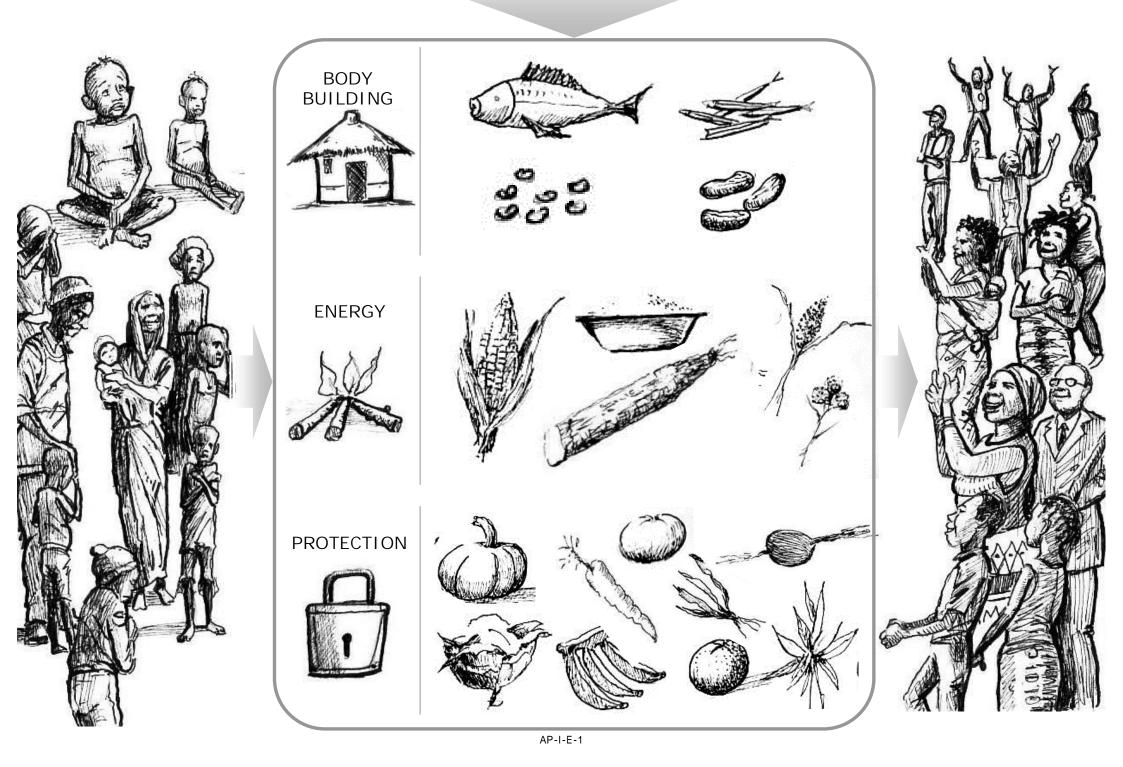
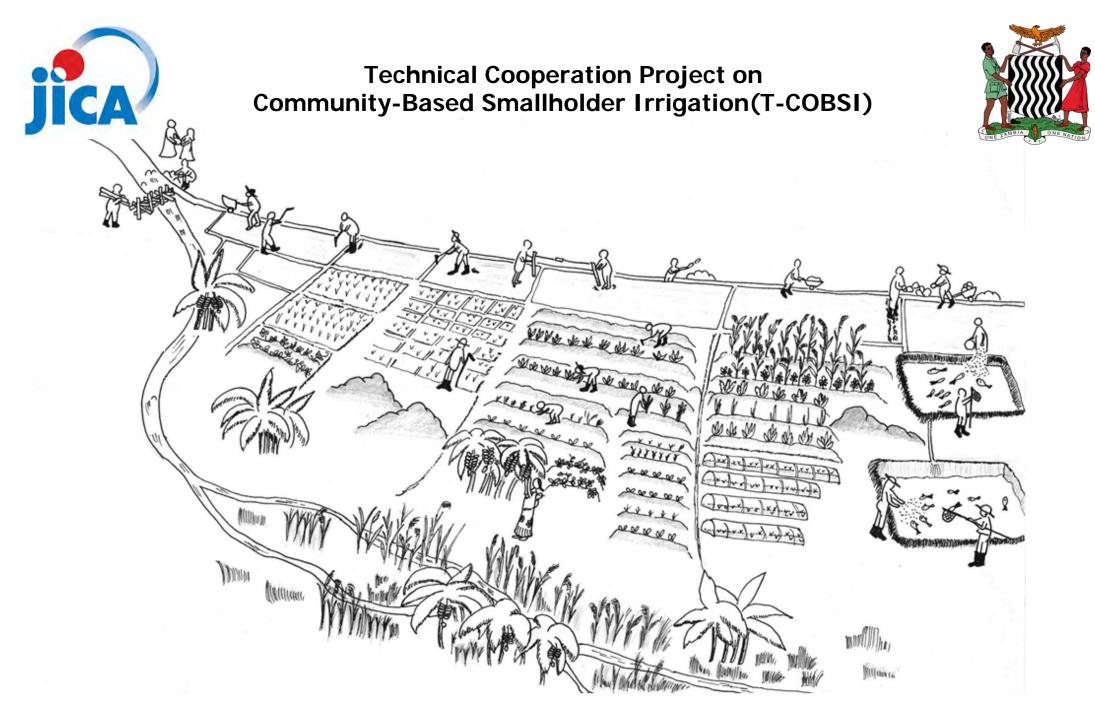


Healthy Life with Smallholder Irrigation

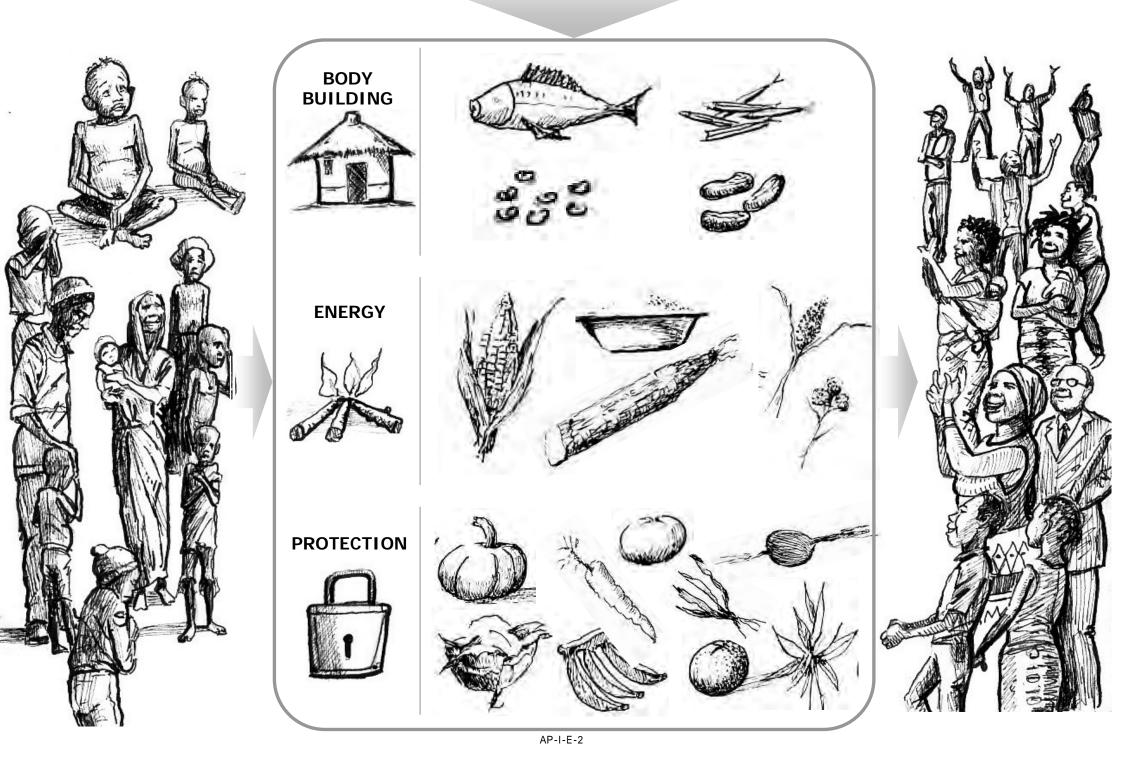
All the necessary nutrition can be produced by yourself





Healthy Life with Smallholder Irrigation

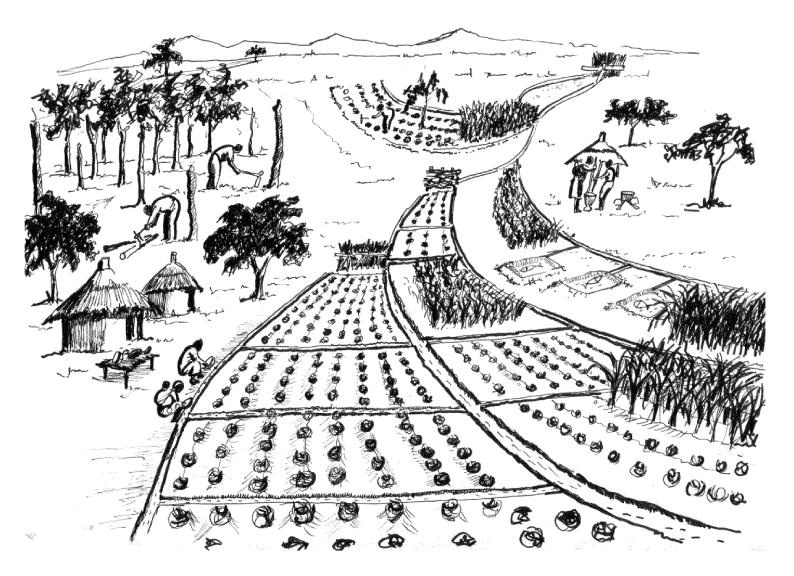
All the necessary nutrition can be produced by yourself



JAPAN INTERNATIONAL COOPERATION AGENCY (JICA) MINISTRY OF AGRICULTURE (MOA), REPUBLIC OF ZAMBIA

STARTING IRRIGATION IN OUR LOCAL CONTEXT:

Rather than waiting for someone else's support, why don't we try something we can do first?



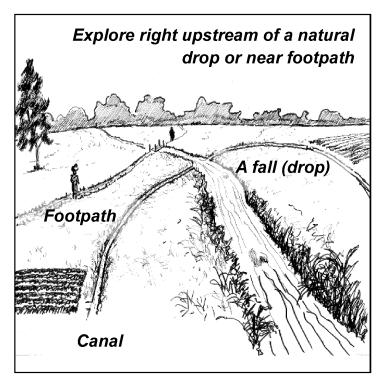
April 2016 SANYU CONSULTANTS INC., TOKYO, JAPAN

1. ATTITUDE TO PROMOTE IRRIGATION CULTURE

Given a perennial stream, we can start up irrigation on our own. In this context, the facilities should be such that they are constructed, operated and maintained by the farmers themselves. To bring such irrigation system into being in the farmers' locality, CEOs should be a technical advisor and also PARTICIPANT while the farmers are the committed implementers and the OWNER of the irrigation system.

2. IDENTIFY POTENTIAL DIVERSION SITE

Potential diversion sites should maintain perennial flow, and the depth should not be very deep: preferably limited to 2 m. Good sites can very often be found at JUST UPSTREAM OF NATURAL DROPS (small falls) and near villagers' FOOTPATHS which cross a perennial stream.

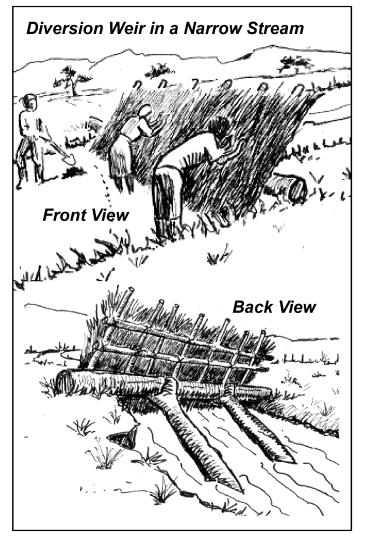


Right upstream of natural drops (small fall) could easily lead the water into canal by gravity thanks to the elevation difference. Footpaths usually traverse streams at a shallow place, forming а topographic condition, which is easier in diverting and getting water onto the farms.

3. CONSTRUCT DIVERSION STRUCTURE

First step is to believe that weirs can be constructed by using locally available materials such as wooden log, bamboo, grasses,

soils, etc., and can raise the water level across even over a 20 meter width stream and as high as 1.5 meter depth.



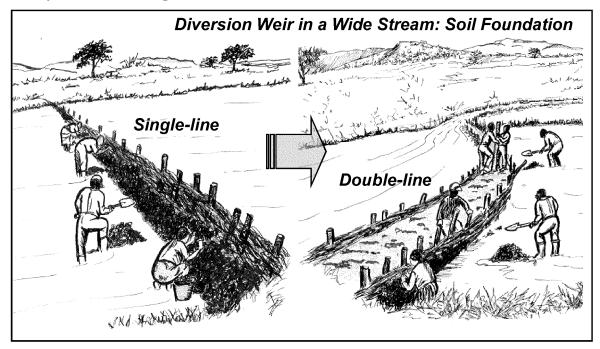
In of case narrow constructing stream, diversion weir is very easy: 1) put a horizontal member (wooden log) astride the both banks preferably supported by a wooden prop, 2) place vertical members, on the horizontal member, of bamboo, twig, and inclined reed to downstream, 3) put grasses on the vertical members and then clay soil thereon.

In case of wide stream, there are mainly two ways of constructing a diversion weir

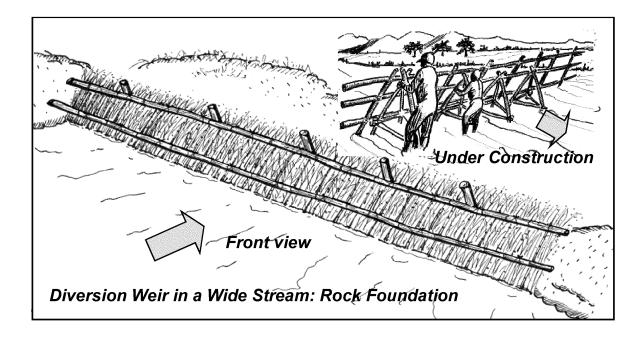
depending on the foundation condition: i.e. soil or rock.

At soil foundation, 1) drive wooden logs into the foundation across the stream preferably 30 - 50 cm interval, 2) put grasses alternately through the logs like weaving the logs, and then 3) patch clay soils upstream on the woven wall. This single-line weir is very simple and can fit in dambo areas. If leakage needs to be minimized, 4) make another line of the wooden-log woven with grasses about 70 cm to 150 cm downstream from the first line, 5) put clay soil in between the two lines and compact the soil by footing/treadling. This double-line weir can also work as

footpath for villagers.

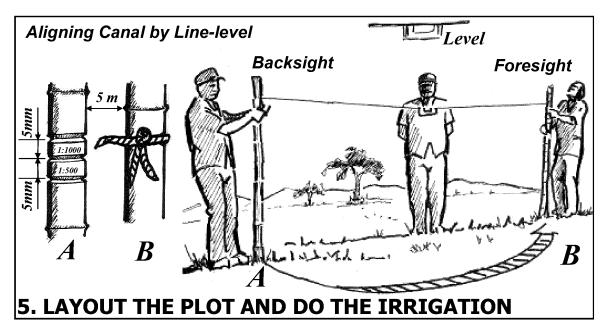


At rock foundation, 1) first prepare trigonal prop stand structures which support the weir body from behind across the stream, 2) put horizontal members of twig or bamboo in front of the props preferably every 30 - 50 cm interval in vertical, 3) put vertical members of twig, bamboo and reed on the horizontal members, 4) put grasses and then clay soils thereon.



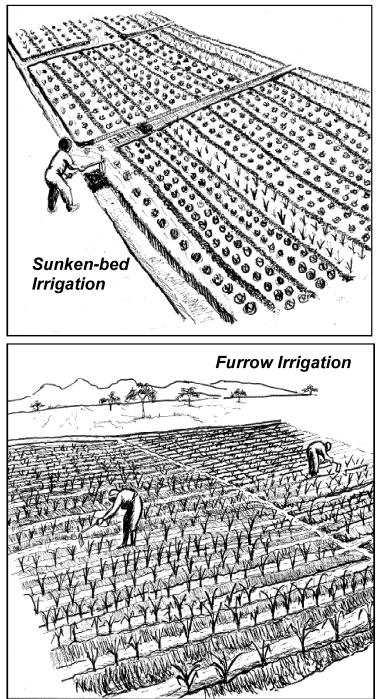
The simplest way of aligning canal is to follow the water flow by gravity; namely, 1) dig the canal from the diversion point for example a 10 meter distance, 2) let the water flow in the dug canal, 3) deepen the canal and/or shift the canal alignment toward lower side (stream side) if the water does not run well, and 4) repeat the process until the end point.

