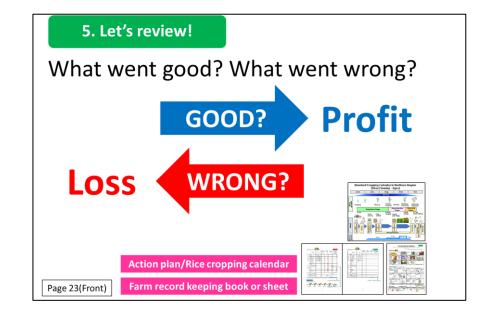
5. Let's review!

Did you attain your planned target?



Discuss with the farmers:

- 1: Go back to the Action plan
 - -Was the application of each activity carried out timely?
 - -Did you follow all the recommended activities?
- 2: Go back to Farm record keeping book or sheet
 - -Did you overspend for inputs and labour?
- 3: Does your profit depend on quality of the produces or not? If yes, keep improving the quality. If no, store rice and sell it later when prices are high
- 4: Correct the wrong and do the good more

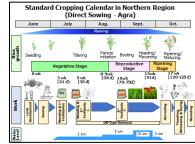


5. Let's review!

What went good? What went wrong?







Action plan/Rice cropping calendar

Farm record keeping book or sheet





Page 23(Front)

Discuss with the farmers:

Congratulations! You can start from "1. Let's get information!" at the beginning of the following cropping season

Let's become rich by ourselves,
Kakra Kakra (Ashanti)...
Biela Biela (Northern)...
little by little (English)...
sukoshi-zutsu (Japanese)...

Plan for the following season

1. Let's get information!

5. Let's review!

2. Let's set a target!

4. Let's make a plan!

Page 24(Front)

Page 24(Back)

5. Let's review!

Plan for the following season



Page 24(Front)







Good Practices of Tractor Access Improvement -Northern Region-





Good Practices of Tractor Access Improvement

 In Northern State, issues of tractor access are facing many farmers. Today, let's learn about good practices of improving tractor access in the TENSUI Project farmers' field!





Case 1:

Finding a Flexible Tractor Owner -Wungu, West Mampursi-





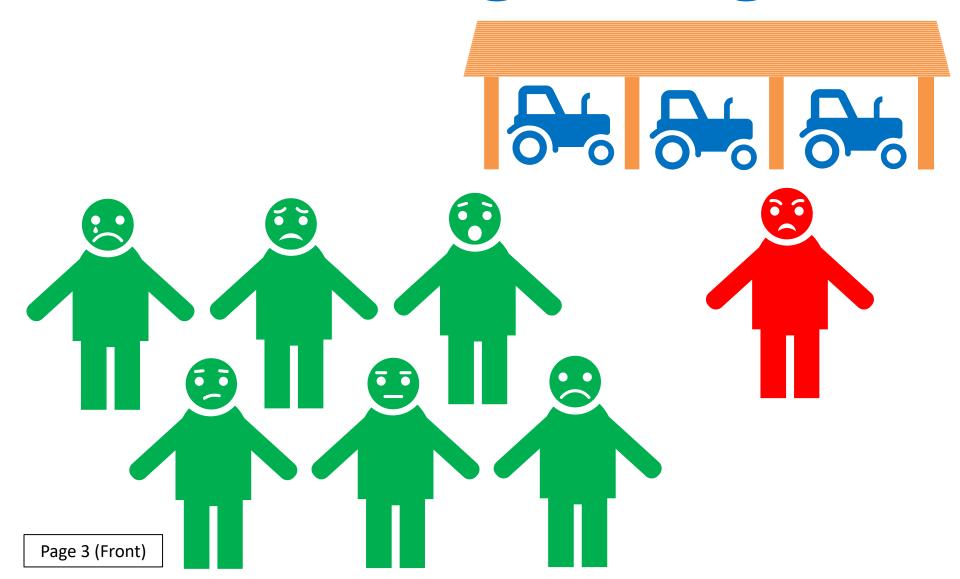
 Let's learn about the good practice of Wungu Community in West Mampursi District!
 (shared in August 2014)

Case 1:

Finding a Flexible
Tractor Owner
-Wungu, West Mampursi-

Page 2 (Front)

At the Beginning...



At the Beginning...

 Wungu Farmers Group (45 members: 1 acre per member) had initially failed to have peaceful agreement with a tractor owner because they thought he sounded too bossy during the negotiation. The owner was almost threatening them of police

arrest in case members fail to make the balance payment in kind.



Then...





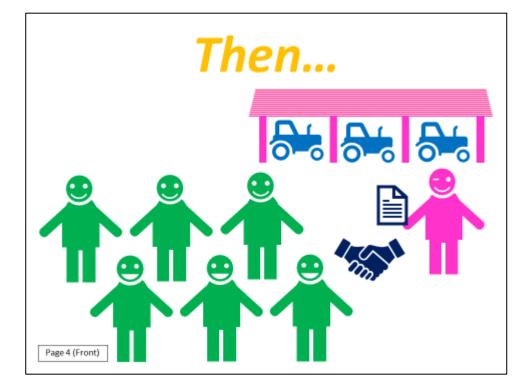
Then...



 Then, members found another tractor owner in Walewale who was more flexible on agreement.

 The new tractor owner understood the situation well that no farmer can guarantee sufficient rice yield before they start

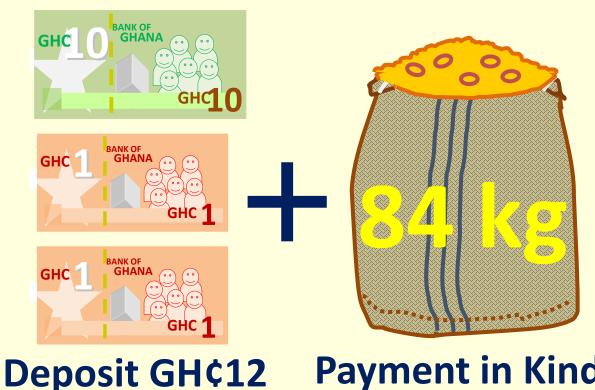
cultivation.



Agreement!







Wungu Farmers' Group:

Payment in Kind

Tractor Owner: Kaku Basa

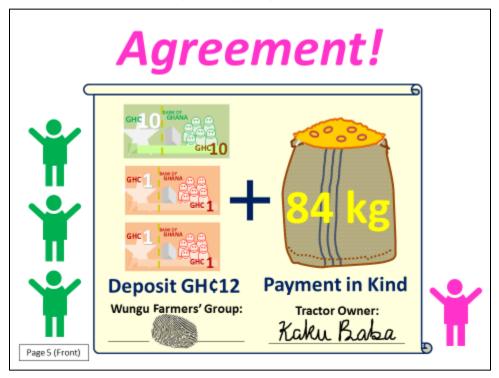


Agreement!



- The members and the tractor owner came up to agree over deposit GHC12 and payment in kind with 84kg paddy rice even if the members have to sell other crops to buy 84kg paddy rice and use it to pay to the tractor owner.
- · The members appreciated this flexibility of payment in kind

and they finally reached a peaceful agreement with the tractor owner.





Case 2:

Timely Operation by a Tractor Owner -Nachimbiya, Tamale Metro-





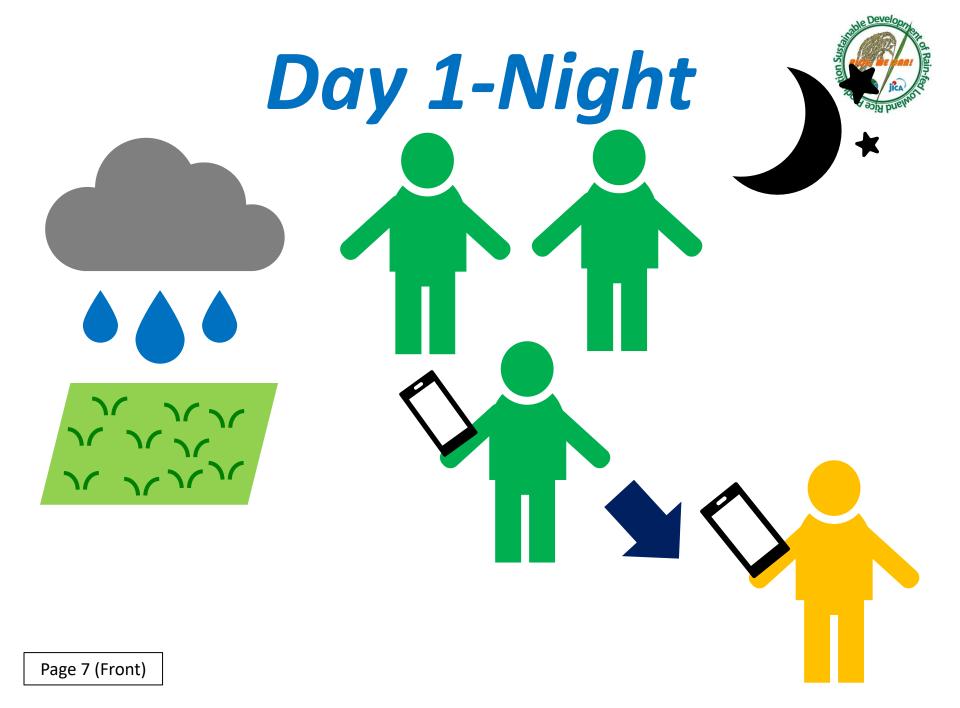
Let's learn about the good practice of Nachimbiya Community in Tamale Metro!

(shared in August 2013)

Case 2:

Timely Operation by a Tractor Owner -Nachimbiya, Tamale Metro-

Page 6 (Front)



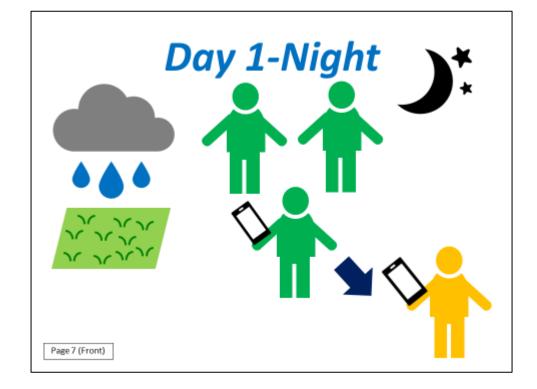
Day 1-Night



 The Nachimbiya farmers' group (30 members: 1 acre per member) had agreed with a tractor owner over GHC10 deposit and payment in kind after harvest.

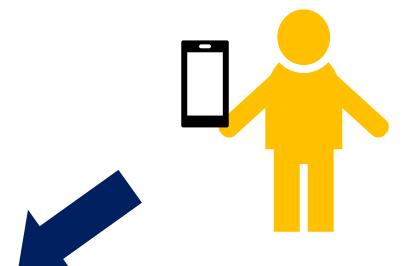
Members called the AEA at night of Day 1, when they had a

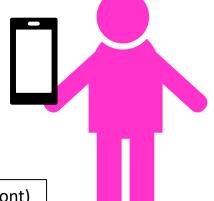
good rainfall.



Day 1-Night









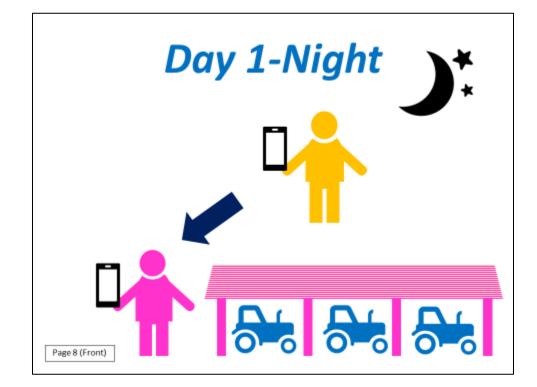
Day 1-Night



 Then, the AEA asked the tractor owner to come as soon as possible.

 Although that was late night, the tractor owner gave a positive response to the AEA as he understood the urgent

situations in the field.



Day 2-Morning



Day 2-Morning



- The tractor owner came to the community at about 5:00am to 6:00am of Day2.
- This is how the members were able to stick to the agreement with loyalty without engaging any other tractor owners.
- Smooth contact between farmers and AEAs, as well as between AEAs and tractor owners, is important.





Case 3:

If There is No Nearby Tractors Which Can Plow for the Community... -Kpegu of Kumbung-





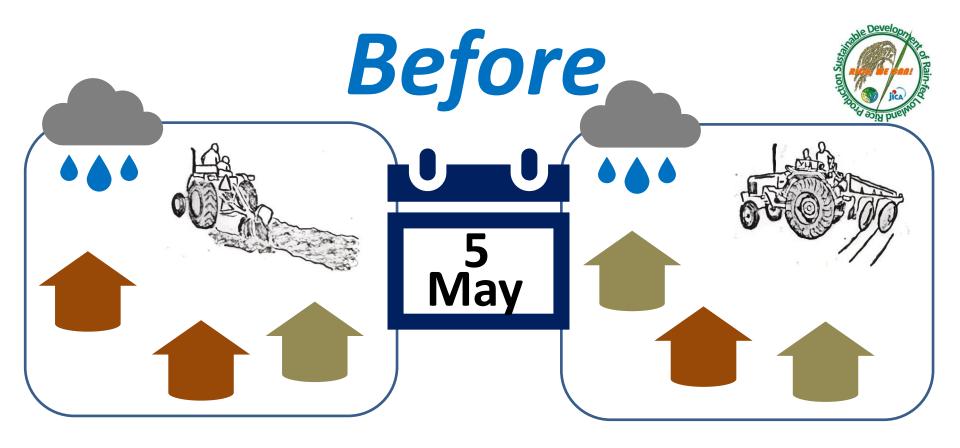
Let's learn about a good practice of Kpegu
 Community in Kumbung District!

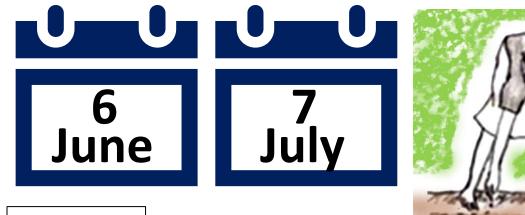
(shared in May 2018)

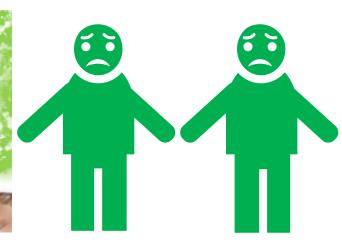
Case 3:

If There is No Nearby Tractors
Which Can Plow for the
Community...
-Kpegu of Kumbung-

Page 10 (Front)







Before



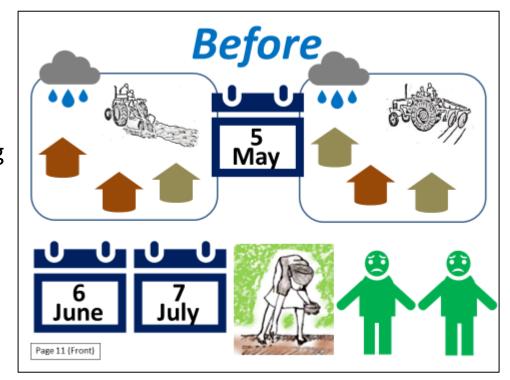
 Farmers in Kpegu community in Kumbungu District always had challenges in accessing tractor services during farming seasons.

 They tried to ask tractor owners as a group to plough for them. However, the fundamental problem was that the demand was outstripping the supply and ploughing had to be done here and there around the same time in neighboring

communities.

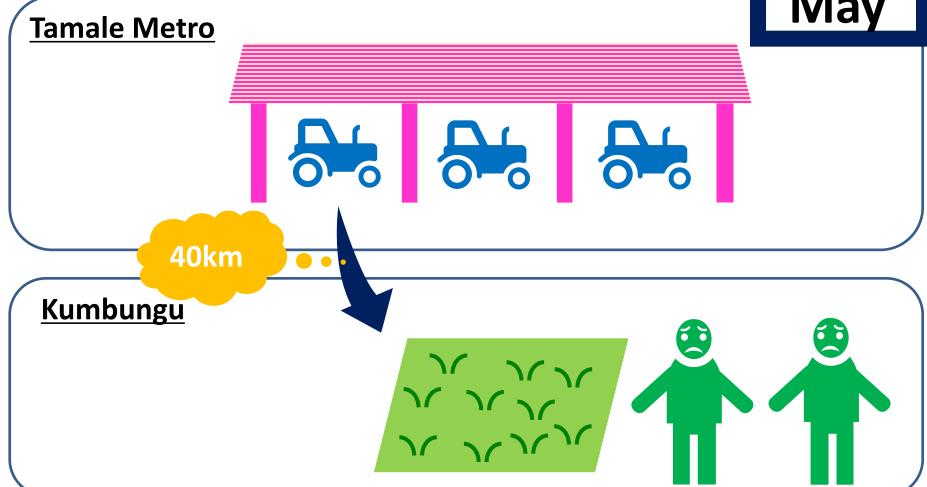
 Then, tractor operators left for next communities before ploughing for Kpegu.

 This always called for late planting of their crops, leading to low productivity and low yield due to shortage of rain.



Then, in 2018...





Page 12(Front)

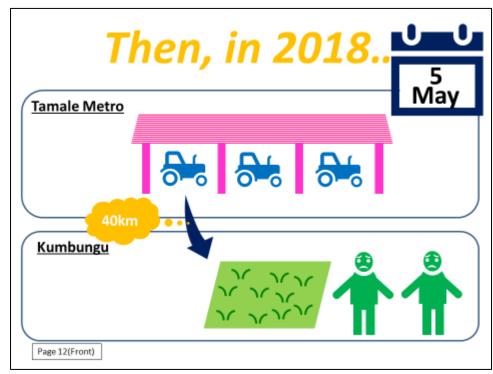
Then, in 2018...



 To solve the problem, in 2018, farmers were connected by the TENSUI2 Project with a tractor owner in Tamale Metro, which was 40km away from their community, for the first time. It was possible to find tractors which were free in May because many tractor owners were still waiting for a rainfall before ploughing

their own farms.

 The idea was realized also considering that transportation fee is generally not included in operation fee.



Agreement!







Payment in Cash in Advance for 100 acres







Immediate Release of a Tractor upon a Rainfall

Kpegu Farmers' Group:



Tractor Owner:

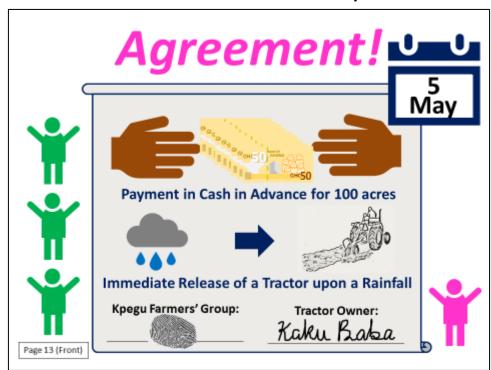
Kaku Baba



Agreement!

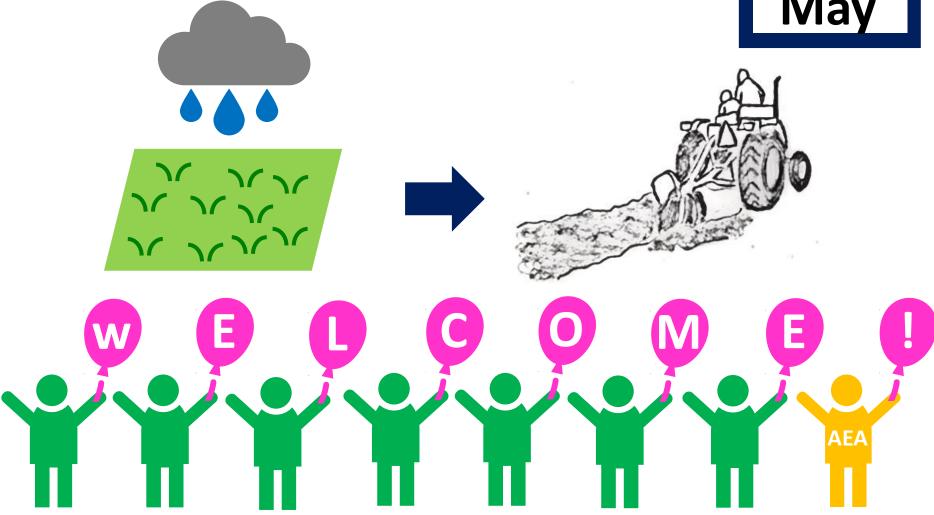


- Farmers were finally able to hold a meeting with a tractor owner early in May 2018 in Kpegu.
- During the meeting, farmers assured the tractor owner that they are ready to pay cash for his services even if they have to provide the payment in advance.
- They also assured the tractor owner that the tractor could get more than 100acres (40 hectares) to plough once it comes to their community.



As a Result!



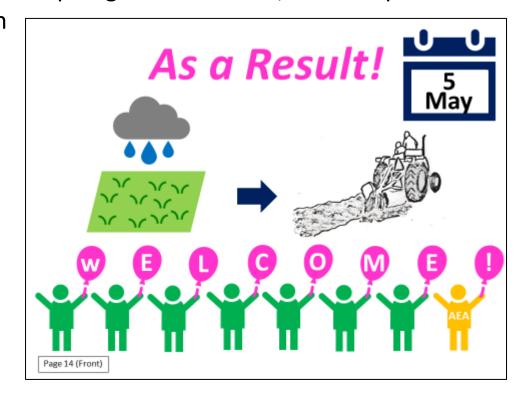


As a Result!



- After a week, when the community had a heavy rainfall, they access the tractor owner through the Project and tractor operators already started ploughing in the morning of the following day with assistance by the AEA and farmers.
- Although the tractor owner called the operators 2 days later to stop ploughing the rest of the land and come back to plough his own farm, tractor operators

stayed in the community to finish all the work as they were very happy with the reception given to them by community farmers.



Lesson Learnt...





In general, tractor owners have their own farms to plough.



Page 15 (Front)

When he needs his tractors which are leased to farmers...

Lesson Learnt...



- In general, most tractor owners have their own farms and they use their tractors to plough the farms. In this good practice, the tractor owner tried to interrupt the operators' works in Kumbungu because he wanted the tractors to plough his own farm just after having a heavy rainfall.
- To avoid this kind of troubles, farmers and a tractor owner should agree on the number of working days and having as good relations as possible with both operators and owners.



- This training material is targeting rice farmers those who apply either transplanting or direct sowing.
- It is recommended that this material be used by AEA at on-site training or meeting with farmers.