Better way of canal alignment is to use sprit line level. Interval of the two poles should preferably be 5 meter, and one side of the tied points should be 0.5 - 1 CM HIGHER THAN THE OTHER. Pole with higher tied point should always be placed foreside, not like conventional alternate placing. 0.5 cm difference in 5 meter gives 1:1000 gradient suitable for gentle topography like dambo, and 1 cm gives 1:500 gradient adaptable for sloped topography.



There are two irrigation methods adaptable for smallholders; SUNKEN-BED and FURROW. Sunken-bed is a horizontal area of land, which is surrounded by earthen bunds and is suited for any kinds of crops. Furrow irrigation system looks like commonly used ridged rain-fed agriculture since it consists of furrows and ridges. The furrow irrigation is suited to row crops such as maize. At flat lands, sunken bed irrigation can be best suited as long as water logging does not last more than 48 hours. Smallest size of sunken bed can be 1.2m x 3m, and be enlarged to 2.4m x 10m depending on the leveling and the size of the plot.

On sloped lands, say more than 4% slope, furrow irrigation may be preferred by the farmers and indeed adaptable. The spacing of the furrow can follow the rainy season's ridge spacing; say 75 cm -90 cm. Length can be 5m to 10m depending on the size of the plot.



The irrigation interval is determined based on moisture holding capacity of the soil and the crop type. Though the maximum irrigation interval depends on the soil characteristics, it can be said that the interval SHOULD NOT BE OVER 8 DAYS in most cases, or crops may start wilting.

6. ISSUES AND CONCERNS

6.1 Possible Service Area on the Water Available

It can be roughly said that a crop area of 1 hectare needs 16 to

13 l/s of irrigation water at intake and 5 to 4 l/s at field. This means that 160 l/s of irrigation water at intake can serve 10 hectares for any main crops. (1 hectare equals to 4 lima)

Irrigation Water Requirement (I/s/ha)					
Main Crops	Intake	Field			
Maize	16.1	4.8			
Onion	15.8	4.7			
Tomato	15.1	4.5			
Cabbage	12.9	3.9			
Potato	12.5	3.8			

Note: Frequency is daily and 8hrs

6.2 Equity between Haves and Not-haves

Irrigation obviously cannot serve all the villagers simply because of certain land location being outside the service area. This may create jealousy to the Haves. A mitigation measure is to divide the service area into blocks and lend out to the Not-haves either free or with a minimal rental fee. The rented land will be returned to the owner for rainy season agriculture.

6.3 Physical Improvement of the Soil

It can be seen in Zambia that chemical fertilizer having long been applied without measure of physical improvement has already fatigued/exhausted the soils here and there. Irrigation agriculture results in two times usage of the same land, exploiting the soil fertility further. COMPOST MANURE should therefore be strongly recommended to the irrigators not only for supplementing fertility but also improving the physical soil characteristics.



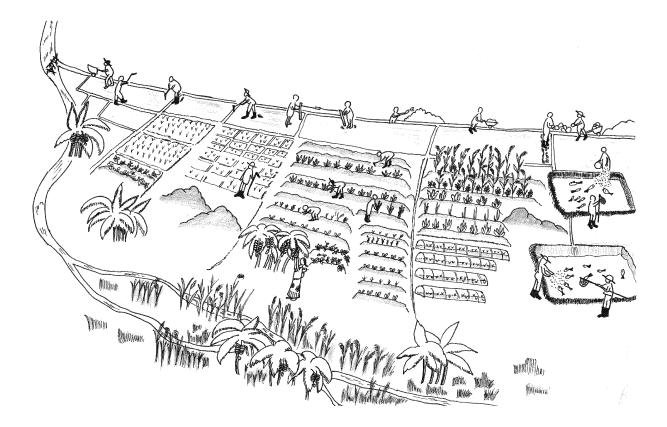


This leaflet was prepared under:

JAPAN INTERNATIONAL COOPERATION AGENCY (JICA) MINISTRY OF AGRICULTURE (MOA), REPUBLIC OF ZAMBIA

IRRIGATED AGRICULURE TODAY FOR A BETTER LIFE TOMORROW

Using a Simple Irrigation Technique, Let's Start Improved Irrigated Agriculture Now!



April 2016 SANYU CONSULTANTS INC., TOKYO, JAPAN

1. Initiation of Irrigation Development

There is a set of quite simple technologies that can well fetch water from small stream with no outsourced materials like cement or iron bars; called Community-based Smallholder (COBSI). Irrigation With this simple technology and community members' participation, you can enjoy irrigated agriculture TODAY. To be an owner of irrigation system, you can get necessary information and technical assistance from nearby MACO officers; they are ready with technical manual, leaflet, process-description posters and leaflet for you. This leaflet encourages you to start an improved irrigated agriculture using your COBSI scheme. For the detail of irrigation development itself, please refer to a leaflet "Starting Irrigation in Our Local Context."

2. BOKASHI COMPOST (A Quick-Compost)

As you may know, soil in this agro-ecological zone is quite depleted and thus fertility is generally low. With the low fertile soil, you may not always enjoy abundant harvest notwithstanding plenty of water flowing in front of you. Thus, first thing recommended is to cope with unfertile soil in your farm. Fortunately, irrigation water can provide you with a great potential in improving soil condition; here is a technique of making compost in a short period of time using irrigated water.

BOKASHI compost is a type of quality compost that can be made with local materials in 2-3 weeks. As compared to

conventional compost that takes 2-3 months, required time is significantly short. Because of this quickness, you can prepare this compost for this dry season even after constructing canal.



The principle of making BOKASHI compost is simple: 1) to facilitate the decomposition of the materials, incorporate virgin soil which contains a lot of active microorganisms, 2) Through periodical turn-up, keep the temperature of the materials less than 60 degree Celsius in order not to kill the microorganisms, and 3) by watering time by time, keep the moisture content of the materials appropriate for microorganisms. With the aerobic condition in the material heap, aerobic microorganism's activities will be highly accelerated and the compost will be ready in a short period of time.

Process of BOKASHI Making

Materials required for one heap of Bokashi are as follows. Although it can be adjusted depending on availability of each material, soil should not be more than 30% of all materials.

- Water: Provided by Canal
- Animal manure: 3 buckets (+ urine absorbed in grasses)
- Virgin soil: 3 buckets (from dambo, and/or natural forest)
- Plant residue: 4 buckets (legume, maize bran, etc.)
- Ash: A half bucket (pH control, K supplement)
- Broken charcoal: A half bucket (as microbes' house)
- Yeast materials: a half bucket of local beer residue, one bucket of Bokashi previously made, a 1/2-1 bucket of banana peal, rotten fruits, all soaked in water.

Cut the plant residues into small pieces to mix thoroughly with other materials. It also helps facilitate the decomposition process. Plant residues are cobs of maize, pod of beans, maize bran, sugarcane residues, and other plant bodies. Fresh materials are recommended, as the fertility has not yet evaporated.



Mix the material a little by little. After regulating moisture, pile it as a heap and cover it by banana leaves. Temperature of the materials usually rises up in 1-2 days. As too high temperature kills the effective microorganism, if temperature reached 60 degree Celsius or more,



break down the heap and re-make it. To know the temperature, stick a panga or alike into the heap for ten seconds and touch it; you will feel the temperature. During the entire period, several times of turn-up may be required; more attention should be placed especially at the beginning.

As you check the temperature, also check the moisture. If it is too dry, add water. Take care of the temperature and moisture once or twice a day during the first week. After 2-3 weeks, the color of Bokashi gets dark; ready for the use. Spread all the materials and dry it under shade.

Bokashi can be used both as basal- and as additional-fertilizer. When applying it as additional-fertilizer, a handful of Bokashi is generally suitable to each plant: make a hole, put it in the hole and cover it up with soil.



3. INTERCROPPING

Advantages of Intercropping

One of recommended cropping systems under irrigation is intercropping. Intercropping is a way of diversifying the farming system by which crop production can be more stabilized at lower risks. Specifically, there are several advantageous aspects in this system:

- Increased land productivity by producing multiple crops
- Reduced risk of pest and disease by diversification
- Efficient use of water, nutrient, and sunlight
- Minimized weed population with cover crop
- Improved soil fertility when legume is incorporated

By mixing two or more types of crops, it can dramatically increase the production per land area. Then, by enriching the diversity in the farming system, stability generally increase with reduced risk of pest and disease. In addition, with the use of crops with that have different root systems, shape of plants, and growing characteristics, it can use water, nutrient and sunlight more efficiently. It leads to higher production level comparing to aggregated production of individual crops. Furthermore, increased leaf cover in intercropping helps reduce weed populations once the crops are established.

Recommended Combination

Typical crops combinations for intercropping are summarized in Table 1. Concerning the generally depleted and thus low fertile soil in this area, it is recommendable to mix legume crops with other crops. By incorporating legume crops in the system, nitrogen fixation can be facilitated, whereby soil fertility is to be improved and maintained. Furthermore, legume crops are generally rich in protein and can be a good source for nutrition management of the rural household. Another good aspect of intercropping is that when incorporating deep rooting crops, such as pigeon pea, physical characteristics of surface soil can be improved deeper.

Table 1. Examples of Recommended Intercropping					
Сгор	Description				
Maize-climbing	After at least 4 weeks of sowing maize, but before the				
bean	harvest, plant climbing bean so that the bean can use				
(Relay-cropping)	maize stalks as stakes. Climbing beans can produce 3-4 times more yield than bush beans.				
Maize-Legume (2 by 2 system)	Establish two rows of maize and another two rows of legume crops to alternate each other. Common bean, Soybean, green gram, and groundnuts can be used in this system. By creating a wide space in between maize rows, legume crops can receive more sunlight and thus a total production can be increased.				
Maize-Sweet	Maize is sown in row and after the first weeding, and				
potato (Leaves)	fertilization, sweet potatoes are planted in between the				
(mixed cropping)	maize. Sweet potato plants cover the surface of the soil by which damage of weeds can be reduced.				
Cabbage-Tomato	Tomato acts as a physical barrier against insects like Diamondback moth and has repellent odor. Cabbage is planted two weeks after Tomato is transplanted.				
Cabbage-onion	Onion has repellant effect against common insects including aphids and is a useful intercrop for many crops. One of good combinations is with cabbage and carrot. But, combination with pea is not recommended.				

Table 1: Examples of Recommended Intercropping

4. Cropping Calendar

Sample models of cropping calendar are shown in Table 2. As smallholder farmers maintain 0.25 limas for irrigated agriculture, expected profit of each system computed based on actual farmers' practice are also indicated. Note that, however, the profit may differ depend on the characteristics of each site and each farmer.

There listed are 5 types of cropping systems. 1) relay-cropping of green maize and climbing beans: climbing bean can use maize stand as sticks; 2) gradual planting of tomato: risk and labor can be dispersed; 3) rotation of groundnuts and cabbage: legume crop improve soil fertility and highly profitable crop can be introduced later; and 4) intercropping of Tomato/onion and cabbage: by introducing crops that have repelling effect, damage from insects can be reduced.

Area	Apr	May	Jun	Jul	Aug	Sep	Oct	Expected Profit
Pattern 1 G-maize & beans (0.25 lima)			Green Maize		elay Inting	Climbing Beans		693ZMW
Pattern 2 Tomato (0.25 lima)				Tomato	omato	mato	7	441ZMW
Pattern 3 Groundnuts & Year 1 (0.25 lima)			G	roundr	iuts			367ZMW (1 st year)
Cabbage Year 2 (0.25 lima)				Cabba	age			666ZMW (2 nd year)
Pattern 4 Tomato/onion and Cabbage Intercropping (0.25 lima)			(omato/(Cabbag	je			With Tomato 554ZMW With Onion 789ZMW

 Table 2: Examples of Recommended Cropping Calendar

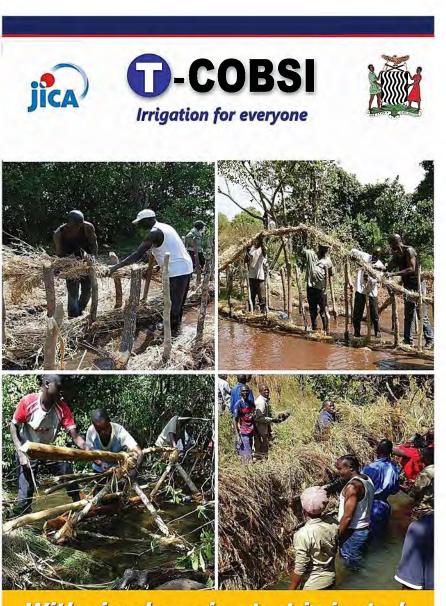
Source: Harvest survey to 478 sample farmers in 7 districts in Northern and Luapula provinces.

Note: This result is based on the averaged figure of successful and unsuccessful cases surveyed on the actual ground. Expected profit may vary significantly depending on the amount of agricultural inputs, level of farming techniques, and marketing potential.





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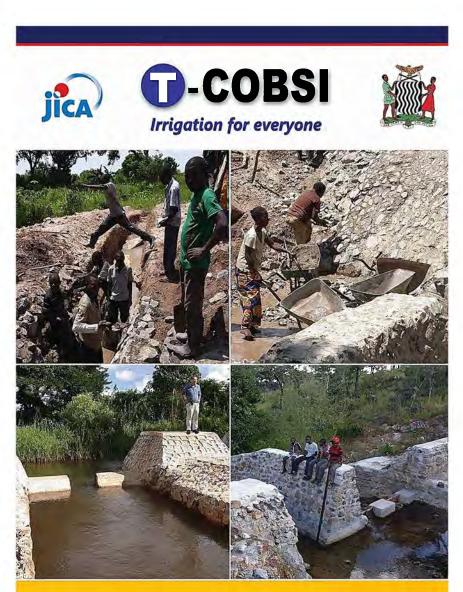
With simple weir, start irrigated farming today

Simple Weir to Initiate Irrigation Today

T-COBSI employs a very simple technology in construction of weirs that can be constructed using materials that are locally available such as:

- Wooden poles
- Grasses, and
- Soil

Depending on the site condition, different types of structures can be applied: single-lined, double-lined, inclined, and trigonal— Irrigation can be started today.



Our weir, source of our livelihood: permanent weir

Permanent Weir to Stabilize Irrigation

T-COBSI helps farmers upgrade the weir facility from simple one to permanent structure for securing irrigation water throughout the season.

- Stones and sands are collected by farmers
- Construction is done by farmers under supervision
- No money/food for work is provided

With these principles, sense of ownership and thus sustainability are harnessed.



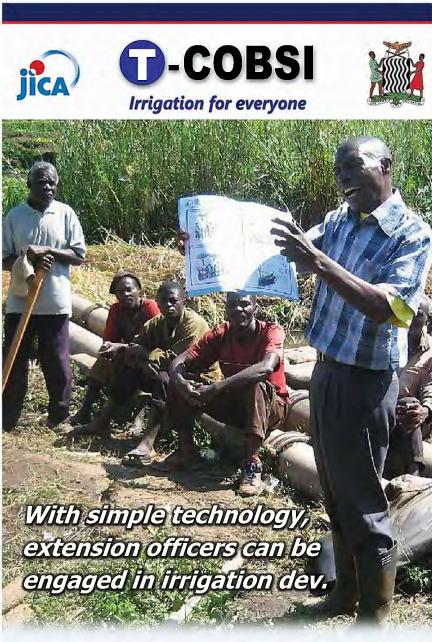
Start it today with locally available materials

Innovative Approach in Irrigation Dev.

T-COBSI initiates a series of simple irrigation technologies, with which farmers can construct the facilities using locally available materials; that enables:

- Low cost implementation
- Immediate outcome, and
- Farmers' self-reliance

By minimizing the use of external materials, farmers do not have to wait for any support from outside; using **COBSI** technologies, they can develop and manage their own irrigation schemes.



Irrigation Dev. through Extension

T-COBSI disseminates irrigation technologies through the extension structure, by which an increased number of farmers can benefit. This cascade-like technology dissemination is enabled with:

- Simplicity of the technology
- Diversified extension materials, and
- Extension officers' commitment

With simple technologies, **T-COBSI** brings non-technical officers in the field of irrigation development.





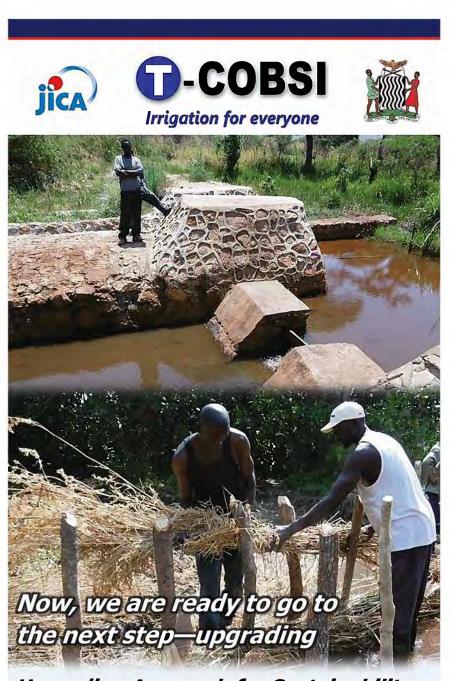


Appropriate Canal Alignment

T-COBSI offers farmers a way to align canal with a slope of 1/500 to 1/1,000 for appropriate water flow. But, how? The canal can be well aligned by using simple tools, they are:

- Straight poles (2)
- String of 10 m in length connected to the poles, and
- Line level, hanged on the string

Align the canal not toward the direction you want to go but as the slope allows you; and you can minimize the labor work in digging a deep canal.