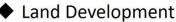


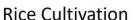




1st Onsite Training









◆ Farm Management



Sustainable Development of Rain-fed Lowland Rice Production MOFA/JICA TENSUI RICE PROJECT



- 1st on-site training shall be conducted before main cropping season and includes 3 training topics;
 - 1. Land development and preparation,
 - 2. Rice cultivation (seed preparation, sowing etc.), and
 - 3. Farm management





MOFA/JICA TENSUI RICE



Farming Managemen

2nd Onsite Training

- Rice Cultivation
- Farm Management and Support System

- Fertilisers are food for plants, they contain important mineral nutrients.
- Apply fertilizers when the soil does not supply enough nutrients.







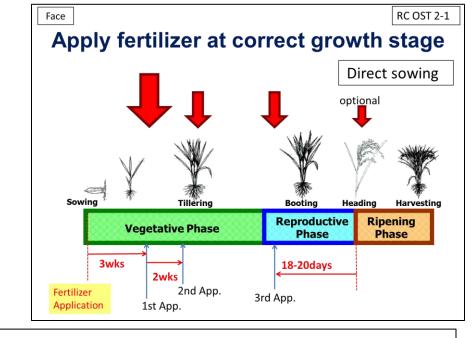
MOFA/JICA TENSULRICE

Fertilizer management (for Direct Sowing)

Face

On-Site Training

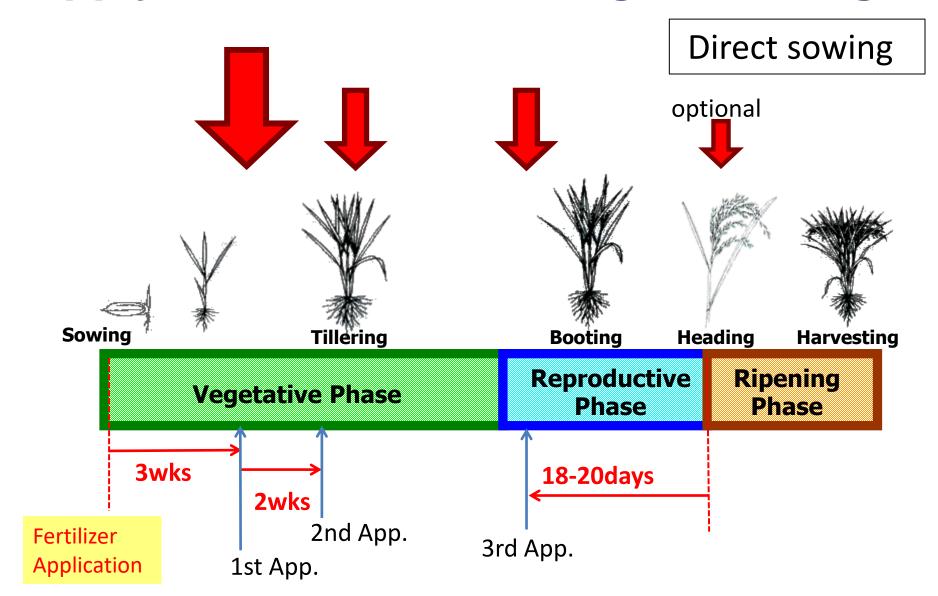
Fertilizer is applied 3 times at particular times according to growth stage.



In Direct Sowing

- 1st application is done 3 weeks after sowing.
- 2nd application is done 2 weeks after 1st application.
- Note that the timing of 1st and 2nd fertilizer application is different in case of transplanting.
- 3rd fertilizer is applied at 18 20 days before heading.(in general)
- Decide the exact timing of 3rd fertilizer application by observing young panicles.

Apply fertilizer at correct growth stage



- 1st application is done by N-P-K (15-15-15).
- 2nd and 3nd application are done by either Urea or SoA (Ammonium Sulfate).

Amount of fertilizer application (60 - 30 - 30) For 1 acre (4,000 m ²)				
Frequency	1 st	2 nd	3 rd	
Type of	N-P-K	Urea (N	N·46%)	

Frequency	1 st	2 nd	3 rd
Type of fertilizer	N-P-K (15-15-15)	Urea (N:46%)	
Amount of application	80 kg	13 kg	13 kg
Or			

Frequency	1 st	2 nd	3 rd
Type of fertilizer	N-P-K (15-15-15)	SOA (N:21%)	
Amount of application	80 kg	29 kg	29 kg

TIPS:

➤ If the different type of fertiliser whose concentration of each element is different from NPK(15-15-15), Urea (N:46%) or SoA(N:21%) is applied, the amount of application must be calculated to adjust the nitrogen application level of each application. Therefore, you would better consult with AEA in charge of your community.

Face

Amount of fertilizer application (60 - 30 - 30)



For 1 acre (4,000 m²)

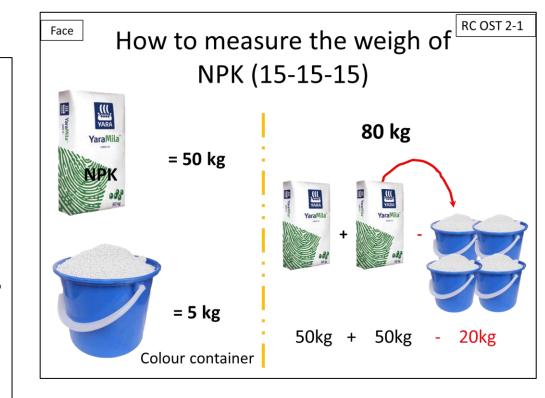
Frequency	1 st	2 nd	3 rd
Type of fertilizer	N-P-K (15-15-15)	Urea (N:46%)	
Amount of application	80 kg	13 kg	13 kg

or

Frequency	1 st	2 nd	3 rd
Type of fertilizer	N-P-K (15-15-15)	SOA (N:21%)	
Amount of application	80 kg	29 kg	29 kg

Measurement of fertilizer

- If a scales are not available, container, bowl, empty bottles etc. can be used instead of scales.
- Ask AEA or person who has scales to measure the weight of a full container of fertiliser in advance.



> When NPK is heaping up of color container, it equivalents to 5kg.

[Discussion]

Ask farmers how to measure 80 kg of NPK by using a colour container.

Face

How to measure the weigh of NPK (15-15-15)





= 50 kg



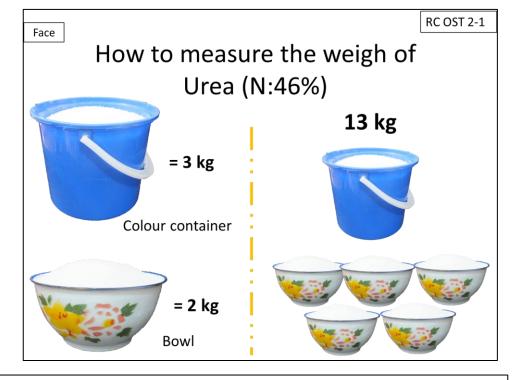
= 5 kg

Colour container

80 kg



50kg + 50kg - 20kg

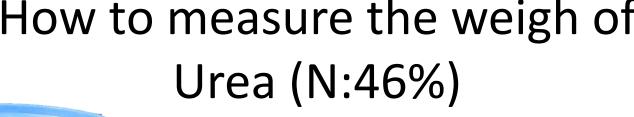


- ➤ When Urea is heaping up the height of 1.5 cm 2 cm below the upper end of the colour container, it equivalents to 3kg.
- > 1.5 -2 cm is almost same length of a thumbnail.
- When Urea is heaping up of a bowl, it equivalents to 2 kg.

[Discussion]

Ask farmers how to measure 13 kg of Urea by using a container and a bowl.

How to measure the weigh of



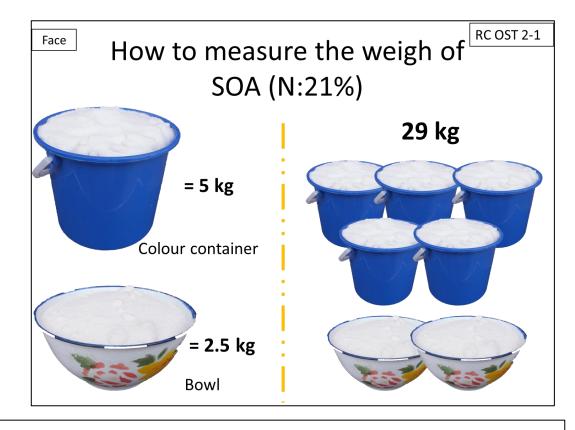






RC OST 2-1





- ➤ When SOA is filled up to the line of a colour container, it equivalents to 5 kg.
- ➤ When SOA is filled up to the line of a bowl, it equivalents to 2.5 kg.

[Discussion]

Ask farmers how to measure 29 kg of SOA by using container and bowl.

Face

How to measure the weigh of SOA (N:21%)



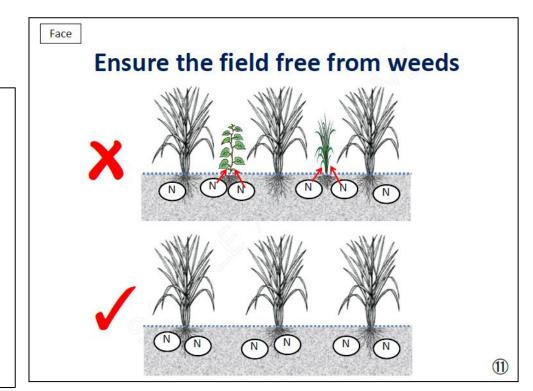






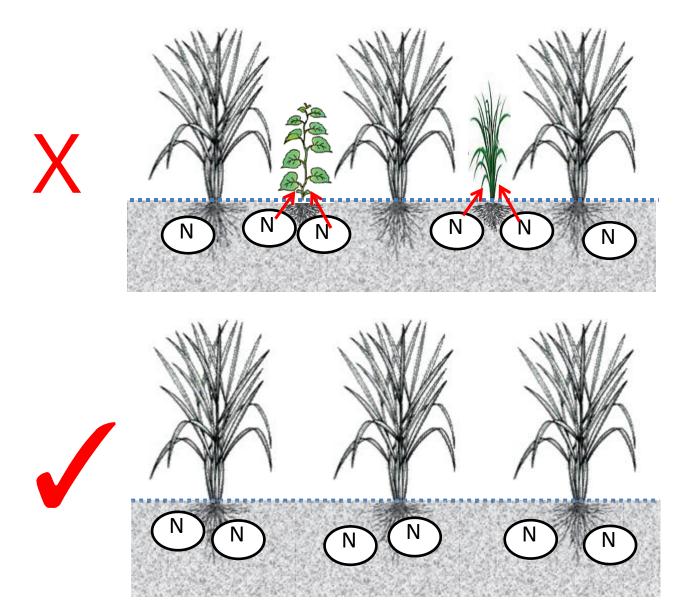


- When fertilizer is applied, field should be free from weeds.
- Some types of weeds have higher nutrient absorption ability than the rice.

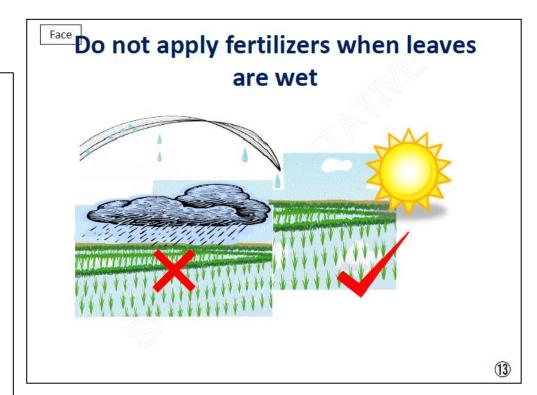


Ensure the field free from weeds

RC OST 2-1



- When it is raining or immediately after rain, fertiliser should not be applied.
- If the grain of fertiliser is wet, it becomes soft and sticks to other, which becomes difficult to spread evenly.
- If leaves are wet, grains of fertiliser stick to leaves and leaves are damaged.

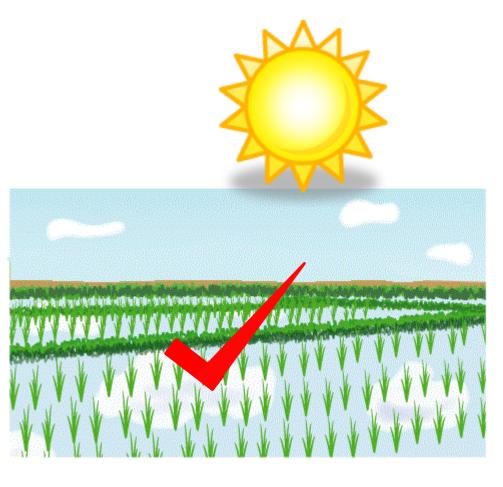


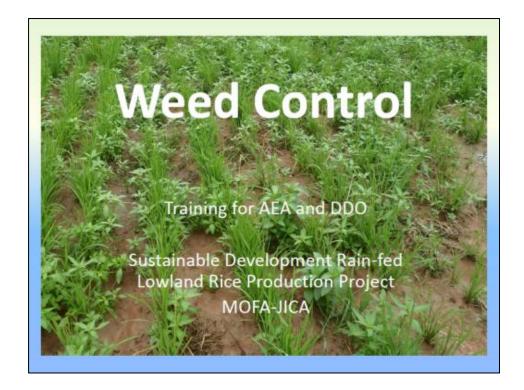
Face

Do not apply fertilizers when leaves are wet









 Weeding is essential key technology not only in rice cultivation, but also in other crops cultivation.







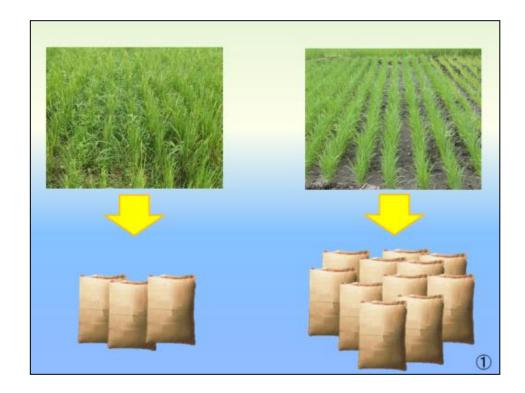
MOFA/JICA TENSUI RICE



Weed Control



Sustainable Development of Rain-fed Lowland Rice Production MOFA/JICA TENSUI RICE PROJECT



- The rate of yield reduction from harmful weeds is tremendous.
- The yield declines significantly without weed control.

Face

RC OST 2-2-2











In case of direct sowing

- Seeds of weeds germinate at the same time as those of rice.
- The number of weed in the rice field increases year by year.



Weeding must be done <u>at least 2 times</u>.

1st weeding: 3 weeks after sowing

2nd weeding: 2 weeks after 1st weeding

 Pre-emergence type herbicide is effective in the field in which water is not standing but soil moisture is higher.

Weed Control

Direct sowing

Sowing



1st Weeding



2nd Weeding



3 weeks

2 weeks

- Weeding must be done when the size of weeds is smaller.
- Larger weed biomass means growth of rice has been negatively affected.



At least 2 times

At the same time as 1st and 2nd fertilizer application (Transplanting) 3 weeks and 5 weeks after sowing (Direct sowing)

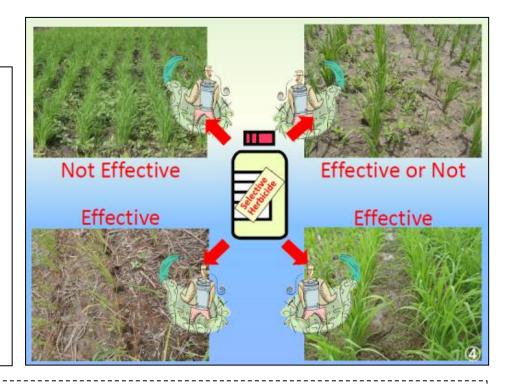
- First weeding must be done by hoe in direct sowing.
- Regardless of the above, weeding <u>must be done as necessary.</u>

Face RC OST 2-2-2



Selective herbicide

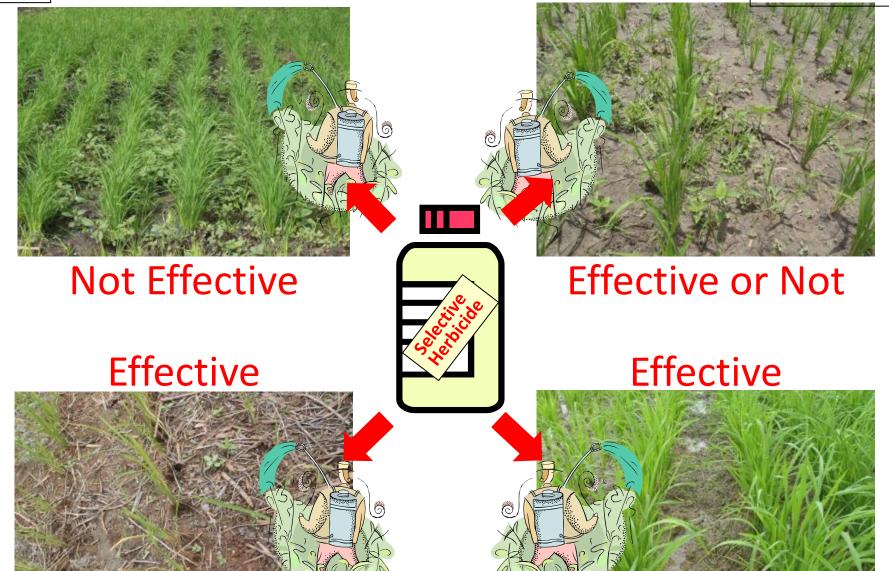
- Selective herbicide is not effective against larger size weeds.
- For example, <u>Propanil</u>
 works well against weeds
 with only three (3) or less
 leaves.



If selective herbicide is used;

- The herbicide containing <u>2,4-D</u> must NOT be applied in first weeding.
- Concentration of the herbicide must be proper.
- Adequate <u>volume of spray</u> must be ensured.
- Do NOT rely on the herbicide application alone.

Face RC OST 2-2-2





 Agro Chemicals (Herbicide, Insecticide, Fungicide, etc.) are <u>POISONUS</u>.





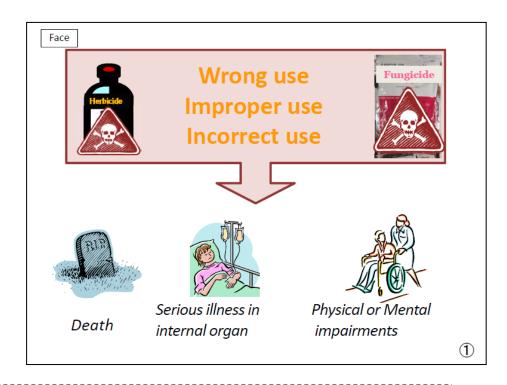
MOFA/IICA TENSUI RICE



Chemical Control (General)







 Wrong, improper and incorrect usage of agro chemicals cause serious problem on people's health.

[Death, Serious illness in internal organ, Physical or Mental impairments, etc.]



Wrong use Improper use Incorrect use







Death

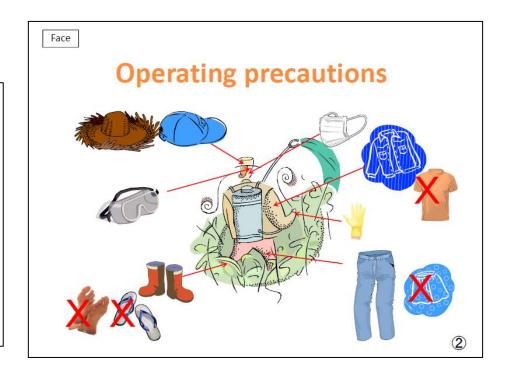


Serious illness in internal organ



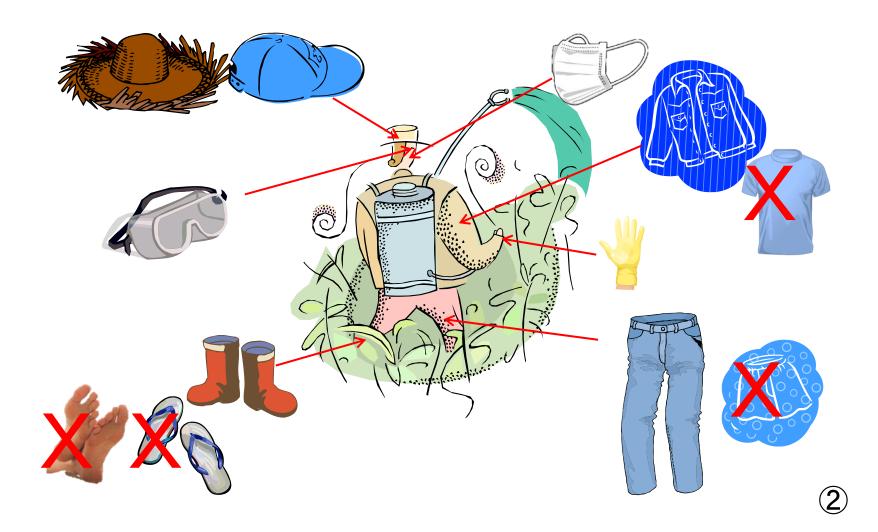
Physical or Mental impairments

 Operators must wear long-sleeved clothes, trousers, boots, gloves, mask, cap or hat and goggles to protect their body.

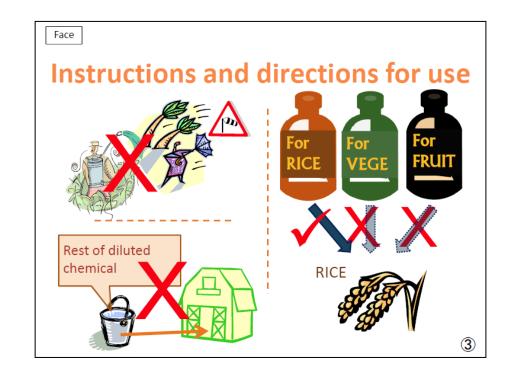


- If the body of operator is not protected, chemicals enter the body through the mouth, nose and skin.
- Also eyes, nose and skin can be damaged.
- Agro chemical dilution must not be carried out by bare hand.

Operating precautions

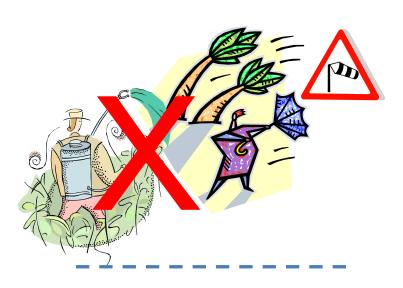


- When the wind is strong, chemicals application should be avoided.
- Diluted chemicals should be applied all in same day.

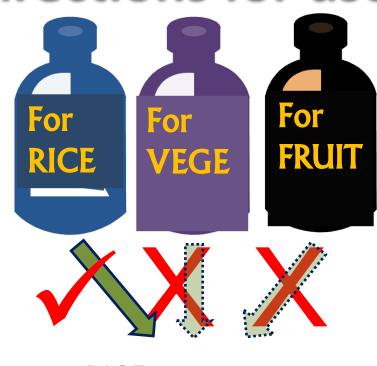


• When agro chemicals are applied on rice, select chemicals for rice only.

Instructions and directions for use



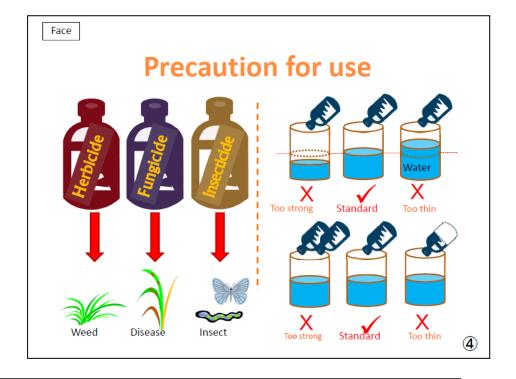




RC OS



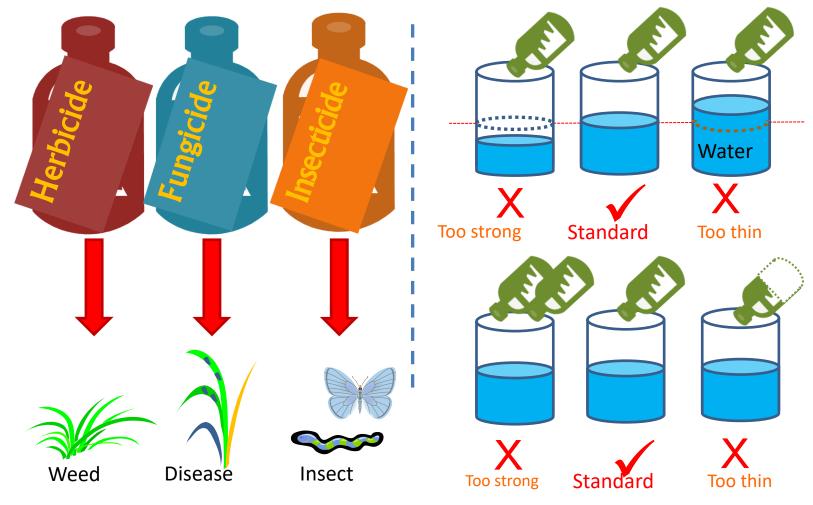
- Selection of chemicals
- Dilution ratio
- Dosage of chemicals
- Timing of application
- etc.



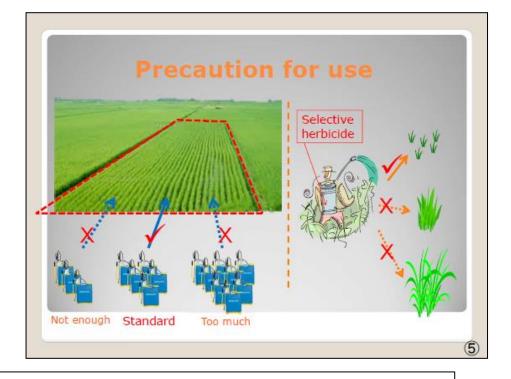
 Inadequate or inappropriate application of Agro Chemicals are ineffective in preventing and controlling diseases, pests and weeds.



Precaution for use



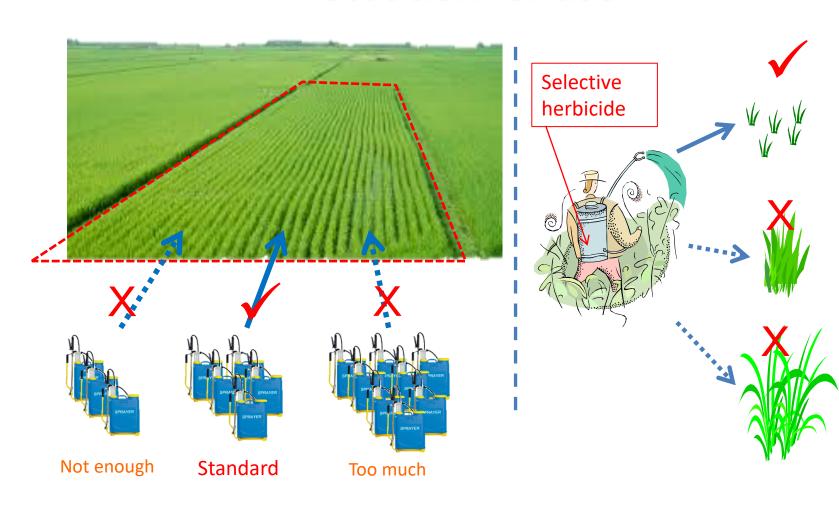
- Dosage of dilution
- ◆ Timing of application
- etc.

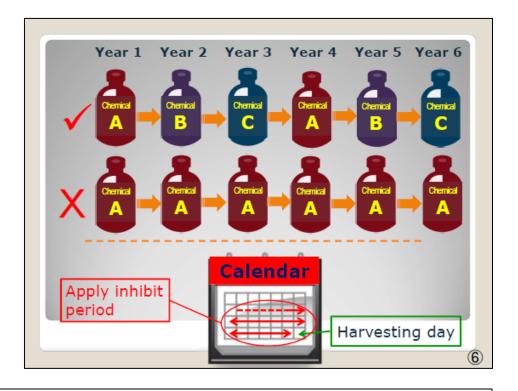


- Enough but not too much volume of the dilution must be sprayed.
- Selective herbicide is effective only against small size weeds.



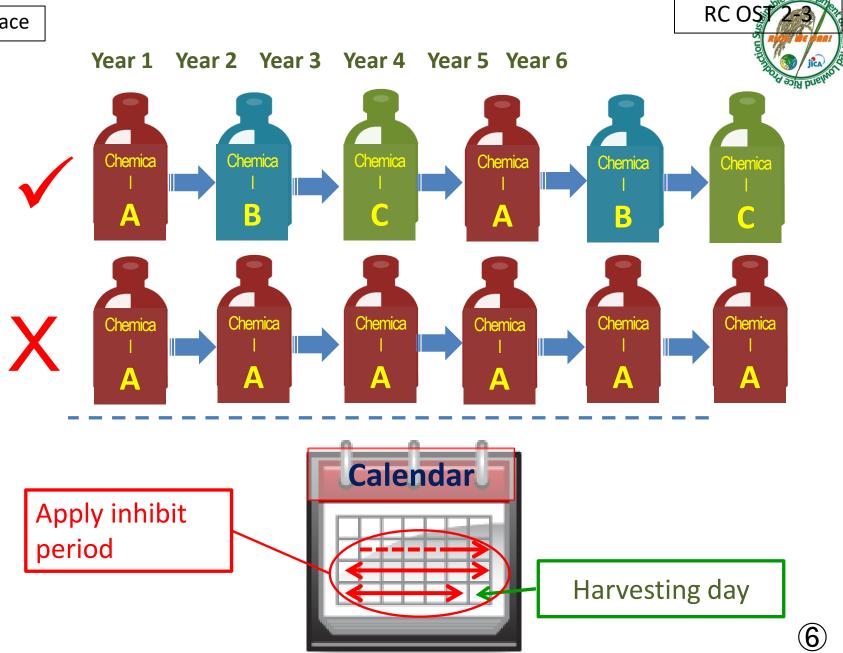
Precaution for use





- If Agro-chemicals with same materials continue to be used over long periods, its efficiency will be reduced.
- Agro-chemicals must not be applied just before harvesting. (see label of each chemical for details)

Face



 The most serious disease in Jasmine 85 cultivation is Blast. Face RC OST 2-4

Disease & Pest Control

MOFA-JICA Project
Sustainable Development of Rain-fed Lowland Rice Production

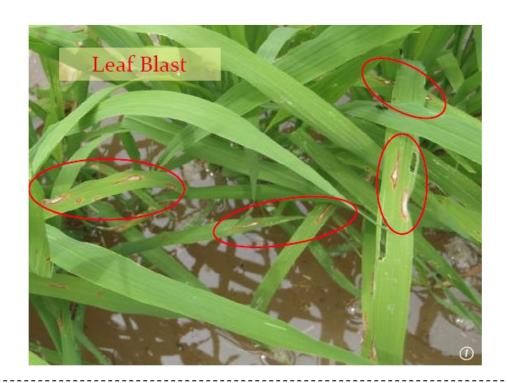
- Diseases of rice are caused by fungus, bacteria and virus.
- Some of diseases can be prevented or be reduced the onset by non-chemical control such as a seed selection and optimum nursery and field management.







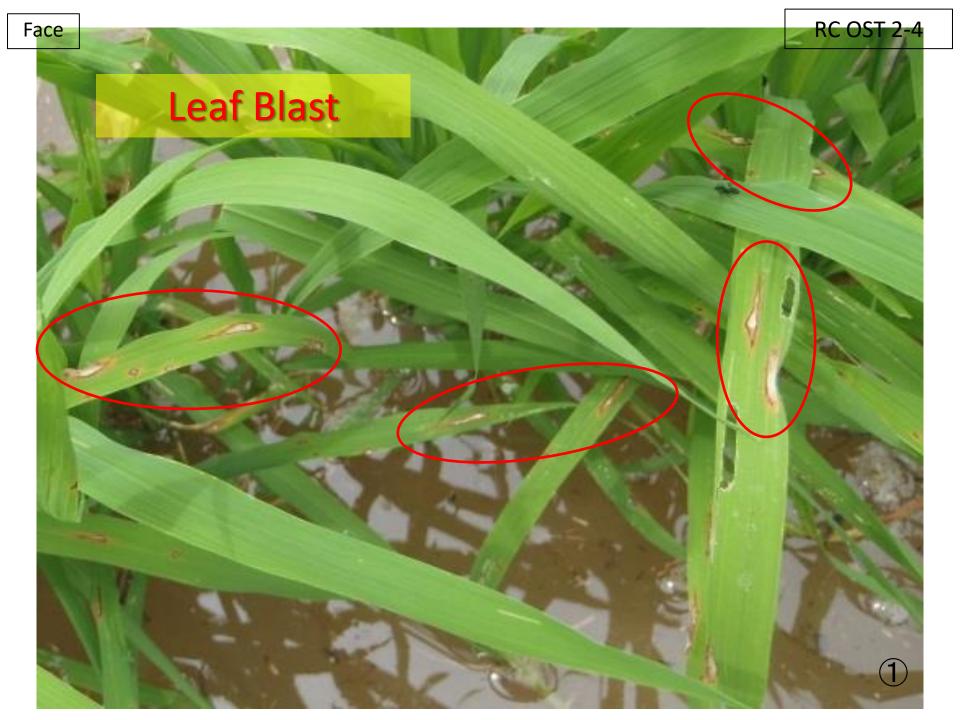
Disease & Pest Control



- Conditions suitable for the development of "Blast"
 - [Weather and climate]
 - Low-temperature (25 28 °C)
 - High-humidity
 - Less sunlight (Cloudy, Rainy)

[Management]

- Excess fertiliser application
- Higher plant density



 This is the typical symptom of Blast.



- Non-chemical Control
 - Select disease tolerant Variety
 (Jasmine 85 is not disease tolerant)
 - Avoidance of use of diseased seed
 - Seed selection
 - Avoidance of excess fertilizer application



 After heading time, if neck of panicle, rachis of branch and grains are infected, those colour change to brown and the fullness of grains becomes worse or grains go die.

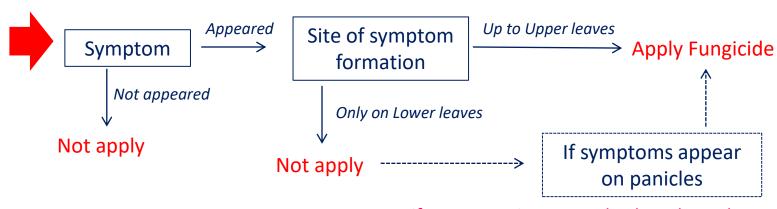


• If these symptoms appear, the fungicide that is effective in Blast should be sprayed immediately to prevent epidemic in whole field.



- Do not be delay to apply fungicide, when the symptom of the disease appear,.
- If fungicide is applied after the spread of Blast, damaged plants do not recover well.





Even if symptoms is appeared only on lower leaves, sometimes panicle blast is developed.

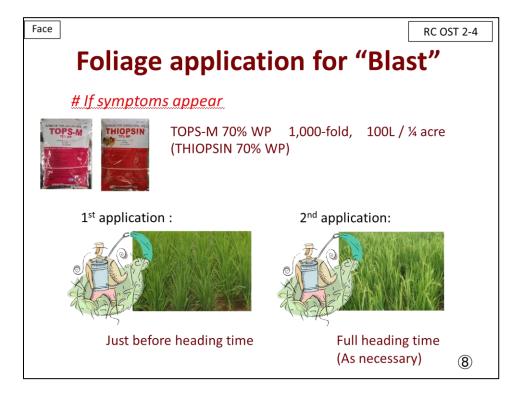


- It is important to apply fungicide before it is too late.
- When the fungicide is spray for Blast control, the chemical that is effective in Blast must be selected.





- If symptoms of Blast appear on upper leaves, spray the fungicide.
- Spray fungicide at full heading time as necessary.



Method of spraying the fungicide [Example]

100 litres of 1000-fold dilute solution of *TOPS-M* (or *THIPOSIN*) is applied for ¼ acre.

Important Note:

 The dilution ratio and spray volume are different from chemical to chemical.

Foliage application for "Blast"

If symptoms appear





TOPS-M 70% WP 1,000-fold, 100L / ¼ acre (THIOPSIN 70% WP)

1st application:



Just before heading time

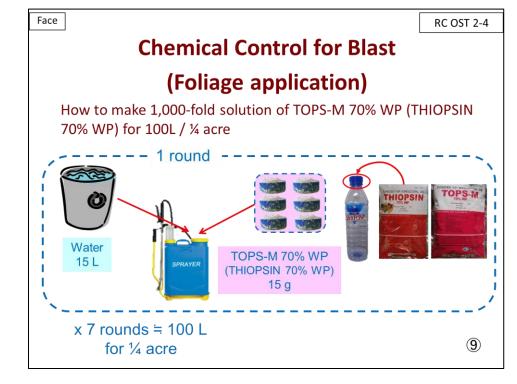
2nd application:



Full heading time (As necessary)

How to make 1,000-fold dilute solution:

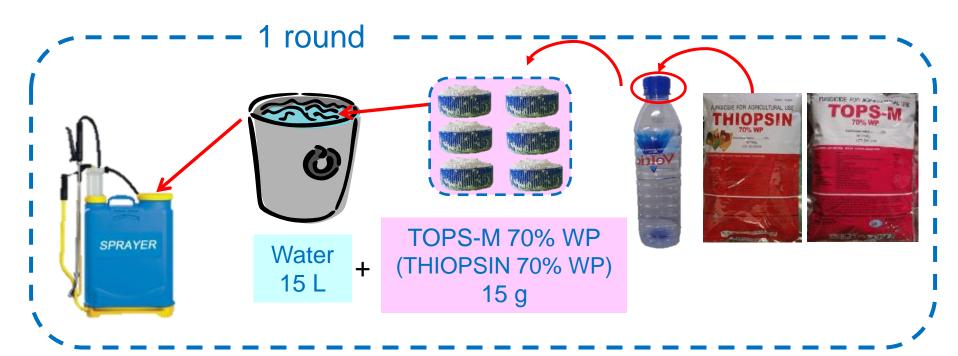
- The bottle for water can be used as in place of the scale to measure dust formulation chemicals.
- 15 grams of TOPS-M equivalents to six (6) scoops of it.
- Mix 15 litres of water and 15 grams of TOPS-M (or THIPOSIN) and then put it in a knapsack sprayer for 1 round of spray



Total 105 grams of *TOPS-M* (or *THIPOSIN*) and 105 litres of water which is equivalent of 7 rounds are required for ¼ acre.

Chemical Control for Blast (Foliage application)

How to make 1,000-fold solution of TOPS-M 70% WP (THIOPSIN 70% WP) for 100L/4 acre



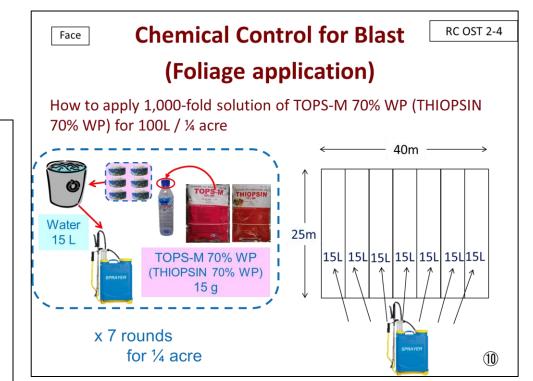
x 7 rounds \rightleftharpoons 100 L for $\frac{1}{4}$ acre

How to apply:

In case of TOPS-M or

(THIOPSIN)

- First, mix 15 litres of water and 15 grams of TOPS-M (or THIPOSIN) and spray it to 1/7 of ¼ acre field.
- Then, mix same dilute solution and spray it to the next 1/7 of the field.
- Repeat it 5 more times.



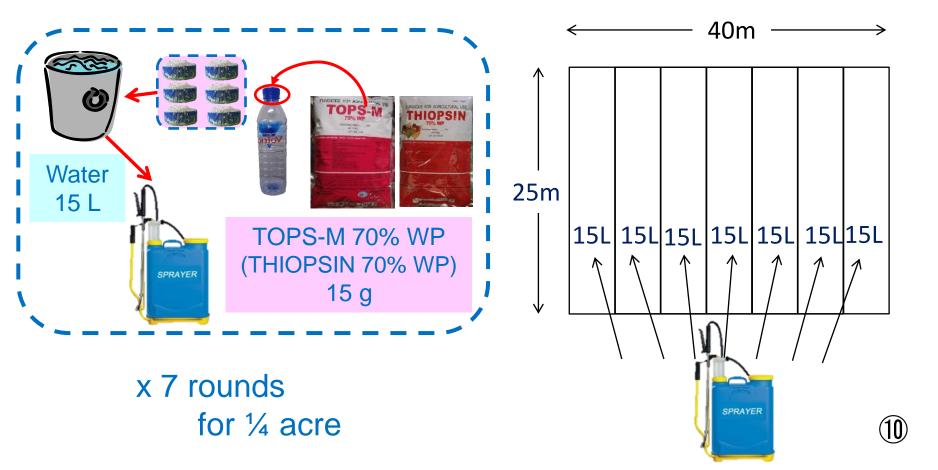
Face

Chemical Control for Blast

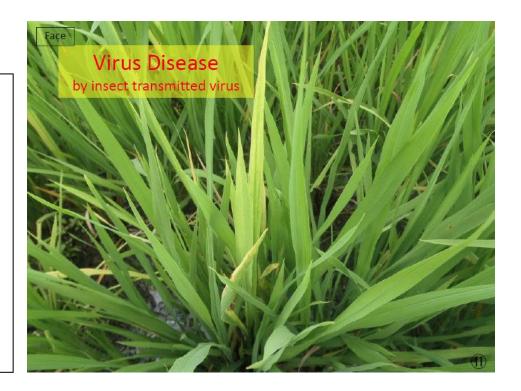
RC OST 2-4

(Foliage application)

How to apply 1,000-fold solution of TOPS-M 70% WP (THIOPSIN 70% WP) for 100L / ¼ acre



- The yellowing of leaves starts from the tip of lower leaves.
- Plants become stunted and the number of tillers is reduced.



- If the chemicals are applied, damaged plants do not get well.
- But, further spreading of diseases can be prevented by chemical control.



- This kind of disease is transmitted by hoppers or beetles.
- If symptoms appear, apply <u>insecticide</u>.

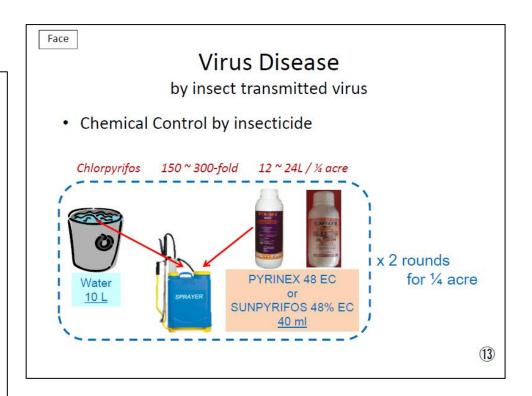


- There is no effective treatment for virus diseases of rice.
- Countermeasures against those diseases are removing damaged plants from the field and spraying insecticide to prevent an epidemic of diseases.



Method of spraying the insecticide [Example]

- Twenty (20) litres of 250fold dilute solution of the insecticide is applied for 1 / 4 acre.
- 20 litres of water and 80 mL of insecticide are required.



- First, mix 10 litres of water and 40 mL of insecticide and spray it to half of ¼ acre field.
- Then, mix another 10 litres water and 40 mL of insecticide and spray it to the other half of the field.

RC OST 2-4

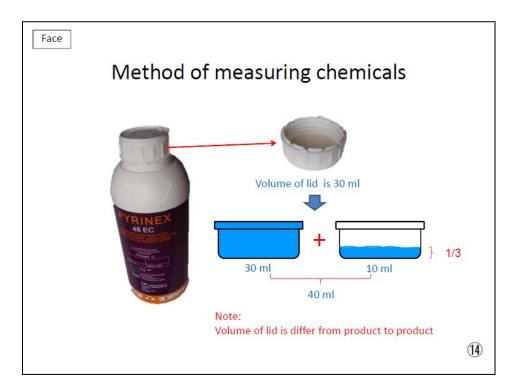
Virus Disease

by insect transmitted virus

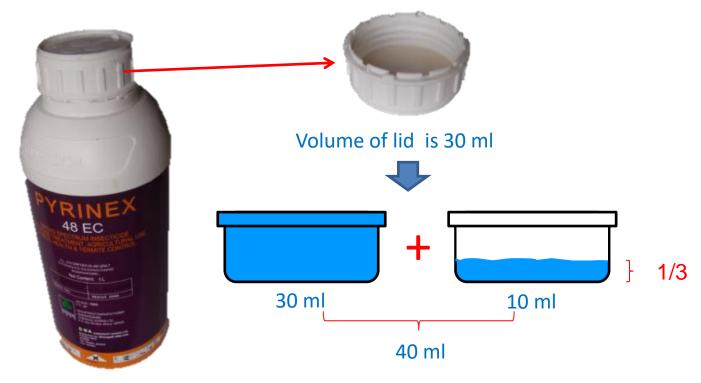
Chemical Control by insecticide



- The Lid of bottle of liquid formation chemical can be used as measure cup.
- Volume of lid is differ from product to product.