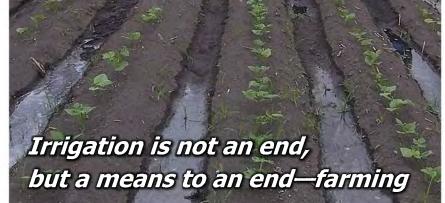


Upgrading Approach for Sustainability

T-COBSI proposes a process-oriented irrigation development—upgrading, in which farmers first gain experience with simple weir, then, where applicable, upgrade the weir to permanent structure.

As farmers can acquire knowledge in Operation & Maintenance (O&M) and irrigated farming, sustainability is assured.





Appropriate Farming Technologies

T-COBSI promotes various types of on-farm technologies that farmers can apply depending on the local context:

- On-farm irrigation (gravity irrigation)
- Companion cropping,
- Soil fertility management, and more

To materialize the potential, farmers continue improving their farming methods and cope with any challenges with appropriate technologies.



Start with market and end with market

Farming as a Business

T-COBSI provides a series of trainings to agricultural extension officers and farmers in market-oriented agriculture, particularly:

- Market research
- Farm planning, and
- Marketing

Farmers can generate more income with strategic farming and selling. Irrigation gives farmers an ability to choose the cropping pattern according to the market demand.



Ver. 6 (0502)

(Saila)

Program of the Kick-off Training at Mansa Farm Institute JICA T-COBSI From May 9 to 13, 2016

	10	Officer in Charge)
DAY 0 (May 8, S	Sun): Gathering to the Venue	
DAY 1 (May 9, N	Ion): Orientation and Introduction	(Saila)
Module 1 - Progra	m Orientation	(Saila)
08:00-08:45	Registration and pre-training knowledge inventory	
08:45-09:00	Prayer, welcome remarks and program orientation (housekeeping	issues)
09:00-09:45	Opening (PACO/PAO), self-introduction, and overview of the trai	
09:45-10:00	Health break	-
Module 2 – Overvi	ew of T-COBSI	(Remmy)
10:00-10:45	Introduction to the T-COBSI Project	(
10:45-11:15	COBSI approach at glance (video)	
Module 3 _Type of	COBSI Schemes (weir type, canal, ancillaries, etc.), Environment, (Gender etc
11:15-11:30	Weir type and construction method (theory)	(Sinkolongo)
11:30-11:45	Canal alignment, ancillaries and potential diversion site (theory)	(Sinkolongo)
11:45-12:15	On Farm irrigation by gravity	(Sinkolongo) (Sinkolongo)
12:15-13:15	Lunch	(Sinkolongo)
13:15-15:15	Weir construction and canal alignment (practice at the venue)	
13.15-15.15		bewe/Simukoko)
15:15-15:30	Health break	dewe/simukokoj
15:30-16:15	Environment and social consideration	(Mwape)
16:15-16:45	Institution and gender mainstreaming	(Mwape) (Remmy)
16:45-17:00	Preparation of the field observation (distribution of gumboots)	(Remmy) (Remmy)
10.45-17.00	reparation of the field observation (distribution of guildoots)	(Remmy)
DAY 2 (May 10,	Tue): Field Observation	(Sinkolongo)
<u>07:45</u> -	Registration	
<u>08:15</u> -	Recapitulation (review and clarification of the Day 1 activities)	
Module 4 – Field C	Dbservation	(Saila)
08:30-10:30	Travel to the site	
10:30-12:00	Field observation at a simple irrigation scheme	(Saila)
	- On-farm irrigation	
	- Practice of canal alignment using spirit line level	
12:00-13:00	Lunch in the field (lunch box)	
13:00-13:30	Travel to the site	
13:30-15:00	Field observation at a permanent irrigation scheme [Mansa/ Mwen	nse] (NKandu/Kalu
	- Construction of permanent weir (<i>theory</i>)	
	- Operation and maintenance (O&M)	
15:00-17:00	Travel back to the venue	
DAY 3 (May 11,	Wed): Irrigation Planning and On-Farm Technologies	(Remmy)
<u>07:45</u> -	Registration	
<u>08:15</u> -	Recapitulation (Review and Clarification of Day 2 Activities)	
Module 5 – Implen	nentation of Smallholder Irrigation Dev. (permanent-weir)	(Saila)
08:30-08:45	Implementation procedure	
08:45-09:15	Selection of candidate sites	
09:15-09:30	Items to be clarified by the investigation	
09:30-09:45	Tea break	

Basic of irrigation planning

09:45-10:00

KOT

 10:00-10:30 Preparation of basic plan 10:30-11:30 Irrigation plan: (1) water requirement 11:30-12:30 Irrigation plan: (2) On-farm irrigation plan 12:30-13:30 Lunch 13:30-14:00 Report on the JICA training in Japan Module 6 – Appropriate Farming Technologies 14:00-14:30 Integrated soil fertility management 14:30-15:00 Postharvest handling of orange maize grown under irrigation 15:00-15:15 Health break 15:15-15:45 Appropriate technologies (Companion cropping & RESCAP) 15:45-17:00 Planning demonstration sites & Distribution of demo plot materials 	(Saila) (Chanda) (Chanda) (Chanda)
11:30-12:30Irrigation plan: (2) On-farm irrigation plan12:30-13:30Lunch13:30-14:00Report on the JICA training in JapanModule 6 – Appropriate Farming Technologies14:00-14:30Integrated soil fertility management14:30-15:00Postharvest handling of orange maize grown under irrigation15:00-15:15Health break15:15-15:45Appropriate technologies (Companion cropping & RESCAP)	(Chanda) (Chanda) (Chanda)
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15:15-15:45 Appropriate technologies (Companion cropping & RESCAP)	. ,
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15.15 17.00 Training demonstration sites & Distribution of demo plot indefiais	(Remmy)
	(Renning)
DAY 4 (May 12, Thu): Field Practice	(Chanda)
07:45- Registration	
<u>08:15</u> - Recapitulation (review and clarification of Day 3 activities)	
Module 7 – Field Practice (Saila / Mbew	ve/Simukoko)
08:30-09:30 Travel to the practice site	
09:30-13:30 Construction practice of a simple diversion weir	
13:30-14:30Lunch at the field14:30-15:30Travel back to the venue	
Module 8 – Entry Planning 15:30-17:00 Explanation of Fuel distribution	(Mbewe)
*	Sinkolongo)
DAY 5 (May 13, Fri): Entry Planning	(Mwape)
DAY 5 (May 13, Fri): Entry Planning 07:45- Registration	(Mwape)
	(Mwape)
07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 – Entry Planning	(Mwape) (Remmy)
07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 – Entry Planning08:30-10:1508:30-10:15Presentation and adjustment of the entry plans by district	
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07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 - Entry Planning08:30-10:15Presentation and adjustment of the entry plans by district10:15-10:30Health break10:30-12:30Presentation and adjustment of the entry plans by district (cont'd)	
07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 - Entry Planning08:30-10:15Presentation and adjustment of the entry plans by district10:15-10:30Health break10:30-12:30Presentation and adjustment of the entry plans by district (cont'd)12:30-13:30Lunch	(Remmy)
07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 - Entry Planning08:30-10:15Presentation and adjustment of the entry plans by district10:15-10:30Health break10:30-12:30Presentation and adjustment of the entry plans by district (cont'd)12:30-13:30Lunch13:30-14:00Reporting mechanics (types of materials, monitoring format, reportir and logistics support)	(Remmy)
07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 - Entry Planning08:30-10:15Presentation and adjustment of the entry plans by district10:15-10:30Health break10:30-12:30Presentation and adjustment of the entry plans by district (cont'd)12:30-13:30Lunch13:30-14:00Reporting mechanics (types of materials, monitoring format, reportinant logistics support)14:00-15:30Distribution of dissemination materials	(Remmy)
07:45-Registration08:15-Recapitulation (review and clarification of Day 4 activities)Module 8 - Entry Planning08:30-10:15Presentation and adjustment of the entry plans by district10:15-10:30Health break10:30-12:30Presentation and adjustment of the entry plans by district (cont'd)12:30-13:30Lunch13:30-14:00Reporting mechanics (types of materials, monitoring format, reportinand logistics support)14:00-15:30Distribution of dissemination materials15:30-15:45Health break	(Remmy) ng mechanic, (Sinkolongo)
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DAY 6 (May 14, Sat): Home Sweet Home

Have a Safe Trip!



Ver. 6 (0420)

Program of the Kick-off Training at Kasama Farm Institute JICA T-COBSI From April 25 to 29, 2016

		(Officer in Charge)
DAY 0 (April 24	, Sun): Gathering to the Venue	
DAY 1 (April 25	, Mon): Orientation and Introduction	(Simukoko)
Module 1 - Progra	m Orientation	(Sifaya)
08:00-08:45	Registration and pre-training knowledge inventory	(-9-9-9
08:45-09:00	Prayer, welcome remarks and program orientation (housekeepin	ig issues)
09:00-09:45	Opening (PACO/PAO), self-introduction, and overview of the tr	raining
09:45-10:00	Health break	
Module 2 – Overvi	iew of T-COBSI	(Martin)
10:00-10:45	Introduction to the T-COBSI Project	
10:45-11:15	COBSI approach at glance (video)	
Module 3 –Type of	COBSI Schemes (weir type, canal, ancillaries, etc.), Environment	, Gender, etc.
11:15-11:30	Weir type and construction method (theory)	(Syansingu)
11:30-11:45	Canal alignment, ancillaries and potential diversion site (theory)) (Mbewe)
11:45-12:15	On Farm irrigation by gravity	(Simukoko)
12:15-13:15	Lunch	
13:15-15:15	Weir construction and canal alignment (practice at the venue)	(Simukoko)
15:15-15:30	Health break	(D · 1)
15:30-16:15	Environment and social consideration	(David)
16:15-16:45	Institution and gender mainstreaming	(Annie)
16:45-17:00	Preparation of the field observation (distribution of gumboots)	(Martin,Mbewe)
DAY 2 (April 26	, Tue): Field Observation	(Lawrence)
<u>07:45</u> -	Registration	
<u>08:15</u> -	Recapitulation (review and clarification of the Day 1 activities)	
Module 4 – Field (Observation (.	Mbewe/Simukoko)
08:30-10:30	Travel to the site	
10:30-12:00	1 0	Mbewe/Simukoko)
	- On-farm irrigation	
	- Practice of canal alignment using spirit line level	
12:00-13:00	Lunch in the field (lunch box)	
13:00-13:30	Travel to the site	(Sifmin)
13:30-15:00	 Field observation at a permanent irrigation scheme [Luwingu] Construction of permanent weir (<i>theory</i>) 	(Sifaya)
	 Operation and maintenance (O&M) 	
15:00-17:00	Travel back to the venue	
DAV 2 (A	Wed), Invigation Planning and On Farm Tasknalagia	
07:45-	Wed): Irrigation Planning and On-Farm Technologies Registration	(Martin)
08:15-	Registration Recapitulation (Review and Clarification of Day 2 Activities)	
		(C
	nentation of Smallholder Irrigation Dev. (permanent-weir)	(Syansingu)
08:30-08:45 08:45-09:15	Implementation procedure Selection of candidate sites	
09:15-09:30	Items to be clarified by the investigation	
09:30-09:45	Tea break	
09:45-10:00	Basic of irrigation planning	(Sakajira)

KOT

10:00-10:30	Preparation of basic plan	
10:30-11:30	Irrigation plan: (1) water requirement	
11:30-12:30	Irrigation plan: (2) On-farm irrigation plan	
12:30-13:30	Lunch	
13:30-14:00	Report on the JICA training in Egypt	(Sakajira)
Module 6 – Approp	riate Farming Technologies	
14:00-14:30	Integrated soil fertility management	(Lawrence)
14:30-15:00	Postharvest handling of orange maize grown under irrigation	(Elizabeth)
15:00-15:15	Health break (providing orange maize bread)	(Elizabeth)
15:15-15:45	Appropriate technologies (Companion cropping & RESCAP)	(Annie)
15:45-17:00	Planning demonstration sites	(Simukoko)
10.10 17.00		(51111110110)
DAY 4 (April 28,	Thu): Field Practice	(David)
<u>07:45</u> -	Registration	
<u>08:15</u> -	Recapitulation (review and clarification of Day 3 activities)	
Module 7 – Field Pi	ractice	(Simukoko)
08:30-09:30	Travel to the practice site	()
09:30-13:30	Construction practice of a simple diversion weir	
13:30-14:30	Lunch at the field	
14:30-15:30	Travel back to the venue	
Module 8 – Entry F		(Simukoko)
15:30-17:00	Explanation of Fuel distribution	(Запикоко)
15.50-17.00	Preparation of entry plan by officer	
	reparation of entry plan by officer	
DAY 5 (April 29,	Fri): Entry Planning	(Sifaya)
<u>07:45</u> -	Registration	
<u>08:15</u> -	Recapitulation (review and clarification of Day 4 activities)	
Module 8 – Entry F		Mbewe/Simukoko)
08:30-10:15	Presentation and adjustment of the entry plans by district	,
10:15-10:30	Health break	
10:30-12:30	Presentation and adjustment of the entry plans by district (cont'	(f)
12:30-13:30	Lunch	u)
13:30-14:00	Reporting mechanics (types of materials, monitoring format, rep	porting mechanic,
	and logistics support)	
14:00-15:30	Distribution of dissemination materials & demo plot materials	(Lawrence/Anne)
15:30-15:45	Health break	
Module 9 – Progra	m Evaluation and Closing	(Sifaya)
15:45-16:15	Evaluation of the training program	
16:15-17:00	Closing (PACO/PAO), Certificate	

DAY 6 (April 30, Sat): Home Sweet Home

Have a Safe Trip!

PRE-TRAINING KNOWLEDGE/EXPERIENCES INVENTORY FOR THE TRAINING Kick-off Training 2016

Name	Age	Sex
District Name	Camp Name	
Job Title (tick)	P-TSB, D-TSB, BEO, CEO, Others ()	Year joined GRZ

On Smallholder Irrigation

1. Have you ever been involved in any irrigation project which is operated and maintained by FARMERS themselves?
Tick: Tick if it was COBSI pilot project by JICA)
2. Which irrigation systems have you ever been ENGAGED in under smallholder irrigation?
Tick: None Furrow (natural diversion WITHOUT any diversion facilities)
Gravity river diversion with SIMPLE facilities Gravity river diversion with PERMANENT facilities
□Treadle pump □Motorized/Engine pump irrigation □Dam (pond/reservoir) □Buckets
Others (Please specify:
3. Have you ever been engaged in construction of permanent structure in smallholder irrigation? If yes, what item?
Tick: \Box YES \Box NO
🗆 Site survey 🗆 Facility Design, 🗖 Canal aligning, 🗖 Construction supervision
Others (Please specify:)

On Your Experiences as an Provincial Officer/District Officer/ BEO/CEO

4. Please describe the problem(s) you have faced or are facing as a Government Technical/Extension Officer.
5. Please describe what kind of efforts you have extended to solve the problem(s) above.
6. Please describe the best experience(s) you have had as a Government Technical/Extension Officer.

On Agriculture

7. What are the major activities you	are engaged in each quarter as a government officer?	
Jan to Mar:	Apr to Jun	
Jul to Sep:	Oct to Dec:	
Throughout the year:		
8. What kinds of farming technolog	ies would you recommend for irrigated agriculture? Please list below.	
9. What kinds of farming technolog	ies would you like to learn for irrigated agriculture?	
		<u></u>

GO TO NEXT PAGE→

On Marketing

10. Have you ever directed your subordinate or villagers about Marketing in irrigated farming? If yes, what contents did you address?

□YES □NO Contents:

On Institution and Gender Issue

11. Have you ever faced any difficulties when you communicate with villagers? Please describe details.

12. Have you ever tried to involve women in the community development project which you were in charge of? Please describe the details how you involved women.

On Your Expectations

13. How can the smallholder irrigation improve the livelihood of smallholder farmers?

14. What is the role of the Government Officer for developing smallholder irrigation?

15. What do you expect from this training? Please list 2 main expectations associated with what you would like to learn.

1)

2)

This is the end of questions, thank you!