Method of measuring chemicals

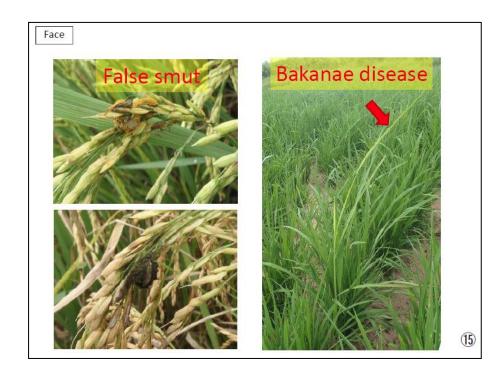


Note:

Volume of lid is differ from product to product

False smut

- This disease can be controlled by fungicide application before heading time.
- Excess fertiliser
 application encourages
 a development of this
 disease.
- If fungicide for Blast is applied, this disease is also controlled.



Bakanae Disease

 This disease can be reduced by seed selection. Face

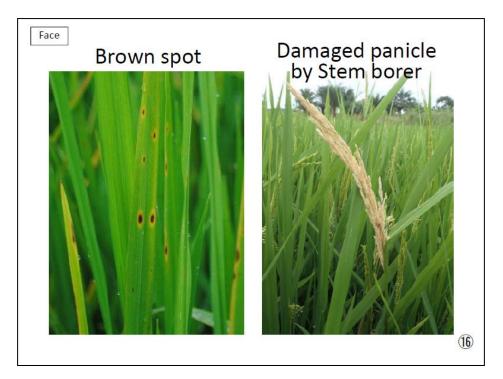






Brown spot

- This disease tends to occur in low fertile soil fields.
- There is no need to control by chemicals.
- Improvement of soil fertility is necessary rather than chemical control.



Stem borer

 Before insecticides are applied against Stem borer, the cost of chemical control and the loss caused by Stem borer should be compare. Face

Brown spot





Face RC OST 2-5-2

Quality Seed Production

For 2nd Training

MOFA-JICA Project
Sustainable Development of Rain-fed Lowland Rice Production

Purpose

- The purpose of the trial is to <u>verify the quality seed</u> <u>production methods</u>
- Equip the farmers with technique on <u>how to produce</u> <u>quality rice seed</u> in their fields.





MOFA/IICA TENSUI RICE



Quality Seed Production

MOFA-JICA Project
Sustainable Development of Rain-fed Lowland Rice Production



What are the reasons declining quality of local rice?

- Foreign matters
- Broken grains
- Coloured or discoloured grains

Why quality seed?



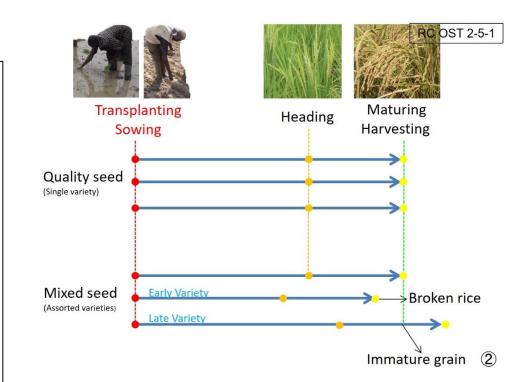
Many broken grains are mixed

Discoloured grains and coloured grains are mixed

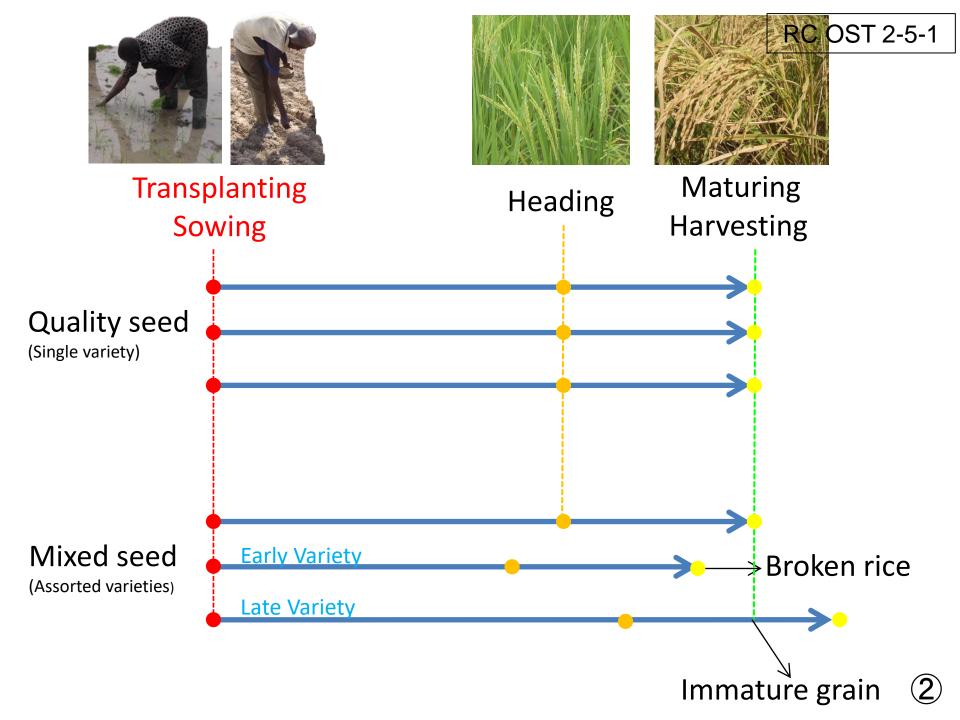
Good quality



- If mixed seed is used, heading and maturing time is unequal.
- Therefore, over-dry grains and immature grains are mixed in harvested grains.
- Over-dry grains cause broken rice and immature grains become thin grains and screenings.



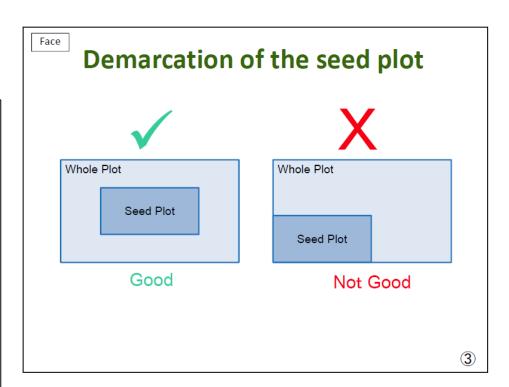
- If quality seed is used, heading and maturing are uniform.
- Then, the rice quality is improved and milling loss is decreased.



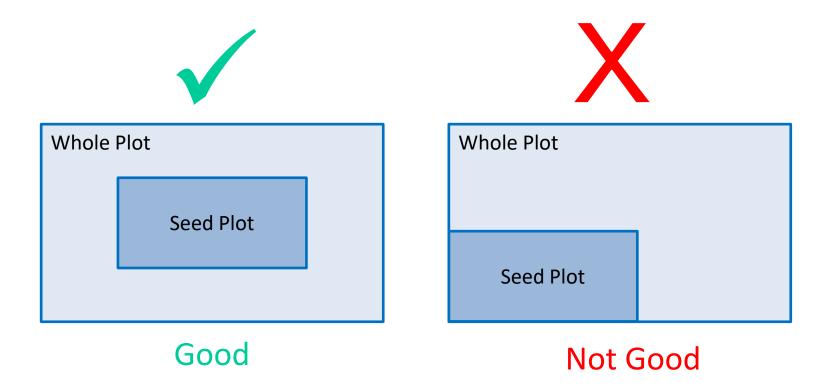
 Seed plot must be demarcated at the center, NOT on the corner or border of the field.

Why?

- Edge of field may be contaminated by diseases. Seed must be disease free.
- Prevent mixture of other varieties. Seed must be pure variety.

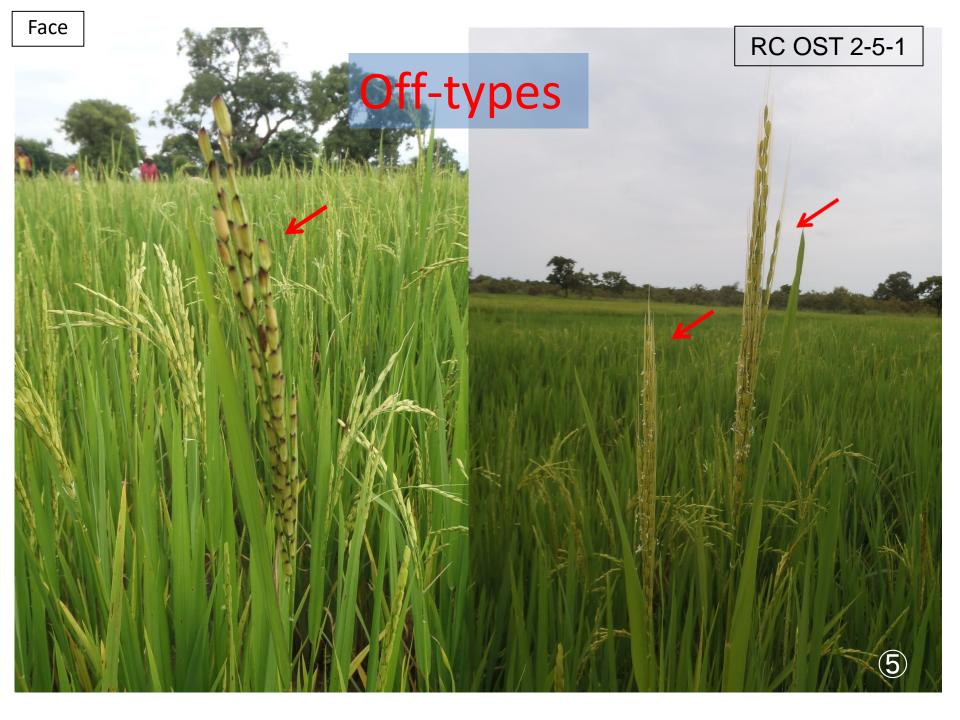


Demarcation of the seed plot

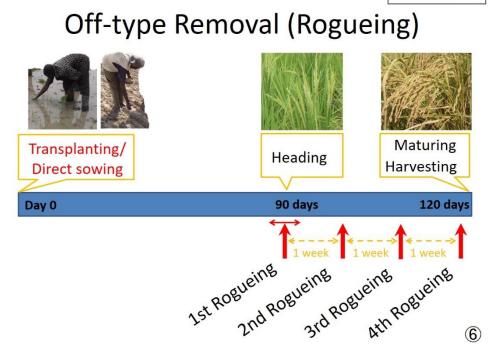


 Off-types can be identified by plant height, colour of grain, awned grain or awnless, heading time, etc.





- Off-types and damaged plants are uprooted from the field (Seed plot) once a week from just before/after heading time to harvesting time.
- If abnormal plants or damaged plants appear, those should be removed from the field even though it is before heading time.



 Although rogueing is sometime done by cutting panicles, off-types <u>must be</u> <u>uprooted</u>.

Off-type Removal (Rogueing)





Transplanting/
Direct sowing



Heading



Maturing Harvesting

Day 0

90 days

120 days





Paddy field in which pure seed is not used.

Face RC OST 2-5-1





Paddy field in which pure seed is used.





Value Chain of Local Rice



- Let's explain target farmers the local rice value chain and reasons why they need to apply new techniques for rice production!
- Farmers are in the most important position among value chain actors!







MOFA/IICA TENSUI RICE PROJECT

Value Chain of Local Rice

Good quality of Local Rice makes everybody happy!!

For On-Site Training

Why metropolitan consumers do not purchase local rice?

1) Presence of stones

It is tedious for busy metropolitan consumers to remove stones by themselves and they prefer to purchase imported rice without stones.

2) Selling without packaging

Packaged rice in small size is preferred by metropolitan consumers because it is less likely to be affected by rats, insects, moisture, etc. and can be easily kept at home.

3) Cleanliness

It is tedious for busy metropolitan consumers to remove contaminants such as husks and dust.

Why metropolitan consumers do not purchase local rice?



1) Presence of stones

2) Selling without packaging

3) Cleanliness

Which types type of rice do metropolitan consumers want to buy? Local rice has a high potential!!

1) Good taste!



The freshly harvested rice is delicious!

- 2) Good smell (Aroma) The rice which is just milled has aroma, especially, aromatic varieties!
- 3) Stone free
- 4) Cleanliness
- 5) Whiteness



These can be achieved by not putting rice directly on the rice field after harvesting, using tarpaulin when drying paddy and using rice mills equipped with de-stoners.

6) Package appearance



The number of domestic companies that sell local rice by making original packages is gradually increasing. They are constantly looking for good quality paddy as the demand for local rice is becoming higher.

Page 3(Back)

Which types of rice metropolitan consumers

want to buy?

Local rice has higher potential!!





1) Good taste



2) Good smell (Aroma)



3) Stone free



4) Cleanliness



5) Whiteness



6) Package appearance

Quality of your paddy affect an entire value chain

- When farmers sell good quality of paddy to aggregators or miller-sellers, they will like to buy it. It's because their customers such as wholesalers and retailers will definitely purchase good quality paddy and price negotiation will be easier.
- Final consumers will be able to eat delicious and healthy local rice which is comparable to imported rice.
- All the actors of local rice value chain such as farmers, aggregators, parboilers, wholesalers, retailers and customers will make better profit, if farmers produce good quality of paddy.

Quality of your paddy affect an entire

value chain **Farmers**

Parboiler









Wholesaler



Retailer



Customer





Low quality of paddy can negatively affect

the entire local rice value chain

- If farmers produce poor quality paddy, the entire local rice business may become stagnant.
- When farmers sell low quality paddy to aggregators or parboilers, they will refuse to buy it or purchase only at low price. It's because their customers such as wholesalers and retailers will not purchase it at good price and price negotiation will be very difficult, too..
- Wholesalers, retailers and final consumers in urban areas will purchase imported rice instead of low quality local rice.
- All the actors in the local rice value chain will have high risk of keeping paddy which can not be sold anywhere for long.

Quality of your paddy negatively

Farmers the entire value chain Parboiler Low quality





Wholesaler



Retailer





Customer



Page 5 (Front)

Do you want to sell rice to increase income?

If yes, we recommend you to apply all the technics of TENSUI 2!!

Because.....,

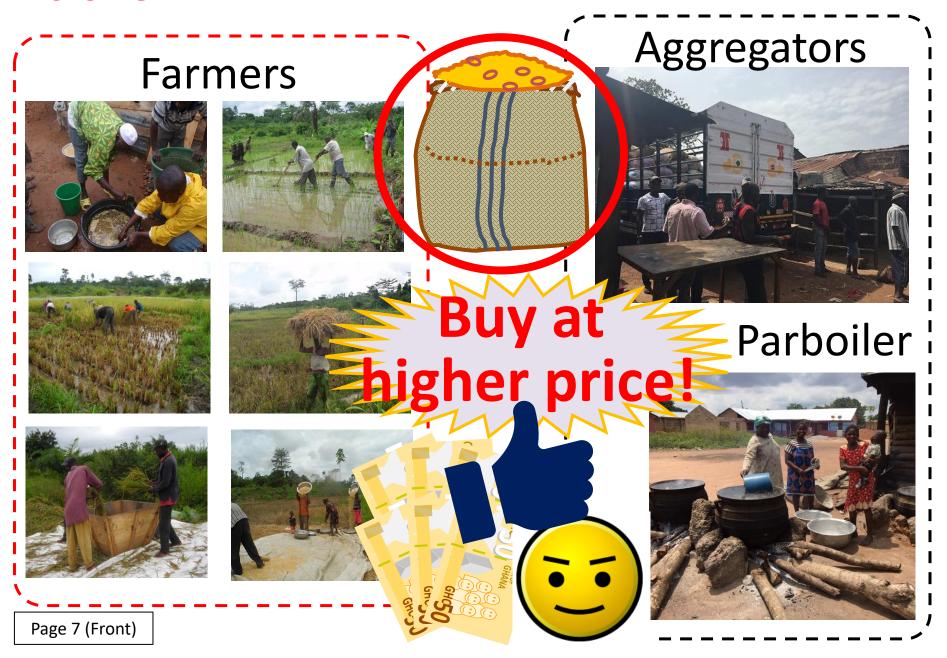
Do you want to sell rice to make increase income?

Apply all the technics!!

Application of all the TENSUI2 techniques can increase yield and sales volume of rice per acre. Quality of rice will become high enough to match the needs and wants of metropolitan consumers, price negotiation will be easier and rice can be sold at a higher price.

Farmers will be able to prepare good quality seeds and inputs for following seasons. It is then expected that a positive spiral can be caused.

Apply all the technics!!



If not apply the technics...

It will reduce yield and sales volume of rice per acre.

The quality of rice will become lower, price negotiation will be difficult and rice can not be sold at a higher price.

Farmers will not be able to prepare good quality seeds and inputs for next-season. Then, a negative spiral can be caused.

If not apply the technics...



Aggregator



Parboiler

Refused to Buy...

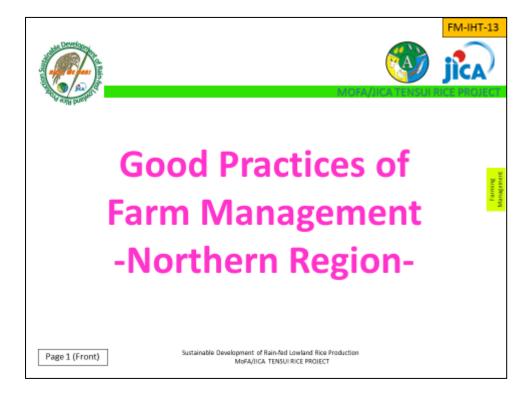




Page 8 (Front)

Good Practices of Farm Management

 We have several good practices of farm management found among TENSUI Project farmers. Today, let's learn about their stories! Then, you will be the ones who can be "good examples"!!









Good Practices of Farm Management

Develo,





 Let's learn about a good practice of farmers in Gbung, East Gonja!

(shared in August 2014)

Case 1:

Shortening the Value Chain to Increase Profit -Gbung Farmers, East Gonja -



Page 2 (Front)



Case 1:

Shortening the Value Chain to Increase Profit -Gbung Farmers, East Gonja -



Before...



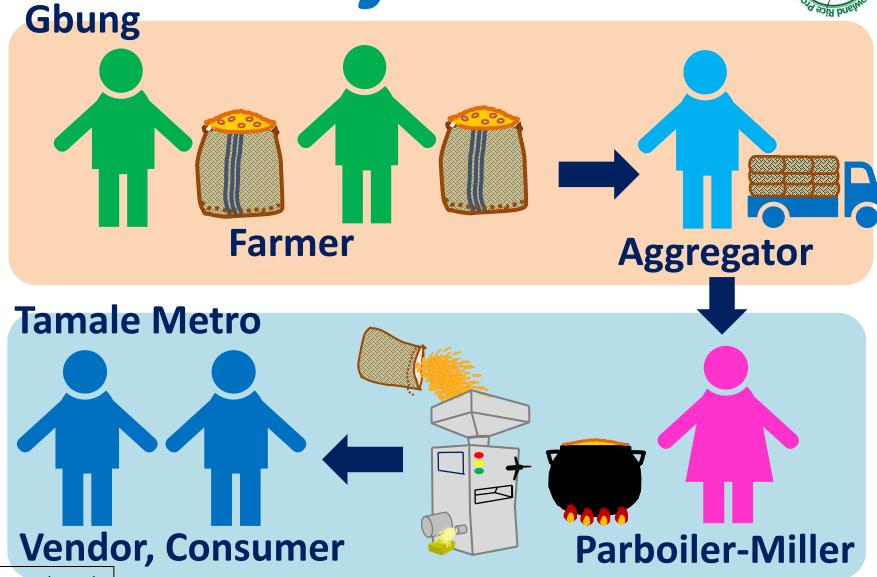
- The farmer and his colleagues used to sell high quality paddy to an aggregator visiting Gbung.
- After purchasing the paddy in Gbung, the aggregator sold it to parboiler-millers working on parboiling and milling in Tamale

Metro. After processing, they sold the milled rice to vendors and/or consumers coming to the milling station.



Before...





Page 3 (Front)



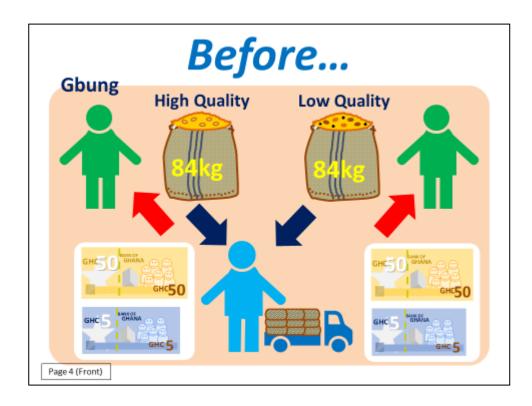


 In Gbung, he gained GHC55/84kg paddy for his high quality paddy, which was the same price as low quality paddy produced by other farmers.