TRAINING PROGRAM DAILY REVIEW

	L	evel c	of Sat	isfacti	ọn	
Training Module	Excelent	Good	Average	Below Average	Poor	Comments for improvement
DAY 1: Orientation and Introduction						
Module 1 - Program Orientation						
Program orientation						
Module 2 – Overview of T-COBSI						
Introduction to the T-COBSI Project						
COBSI approach at glance (video)						
Module 3 –Type of COBSI Schemes (weir type, canal, a	ncilla	aries, e	tc.),Er	nvironn	nent,G	Gender,etc.
Weir type and construction method (theory)						
Canal alignment, ancillaries and potential site						
On Farm irrigation by gravity						
Weir construction and canal alignment (practice)						
Environment and social consideration					-	
Institution and gender mainstreaming						
DAY 2: Field Observation						
Module 4 – Field Observation						
Field observation at a simple scheme						
Field observation at a permanent scheme						
DAY 3: Irrigation Planning and On-Farm Technolo	gies					
Module 5 – Implementation of Smallholder Irrigation I	Dev. ((perma	nent	-weir)		
Implementation procedure						
Selection of candidate sites					-	
Items to be clarified by the investigation						
Basic of irrigation planning						
Preparation of basic plan						
Irrigation plan: (1) water requirement						
Irrigation plan: (2) On-farm irrigation plan						
Report on the JICA training in Egypt/Japan					-	
Module 6 – Appropriate Farming Technologies			:			
Integrated soil fertility management (Biochar)			1			
Postharvest handling of orange maize grown under irrigation						
Appropriate technologies (Companion cropping & RESCAP)						
Planning demonstration sites						
DAY 4: Field Practice						
Module 7 –Field Practice	r					
Construction practice of a simple diversion weir						
Practice of canal alignment using spirit line level						
DAY 4 - DAY 5: Entry Planning						
Module 8 – Entry Planning						
Explanation of Fuel distribution						
Entry planning			ļ			
Reporting mechanics						

TRAINING PROGRAM OVERALL EVALUATION

1. Present your overall degree of ACHIEVEMENT relative to the OBJECTIVES you participated for.

Excelent	Good	⊳	Below Averane	Poor	Comments for improvement

2. Present your overall degree of SATISFACTION relative to the training contents AS A WHOLE.

3. Present your overall degree of satisfaction relative to LOGISTICS (venue, transportation, lodging, etc.).

Good Excelent	Poor Below Average	

4. How much has the training program met with what you expected relative to THEORY?

|--|

5. How much has the training program met with what you expected relative to **PRACTICE**?

	Comments for improvement	Poo	Below Average	Average	Good	Excelent
--	--------------------------	-----	------------------	---------	------	----------

6. Write freely your idea how to improve this program in future.

Materials Provided Kick-off Training on Community Based Smallholder Irrigation (T-COBSI) 2016

No	Kick-off Training on Community Based Smallholder	
No.	Title/ Contents	Set
Gen		1
$\frac{1}{2}$	T-COBSI Project Brochure on T-COBSI [color]	1
2	Program of the TOT & Kick-off Training	1
	Pre-training Knowledge/Experience Inventory	
4 5	Training Program Daily Review & Training Evaluation List of Materials Provided (this paper)	1
		1
Oper	ration and Monitoring of Project Activities	
1	Explanatory note of the major terms in T-COBSI	1
2	Planning sheet for setting the target of 2016 Dry Season (by o	
3	Simple weir monitoring sheet for main BEO/CEO (Individua	
4	Simple weir monitoring sheet for TSBs (District)	1/ district*
5	Fuel distribution system under T-COBSI (for 2016 Dry Seaso	n) 1
6	Requisition form for fuel (May to Oct)	18
PPT	Presentation Materials	
1	What's T-COBSI (Pl	PT: Module 2-1) 1
2	Type of COBSI schemes (PI	PT: Module 3-1) 1
3	On Farm Irrigation by gravity (PPT: Module 3-1	's attachment) 1
4	Environmental and social consideration (Pl	PT: Module 3-2) 1
5	Institution and gender mainstreaming (PI	PT: Module 3-3) 1
6	Integrated soil fertility (PI	PT: Module 6-1) 1
7	Postharvest handling of orange maize (Pl	PT: Module 6-2) 1
8	Appropriate Farming Technologies (P	PT: Module 6-3) 1
9	Planning demonstration plot (Pl	PT: Module 6-4) 1
10	Entry planning (Pl	PT: Module 8-2) 1
Man	nuals and Posters for Promotion	
1	Technical Manuals (Simple Weir & Canal)	1
2	Implementation Manual (Permanent Scheme)	1
3	Extension Officers' Manual (RESCAP Manual)	1
4	T-COBSI Project Brochure on T-COBSI [B&W]	5 *
5	Picture Stories Poster (4 sheets per set with A3 paper)	(5+10) 15*
	1) For officer's use x 5; 2) For CAC meeting (stapled) x	
6	Poster for Nutrition Improvement with Smallholder Irrigation	(5 10)15*
	1) For officer's use x 5; 2) For CAC meeting x 10	(5+10)15*
7	Leaflet (Starting Irrigation in Our Local Context) (April 2016	5) 15*
8	Leaflet (Starting Irrigation Agriculture) (April 2016)	15*
Othe	er Tools	
1	Convex (5m)	1 *
2	Sprit Line Level	1 *
3	Gumboots	1 *
1.	e distributed during the KOT workshop	·

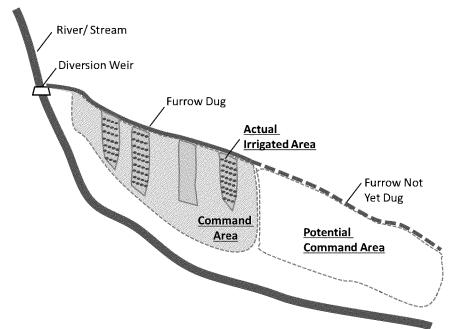
*: to be distributed during the KOT workshop

EXPLANATORY NOTE OF MAJOR TERMS

Kick-off Training (T-COBSI)

GENERAL TERMS

- **Command Area:** Area being irrigated and can be irrigated below the furrow already dug.
- Actual Irrigated Area: Area being actually irrigated in the command area. Idle land in the command area is not included.
- · Potential Comm
- and Area: Yet to be opened farmland where irrigation can be practiced once the furrow is developed/ extended. Note that the volume of water available at the intake point may be the limiting factor to expanding the farm plots (ex. 2 liter/sec/ha at the intake point).



- Improvement: Construction of new facilities in natural diversion site or renewal of existing irrigation facilities which had been constructed with primitive way, for which a new type of weir promoted by T-COBSI (ex. inclined-weir) is introduced. It also includes re-aligning and extension of furrow using T-COBSI technique. Irrigation schemes developed by the COBSI pilot project (2009-2010) and ones developed under T-COBSI are not included. Neither re-construction of weir nor extension of furrow in the COBSI pilot project site is regarded as "improvement" but ordinal "O&M."
- **New Development:** A development of new irrigation scheme where there was no irrigation practice before. All the area under irrigation is the achievement of T-COBSI activity.
- **Household:** A unit of family members who are living together; shares same food and finance (including none-relatives).

[1] Site Profile for Simple Weir Development done by <u>Main BEO/CEO [NEW/IMP]</u>

- ◆ List up all the irrigation schemes and fill up the form
- ✤ Inform this information to the district TSB officers at the end of each month
- Submit this form at the evaluation workshop scheduled in October 2016
- *"Weir type"*: choose either one of the weir types listed below the table such as inclined, single-line, and double line; answer is made using the number designated to each type.
- "Original canal length" (in" Improvement"part) : the length of canal (furrow) existing since before the improving the scheme (before KOT 2016).
- *"Area originally irrigated"*: the size of actual irrigation area existing since before improving the scheme (before KOT 2016).
- *"Canal length newly dug"*: the length of canal newly dug upon improvement of the scheme, which does not include the length of canal existing since before the improvement.

- *"Area (newly) opened"*: the total size of farm plots <u>newly converted from a virgin land upon</u> the improvement of the scheme (after KOT 2016). It may include a farmland just converted but yet cultivated under irrigation; however, it does not include the area under operation since before the improvement.
- *"Area newly irrigated"*: the size of actual irrigation area <u>newly irrigated upon the</u> <u>improvement</u> of the scheme (after KOT 2016). Do not include the area already being irrigated since before the improvement.
- "Original" number of fishponds: number of fishponds dug in the scheme before the improvement of the scheme (before KOT 2016).
- Number of "*newly constructed*" fishponds: number of fishponds newly dug upon improvement of the scheme (after KOT 2016). Do not include the ones existing since before the improvement.
- Count only the sites where weirs and furrows were actually constructed and dug; Do not include any provisional numbers (i.e. site only identified as a potential site)To see your progress, compare your achievement with your target
- Fuel for the following month will be provided only upon your monthly reporting
- Be proud of yourself; good achievement will be informed to all the other colleagues

[2] Site Profile for Simple Weir Development done by <u>Fellow</u> BEO/CEO [NEW/IMP]

- Check the achievement of your fellow BEOs/CEOs at the end of each month
- Inform your district TSB officer you and your fellow's achievements at the end of each month
- Then, TSB officer record all the BEO/CEO's achievement on the same sheet (district version)

[3] Manuals/Extension Materials

- Make a great use of manuals and extension materials for the promotion of T-COBSI.
- Distribute some copies of manual, poster, and leaflet to your fellow CEOs and client farmers at CAC meeting

If you have any question, please contact the Project Implementation Unit of each province.

PIU Northern Province		
Mr. Sifaya Mufalali	Email: sifayamufalali@yahoo.com	Mobile: 0977-372-247
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Planning Form No.2

PLANNING SHEET FOR THE SIMPLE DIVERSION-WEIR SCHEMES **PROVINCE**

Province:

AP-I-I-12

Date Planned: _____

Name of District	Target on Construction of S	Simple Irrigation Schemes	Target on the Conduct of Training of Fellows
Name of District	No. of New Development Site	No. of Improvement Site	No. of Officers to be Trained
			_
			_
			_
TOTAL			

Simple Weir Monitoring Sheet for Main BEO/CEO (Individual)

Name of Main BEO/CEO:

Name of Camp: _____

Name of District:

Contents:

Sheet-1; Site Profile of New Sites and Improvement Sites done by Main BEO/CEO Sheet-2: Monthly Achievement of Number of Fellows trained by Main BEO/CEO Sheet-3: Site Profile of New Sites and Improvement Sites done by Trained Fellows Sheet-4: Schedule of Camp Agriculture Committee (CAC) and Simple Weir Construction Sheet-5: Receipt of Fuel

Important!!

- All sheets are filled up by Main BEO/CEO individually.
- All sheets are reported monthly to District TSB Office by Main BEO/CEO

Target and Achievement as Individual

1

Target of New Sites as of May:

Target of Improvement Sites as of May:

Target of Nos. of Trained Fellows as of May:

- ➤ Achievement of New Sites as of Oct:
- → Achievement of Improvement Sites as of Oct:
 - Achievement of Nos. of Trained Fellows as of Oct.:



NEW CONSTRUCTION

		ir is ted	igated Started	ember ehold		of mem ers in th			Done in 1	ĥis Dry Sea	son (2016)	Plan for the	e Next Dry S	eason (2017)	No. of Fish Pond
No.	Site Name	Date Weir is Constructed	Date Irrigated Farming Startec	No. of membe Household	Male	Female	Total	Weir Type ^{*1}	Canal Length dug in 2016 (km)	Opened Area in 2016 (lima)	Actual Irrigated Area in 2016 (lima) (A)	Canal Length to be dug (km)	Additional Area to be irrigated, (lima) (B)	Total Area to be irrigated (lima) (A+B)	made using COBSI irrigation
ex.	Monbo	May 16	Jun 25	13	38	40	78	2	2.3	8.5	7.5	1.4	3.0	10.5	4
1															
2															
3															
4															
5															
	Total														

*1 Weir Type: 0: Natural Diversion, 1:Inclined, 2:Single-Line, 3:Double-Line, 4:Trigonal, 5:Masonry, 6:Sandwich line

NEW CONSTRUCTION

	ïlling m			COBSI 1	echs <u>YOU</u>	have Disse	eminated				(COBSI Tecl	hs <u>FARME</u> F	<u>RS' GROP</u> h	ave Applie	d	
No.	Tickupon filling this form	Irrigati	on Tech		F	arming Tec	sh		Market- Oriented	Irrigati	on Tech		F	arming Teo	h		Market- Oriented
	Tick th	O&M	On-Farm Irrigation	Contour- ridge	Soil Improve.	Compa. cropping	Nutritious Crop	Others	Farming	O&M	On-Farm Irrigation	Contour- ridge	Soil Improve.	-	Nutritious Crop	Others	Farming
ex.	V	V	54	Х	v	647	V	M	V	8	V	V	Ser.	Gran	6	Contraction of the second seco	640
1																	
2																	
3																	
4																	
5																	
	Continue	from the	orevious pa	age					2		a n an		•		на станици и станици		

Sheet-1; Site Profile of New Sites and Improvement Sites done by Main BEO/CEO (2/2)

IMPROVEMENT

			nber bid		of merr ers in th			Oriç	jinal	Additional b	y Improvem	ent in 2016	Original + Newly	No. of Fi	sh Pond
No.	Site Name	Date Weir is Improved	No. of member Household	Male	Female	Total	Weir Type ^{*1}	Original Canal Length (km)	Area originally irrigated (lima) (A)	Canal Length Newly Dug (km)	Area Opened in 2016 (lima)	Area Newly Irrigated in 2016 (lima) (B)	Irrigated	Original	New ly Const- ructed
ex.	Kanuma	Jun 15	13	28	33	61	4	3.80	19.5	1.5	6.3	5.2	24.7	3	5
1															
2															
3								***********************			************************				
4															
5															
	Total				- 59										

*1 Weir Type: 0: Natural Diversion, 1:Inclined, 2:Single-Line, 3:Double-Line, 4:Trigonal, 5:Masonry, 6:Sandwich line

IMPROVEMENT

	on filling form			COBSI T	echs <u>YOU</u>	have Disse	eminated				(COBSI Tecl	ns <u>FARME</u>	<u>rs' grop</u> i	nave Applie	d	
No.	(upon this for	Irrigatio	on Tech		F	arm ing Teo	ch		Market- Oriented	Irrigatio	on Tech		F	arming Teo	h		Market- Oriented
	Tick	0&M	Gravity Irrigation	Contour- ridge	Soil Improve.	Com pa. cropping	Nutritious Crop	Others	Farming	O&M	On-Farm Irrigation	Contour- ridge	Soil Improve.	Compa. cropping	Nutritious Crop	Others	Farming
ex.	6.11	Contra	61	Х	ter la companya de la	8.44	V	Barr	8/1	611	S.m.	el	e de la companya de la	C.con	640	Contra	W
1																	
2																	
3																	
4																	
5																	

Continue from the previous page

Number of Trained Fellows:

Monthly Achievement of Number of Fellows trained by Main BEO/CEO

Date of Training done	Name of Trained Fellow	Name of Camp	Mobile No. of trained
		covered by trained Fellow	Fellow

Sheet-3: Site Profile of New Sites and Improvement Sites done by Trained Fellows (1/2)

NE			N				Nam	ie:			, Camp:			District:	
		r is ted	ated arted	nber old		of men ers in th			Done in ⁻	This Dry Sea	ison (2016)	Plan for th	e Next Dry S	eason (2017)	No. of Fish Pond
No.	Site Name	Date Weir is Constructed	Date Irrigated Farming Started	No. of member Household	Male	Female	Total	Weir Type ^{*1}	Canal Length dug in 2016 (km)	Opened Area in 2016 (lima)	Actual Irrigated Area in 2016 (lima) (A)	Canal Length to be dug (km)	Additional Area to be irrigated, (lima) (B)	Total Area to be irrigated (lima) (A+B)	made using COBSI irrigation
ex.	Monbo	May 16	Jun 25	13	38	40	78	2	2.3	8.5	7.5	1.4	3.0	10.5	4
1															
2															
3															
4															
5															
	Total									0.000					

*1 Weir Type: 0: Natural Diversion, 1:Inclined, 2:Single-Line, 3:Double-Line, 4:Trigonal, 5:Masonry, 6:Sandwich line

NEW CONSTRUCTION

	upon s form			COBSI 1	lechs <u>YOU</u>	have Diss	eminated					COBSI Tec	hs <u>FARME</u>	<u>rs' grop</u> i	nave Applie	d	
No.	ck u this	Irrigati	on Tech		F	arming Te	ch		Market- Oriented	Irrigati	ion Tech		F	arming Te	ch		Market-
	Che filling	0&M	On-Farm Irrigation	Contour- ridge	Soil Improve.	Compa. cropping	1 1	Others	Farming	O&M	On-Farm Irrigation	Contour- ridge	Soil Improve.	Compa. cropping		Others	Oriented Farming
ex.	Ŵ	V	8	Х	6/	V	V	8000	iles a	1	2.000	ý	4	6.00	V	841	V
1																	
2																	
3																	
4																	
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Continue from the previous page

Sheet-3: Site Profile of New Sites and Improvement Sites done by Trained Fellows (2/2)

IMPROVEMENT

			nber bid		of mem ers in th			Oriç	jinal	Additional b	y Improveme	ent in 2016	Original + Newly	No. of Fi	sh Pond
No.	Site Name	Date Weir is Improved	No. of member Household	Male	Female	Total	│ Weir Type ^{*1}	Original Canal Length (km)	Area originally irrigated (lima) (A)	Canal Length New ly Dug (km)	Area Opened in 2016 (lima)	Area Newly Irrigated in 2016 (lima) (B)	Irrigated Area (lima) (A+B)	Original	Newly Const- ructed
ex.	Kanuma	Jun 15	13	28	33	61	4	3.80	19.5	1.5	6.3	5.2	24.7	3	5
1															
2															
3								*******							
4															
5															
	Total														

*1 Weir Type: 0: Natural Diversion, 1:Inclined, 2:Single-Line, 3:Double-Line, 4:Trigonal, 5:Masonry, 6:Sandwich line

	ck upon this form			COBSI T	echs <u>YOU</u>	have Disse	eminated				(COBSI Tecl	hs <u>FARME</u>	<u>rs' grop</u> i	nave Applie	d	
No.	eck ul g this 1	Irrigati	on Tech		F	arm ing Teo	ch		Market- Oriented	Irrigat	ion Tech		F	arm ing Teo	ch		Market- Oriented
	Che	O&M	Gravity Irrigation	Contour- ridge	Soil Improve.		Nutritious Crop	Others	Farming	0&M	On-Farm Irrigation	Contour- ridge	Soil Improve.	Compa. cropping	Nutritious Crop	Others	Farming
eX.	ent.	C.	6	Х	4	Gener	S.M.	4	0	Ber	6.00	6.ar	4	8.00	B.M.	Gene	Ser.
1																	
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1* N 1* W 2vd M 2vd T 2vd T 3rd T 3rd F 1 4th W 4vh 5h 5 1 6th T 3rh 5 1 1 6th F 6th M 1 1 1 7th S 7th T 1			<u>S</u>	<u>Schedule of Simple Weir Construc</u>	tion m	ade t	hrough conducting CAC	
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4^{th} W 4^{th} S	2^{nd}	M			2^{nd}	Т		
3^h T 5^h S 6^{th} M 7^h S 7^h T 7^h T 8^h S 8^h W 9^{th} T 9^h M 9^{th} T 10^{th} F 10^h T 10^{th} F 10^{th} F 11^h W 11^{th} S 11^{th} S 12^{th} T 12^{th} S 11^{th} S 12^{th} T 12^{th} S 11^{th} S 12^{th} T 12^{th} M 11^{th} S 12^{th} T 12^{th} T 12^{th} S 12^{th} S 12^{th} T 12^{th} S 14^{th} S 14^{th} T 12^{th} S 12^{th} S 16^{th} M 16^{th} T 12^{th} S 12^{th} S 12^{th} S 12^{th} S 12^{th}	$3^{ m rd}$	Т			$3^{ m rd}$	F		
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		<u> </u>						
	31 st	T						

Sheet-4: Schedule of Camp Agriculture Committee (CAC) and Simple Weir Construction This table is to be submitted to Provincial PIU monthly by District TSB Office based on the report made by Main BEOs/CEOs

July	y	Name of Village targeted	Activity on the day for Simple Weir Construction	Augu	ust	Name of Village targeted	Activity on the day for Simple Weir Construction
1 st	F			1 st	M		
2 nd	S			2 nd	Т		
3 rd	S			$3^{ m rd}$	W		
4^{th}	M			4 th	Т		
5 th	Т			5 th	F		
6 th	W			6 th	S		
7 th	T			7 th	S		
8 th	F			8 th	M		
9 th	S			9 th	Т		
10 th	S			10 th	W		
11 th	M			11 th	T		
12^{th}	T			12^{th}	F		
$13^{ m th}$	W			$13^{ m th}$	S		
14 th	T			14 th	S		
15^{th}	F			15^{th}	M		
16^{th}	S			16^{th}	T		
$17^{ m th}$	S			$17^{ m th}$	W		
18^{th}	M			18^{th}	Т		
19^{th}	Т			19^{th}	F		
20^{th}	W			20 th	S		
21^{st}	T			21^{st}	S		
$22^{ m nd}$	F			$22^{ m nd}$	M		
$23^{ m rd}$	S			$23^{ m rd}$	T		
24^{th}	S			24^{th}	W		
25^{th}	M			25^{th}	Т		
26 th	Т			26 th	F		
27^{th}	W			27^{th}	S		
28^{th}	Т			28 th	S		
29 th	F			29 th	Μ		
30 th	S			30 th	Т		
31 st	S			$31^{ m st}$	W		

Schedule of Simple Weir Construction made through conducting CAC

Septen r	nbe	Name of Village targeted	Activity on the day for Simple Weir Construction	Octo	ber	Name of Village targeted	Activity on the day for Simple Weir Construction
1 st	Т	or muge ungeted		1 st	S		
$2^{\rm nd}$	F			2nd	S		
	S				M		
4 th	S			4 th	Т		
5 th	M			5 th	W		
6 th	Т			6 th	T		
7^{th}	W			7 th	F		
8 th	Т			8 th	S		
9 th	F			9 th	S		
10 th	S			10 th	M		
11 th	S			11 th	Т		
12 th	M			12 th	W		
$13^{ m th}$	Т			13 th	Т		
14 th	W			14 th	F		
15^{th}	T			15 th	S		
16 th	F			16 th	S		
17^{th}	S			17 th	M		
18^{th}	S			18 th	T		
19 th	M			19 th	W		
20^{th}	T			20 th	T		
21 st	W			21 st	F		
$22^{ m nd}$	T			$22^{ m nd}$	S		
$23^{ m rd}$	F			$23^{ m rd}$	S		
24^{th}	S			24 th	M		
25^{th}	S			25 th	Т		
26 th	Μ			26 th	W		
27 th	Т			27 th	Т		
28 th	W			28 th	F		
29 th	Т			29 th	S		
30 th	F			30 th	S		
				$31^{ m st}$	M		

Schedule of Simple Weir Construction made through conducting CAC

Sheet-5: Receipt of Fuel

	<u>Sign upon</u>	Receiving	Fuel
--	------------------	-----------	------

NAME	Particular	May	Jun	Jul	Aug	Sep	Oct	Total
	Amount (lit)							
	Sign							
	Amount (lit)							
	Sign							
	Amount (lit)							
	Sign							
	Amount (lit)							
	Sign							

Indicate your name on the top and the name of your fellow officers below.

Simple Weir Monitoring Sheet for District TSB Office (Totaling as District)

Name of TSB:_____

Name of TSB:_____

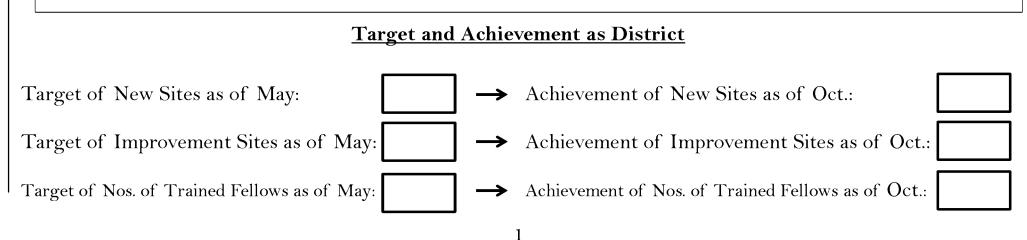
Name of District:_____

Contents:

Sheet-1; Monthly Achievement of New Sites and Improvement Sites done by Main BEOs/CEOs Sheet-2: Monthly Achievement of Number of Fellows trained by Main BEOs/CEOs Sheet-3: Monthly Achievement of New Sites and Improvement Sites done by Trained Fellows Sheet-4: Schedule of Camp Agriculture Committee (CAC) and Simple Weir Construction Sheet-5: Recording Sheet for the Fuel Distribution (Monthly)

Important!!

■ All sheets are filled up <u>monthly</u> by TSBs based on the Report made by Main BEOs/CEOs



Sheet-1; Monthly Achievement of New Sites and Improvement Site done by Main BEOs/CEOs

	-		<u> </u>			· · · · ·	
Name of Main BEO/CEO who constructed New Site	May	June	July	August	September	October	Total by the Main BEO/CEO
Total of the month							

|--|

Number of Improvement Sites done by Main BEOs/CEOs (Monthly Achievement)

Name of Main BEO/CEO who constructed Improvement Site	May	June	July	August	September	October	Total by the Main BEO/CEO
Total of the month							

Number of Trained Fellows as District:

Monthly Achievement of Number of Fellows trained by Main BEOs/CEOs (Monthly Achievement)

Name of Main BEO/CEO who trained his/her Fellows	May	June	July	August	September	October	Total by the Main BEO/CEO
Total of the month							

Sheet-3; Monthly Achievement of New Sites and Improvement Sites done by Trained Fellows

<u></u>				<i></i>	· · · · · ·	e e e e e e e e e e e e e e e e e e e	<i>_</i>
Name of Trained Fellow who constructed New Site	May	June	July	August	September	October	Total by the Trained Fellow
Total of the month							

Monthly Achievement of Number of New Sites done by Trained Fellows (Monthly Achievement)

Monthly Achievement of Number of Improvement Sites done by Trained Fellows (Monthly Achievement)

Name of Trained Fellow who constructed Improvement Site	May	June	July	August	September	October	Total by the Trained Fellow
constructed improvement site							Trained Fellow
Total of the month							

Schedule of Simple Weir Construction nucle turner onducting CAC.MareNameActivity on the day for Simple Weir ConstructionJureNameActivity on the day for Simple Weir Construction14"S-2ndW29dT-2ndT3ndT-2ndF4ndW-3ndF4ndT-3ndS4ndT-3ndS4ndT-3ndS4ndT3ndS-4ndT3ndS-4ndT3ndT-4ndT3ndT-4ndT3ndT-4ndT10dT-4ndT-11dS1ndF-11dS1ndF-11dT1ndF-11dT1ndF-11dT1ndF-11dT1ndF-11dT1ndF-11dT1nd<			<u>S</u>	chedule of Simple Weir Constructi	on mad	le th	rough conducting CAC	
14 S I I W 2^{ad} T 2nd T 1 3^{d} T 2nd F 1 4^{b} W 1 4th S 1 5^{h} T 1 1 1 1 6^{h} F 1 1 1 1 6^{h} F 1 1 1 1 1 7^{h} S 1	Ma	y	Name of Village targeted	Activity on the day for Simple Weir Construction	Jun	ie	Name of Village targeted	Activity on the day for Simple Weir Construction
g^{d} T g^{d} F g^{d} F g^{h} T g^{h} S g^{h} S g^{h} F g^{h} S g^{h} S g^{h} F g^{h} M g^{h} S g^{h} S g^{h} T g^{h} T g^{h} S g^{h} T g^{h} T g^{h} S g^{h} T g^{h} T 10^{h} T 10^{h} F 10^{h} T 10^{h} T 12^{h} T 10^{h} T <	1 st	S			1 st	W		
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	30 th	M			30 th	T		

Sheet-4: Schedule of Camp Agriculture Committee (CAC) and Simple Weir Construction This table is to be submitted to Provincial PIU monthly by District TSB Office based on the report made by Main BEOs/CEOs

Activity on the day for Simple Weir Construction Name Activity on the day Name July August for Simple Weir Construction of Village targeted of Village targeted 1^{st} F 1^{st} Μ 2^{nd} 2^{nd} Т S 3rd S 3rd W 4^{th} Μ 4^{th} Т 5^{th} Т 5^{th} F W 6^{th} S 6^{th} Т 7^{th} S 7^{th} 8^{th} \mathbf{F} 8^{th} Μ 9^{th} Т 9^{th} S W 10th S 10^{th} 11^{th} Т 11^{th} Μ F 12^{th} Т 12^{th} 13^{th} W $13^{
m th}$ S Т 14^{th} S 14^{th} 15^{th} \mathbf{F} 15^{th} Μ 16^{th} S 16^{th} Т $17^{
m th}$ W S 17^{th} Μ Т 18^{th} 18^{th} 19^{th} Т 19^{th} F 20^{th} W 20^{th} S $21^{\rm st}$ Т \mathbf{S} 21^{st} 22^{nd} 22^{nd} F Μ $23^{
m rd}$ S 23^{rd} Т W 24^{th} S 24^{th} 25^{th} Т 25^{th} М 26^{th} 26^{th} F Т $27^{\overline{\mathrm{th}}}$ W 27^{th} S Т 28^{th} S 28^{th} Μ 29^{th} \mathbf{F} 29^{th} 30^{th} S 30^{th} Т $31^{\rm st}$ S $31^{\rm st}$ W

Schedule of Simple Weir Construction made through conducting CAC

Septer	nbe	Name	Activity on the day for Simple Weir Construction	Octo	ber	Name	Activity on the day for Simple Weir Construction
r		of Village targeted	tor Simple Weir Construction				tor Simple Weir Construction
1 st	Т			1 st	S		
2 nd	F			2 nd	S		
$3^{ m rd}$	S			3 rd	M		
4^{th}	S			4 th	Т		
5^{th}	Μ			5 th	W		
6 th	Т			6 th	T		
7^{th}	W			7 th	F		
8 th	Т			8 th	S		
9 th	F			9 th	S		
10 th	S			10 th	M		
11^{th}	S			11 th	Т		
12^{th}	Μ			12^{th}	W		
$13^{ m th}$	Т			$13^{ m th}$	T		
14^{th}	W			14 th	F		
15^{th}	Т			15^{th}	S		
16^{th}	F			16^{th}	S		
$17^{ m th}$	S			$17^{ m th}$	M		
$18^{ m th}$	S			18 th	T		
19^{th}	Μ			19 th	W	7	
20^{th}	Т			20 th	T		
21^{st}	W			21 st	F		
$22^{ m nd}$	Т			22 nd	S		
$23^{ m rd}$	F			23 rd	S		
24^{th}	S			24^{th}	M		
25^{th}	S			25^{th}	Т		
26 th	Μ			26 th	W	7	
27^{th}	Т			27^{th}	T		
28^{th}	W			28 th	F		
29 th	Т			29 th	S		
30 th	F			30 th	S		
				31 st	M		

Schedule of \$	Simple Weir	Construction	made through	conducting CAC
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Technical Cooperation Project on Community-Based Smallholder Irrigation

Station (District/Province): _

Month: **MAY**, 2016

No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Technical Cooperation Project on Community-Based Smallholder Irrigation

Station (District/Province): _

Month: JUNE, 2016

No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Technical Cooperation Project on Community-Based Smallholder Irrigation

Station (District/Province): _

Month: JULY, 2016

No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Technical Cooperation Project on Community-Based Smallholder Irrigation

Month: AUGUST, 2016

No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Station (District/Province): _

Technical Cooperation Project on Community-Based Smallholder Irrigation

Month: SEPTEMBER, 2016

No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Station (District/Province): _

Technical Cooperation Project on Community-Based Smallholder Irrigation

Month: OCTOBER, 2016

No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Station (District/Province): _

Technical Cooperation Project on Community-Based Smallholder Irrigation

Statio	n (District/Province):		Month:	, 2016)	
No.	Name of Officer	Position (TSB/BEO/CEO)	Location (District/Camp)	Amount Received (liter)	Date	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
14						
15						

Fuel Distribution System under T-COBSI (2016)

<u>General</u>

In principle, T-COBSI is the GRZ's own initiative and thus necessary cost shall be disbursed by the government. However, to accelerate the project activity in a limited time, JICA would like to supplementary support the transportation cost of officers engaged.

<u>Period</u>

- For TSB, Main BEO/CEO, including SAO: From May to October, 2016; on monthly basis
- For Fellow BEO/CEO: From the month of the completion of training by main BEO/CEO until October, 2016; on monthly basis

<u>Amount</u>

As shown in the table below:

Category	Target	Liter per month	Unit	
Provincial TSB (Northern & Muchinga)		50	Liter/office	
Provincial TSB (Luapula)		100	Liter/office	
District SAO	18 Districts	30	Liter/office	
District TSB (w/o Permanent)	15 Districts	70	Liter/office	
District TSB (w/ Permanent)	3 District (KAM, MNG, CPL)	100	Liter/office	
Main BEO/CEO (w/o Permanent, w/o demo)	38 persons	30	Liter/person	
Main BEO/CEO (w/ Permanent, w/ demo)	18 persons	40 (30 for Simple Weir) (10 for Demo (fix))	Liter/person	
Main BEO/CEO (w/ Permanent)	3 persons (KAM, MNG, CPL)	40 (30 for Simple Weir) (10 for Demo (fix))	Liter/person	
Fellow BEO/CEO (fellows)		30	Liter/person	

Main BEO/CEO: those who participated in the kick-off training

Fellow BEO/CEO: those who are trained by the main BEO/CEO on COBSI techniques

Condition for All

Following month's fuel disbursement is conducted only upon the receipt of 1) monthly reporting of achievement, 2) monthly record of fuel distribution, and 3) receipt from the filling station (where JICA team cannot receive it at the station).

Condition for Main BEO/CEO

Amount of fuel alters every two months according to the number of sites constructed by the previous month. For the first two months, May and June, standard amount of 30L/officer is provided to all the main BEO/CEO. Then, following months are based on the tables below

Achievement	Allocation	Remarks
until June	in July and Aug	
2 or more sites	40L/officer/month	10 L of increase
1 site	30L/officer/month	No change
0 site	20L/officer/month	10L of decrease

Allocation for July and August

Achievement	Allocation	Remarks
until August	in Oct	
4 or more sites	40L/officer/month	10 L of increase
2-3 sites	30L/officer/month	No change
0-1 site	0	No allocation

Allocation for September and October

Condition for Fellow BEO/CEO

For fellow BEOs/CEOs, fuel is provided only after the completion of training by the main BEOs/CEOs who participated in the Kick-off Training. It is therefore required for main BEOs/CEOs to report the completion of the training to district TSB office, which covers: 1) date, 2) location, 3) name of the main officer who trained, 4) name of the fellow officers who are trained, 5) phone number of the fellow, 6) modality (lecture/ OJT), 7) contents taught, and 8) materials used.