He had no other choice than selling at GHC55/84kg paddy as

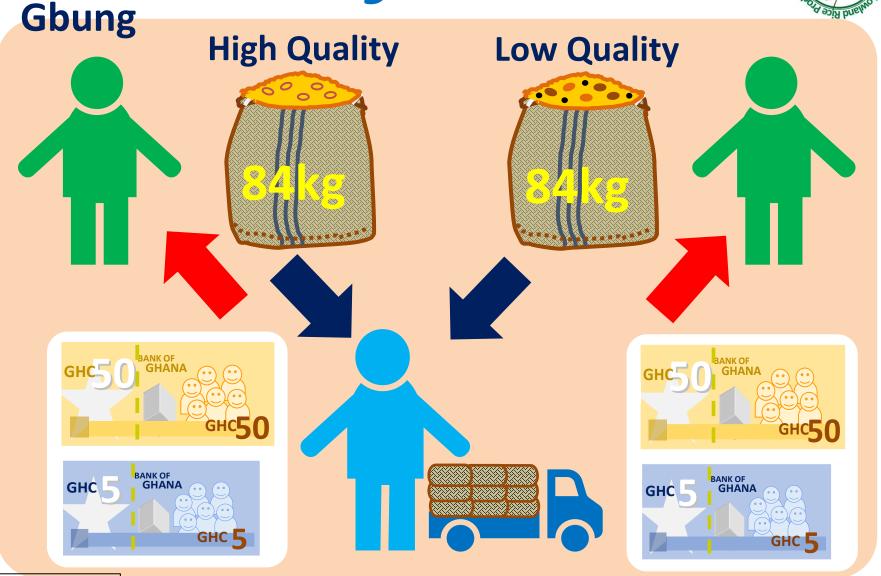
there was no market place in Gbung.

 Ask farmers: How would you solve this kind of problem?



Before...



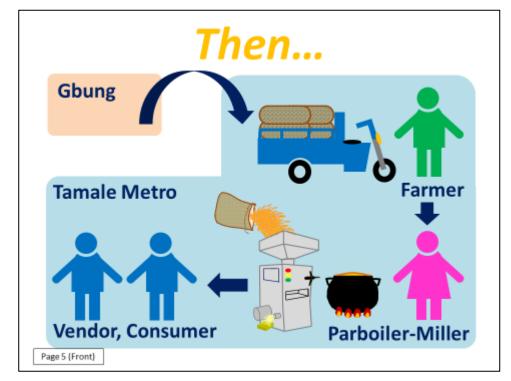






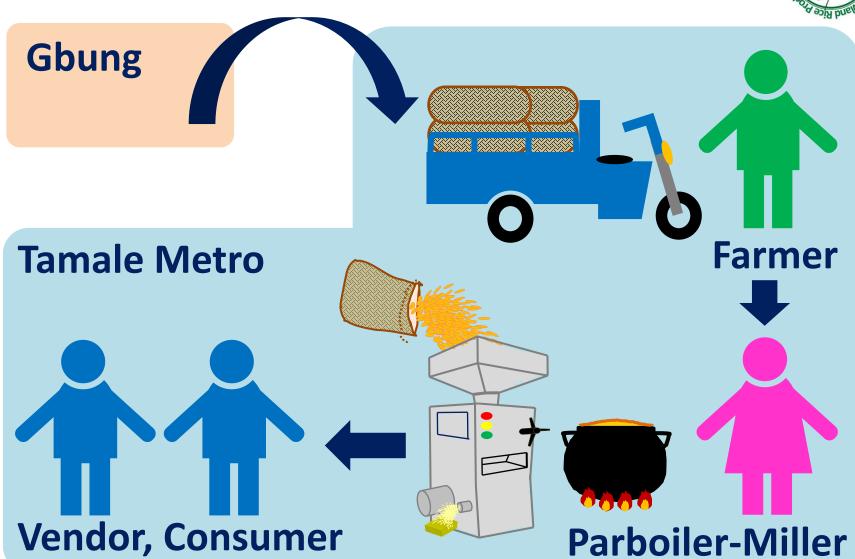
He started to transport his high quality paddy to Tamale
 Metro by himself and directly sell to the parboiler-millers
 there. There was no intervention by the aggregator between
 them anymore.

them anymore.



Then...





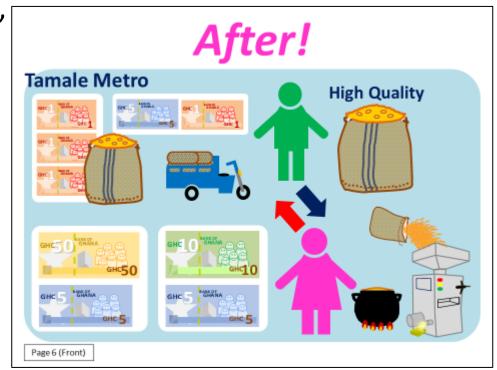




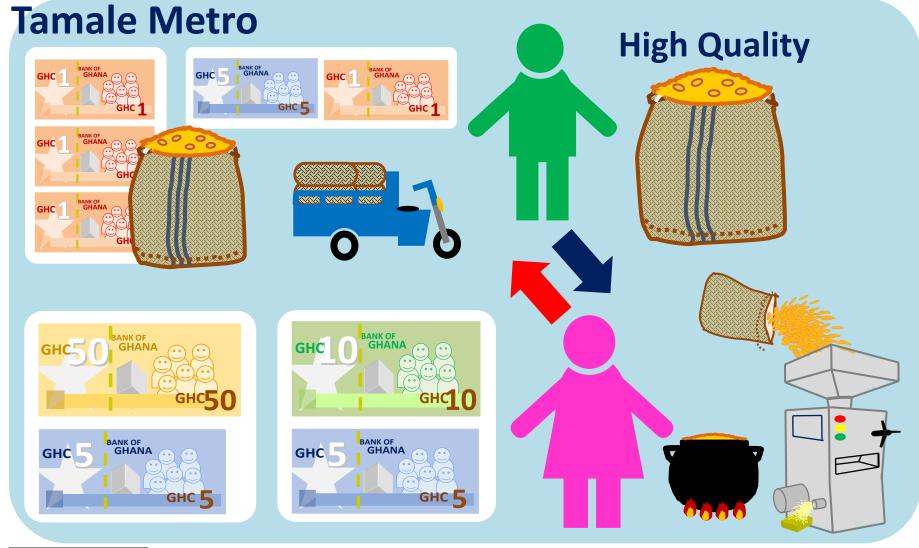
 Then, he gained GHC70/84 kg paddy from the parboilermillers. This price is about GHC5-10/84kg paddy higher than that for low quality rice in Tamale Metro.

Even after deducting transportation fee GHC3/84kg paddy bag

and GHC6/person (driver), his profit increased by GHC6/84kg paddy.







Case 2:



 Let's learn about a good practice of Mr. Adam of Vittin Community in Tamale Metro.

Case 2:

Selecting Buyers Who Value the Quality
-Adam of Vittin, Tamale Metro-



Page 7 (Front)



Case 2:

Selecting Buyers Who Value the Quality -Adam of Vittin, Tamale Metro-







 Before he learnt to produce quality paddy at the TENSUI Project, Mr. Adam used to sell his paddy to any market woman visiting Vittin Community at

GHC50/84kg paddy.



Before...





Then...



- After producing high quality paddy at the TENSUI Project, Mr. Adam actively worked on market women who do strict inspection to distinguish quality paddy.
- The market woman recognized that the quality of Mr.
 - Adam's paddy is high enough to produce high quality milled rice for higher price.

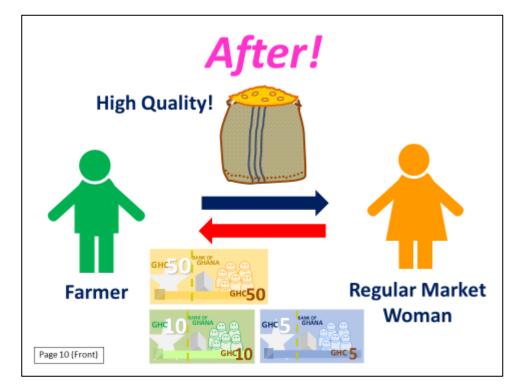






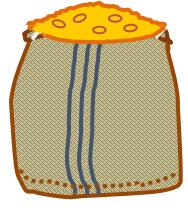


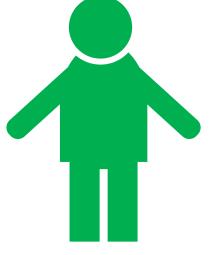
- Eventually, he managed to establish a reliable relation with the market woman, who paid GHC65/84kg paddy to him.
- She became a regular market woman.











Farmer









Regular Market

Woman



- Even when the regular market woman has no cash, Mr. Adam could be connected with other market women who were able to buy his paddy still at GHC65/84kg paddy.
- Mr. Adam says, "I only stay in my community to sell the paddy to market women who visit me. When I don't want to sell, I can keep the paddy in my

storage till I am able to sell it at satisfactory price. Although I don't sell my paddy when I don't agree about the price which buyers present, they come back to me in the end to purchase the paddy at the price I present due to its quality."



High Quality!















Let's Produce Seeds for Profit!

- Do you know activities required for seed production?
- Do you know cost for seed production?
- Do you know how much you can earn through seed production?
 - → Let's learn about a good practice of seed production today!





Case 3:

Let's Produce Seeds for Profit!

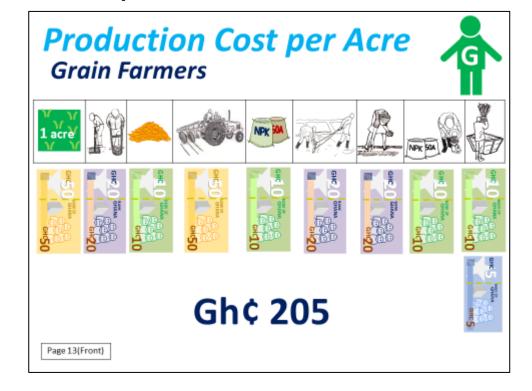




Production Cost per Acre Grain Farmers

 Grain farmers need around GHC205 for grain production. For example, they spend money for land rent, land development, seed, tractor,

fertilizer, etc.



Production Cost per Acre Grain Farmers















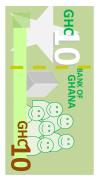


























Gh¢ 205

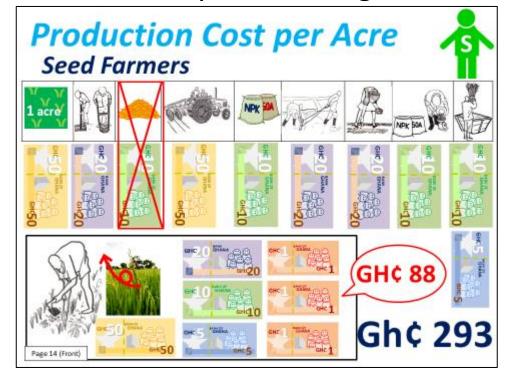
Production Cost per Acre Seed Farmers



 Seed farmers need around GHC293 for seed production, which is around 1.5 times than grain producers' cost, excluding cost for grain seed.

For example, they may spend extra money for weeding and

off-type removal, which are important to keep purity of the product as seed.

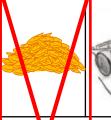


Production Cost per AcreSeed Farmers















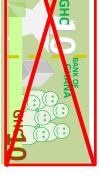






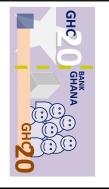








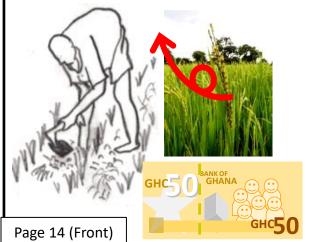


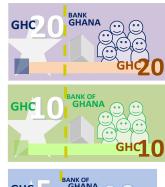




















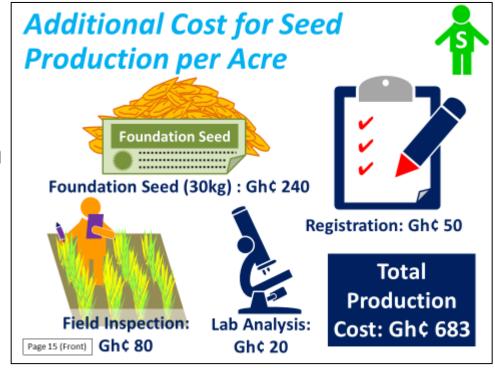




Gh¢ 293

Additional Cost for Seed Production per Acre

- In addition, seed farmers need to pay to purchase foundation seed, registration, field inspection (GHC20 x 4 times = GHC80) and lab inspection.
- In total, their production cost will be GHC683 per acre, around 3.3 times than grain producers' cost.



Additional Cost for Seed Production per Acre



Foundation Seed (30kg): Gh¢ 240



Lab Analysis: Gh¢ 20



Registration: Gh¢ 50

Total
Production
Cost: Gh¢ 683

Page 15 (Front)

Gh¢ 80

Production



Let's look at production of grain farmers and seed farmers!
 Grain farmers gained 12 bags (84kg bag) per acre whereas seed farmers gained 9 bags per acre.

This is because the seed farmers apply 30cm x 15cm spacing for

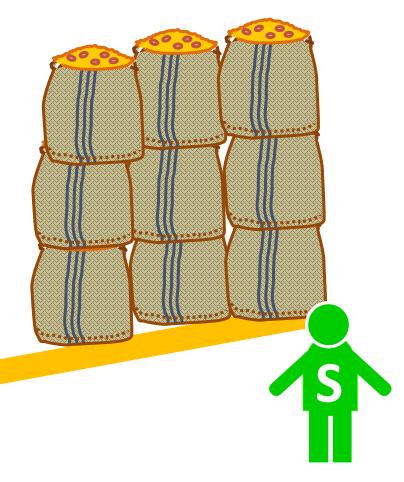
sowing to gain higher quality while grain farmers apply 30cm x 10cm as recommended by the TENSUI2 Project for higher yield.



Production



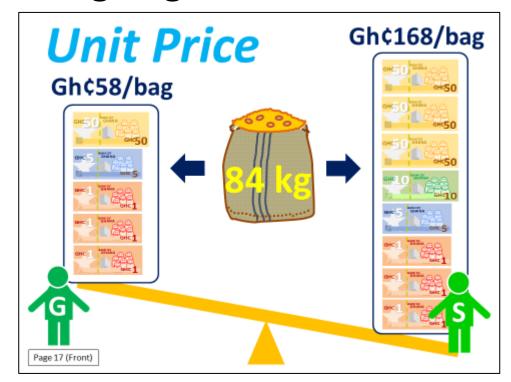






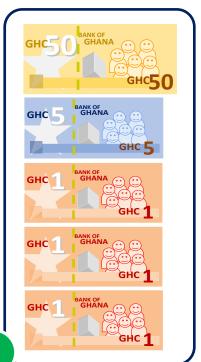


 Selling price of grain paddy was GHC58 per 84kg bag whereas selling price of seed paddy was..... GHC168 per 84kg bag!!



Unit Price

Gh¢58/bag











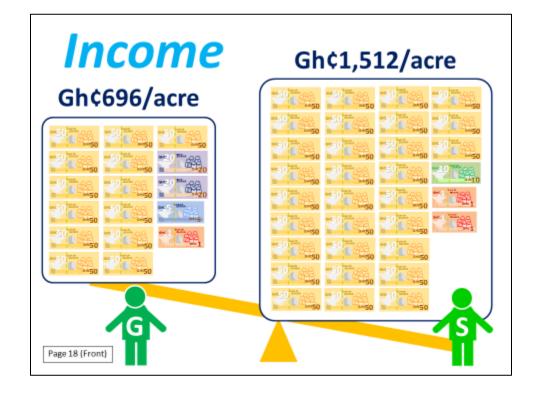






 Income through grain paddy was GHC696/acre whereas income through seed paddy was.....

GHC1,512/acre!!



Income

Gh¢696/acre





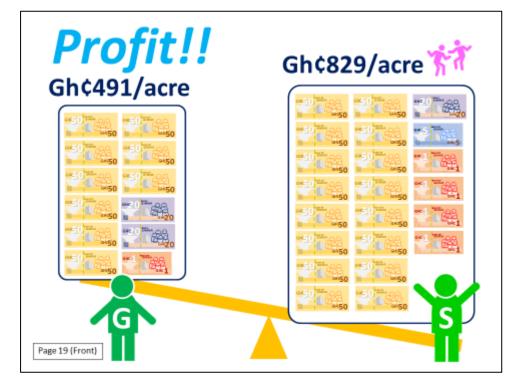
Gh¢1,512/acre







 Then... profit through grain paddy was GHC491/acre whereas profit through seed paddy was..... GHC829/acre!!



Profit!! Gh¢491/acre



Gh¢829/acre





Case 4:



 Let's learn about a good practice of Cyprian of Konongo Commynity in Asante Akyem Central District of Ashanti Region! (shared in August 2014)

Case 4:

Saving Input Cost for Profit -Cyprian of Konongo, Ashanti-



Page 20 (Front)



Case 4:

Saving Input Cost for Profit -Cyprian of Konongo, Ashanti-



In 2012...



- In 2012, unit price for 50kg bag of NPK was GHc 31 and Urea cost GHc 32 per 50kg bag.
- A litre of herbicide was sold at GHc 11.5



In 2012...





GHC 31/50kg bag



GHC 32/50kg bag

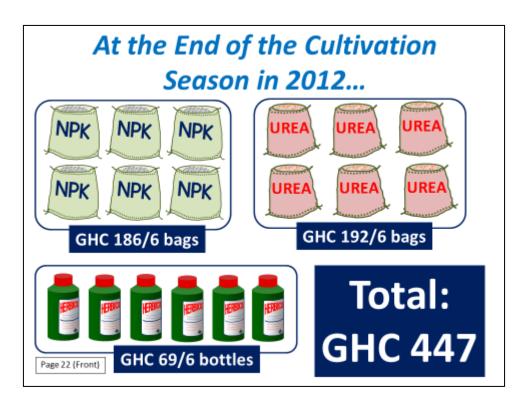


GHC 11.5/1 L bottle

At the End of the Cultivation Season in 2012...



- At the end of cultivation season in 2012, Mr. Cyprian decided to buy 6 bags of NPK at the cost GHc 186. He also spent GHc 192 on 6 bags Urea. Again he purchased 6 litres of herbicide at cost of GHc 69.
- In total, he spent GHc 447 on the three inputs.



At the End of the Cultivation Season in 2012...







Page 22 (Front)

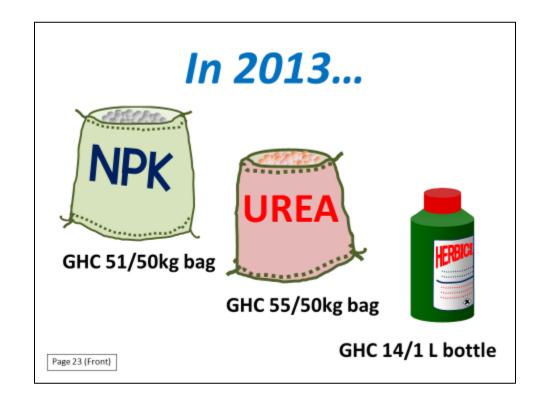
GHC 69/6 bottles

Total: GHC 447

In 2013...



 In 2013, NPK price increased to GHc 51/50kg bag whilst Urea was selling at GHc 55/50kg bag. A litre bottle of Herbicide was also increased to GHc 14.



In 2013...





GHC 51/50kg bag



GHC 55/50kg bag



GHC 14/1 L bottle

If He Purchased the Inputs in 2013, He Would Have Spent...

• If Mr. Cyprian was to purchase same quantity of inputs in 2013, he would have spent GHc

720 in total.



If He Purchased the Inputs in 2013, He Would Have Spent...





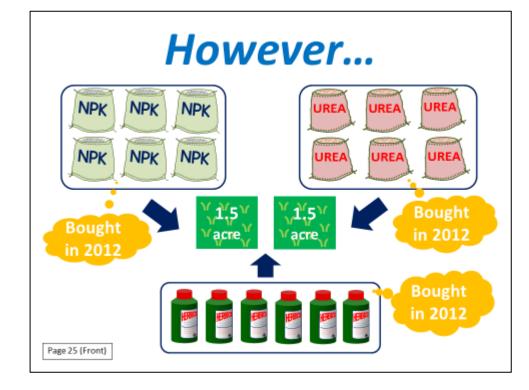


Total: GHC 720

However...

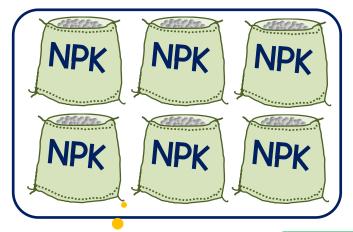


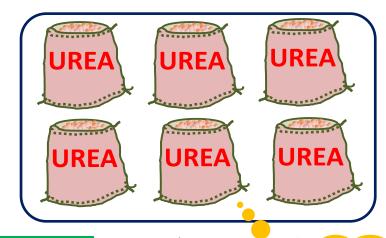
 However, he used the inputs acquired in the previous year (2012) for his 3 acres rice field in 2013.



However...







Bought in 2012







Bought in 2012











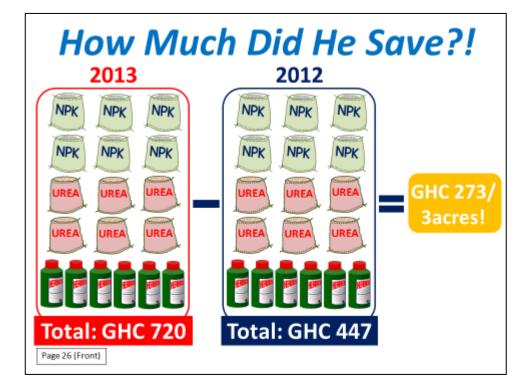
Bought in 2012

How Much Did He Save?!

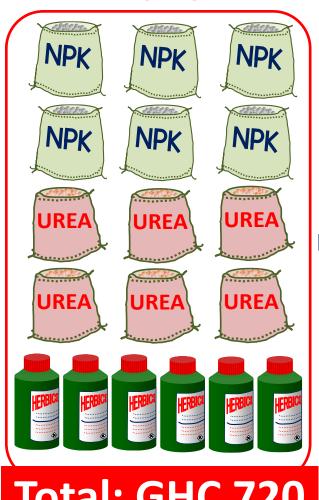
- How much did he save when he purchased Inputs in advance?
- In 2013 the inputs cost GHc 720. Meanwhile, he spent GHc 447 on same quantity of inputs in 2012.

Since he bought in advance, he made saved GHc 273 on 3

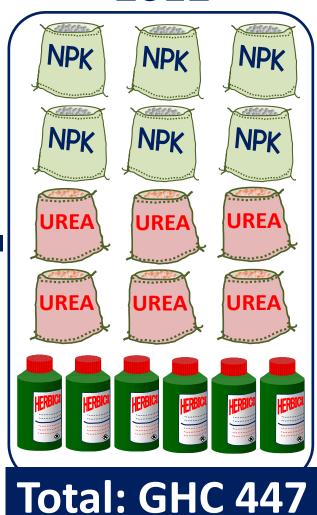
acres!!!



How Much Did He Save?! 2012 2013



Total: GHC 720



GHC 273/ 3acres!

Page 26 (Front)

- 2nd onsite training to be carried out during main crop season.
- 2nd onsite training includes
 7 training topics;
 - 1. Fertilizer management,
 - 2. Weed control,
 - 3. Chemical control,
 - Disease and pest control, and
 - 5. Quality seed production
 - 6. Value chain of local rice
 - Good practices of farm management

















Sustainable Development of Rain-fed Lowland Rice Production MOFA/JICA TENSUI RICE PROJECT







MOFA/JICA TENSUI RICE



3rd Onsite Training

- Fishing net is effective for bird scaring.
- Harvesting at optimum moisture content is important for maintaining the rice quality.

Bird scaring and Timing of harvesting

MOFA-JICA Project
TENSUI RICE
Sustainable Development of Rain-fed Lowland
Rice Production





MOFA/JICA TENSUI RICE



Bird scaring and Timing of harvesting

Visual Scarers
might be
effective to scare
birds at least for
the time being.



Bird Scarer



Visual Scarers might be effective to scare birds at least for the time being.





Balloon



Bird Scarer



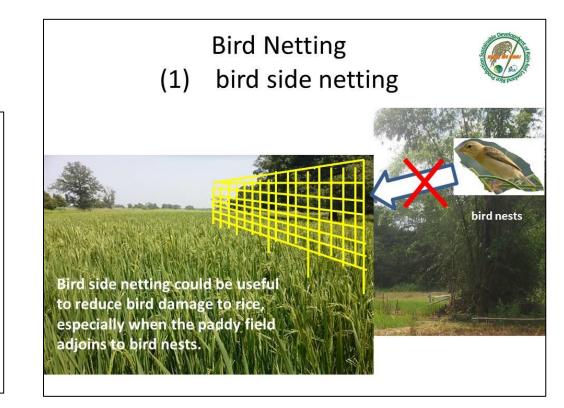








Bird side netting could be useful to reduce bird damage to rice, especially when the paddy field adjoins to bird nests.



Bird Netting (1) bird side netting





Cover top of sticks
 with plastic bottles/
 bags to make covering
 of bird netting easier.
 It also helps keep bird
 nets longer.

Bird Netting (2) bird netting over rice field

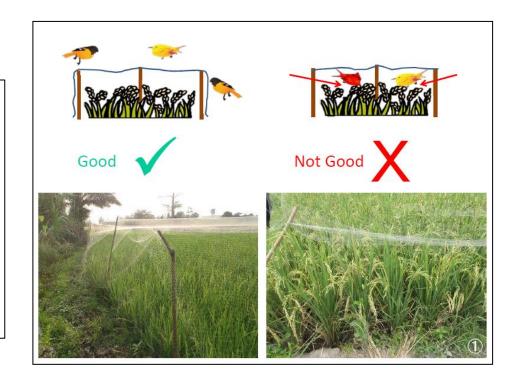


Bird Netting 2) bird netting over rice field

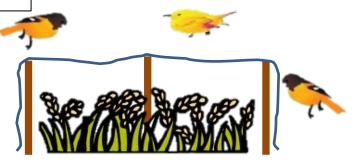




 Not only top face, but also side of the field should be covered fully by the net to prevent the entry of birds.











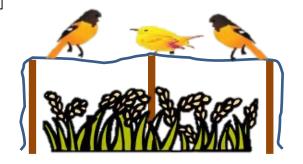






- Net should not be too close to rice grain.
- If the space is minimum, the net falls and birds can eat grains when huge number of birds perch on it.







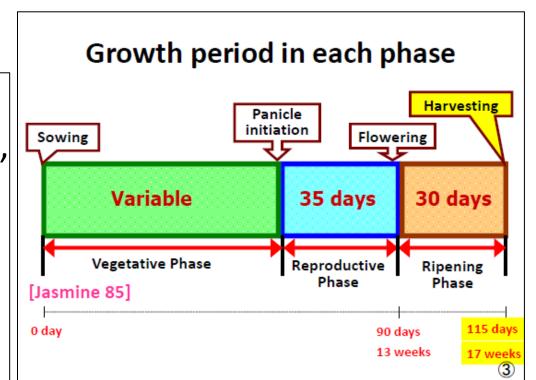




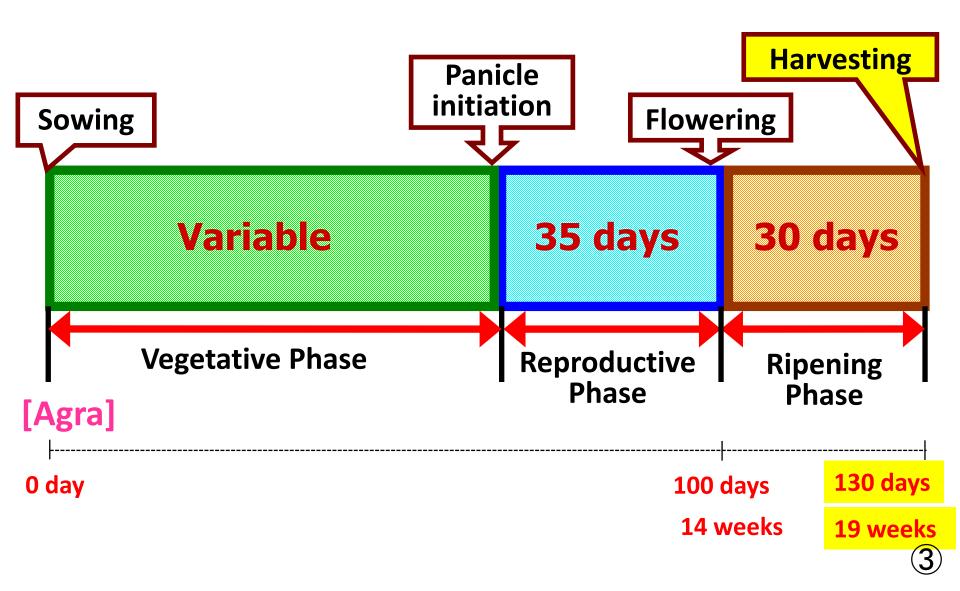




- From the15th week
 (105 days) after sowing,
 observe the degree of maturing.
- Calculated maturing time of "Jasmine 85" is 115 days after sowing.



Growth period in each phase



Watch colour of straw

 80 – 85 % of spikelets turn out yellow

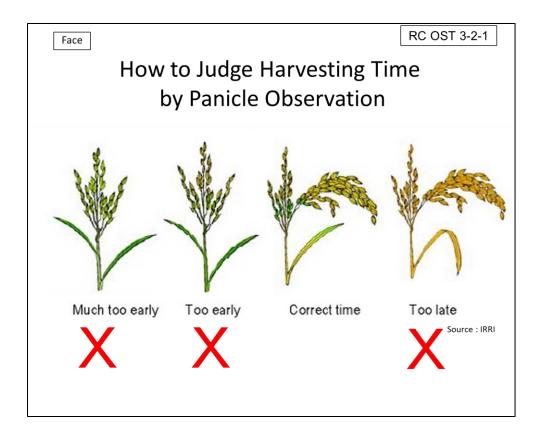
(Optional)

<u>Check moisture</u>

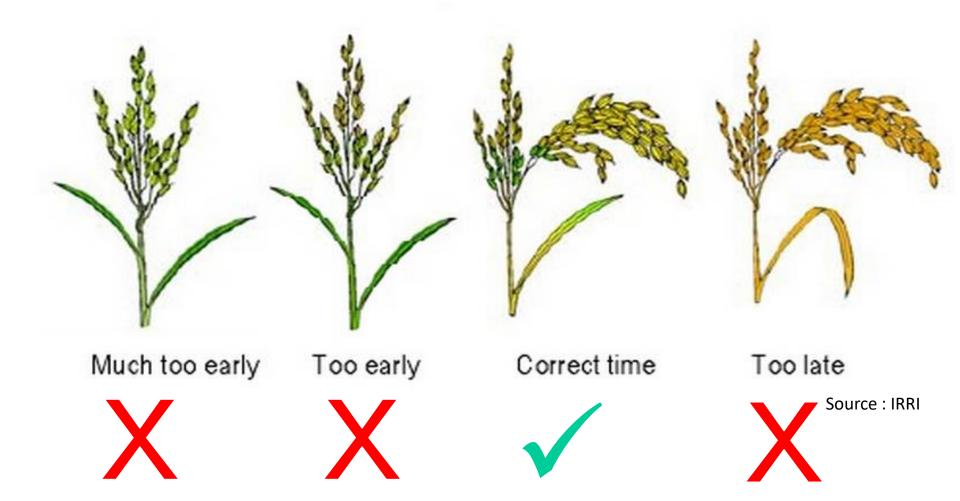
<u>contents every 2 - 3</u>

days

 Optimum moisture contents: 25 - 20 %



How to Judge Harvesting Time by Panicle Observation



At the proper harvesting time

- Rachis and flag leaf are still green.
- Grains can be crushed by the fingernails.





 The goal of good harvesting is to maximize grain yield, and to minimize grain losses and quality deterioration. Harvesting
and
Post Harvesting

TENSUI RICE
MOFA-JICA Project
Sustainable Development of Rain-fed Lowland Rice Production Project

Harvesting of paddy includes cutting, stacking, handling, threshing, cleaning and hauling of paddy.









Harvesting and Post Harvesting

1. What is good quality local rice?

Is milled rice with the characteristics which is accepted by the majority of end users?

- No stone, husk, chaff, soil, chalky other impurities
- Higher percent of whole grain
- Same variety
- Preferred aroma
- Acceptable taste
- Good texture and required moisture content
- Uniform Colour



2. Parameters considered

Quality factors which cover aspects such as;

- Safety and suitability for human consumption
- Flavors and odors
- Moisture content
- Wholesomeness of kernels
- Foreign (unwanted) matter free
- Contaminants (heavy metals and agro-chemicals residues) free





3. Wrong methods of rice cultivation

- Improper planning and management of enterprise(scale, field management constraints)
- Mixture of varieties delayed in harvesting(affect moisture content at harvesting)
- Poor weed management
- Inappropriate tool and poor harvesting methods



In order to prevent grains from contamination by soil and stones, stems must be cut at some distance from the ground.





3.Wrong methods of rice cultivation (cont.)

- Improper management of on- field water at harvesting (contamination of paddy threshing)
- Moisture reabsorption during harvesting









Reaped rice should not be put on the bare soil.









Keep fields free from weeds to avoid weeds getting mixed in with grains.





Workers take their boots or shoes off, when they work on the tarpaulin.







4. Wrong methods of rice processing

- Re-absorption of moisture due to harvested paddy getting in contact with the bare soil
- Threshing using a rusty drum
- Threshing and drying on a bare floor
- Using field boot to stir paddy on drying floor
- Uneven exposure of paddy to sunshine at drying
- Old milling machine and unskilled operators



Avoid contamination

By Using tarpaulin and "Bambam box"



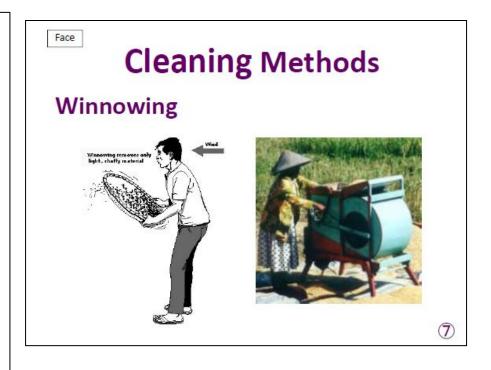






Winnowing

 Lighter materials such as unfilled grains, chaff, weed seeds, and straw can be removed from the grain by using a blower, air fan or by wind.



 Winnowing recovers only the heavier grains but other heavy particles like heavier weed seeds, off types, stones and dirt might still be included in the rice.

Cleaning Methods

Winnowing





Cleaning

- •Removes <u>unwanted</u> materials from the grain.
- •Clean grain has a higher value than the ones which is contaminated with straws, chaff, weed seeds, soil, rubbish and other non-grain materials.



 Grain cleaning will improve the drying and the storability, reduce breakage at time of milling and improve milling output and quality.

Cleaning





Drying

- Sunny Day:
 Half day with mixing paddy every 30 min under sunlight
- Cloudy Day:
 Whole day with mixing paddy sometimes under cloud



Moisture content of paddy should be 14 % before milling or storing.

Drying





Half day with mixing paddy every 30 min under sunlight

Whole day with mixing paddy sometimes under cloud

Forms of Storage

Rice is store best in this form in descending order:

- Paddy
- Brown rice
- Milled rice



Types of Storage

This depends upon;

- Forms of the produce, e.g. paddy, milled, brown
- Quantity of the rice
- Purpose
- Location of the facility
 - (i) Farmer's store/hut
 - (ii) Milling site

Some storage structures



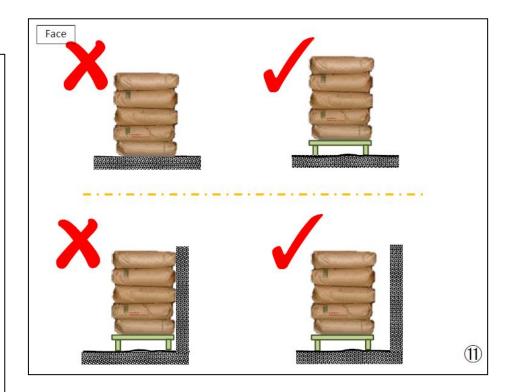




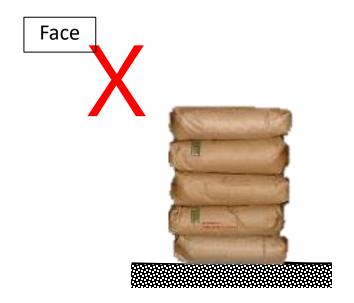


Appropriate Storage

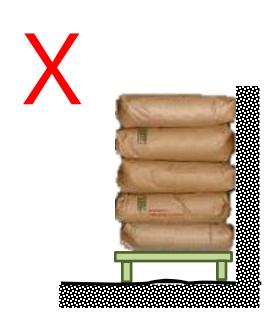
- Rice is hydroscopic
- To improve and maintain quality
- For a better price
- Prevent quality deterioration
- Prevent rodent attack



- Do NOT put sacks on the floor directly. Those must be put on the platform.
- Keep the interspace between sacks and the wall of the warehouse to ensure air circulation and to prevent the damage by moisture.









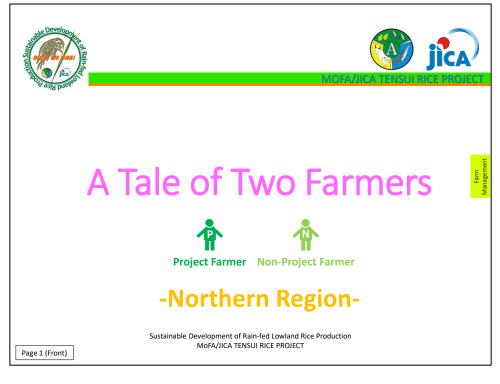
A Tale of Two Farmers...



 This is a story about two rice farmers in Northern Region.

Figures used here are based on the actual data

collected by the Impact Survey done in 2013 to compare Project farmers and Non-Project farmers and a market survey in 2014 in Northern Region.









Management

Sustainable Development of Rain-fed Lowland Rice Production MOFA/JICA TENSUI RICE PROJECT



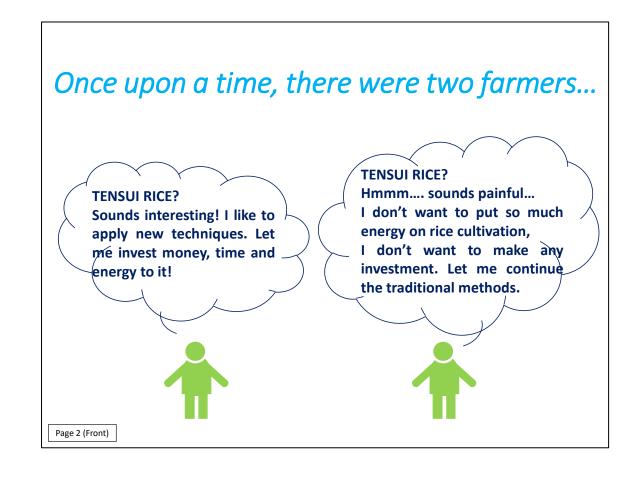




-Northern Region-

Once upon a time, there were two farmers...

Read the farmers' words in the balloons.



Once upon a time, there were two farmers...

TENSUI RICE?

Sounds interesting! I like to apply new techniques. Let me invest money, time and energy to it!

TENSUI RICE?

Hmmm.... sounds painful...

I don't want to put so much energy on rice cultivation,

I don't want to make any investment. Let me continue the traditional methods.





Then, they began to be called.

"Project Farmer" and "Non-Project Farmer".

The one who is willing to try the TENSUI

methods is the "Project Farmer"

and the one who is sticking to the traditional methods is the "Non-Project Farmer".



Then, they began to be called...

TENSUI RICE?

Sounds interesting! I like to apply new techniques. Let me invest my money, time and energy on it!

TENSUI RICE?

Hmmm.... sounds painful... I don't want to put so much energy on rice cultivation, don't want to make an investment. Let me continue the traditional methods.

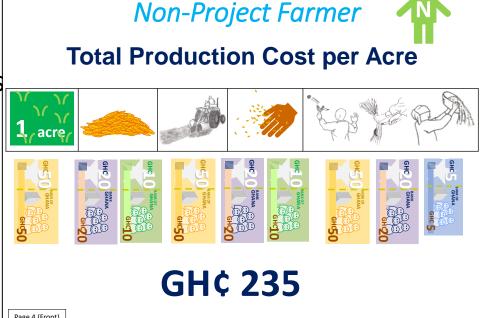




Project Farmer Non-Project Farmer

First, let's see how the Non-Projection Farmer worked

- He spent some money for renting a land and buying seeds.
- He applied the traditional production methods including tractor ploughing, broadcasting, bird scaring, harvesting and winnowing in an acre of land.
- He didn't apply fertilizers as he didn't buy them.
- In total, his production cos was GHC 235.
- Ask farmers: How much have you spent? More than him or less than him?



Non-Project Farmer



Total Production Cost per Acre



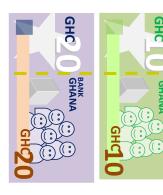




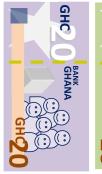




















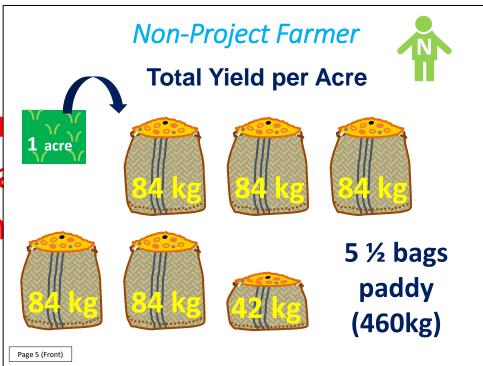
GH¢ 235





 In the harvest season, the Non-Project Farmer harvested 5 ½ bags of paddy (around 460kg) from 1 acre.

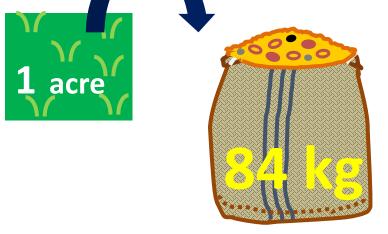
Ask farmers:
 How much have you harvested? More that him or less than him



Non-Project Farmer

Total Yield per Acre













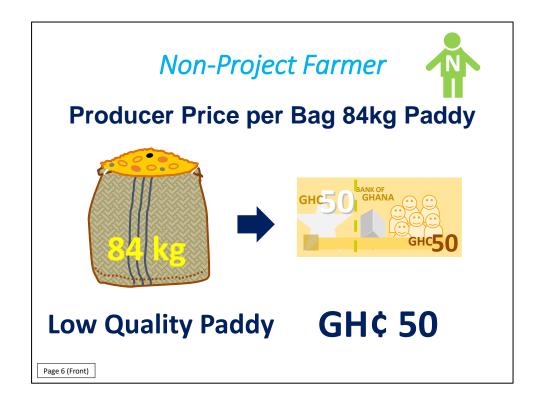


5 ½ bags paddy (460kg)

Producer Price per Bag (84kg Paddy)



- Quality of the Non-Project Farmer's paddy was not so high.
 The paddy included lots of foreign matter such as stones and different varieties.
- A parboiler agreed to buy the paddy at GHC 50 per 84kg bag.
- Ask farmers:
 How is the quality of your paddy? What is price of your paddy?



Non-Project Farmer



Producer Price per Bag 84kg Paddy

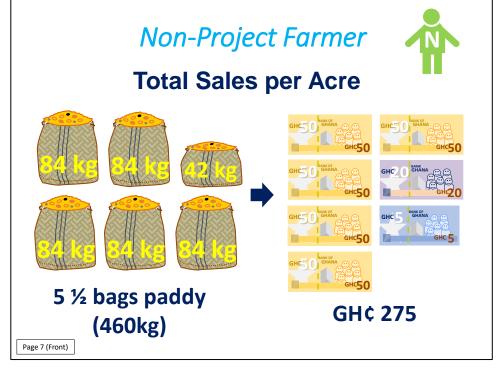


Low Quality Paddy



Total Sales per Acre

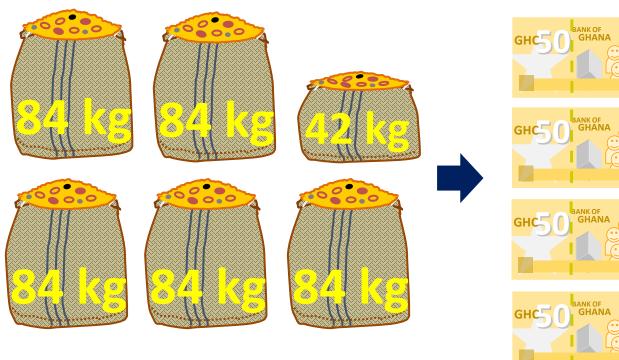
- In total, the Non-Project Farmer gained GHC 275 from 5 ½ bags of paddy.
- Ask farmers:
 Is his income big or small??