After the reporting of the completion of the training, 30L/officer is provided to the fellow officer in the following month. Then, the amount of fuel to be distributed is varied according to the month the fellow BEO/CEO starts the irrigation development activities as follows:

Month activity starts after completion of training	June (Liter /person)	Achievement in total until June (Sites)	July (Liter /person)	Aug (Liter /person)	Achievement in total until August (Sites)	Sep (Liter /person)	Oct (Liter /person)
luna	20	0	20	20	0~1	0	0
June	30	1 or more	30	30	2 or more	30	30
Lub.			20	20	0~1	0	0
July			30	30	2 or more	30	30
A				20	0~1	0	0
Aug				30	2 or more	30	30
Sep						30	30

- Training report is to be submitted from the main BEO/CEO to District TSB by the end of month.

- Fuel distribution to the fellow BEO/CEO is to be started from following month of the training report submission to T-COBSI PIU Team from District TSB.

Signatories for Authorization to the Fuel Disbursement

Necessary signatories for authorization are as shown in the table below:

Category	PACO/PAO/ JICA Team	DACO/SAO	District TSB	CEO Nearby
Provincial TSB	✓			
District TSB (w/Permanent)		~		
District TSB (w/o Permanent)		~		
BEO/CEO (main)			✓	✓
BEO/CEO (fellows)			✓	✓

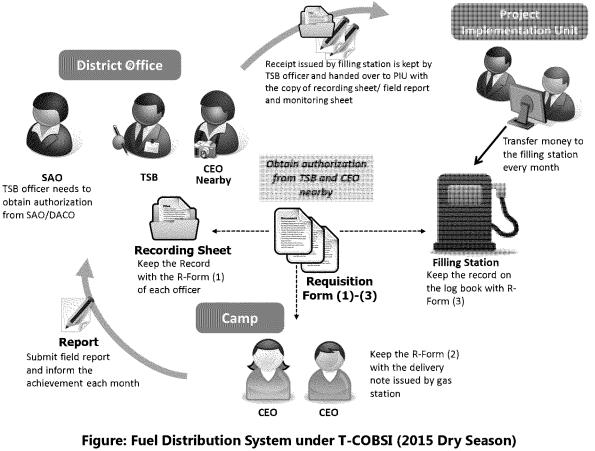
Provincial TSB officer needs to obtain authorization from either one of PACO, PAO or JICA project team District TSB officer needs to obtain authorization from either DACO or SAO BEO/CEO needs to obtain authorization from both district TSB officer and CEO nearby

Distribution System

- 1) Project Implementation Unit (JICA team) makes a payment of fuel at the designated filling station and informs the district TSB officer
- 2) District TSB officer checks the arrival of the payment at the filling station and receive the receipt where applicable^{*1} (to be submitted to the PIU at the end of the month).

*1: For the districts other than the ones using the filling station in Kasama

- 3) District TSB officer inform the designated CEOs in the district that fuel is ready.
- 4) Designated CEO obtains authorization from the two signatories, 1) district TSB officer and 2) CEO nearby, on the **requisition form** (R-Form) in triplicate.
- 5) Requisition form (1) is kept at the district office and upon the acquirement of the authorizations, CEO sign on the **recording sheet** that district TSB manages.
- 6) CEO brings requisition form (2) and (3) to the designated filling station and receives a designated amount of fuel of the month.
- 7) Requisition form (2) is kept by the filling station and the requisition form (3) is kept by the CEO.
- 8) Upon the receipt of the fuel, filling station may issue a delivery note to the recipient; then, CEO keeps it for the record.
- 9) At the end of month, CEO needs to submit a field report using the government's normal reporting format, copy of log book and recording sheet.
- 10) Again, without the submission of proper documents, fuel provision in the following month shall be suspended.
- 11) The distribution of fuel is subject to change: for those who do not perform anything for a certain period, distribution may be suspended.



(Case of CEO)

Technical Cooperation Project on Community-Based Smallholder Irrigation (T-COBSI)

REQUISITION FORM FOR FUEL

Exclusively for the Officers Engaged in the Captioned Project

			Date:) <u>16</u>
Prepare this form <u>in triplicate</u> for	district offi	ice, filling sto	ition and yourself e	every month.	
To: JICA Project Team					
From		(Name o	of Filling Station)		
I refer to the above.					
Could you please issue fuel from				_ account?	
Name of Officer:			Camp:		
Vehicle No.			District:		
Description		Quantity (Liter)	Unit Price (ZMW/Liter)	Total Amount (ZMW)]
Fuel for the promotion of C the month of					
Pre-Balance:	(L	<u>.iter)</u> (total a	mount of the acco	unt before provision)	
Post-Balance:	(L	<u>.iter)</u> (total a	mount of the acco	unt after provision)	
Requested by:		(Name o	of recipient)		
Authorized by:			Signed:		
Endorsed by:			Signed:		
Signatories for the authorization Provincial TSB officer: either PAC District TSB officer: either DACO BEO/CEO: both district TSB officer	or SAO	-	ım		
✤ Fuel is provided exclusively for the	designated	officers of T-C	OBSI project for prop	er operation of the projec	t.

T-COBSI Kick Off Training 2016 Day 1 Module 2-1

Technical Cooperation Project on **CO**mmunity-**B**ased **S**mallholder **I**rrigation

What's **T**-COBSI?



Introduction to the T-COBSI Project

T-COBSI Project Team



Target/Progress

In Net Three Years

Item	Target
No. of Extension Officers Trained	150
No. of TSB Officers Trained	35
No. of Permanent Sites Developed (w/ JICA Budget)	14
No. of Permanent Sites Developed (w/ MOA Budget)	36
Area Irrigated (ha) (JICA portion)	700
No. of Farmer Groups Benefited	700

Objectives

4 Years: May 2013 to June 2017

Overall Goal

• Increase Irrigated agricultural production in the target areas

Project Purpose

• To promote and increase irrigated land through the provision of irrigation infrastructure for smallholder farmers in the target areas

We serve the smallholder farmers

Achievement in 2014 Dry Season

Permanent Weirs: 7 sites under construction

Simple Weirs:

No. of officers trained:	100 officers
No. of site developed:	253 sites
Area irrigated:	290.6 ha
(expected to increase by the end of 2016)	
No. of beneficiaries:	4,377 farmers

Achievement in 2015 Dry Season

Permanent Weirs: 4 sites under construction Simple Weirs:

No. of officers trained:	114 officers
No. of site developed:	246 sites
Area irrigated:	209.95 ha
(expected to increase by the end of 2016)	
No. of beneficiaries:	7,083 farmers

Project Approach

Upgrading simple one to permanent weir





Upgraded

Farmers need to get used to irrigated farming through simple weirs, ensuring the successful irrigation dev. with permanent weir

Province	District	
Northern /luchinga	Mbala	
	Mungwi	
Northern	Kasama	
	Mporokoso (w/Nsama)	18
	Mbala Mungwi Kasama Mporokoso (w/Nsama) Luwingu Mpika Isoka Isoka Mafinga Siwaang'andu Nakonde Chama (Invited In 2014 &2015) Kawambwa Mansa Mwansabombwe Mansa Chembe Mwense Chipili	im
	Mpika	
	Isoka	
Muchinga	Mafinga	~
	Siwaang'andu	
	Nakonde	
	Chama (invited in 2014 & 2015)	
	Kawambwa	
	Mwansabombwe	L
	Mansa	-
Lucionale	Chembe	1
Luapula	Mwense	X
	Chipili	-
	Milenge	
	Nchelenge	

arget Area

stricts where pilot project was nented during the former study



COBSI Approach at a Glance

• Simplified technology;

- Extension officers can be engaged in irrigation dev.
- Farmers can construct, operate and manage
- Constructed in a very *short time* (within a day)
- Relies only on the local materials, thus sustainable
- Constructed anywhere even in **Dambo areas**
- More number of farmers can benefit
- Learning process as Capacity Development
 - Farmers can learn w/ simple schemes as an entry point
 - Sustainability is ensured when changed to permanent

What's Simple-Weir?

As an Entry Point

Simple but Functional



AP-I-I-43

Farmers themselves can construct and maintain



What's Permanent Weir?

Stabilized Irrigation

Concrete Weir (L: 44 m)



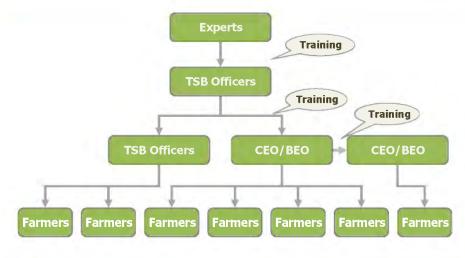
Wet Masonry Weir



Project Activities

Irrigation Dev. in Extension

14



Cascade-like dissemination of irrigation technologies

Annual Schedule

Season	Rain Season		Dry Season									
Month	1	2	3	4	5	6	7	8	9	10	11	12
Training Modules				тот	TSB KOT		TSB	тот	TSB MTT	EV₩		

- **TOT**: Training of Trainers for KOT(2 days)
- KOT: Kick-off Training (5 days)
- TSB: TSB Training on Construction (1 day in May, July, Sept)
- TOT :Training of Trainers for MTT(3days)
- MTT: Mid-term Training (4 days)
- EVW: Evaluation Workshop (3 days)

Kick-off Training

Water Resource Dev and Irrigated Farming

- Overview of T-COBSI
- COBSI approaches and schemes
- Gender, Institution and Environmental Consideration
- Field Observation
- Irrigation planning
- **O&M**
- Theory and field practice of simple weir construction

17

- Appropriate Farming Technologies
- Entry planning

Lecture on Irrigation Planning



Field Practice



On-farm Irrigation (Gravity)



Mid-term Training

Market-oriented Irrigated Agriculture (SHEP)

- Market research
- Selection of marketable crops
- Farming plan

Gender Mainstreaming

- Role of female & male on farming
- Water and land distribution

Market Research



Gender Mainstreaming



Permanent Weir Construction

In collaboration with Farmers



11 Permanent Sites (2014 & 2015)



Progress

Item	Target	2014	2015	Total	%
No. of Extension Officers Trained	150	62	70	132	88%
No. of TSB Officers Trained	35	38	42	42	120%
No. of Permanent Sites Developed (w/ JICA Budget)	14	7	4	11	79%
No. of Permanent Sites Developed (w/ MOA Budget)	36	0	0	0	0%
Area Irrigated (ha) (JICA portion)	700	291	210	501	72%
No. of Farmer Groups Benefited	700	253	246	499	71%



Day-1: Module 3-1

Type of COBSI Schemes

Contents:

- Weir type and construction method (theory)
- Canal alignment, ancillaries and potential diversion site (theory)
- Mobilization of Farmers (Dissemination material)
- Consideration on environment & society, and institution & gender
- Preparation of the field observation (distribution of gumboots)

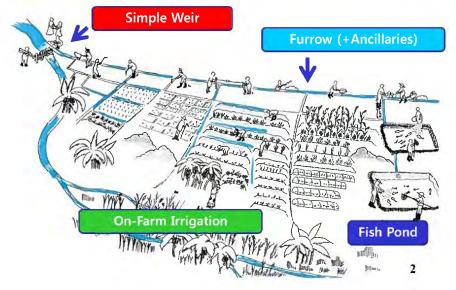
Impact gained by Simple Weir Irrigation The Fact observed in COBSI Study;

- An average farmer among those who are below the poverty line needed a supplemental income ZMW 1,500 to get over the poverty line.
- The average net income per farmers those who introduced the Simple Weir Irrigation was estimated as ZMW 1,550 which can therefore have an impact to raise the farmers to the poverty line.

The average farmers below the poverty level needed ZMW 1,500 to reach the Poverty Line Poverty Line

Facilities introduced by T-COBSI

to lead the famers to Simple Weir Irrigation



Starting with Simple Weir "As Entry Point of Irrigation Agriculture"

When the farmers are used to irrigation farming by testing the Simple Weir, They proceed to the next stage, Permanent Weir-Upgrading.





Simple Weirs

1. Single-line Weir





Simple Weirs

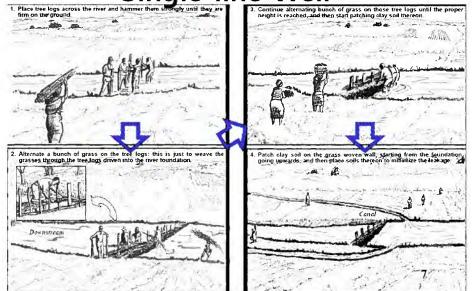
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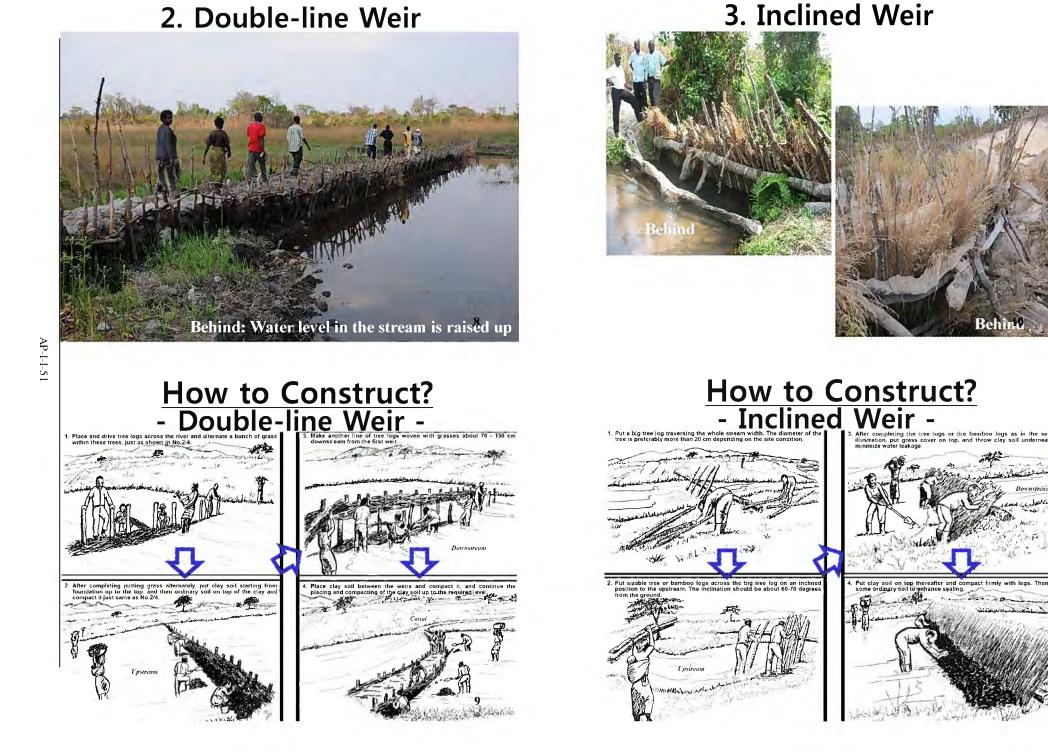
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4 Standard Types by COBSI's Experiences

Single-line Type
 Double-line Type
 Inclined Type
 Trigonal Type

How to Construct? - Single-line Weir -



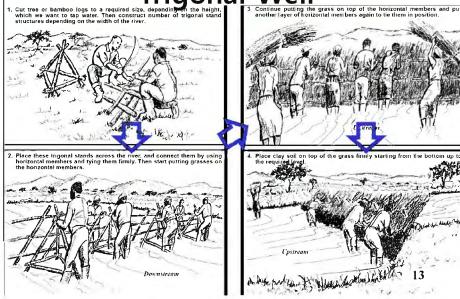




Applicable Stream Conditions

Type of Weir	Stream Width	Stream Depth	Material od the stream bed, Others
1- Single-line	Wider	Shallower	 ✓ Ordinal soil foundation (soft foundation) of the stream bed ✓ Basic type
2- Double-line	Wider	Shallower	 ✓ Ordinal soil foundation (soft foundation) of the stream bed ✓ In case of much water leakage ✓ Applicable as a footpath (a bridge)
3- Inclined	Narrower	Deeper	✓ Both ordinal soil and rocky foundation of the stream bed
4- Trigonal	Wider	Shallower	✓ In case of rocky foundation of the stream bed
			14

How to Construct? - Trigonal Weir -



Simple Weirs

Other Types: 1. Clay Masonry 2. Sandwich Line

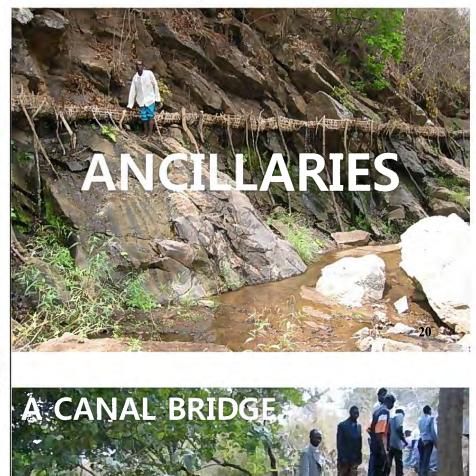




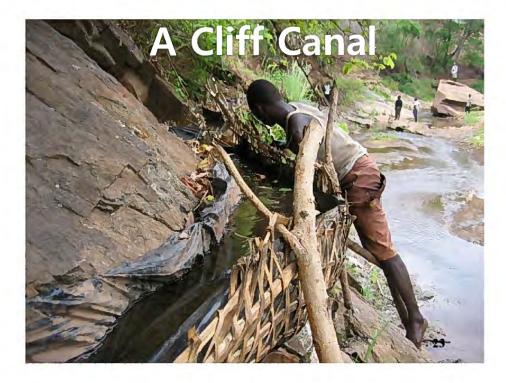
Sandwich Line designed by a CEO of Mporokoso



ANCILLARIES







Material in Locality



Potential Diversion Place

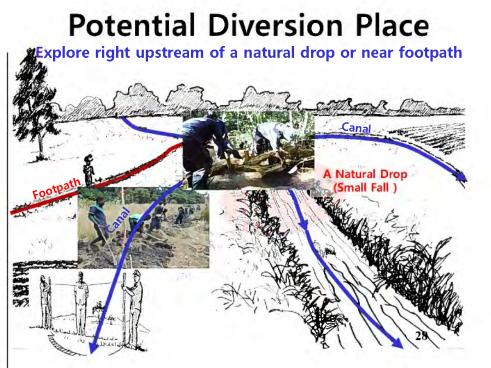
Where is the good place to put the simple weir?