Non-Project Farmer



Total Sales per Acre



5 ½ bags paddy (460kg)















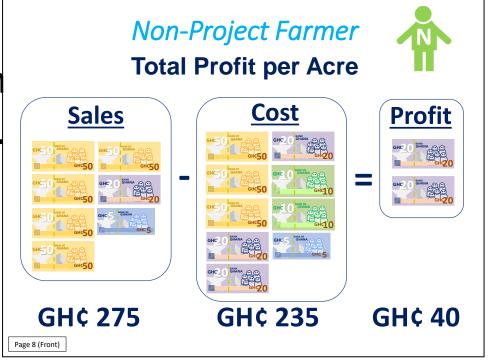
Total Profit per Acre



 Eventually, the Non-Project Farmer got GHC 40 as a profit from rice production in an acre.
 The profit is a difference calculated

by subtracting the cost (GHC 235) from the sales (GHC 275).

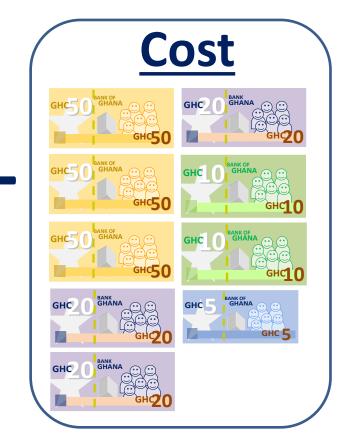
Ask farmers:
 Is his profit big or small??



Non-Project FarmerTotal Profit per Acre









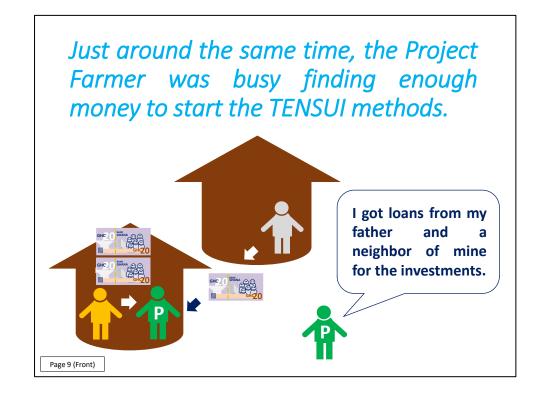
GH¢ 275

GH¢ 235

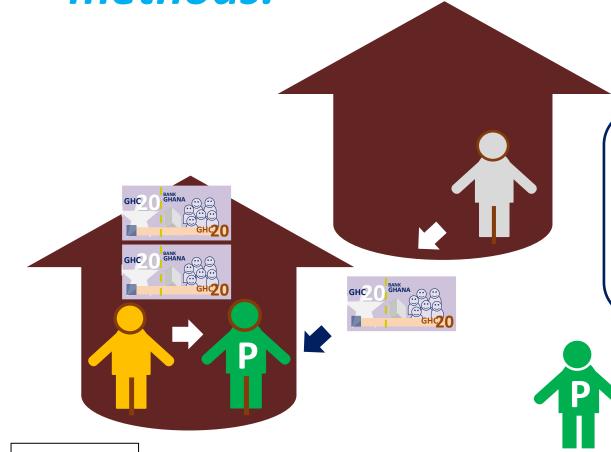
Just around the same time, the Project Farmer was busy finding enough money to start TENSUI methods.

- After estimating how much he should spend for rice cultivation per an acre, he borrowed GHC 40 from his father and GHC 20 from his neighbor.
- Ask farmers:

 Have you estimated a production cost before starting to cultivate??
 How did you come up with the necessary money?



Just around the same time, the Project Farmer was busy finding enough money to start the TENSUI methods.



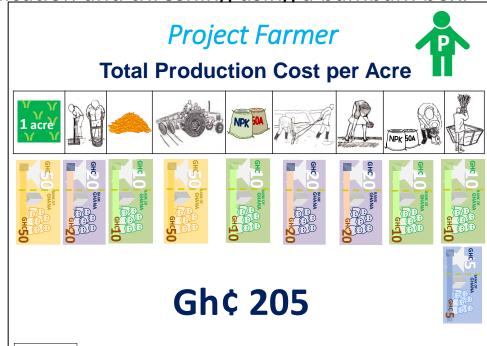
I got loans from my father and a neighbor of mine for the investments.

Then, let's see how the Project Farmer worked

- He spent some money for renting a land and buying seeds and fertilizers. As he used seeds harvested in the previous season, he was able to save some cost for seed procurement.
- He applied the TENSUI methods including tractor ploughing and harrowing, leveling, line sowing, fertilizer application and threshing using a bambam box.
- His total production cost was GHC 205.
- Ask farmers: Is his production cost

too much or reasonable?

Remark for AEAs: In the Impact Survey 2013, higher production cost was expected for Project Farmers while their production cost actually lower than Non-Project Farmers for reasons unknown. Although the actual figure is used in this material, its ultimate message is "Project Farmers can gain higher return than Non-Project Farmers".



Project Farmer

Total Production Cost per Acre











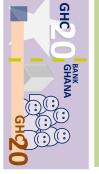


























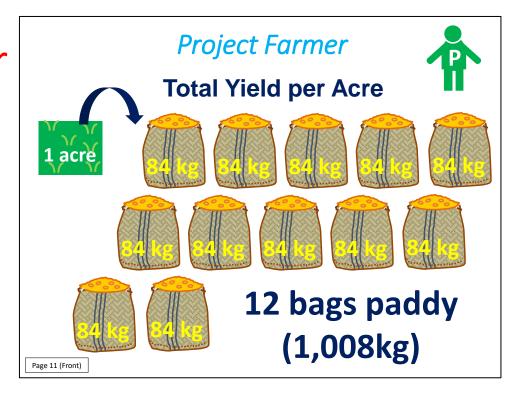






Total Yield per Acre

- The Project Farmer harvested 12 bags of paddy (1,008 kg) from 1 acre.
- Ask farmers:
 Is his harvest big or small?



Project Farmer



Total Yield per Acre





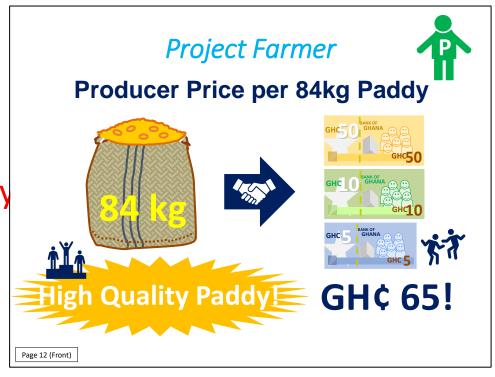


12 bags paddy (1,008kg)

Producer Price per 84kg Paddy

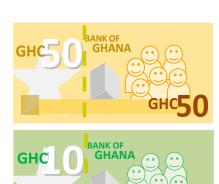


- Quality of the Project Farmer's paddy was very high.
 The paddy was pure without foreign matters such as stones, husks and different varieties.
- A parboiler agreed to buy the paddy at GHC 65 per 84kg bag.
- Ask farmers: What is the price difference between the low quality and the high quality paddy?



Project FarmerProducer Price per 84kg Paddy







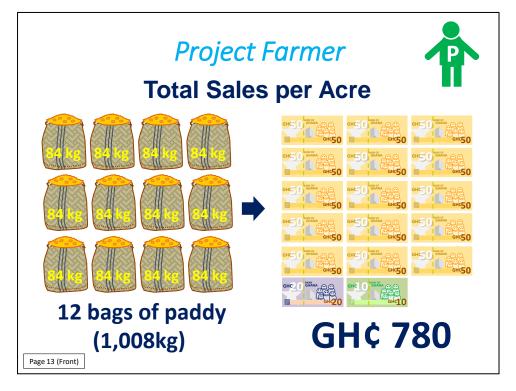


GH¢ 65!



Total Sales per Acre

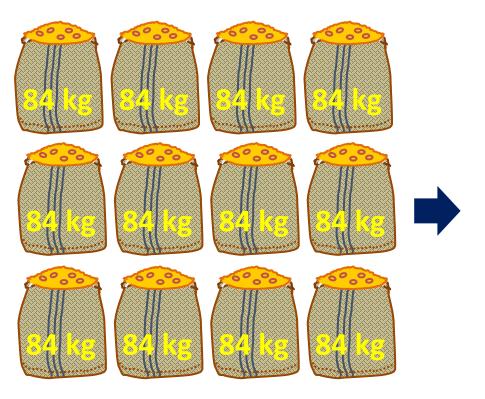
- In total, the Project Farmer gained GHC 780 from 12 bags of paddy.
- Ask farmers:
 Is his income big or small??



Project Farmer

P

Total Sales per Acre



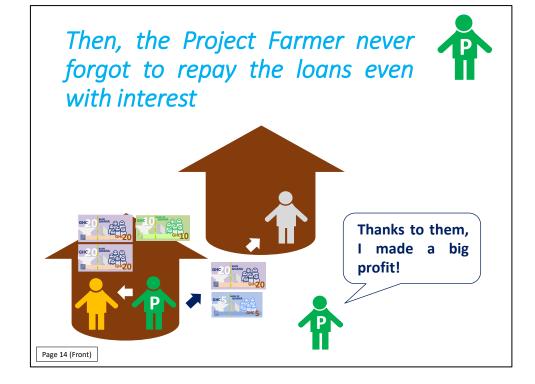
12 bags of paddy (1,008kg)



Then, the Project Farmer never for to repay the loans even with interest

 He returned GHC 40 to his father with interest (GHC 10) and GHC 20 to his neighbor with interest (GHC 5). The total interest cost was

GHC 15.



Then, the Project Farmer never forgot to repay the loans even with interest



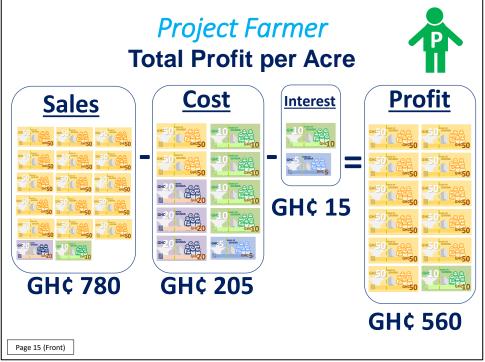




Total Profit per Acre

 Eventually, the Project Farmer got GHC 560 as a profit from rice production in an acre. The profit is a difference calculated

by subtracting the cost (GHC 205) and the interest (GHC 15 from the sales (GHC 780).



Project Farmer Total Profit per Acre









GH¢ 15



GH¢ 780

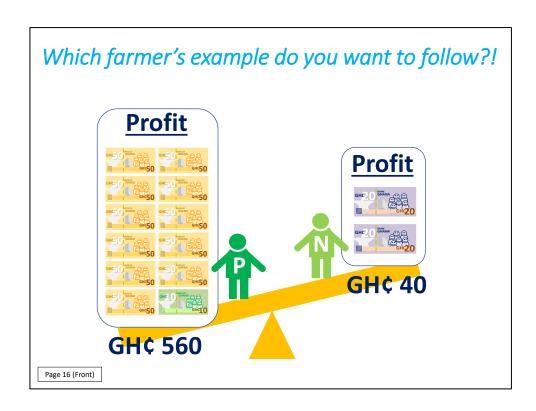
GH¢ 205

Which farmer's example do you want to follow?!

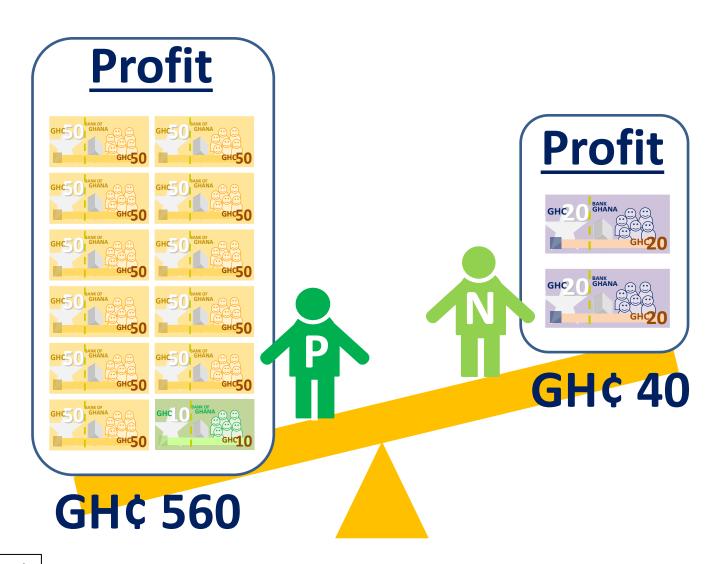
The profit from the Project Farmer's field was higher than that for the Non-Project Farmer!

Ask farmers:

 What is the difference between their profit?



Which farmer's example do you want to follow?!



But sometimes, quality was not reflected to producer price...

Develond of the last of the la

But sometimes, quality was not reflected to producer price...

Page 17 (Front)

But sometimes, quality was not reflected to producer producer...

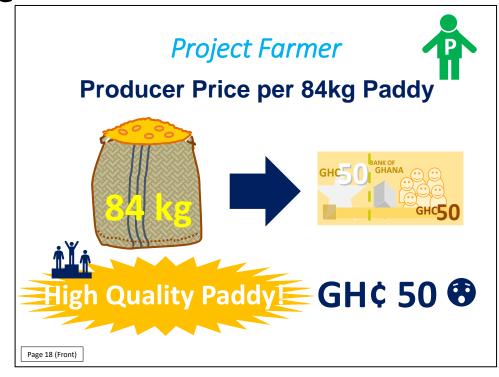
Producer Price per 25kg Milled Rice

 Quality of the Project Farmer's paddy was very high. But a parboilor agreed to buy the paddy at GHC 50 per bag.

This is the same price

as the producer price of the low quality rice.

 Ask farmers: How is your experience?



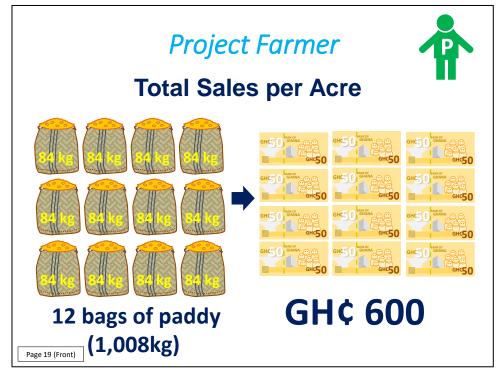
Project FarmerProducer Price per 84kg Paddy





Total Sales per Acre

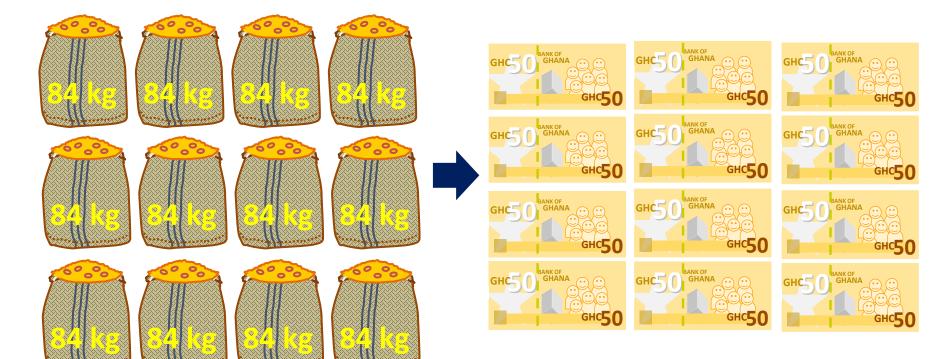
- In total, the Project Farmer gained GHC 600 from 12 bags of paddy.
- Ask farmers:
 Is his income big or small??



Project Farmer



Total Sales per Acre



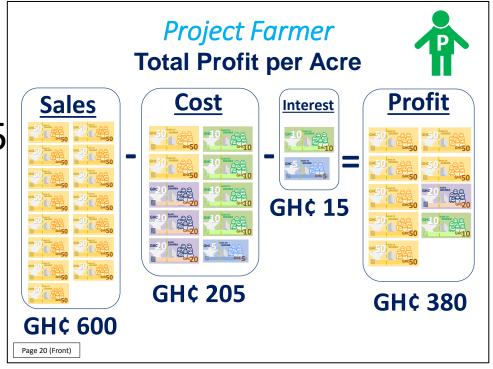
12 bags of paddy (1,008kg)



Total Profit per Acre

 Eventually, the Project Farmer got GHC 380 as a profit from rice production in an acre. The profit is a difference calculated

by subtracting the cost (GHC 205) and the interest (GHC 15 from the sales (GHC 600).



Project FarmerTotal Profit per Acre







GH¢ 15

Interest



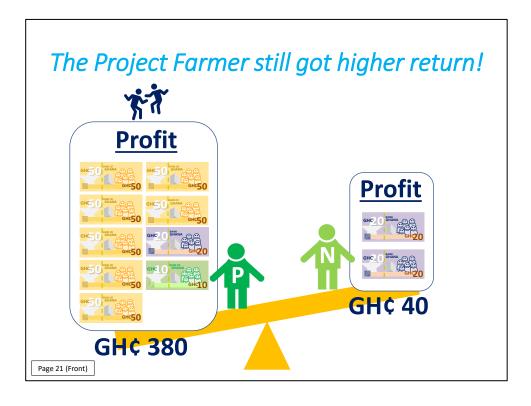
GH¢ 205

GH¢ 380

The Project Farmer still got higher return

 Although the produce price of the Project Farmer's high quality paddy was same as the one of the Non-Project Farmer's low quality paddy, the profit from the Project Farmer's field was still

higher than that from the Non-Project Farmer's field!



The Project Farmer still got higher return!



Profit





After a few seasons, the Non-Project Farmer started to following instructions of the Project Farmer.

And they lived happily ever, continuing to produce rice every season through the TENSUI methods...

This is the end of the story.

After a few seasons, the Non-Project Farmer started to follow instructions of the Project Farmer.

And they lived happily ever, continuing to produce rice every season through the TENSUI methods...



AFTER A FEW SEASONS, THE NON-PROJECT FARMER STARTED TO FOLLOW INSTRUCTIONS OF THE PROJECT FARMER.

AND THEY LIVED HAPPILY EVER, CONTINUING TO PRODUCE RICE EVERY SEASON THROUGH THE TENSUI METHODS...



Now, let's check your profit!



Ask farmers:

Are you keeping record of a cost and income for your rice production? If yes, let's calculate profit. How is the difference

between profits before and after starting the TENSUI

methods?

If not keeping record, it's not too late yet! Let's remember what you have learnt in the first On-site training (record keeping sheet).

Now, let's check your profit!



Now, let's check your profit!



Nutrition Improvement ~Let's enjoy parboiled rice for our

Development of Bain Property of Bain Pro

- health!~
- Today let's learn about nutrition improvement through parboiled rice!
- How often do you eat parboiled rice? (ask farmers)
- How do you cook it?
 (ask farmers)
- Did you know that parboiled rice is very nutritious? (ask farmers)



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Nutrition Improvement

Let's enjoy parboiled rice for our health!!



MOFA/JICA TENSUI RICE PROJECT

Page 1 (Front)

o Develo

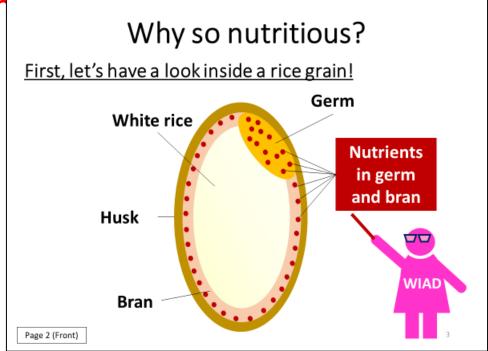
Why So Nutritious?



- Do you know why parboiled rice is so nutritious? (ask farmers)
- First, let's have a look inside rice! (explain all the

parts of the rice grain showing its section)

 Germ and bran contain nutrient components such as vitamin Bs and minerals.

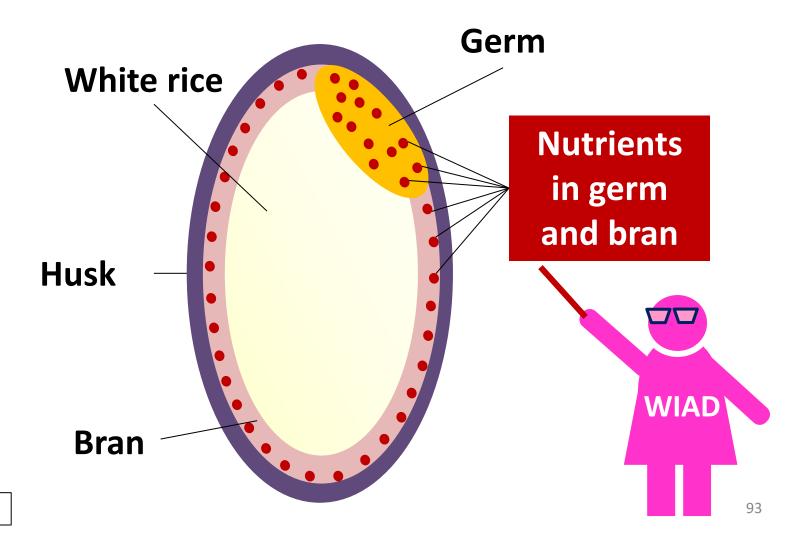


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Why so nutritious?



First, let's have a look inside a rice grain!



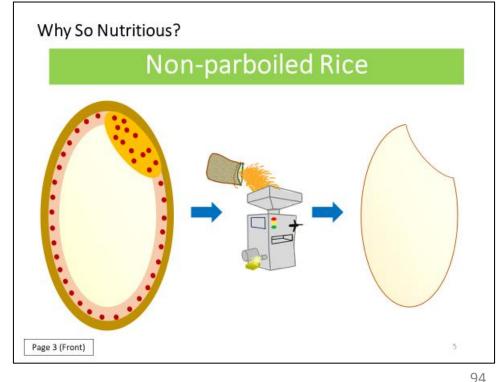
Page 2 (Front)

Why so nutritious? ~Inside non-parboiled rice grain~

Next, let's have a look inside a non-parboiled rice grain.

 After milling, all the outer parts, including germ and bran, are removed.

 Consequently, important nutrient components are lost in non-parboiled white rice...

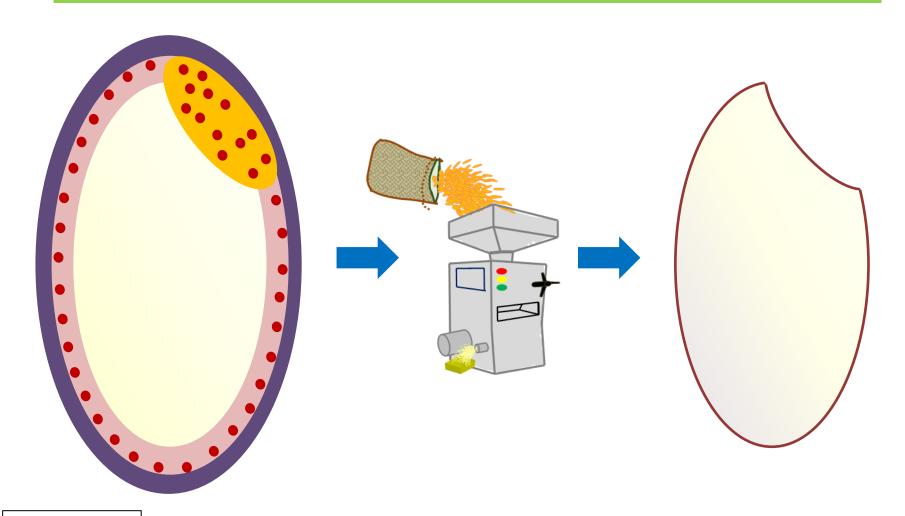


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Why So Nutritious?



Non-parboiled Rice

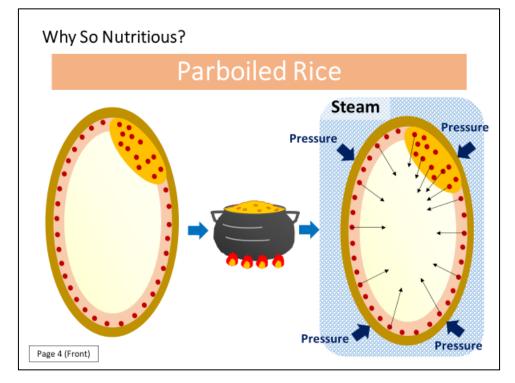


Page 3 (Front)

Why so nutritious? "Inside parboiled rice grain"



- Then, let's have a look inside parboiled rice grains!
- As you know, paddies are steamed inside the parboiling pot. During this process, nutrient components inside the germ and bran move to white rice by the water pressure.

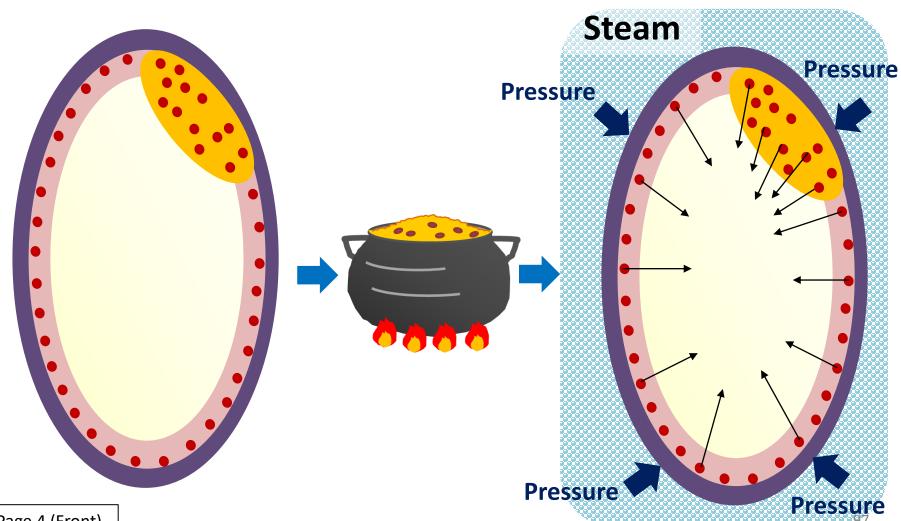


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Why So Nutritious?



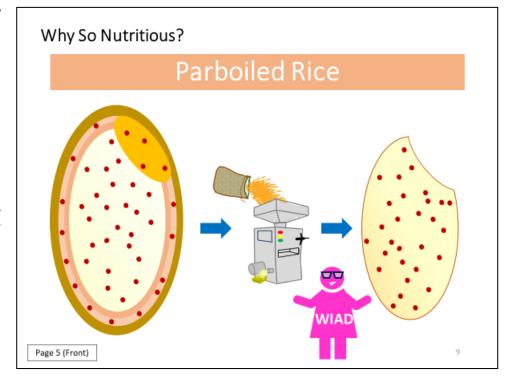
Parboiled Rice



Why so nutritious? "Inside parboiled rice grain"



- After parboiling, nutrient components of the germ and bran retain in white rice.
- Consequently, even after milling, white rice contain nutrient components originally from the germ and bran.
- This is how parboiling process increases nutritive value of white rice! (Confirm if farmers have understood well)

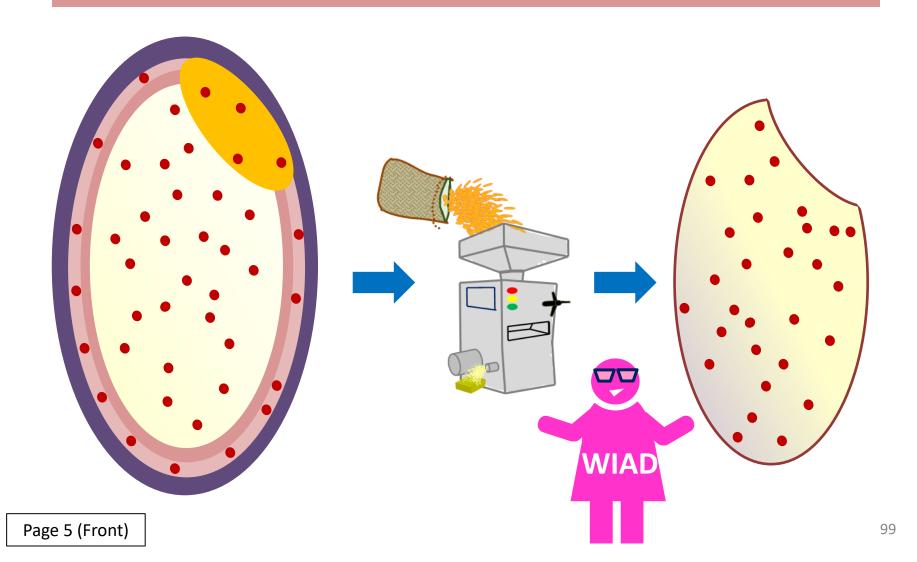


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Why So Nutritious?



Parboiled Rice



Did you know that rice can be grinded into flour like maize?!

- Did you know that rice can be grinded into flour like maize?
- To grind rice, you ca simply use a grinding machine equipped ir your village!



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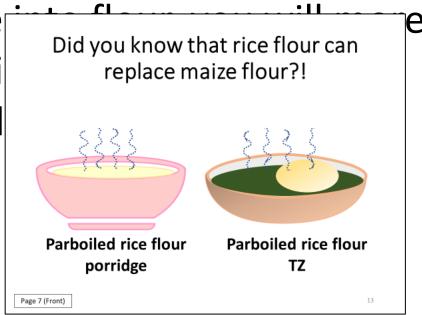
Did you know that rice can be grinded into flour like maize?!



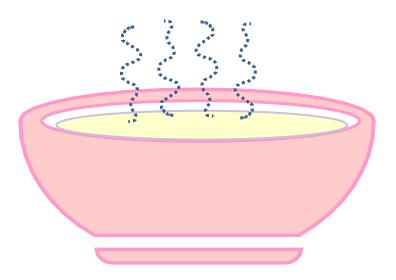


Did you know that rice flour can replace maize flour?!

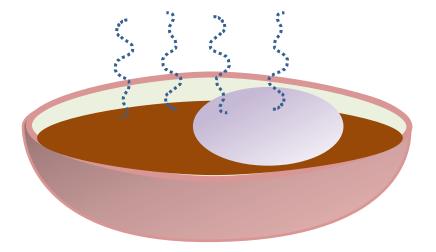
- Did you know that rice flour can replace maize flour for some dishes such as porridge and TZ?
- Once you grind rice often feel like cooki storing it in the pad



Did you know that rice flour can replace maize flour?!



Parboiled rice flour porridge

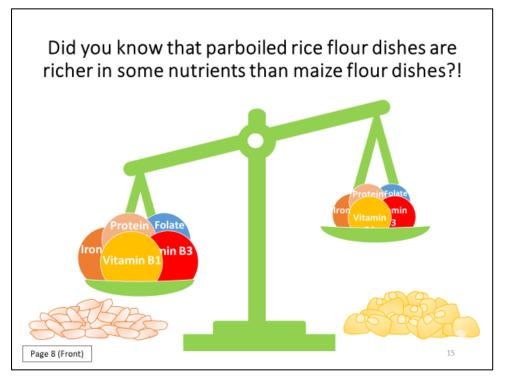


Parboiled rice flour TZ

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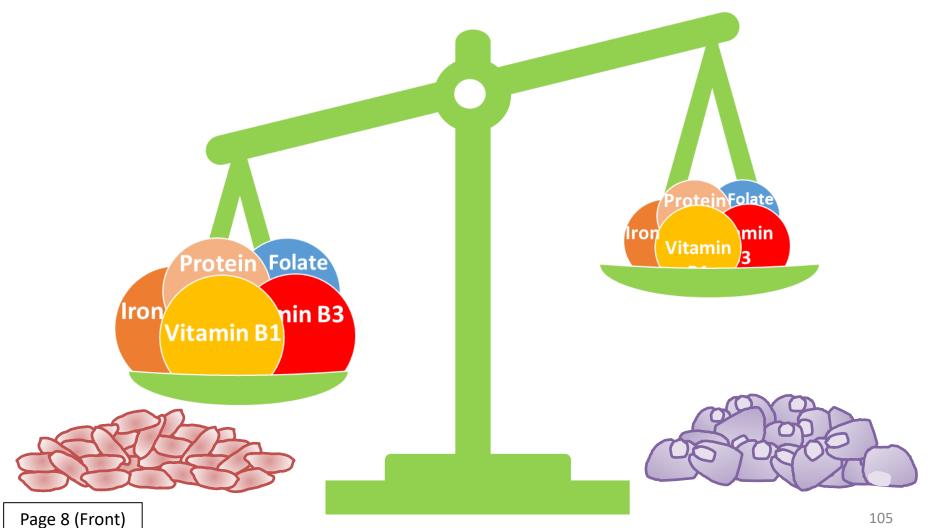
Did you know that parboiled rice flour dishes are richer in some nutrients than maize flour dishes?!

- Parboiled rice flour porridge and TZ contain sufficient vitamin B1, vitamin B3, folate, iron or protein.
- Compared to maize flour porridge and TZ, parboiled rice flour porridge and TZ contain sufficient amount of the nutrients!



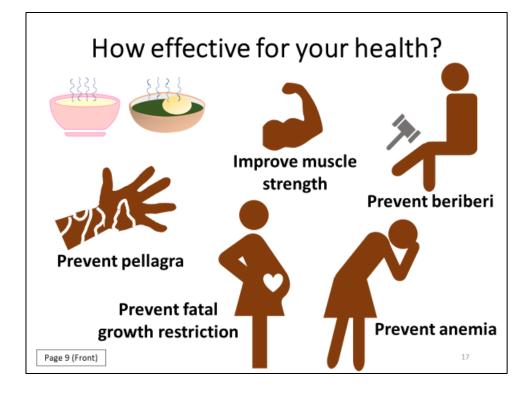
Page 8 (Back)

Did you know that parboiled rice flour dishes are richer in some nutrients than maize flour dishes?!



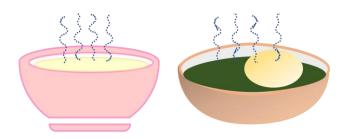
How effective for your health?

- Parboiled rice flour dishes are rich in vitamin B1, vitamin B3, folate, iron or protein.
 - These nutrients can be effective for your body health; to prevent beriberi, to prevent pellagra, to prevent fatal growth restriction, to prevent anemia or to improve muscle strength!



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How effective for your health?













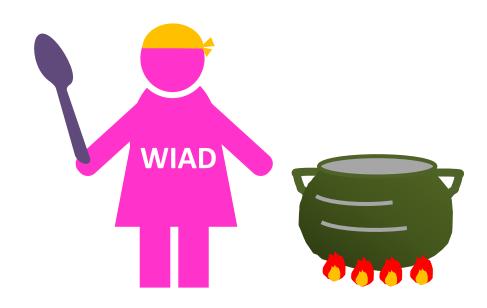
Now, let's prepare and enjoy tasty parboiled rice flour recipes!

Congratulations, now is the time to cook.

 Let's prepare and enjoy tasty parboiled rice flour recipes! Let's be healthy!

Now, let's prepare and enjoy tasty parboiled rice flour recipes!

Now, let's prepare and enjoy tasty parboiled rice flour recipes!

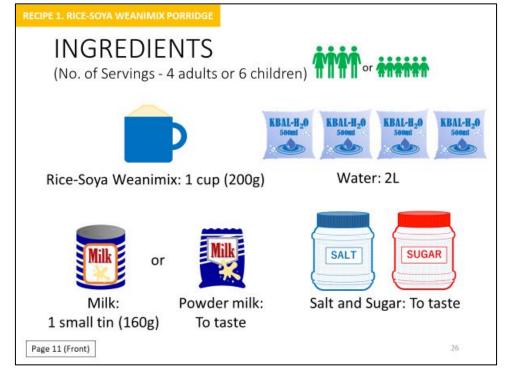


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RECIPE1. RICE-SOYA WEANIMIX PORRIDGE -INGREDIENTS-

 To serve 4 adults or 6 children, we use a cup of rice-soya weanimix (200g), 2L of water, a small tin of milk (or powder milk to taste) and salt/sugar to taste.

Remark: If milk is not available, you can increase the amount of soybean for weanimix by changing the rice: soybean ratio from 4:1 to 3:1



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1. RICE-SOYA WEANIMIX PORRIDGE

Ingredients (No. of Servings - 4 adults or 6 children) or many











Rice-Soya Weanimix: 1 cup (200g)

Water: 2L



or



Powder milk:

To taste





SUGAR

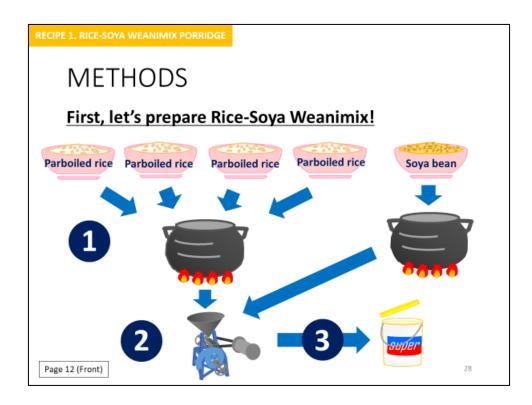
Milk: 1 small tin (160g)

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First, let's prepare rice-soya weanimix! Soya flour, a good source of protein, goes so well with parboiled rice flour.

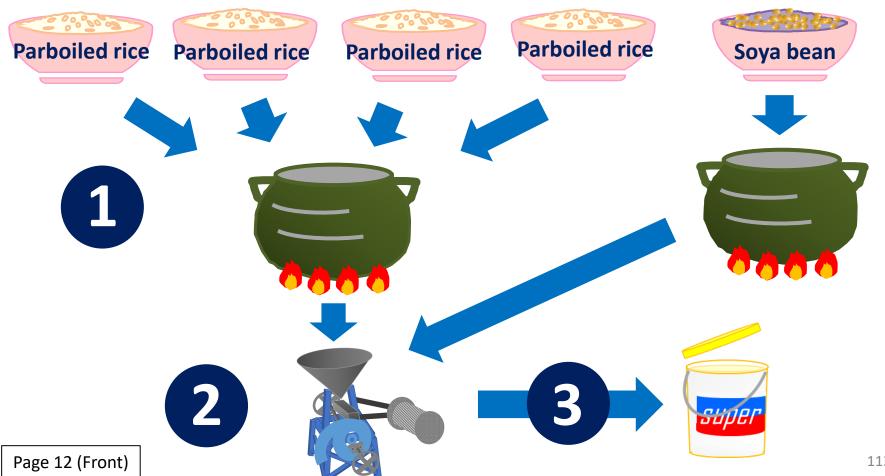
- 1. Roast 4 parts of parboiled rice and 1 part of dehulled soya beans separately.
- 2. Put them together and mill into fine flour.
- 3. Store the weanimix in an airtight container not more than 3months.



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First, let's prepare Rice-Soya Weanimix!

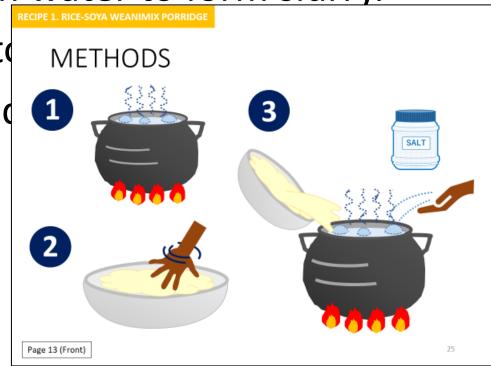




1. Bring water to boil

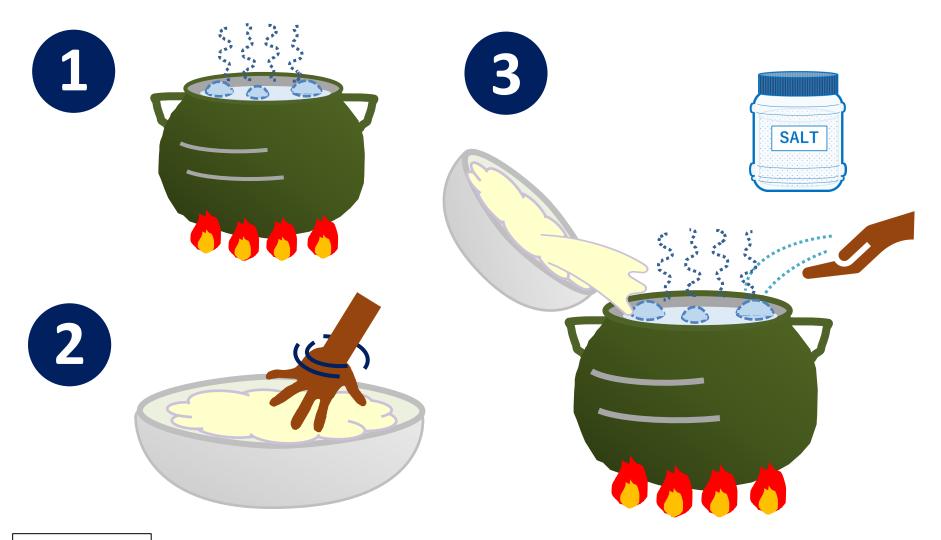
2. Mix weanimix with water to form slurry.

3. Pour the slurry into the boiled water, ac salt.



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4. Stir to avoid formation of lumps. Allow to cook for 5-10 minutes till the mixture gets thicker.

5. Serve hot with



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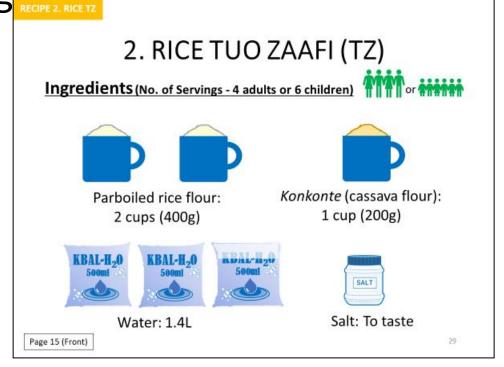


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RECIPE 2. RICE TUO ZAAFI (TZ)

To serve 4 adults or 6 children, we use 2 cups of parboiled rice flour (400g), a cup of konkonte (200g), 1.41 of water and salt to

taste.



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2. RICE TUO ZAAFI (TZ)



Ingredients (No. of Servings - 4 adults or 6 children)







Parboiled rice flour: 2 cups (400g)



Konkonte (cassava flour): 1 cup (200g)







Water: 1.4L



Salt: To taste

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1. Bring water to boil and add salt.

2. Mix parboiled rice flour with cold water

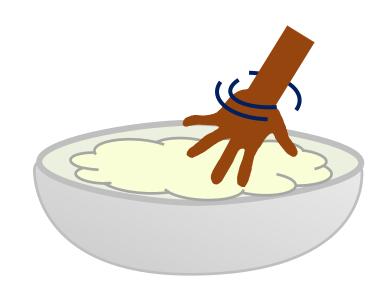
into pouring consistency











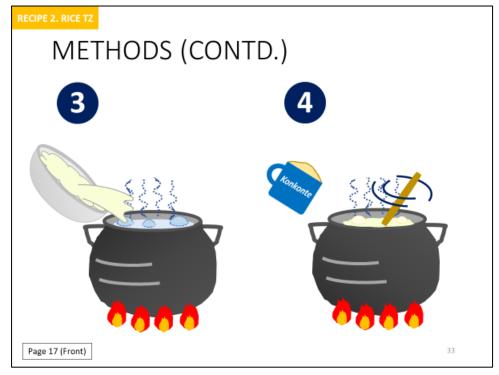
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1. Add mixture to the boiling water and stir.

2. Add *konkonte* and stir to avoid formation of

lumps.



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5. Stir continuously for 10-20 minutes.

6. Mold into balls and serve with ayoyo soup or

any soup of your ch

METHODS (CONTD.)

5

6

Dinyagsa!

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Source of the recipes: NERICA Rice Recipe Booklet by Ministry of Food and Agriculture (MoFA) (2011)

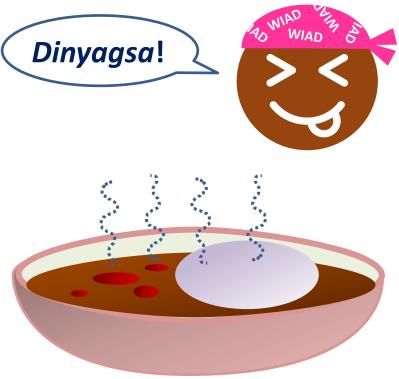
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Back side

- 3rd on-site training should be conducted before harvesting season.
- 3rd on-sit training includes 2 topics;
 - Bird scaring & timing of harvest
 - 2. Harvesting &Post harvesting







3rd Onsite Training



Sustainable Development of Rain-fed Lowland Rice Production MOFA/JICA TENSUI RICE PROJECT