Canal Lining in Locality

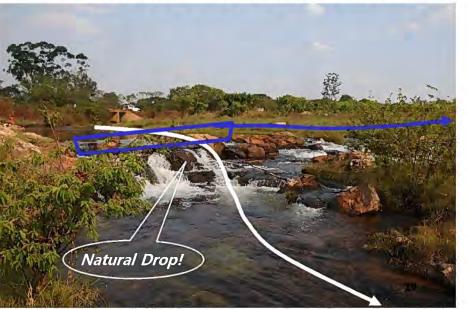


3 Key Points to find out the Potential Diversion Place

- 1. The stream should maintain perennial flow through a year
- 2. At just upstream of natural drops (upstream of Small Falls)
- 3. At near villagers' Footpaths which cross a stream.



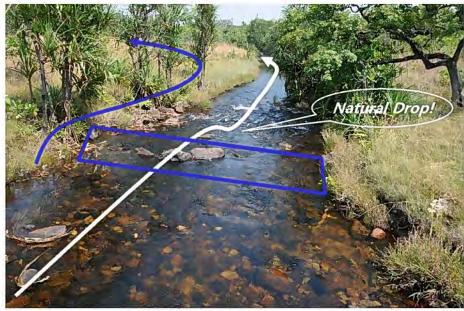
A Potential Diversion Place



A Potential Diversion Place



A Potential Diversion Place





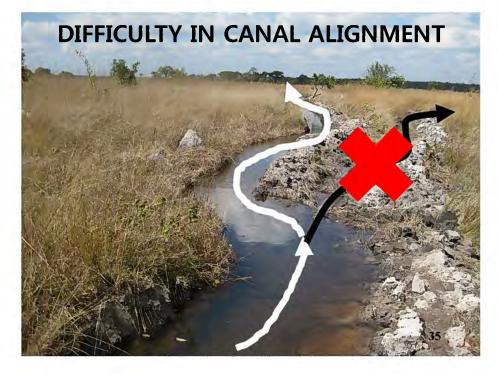
- Mid-stream of dambo area is not suitable to construct the simple weir due to flat and wide topography,
- There must be the water source at most upstream of the target dambo,
- Construction of the simple weir there can distribute irrigation water both right and left bank (Edge of dambo).

CANAL ALIGNMENT WITH SPRIT LEVEL

ANAL RUNNING NICELY

Canal should be aligned properly

Simple Weir

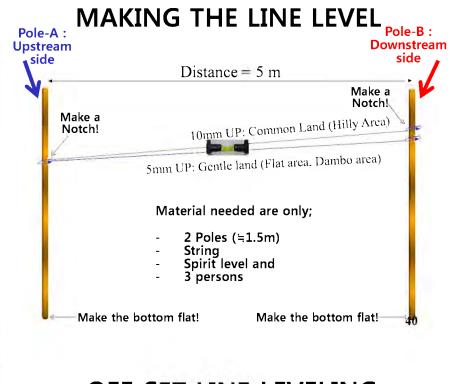


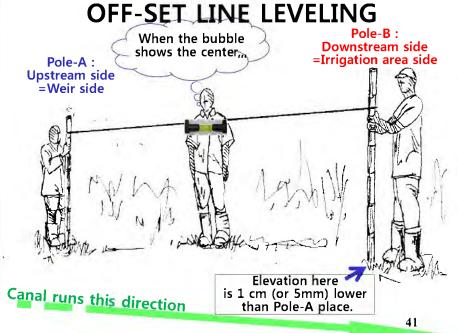


CANAL ALIGNMENT WITH A SIMPLE TOOL



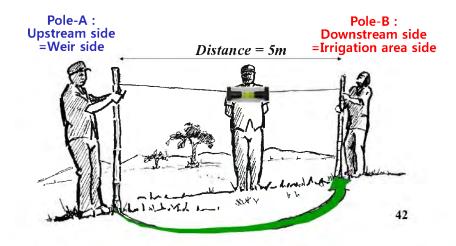






COPING MEASURES

Distance	Off-set	Gradient	Land scape
5m	1.0 cm	1/500	Common land (Hilly area)
5m	0.5 cm	1/1,000	Gentle land (Flat area, Dambo area)



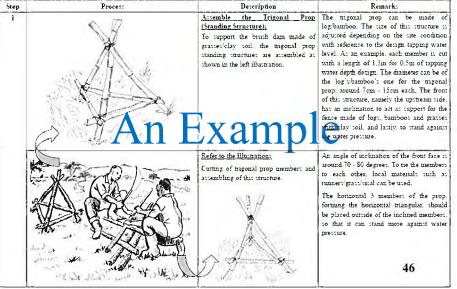


A BEO is teaching the client farmers how to construct the simple weir.

Taking Farmers to Simple Weir Irrigation (1) <u>3 Key Words</u> Easy! Quick! and Low Cost – High Return!

1. Technical Manuals (Picture Story)

8.4 Construction of A Temporary Weirs Trigonal Supported Wall Type (can be installed on a rock foundation where wooden log: can't be driven)



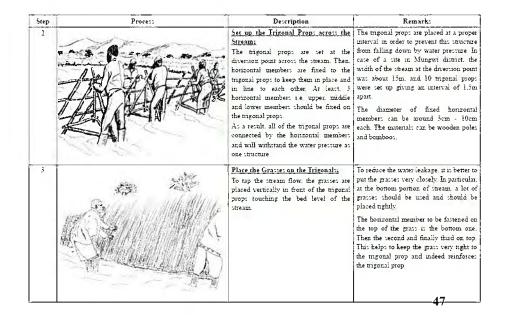
Taking Farmers to Simple Weir Irrigation (2)

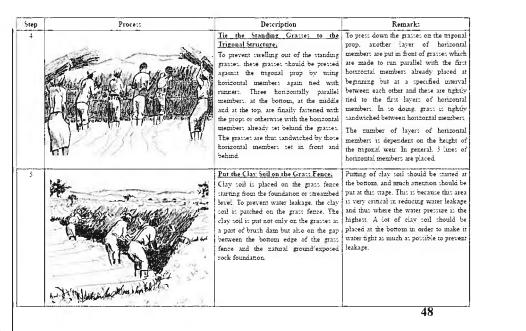
Handy Manuals

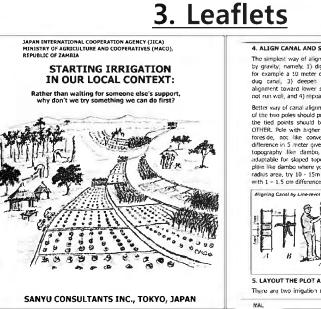
produced by T-COBSI for easy teaching and dissemination to the Community Peoples

- **1. Technical Manuals**
- 2. Posters
- 3. Leaflets

45



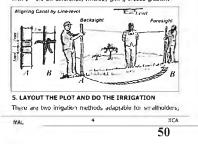




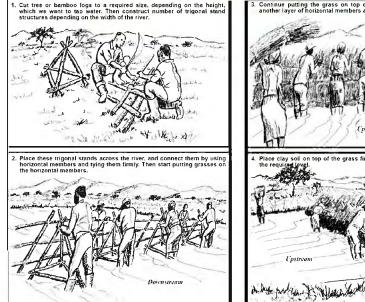
Promote Imgation as a Culture ! 4. ALIGN CANAL AND START DIGGING

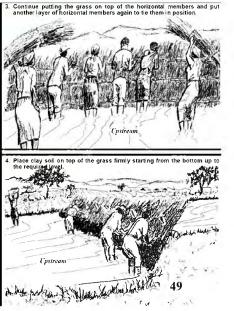
The simplest way of aligning canal is to follow the water flow by gravity, namely, 1) dig the canal from the diversion point for example a 10 meter distance, 2) let the water flow in the dug canal, 3) deepen the canal and/or shift the canal alignment toward lower side (stream side) if the water does not run well, and 4) repeat the process until the end point.

Better way of canal alignment is to use spint line lowel. Inturval of the two poles should prefarably be 5 metre, and one side of the tied points should be 0.5 = 1 CM HIGHER THAN THE OTHER. Fole with higher tied point should always be placed fores de, no. 16 ke conventional alternate placing, 0.5 cm difference in 5 meter gives 1:3000 gradient suitable for gestle topography. Note that in a very gentle plain like dambo where you can hardly find the B point in 5 m radius area, try 10 - 15m interval instead of the standard 5 m radius area, try 10 - 15m interval instead of the standard 5 m with 1 - 1.5 cm difference, whereby giving 1:1000 gradient

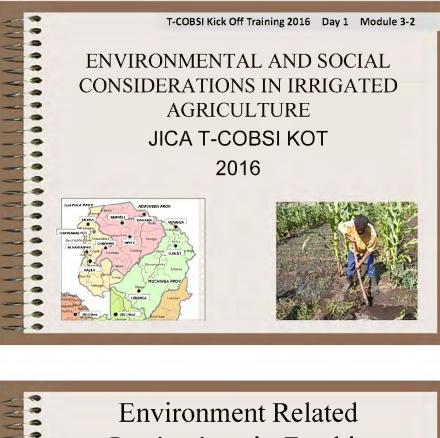


2. Posters (Four-Flame Story)





Thank you for your kind attention



Institutions in Zambia

- Zambia Environmental Management Agency
- Zambia Wildlife Management Authority
- Ministry of Lands, Natural Resources and **Environmental Protection**
- Ministry of Mines, Energy and Water Development
- Ministry of Agriculture
- Zambia Wildlife Authority (ZAWA)

Body	Governing Act	Role
Water Development Board (WDB)	Water Act of 1948	To control the use of all surface water resources in the country by allocating water rights to different users
Department of Water Affairs (DWA)	Water Act of 1948	Provide technical support to the Water Development Board Monitoring development of water structures in the country Monitoring of water levels in national rivers Conducting Geophysical surveys Hydrological and meteorological data collection and analysis for public use
Environmental Council of Zambia (ECZ)	Environment Protection and Pollution Control Act of 1990	Control of pollution in national water ways Issuing licences for effluent discharges Identifying areas that require Environmental impact assessments Setting standards for effluent Enforcing effluent discharge standards Policy formulation
National Water and Santation Council (NWASCO))	Water Supply and Samitation Act of 1997	Regulate Water Supply and Sanitation Supervise the operations of newly formed commercial utilities Enforcement of water quality standards Regulating the levels of capital expenditure associated with meeting water quality standards Evaluating efficiency levels Giving incentives for improved performance Penalizing defaulters for negligence
Zambia Bureau of Standards (ZBS)	Zambia Bureau of Standards Act of 1982	Set standards for drinking water
Ministry of Health (MoH)	Public Health Act of 1978	Enforcement of water quality standards
Ministry of Local Government and Housing (MLGH)	Local Government Act of 1980	Physical implementation of the National Water Policy Service Provider in areas where Commercial Unities have not been created



Document Citation Environmental Management Act suggests

categorization of Projects and conduction of respective environmental study per requirement.

Environmental Impact Assessment Regulations of Zambia **states** that:

 Dam and barrage covering a total area less than
 25ha do not required environmental impact assessment (EIA)

✓ Irrigation schemes covering an area less than
 50ha do not require EIA.

Document Citation

✓ Clearance of forest less than **50**ha does **not** required **EIA** (Forest Act)

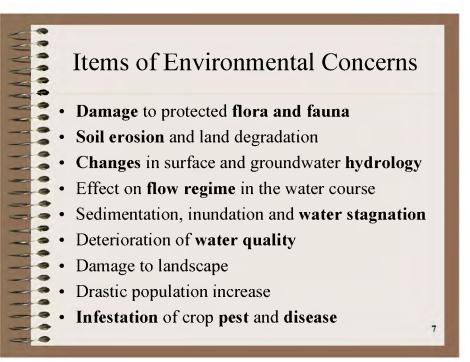
✓ Any person shall have right to the primary use of public water which is found in its natural channel or bed at such places to which access may be lawfully had (Water Act)

✓ Water use for non-commercial purpose

- and for subsistence do not required
- permit (Water Act)

Items of Environmental Concerns

- Main Items to Consider for Small Scale Irrigation Projects are:
- Occurrence of **conflict** among communities/people
- Increase in income disparities
- Adjustment of water rights
- Increase in use of agrochemicals
- Outbreak/spread of diseases
- Increase in wastes
- Damage to historical, religious and cultural assets



Points of Attention

Items of environmental concerns given here are general to small irrigation project. You may add or delete an item taking into account the characteristics of the project and the particular circumstances of the locality in which the project is implemented.

In case of temporary weir, prior to withdrawal of water from river/stream you should Notify the water officer (authority) in the area.

Points of Attention

 For permanent weir, you should apply to Water Resources Management Authority of Zambia through local water officer (authority) for securing water permit.
 To collect the Application Form for a water

permit, and knowing relevant **procedure**, contact water officer (authority) in your area.

Points of Attention

Confirm with local Forest Officers in your area regarding existence of protected forest or species in the proposed site, and seek guidance on the matter.
 Cutting any tree with more than 14-centimeter diameter at breast height (about 1.3-meter) from ground surface, need permission from local Forest Office against payment as price of the tree.
 Example; 225 Kwacha must be paid to Forest Office for cutting a Mukwa tree, and 175.5K for a Mofu tree.

Points of Attention

- Cautiously, trees within 60-meter distance from river should not be cut, and left for nature conservation purpose.
- > In case objects of historical, cultural,
 - religious values exist in the area, consultwith the respective authorities and seektheir guidance on the matter

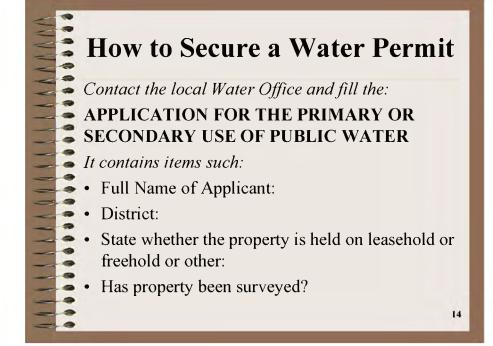


- 1. When **diverting water** to an irrigation scheme, some amount should remain **flowing** in its **original course** for **downstream** and **environment** purposes
- 2. Land for irrigation should be levelled to avoid water stagnation in the area, which could serve as breeding spot for insects/mosquitos
- **3.** Encourage stay of insect-eater birds (bat) in the area, to control the mosquito population
- Prevent leakage in canal system, and overwatering in the fields to minimize the soil erosion/land degradation.
- 12

General Guidance on Dealing with Environmental Issues Relevant to Small Scale Irrigation Projects

5. To assure that the diverted water is properly distributed and well managed, encourage establishment of water user's group and a neutral organ to oversee all the water related issues, including operation and maintenance aspects.
6. Encourage establishment of Dispute Resolution Council to assist in solving the water related disputes.

Local officers, NGO's members and reputable persons in the community can be members of such council.



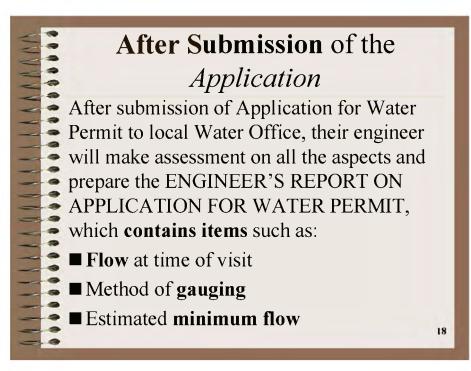
 Items in Application for Water
 Permit
 Area of Property:
 Purposes of water applied for:DomesticStockIrrigation
 15

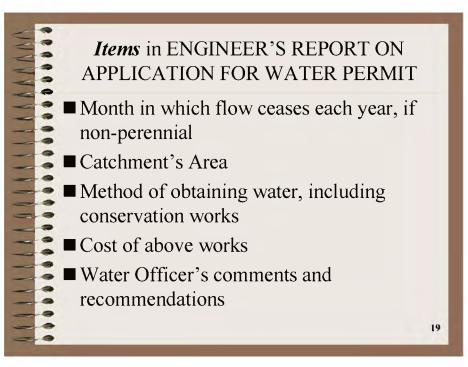
Items in *Application* for Water Permit

- Total area to be irrigated... hectares
- **Details** of any **dam**, **weir**, **furrow** Constructed/Proposed?.....
- Names of other users (particularly downstream) who might be affected by the granting of this application

Attachments to *Application* form for Water Permit

- Submit sketch, map or plan, showing your property in relation to neighboring properties. The river affected and the site of works in existence or to be constructed must be indicated as accurately as possible.
- **Simple directions** of the road to the property from any well-known landmark, to enable a **visit of inspection** to be made without difficult.





Procedures for Obtaining **Permission** to **Cut** Trees

To obtain a permission for cutting trees with 14cm diameter at 1.3m height do as follows:

- ① Visit the Forest Officer in your area
- ② Take him/her with you to project site for marking and counting the trees to be cut
- ③ Pay fee of the trees and get receipt. Price List is available in Forest Offices.

20

21

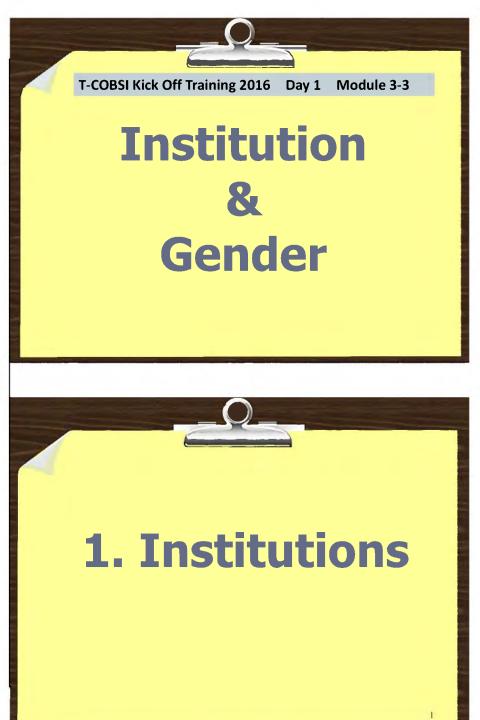
④ Start cutting the designated trees

Protected Trees in Zambia

Forest Act states that: "No person shall without a license fell, cut, fashion, burn, injure, take or remove any protected tree, except in or from any land vesting in any person as freehold or leasehold."

Regarding restrictions concerning protected trees consult with Forest Officer in your area.







What is the importance of organizing an An Institution is the key to the sustainability of project in

terms of....

-Operation of the scheme

(ex: Check the water level of weir & canal, Intake of proper water, Rotation of water to each plot, etc)

Maintenance of the scheme

(ex: Collecting water user's fee for future maintenance, cleaning weir & canal, Weeding, etc)

-Coordination among users and up streamers & down streamers

(ex: Rotation of water among users, Making regulation, Holding periodical meeting, etc)

How about the situation in COBSI/T-COBSI sites ?

Questions

1: How many households does one irrigation scheme cover ?

2:How many members does the irrigation committee include average ?

Let's see.....

About Irrigation scheme

Each scheme has average 35 households (= 176 beneficiaries)

Irrigation Scheme Committee(ISC):

Average **10.2 members** (Chairperson, Vice-CP, Secretary, Vice-Sec, Accountant, Ordinal members, and Trustees)

- **How ISC members chosen?**
- Elected by member (77%), Voluntary(14%), Elected by village representative(9%)
 - \Rightarrow It seems that ISC is independent from existing village committees ??

Chairperson's another role

Rank	Other role	No. of Sites
1	Village headman	26
1	Village committee member	26
3	Village committee secretary	13
4	Village committee chairperson	7
4	Cooperative chairman	7
6	CCPU member	6
6	NHC member	6
8	Village Committee Trustee	5
8	Lead farmer (MAL)	5
10	Church leader	4
		6

Half of the ISC Chairpersons in our project sites have other roles in their community;

village head, village committee's chairperson and Secretary, Cooperative Committee's chairperson, CCPU member, NHC member, Lead farmer, Church leader and so on.

These are important roles in each community.

⇒ISC members are mostly connected to existing village committee.

So, you need to communicate with the village committee when you start project for the permission and coordination.

<u>A Maintenance works in each schemes</u>

Most of maintenance works are well done in each schemes;

Around

80% sites

> <

Oh!

Important

Check water flow: 84% Patrol Furrow:87% De-silting furrow:77% Cleaning and weeding Furrow:88% Repairing weir:77% Repairing furrow:83%

But...

De-silting Weir: 58%

Many temporary and permanent weirs are suffered from silting. It may cause influx of silt to canal and silt in canal. Cleaning the weir to de-silt is strongly recommended.

Management of committee

- Written regulations : 44%
- Water rights Registration: 5%

Simple weir : Needs Notification to Min of Water Permanent weir: Needs Application to Min of water

-Registration of Institution:17%

-Periodical meeting:74%. Holding mostly once a month

-Water User's fee : collecting in only 6.3% of sites

(24 sites of 382)

The amount and the use are described in the table below....

к	Unit	No. of Sites Responded	Use of Water Users' Fee	
5	Year	2	For pumping water from the river,	
10	Year	2	To buy fertilizer, seeds, and food for meeting	
20	Year	4	To buy farming inputs (seeds, chemical fertilizer and pesticides), For maintenance of furrow. For renewal of certificate, To contribution towards funeral, For gatherings and meetings.	
25	Year	2	For maintenance of furrow, To de-silt and buy food when working in the furrow.	
30	Year	1	To use during cleaning of the weir	
40	Year	1	For the maintenance of furrow	
50	Year	2	For clearing the group garden, To maintain the water furrow and renewing water rights	
5	Month	1	For maintenance of scheme	
60	Year	1	For maintenance of scheme	
100	Year	1	For weeding of the furrow.	
200	Year	1	For maintenance of the weir.	
TC	DTAL	18		



The purposes for collecting a fee are..

- To accumulate money for future maintenance.
- To develop the scheme as farmer's planning.
- To protect the scheme from vulnerability which cased by lack of saving.
- × The collecting fee is not for protecting original member's right. It is for future use.

So it is recommendable to

- Set the payable amount
- Push ISC's Treasurer to keep record of collecting and also announce periodically to members.



-Conflicts:

Only 17% responded the existence of conflict. but it is suspected to be more conflicts existing. -Conflicts occurred....

Between upstreamers and downstreamers

Among users for water rotation,

Miscommunication between ISC and Village committee.

TSBs ,BEOs and CEOs are expected to be good listeners of what happens and to be good coordinators



As a result, farmers tend to protect their irrigated land from outsiders and do not allow more outsider to irrigate together.

⇒So, respecting their cautious, you are expected to direct them

Not to extend canal more than the allocation to members if they do not accept new members.

(Remember more extension always needs more maintenance work force.) Encourage ISC members to discuss with Village Committee when outsiders request to participation. (Outsider's participation is also village committee's matter.)

Accentar	nce of new	member	
Acceptul	ACCEPT	NOT ACCEPT	
	78%	22%	
•	• •	an accept out sider tes have accepted o	
But actually, on	ly half of the sh		
But actually, on	ACCEPT	NOT ACCEPT	
But actually, on	•	-	



- Communication with existing village association, especially before construction, and through the project implementation.
- [•][®] Encourage ISC to collect the water user's fee/membership fee for future maintenance.
- Advice ISC to NORTIFY or APPLICATE for Ministry of Water for the construction of simple & permanent weir.
- Communicate officer from Ministry of Forestry for environmental cautious.

2.Gender Main Streaming



What is gender main streaming?

Women are major contributors to agriculture in Zambia. And there is a tendency of high profit increase after involving women into farming.

- 1. Empower women who are willing to learn from us.
- 2. Encourage male farmers to understand the role and engagement of women in farming.

Gender issues on the Irrigation Project Specific Role for Men and Women

O&M: Construction Repairing of weir

"tends to be mainly Men's work.

Daily Maintenance Work

(De-silting of impound, maintenance of furrow, water management)

Attend to be Equal Work

Cultivation and harvesting

⁽¹⁾Equally shared however.....

Weeding, Irrigated Vegetable which needs gentle skill to hand tend to be female work.

Marketing

- Hore women keep money.
- ⁽¹⁾More men make decision to spend money.

Cender based issue has been tackled for long time in Zambia

however the women's land rights issue has been left out of discussion in the past.

But there are trends of movement to entitle the land rights to women nowadays. (Ex: Article as provided)

How about situation in our project sites?

Basically the land use is decided by men as custom. However..

- * Some women have their own "**women land**", which is inherited by women's parents or allocated by village head when women get married.
- -Women can plant whatever they like without husband decision.
- -Women can sell the product from this land and able to use the money from profit by her decision.
- -Women's land is mostly rain-fed land.



- [®]Encourage the women's involvement to the project.
- *Be good listener for female irrigator or women in village who are willing to participate in our project.
- Try to negotiate ISC and village committee for the allocation to women group if there is a request from them.



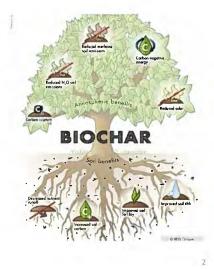
INTEGRATED SOIL FERTILITY MANAGEMENT

CLIMATE SMART AGRICULTURE (CSA)

PRESENTER: Lawrence Bwembya Senior Agricultural Specialist- Land Husbandry Ministry of Agriculture Northern Province

Characteristics of Biochar

- Increases crop yields from average quantities (Steven Joseph and Johannes Lehman; Environmental Management-Biochar, 2009)
- Has high P,K and Organic C
- High pH of above 8.0 and hence controls the problem of soil acidity
- Removes carbon dioxide gas (CO₂) from the atmosphere (up to 200% its weight per year) and hence contributes to reduction of global warming.



What is Biochar?

- Derived from the words "char" due to the heating process called 'charring or pyrolysis' and 'bio' due to its high bio-physical effect in soil.
- Biochar is made using crop residues e.g rice husks or coffee husks
- The residue is heated in the absence of oxygen at high temperatures from 250°C to 500°C



Making Biochar

- Biochar is made at different scales of production; at industrial level and at household level.
- By-products include vinegar. It can be tapped and used as insecticide

<text>

Making biochar without any equipment

Final Product-Biochar





Making fire on grasses and small branches



Gently put the rice husks on the fire Then, wait and see

Different from burning, pyrolysis is done by fuming the husks with less oxygen



After some hours (2-4 hours), you will see black husks (pyrolyzed one) on the surface. Then, put the fresh ones from the bottom of the heap on to the top (gently mix).

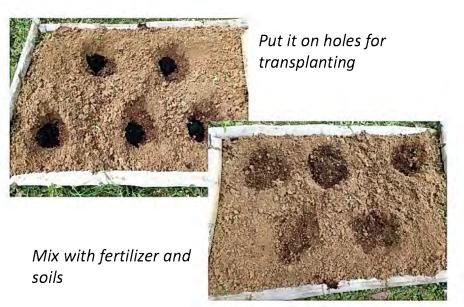


All the husks became black (pyrolized); then pour water to extinguish fire. At least 2 buckets of water per heap may be needed to completely put out fire.

To avoid re-flash, break the heap and completely cool them down.

Completed!

Use of biochar on holes



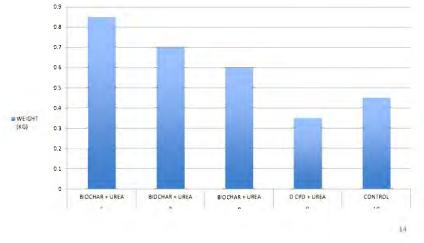
Use of biochar on holes



Put it on line for direct seeding

EFFECT OF BIOCHAR - RESULTS ON BEANS YIELD

EFFECT OF BIOCHAR ON YIELD OF BEANS (KFI TRIAL PLOT 2015)



Attention

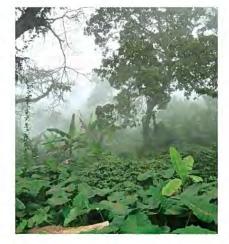
- Be careful of spreading fire, especially a windy day
- Completely put out fire; due to high temperature, husks can easily re-flash than you might imagine
- Biochar is not rich in Nitrogen; apply nitrogen fertilizer or such with biochar
- Once again, ISFM is essential for the permanent field under irrigation where land is repeatedly cultivated

Source (in Japanese): http://okomenotakayama.com/kuntan.html http://jiburi.com/smoked-rice-hull/ http://park14.wakwak.com/~aozora_saien/kunntann.html

Climate Smart Agriculture (CSA)



WHAT IS CLIMATE SMART AGRICULTURE?



 CSA is a more productive and resilient form of agriculture where agricultural resources; water, soil and organic matter are used more efficiently and sustainably.

Climate Smart Agriculture



- CSA has a Science Based recommendation as to why it is important to practice.
- It is a combination of Agroforestry and Conservation Farming
- Conservation Farming is simply the observation of 3 principles; i) Minimum soil disturbance ii) Residue retention and iii) Crop rotation
- Application of organic manures, Organic Fertilisers Green Manure, Biochar etc.

AP-I-I-79

Importance of CSA Practices in Irrigated Agriculture

- Increased Water Holding Capacity of soil
- Reduced water loses through evaporation
- Increased nutrient retention and yields
- Reduced Green House Gas Emission (N_2O)
- Removal of more carbon dioxide (CO₂) from the atmosphere by biochar
- Optimum soil temperatures

- It is a deliberate undertaking to reduce poverty and increase food security for the ever increasing population.
- Backed by considerable changes in national and local governance, legislation, policies and financial mechanisms



17

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Important Principles to Know in Climate Smart Agriculture

- CSA will contribute positively to keeping our environment conducive for living i.e limit temperature increase for not more than 2° c in the next 40-50 years)
- Industrialized countries emitted the highest amount of GHG's but impacts are more felt in the sub-sahara (point in fact)



Important Principles to Know in Climate Smart Agriculture cont'.

 Crops produced under CSA are healthier and have higher returns



Important Principles to Know in Climate Smart Agriculture cont.



Full potential of soil richness does not come during the first season of CSA practices. It is a gradual. Fields which are also subjected to irrigation during offseason become richer faster than rainfed fields. Why?

Challenges and Measures to take in order to adopt CSA

- Agricultural Policy should provide direction and other policy documents e.g. the SNDP, NAPA should be operationalized
- The Business as Usual (BAU) attitude :-Provision of new guidelines in existing government programs e.g FISP, Farmer Field Schools, Cooperatives

AP-I-I-80

Thank you for listening! ANY QUESTIONS??????





POST HARVEST HANDLING OF ORANGE MAIZE GROWN UNDER IRRIGATION

PRESENTER: ELIZABETH. N. KAPUKA

FOOD AND NUTRITION OFFICER

AP-I-I-82

INTRODUCTION

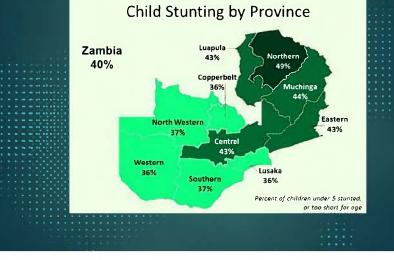
Many people in rural Zambia have inadequate money to afford expensive vitamin A rich foods such as Milk eggs, liver and cheese. Zambian government has recognized the dangers of hidden Hunger and has put in place Interventions. Such as sugar Fortification programme to increase consumption of vitamin A.

Many Zambians eat large amounts of maize between 300 to 400grams per day this represents consumers an opportunity to promote growing of maize under irrigation so that people can be eating orange Maize through out the year. for improved nutrition.



2

3



OBJECTIVES

To know the various Methods of orange maize processing and utilization for food and nutrition security improvement.

WHAT IS NUTRITION

- ▶ Nutrition: is the process of nourishing the body by taking in and utilizing foods.
- ▶ Nutritious: Availability of nutrients in food that is necessary to support life
- ▶ Nutrient: Chemicals (organic or inorganic that provide nourishment to the body. They help to build and repair body tissues , provide energy and insure proper functioning of the body organs and systems .Nutrients can be classified as MACRO nutrients or MICRO nutrients.

Macro nutrients include proteins, lipids and carbohydrates generally needed in substance amounts while Micro nutrients include minerals of eg Vitamin A, Iron and Zinc which are generally needed in very small amounts. Under nutrition is a Form of malnutrition resulting from food insufficient to meet dietary requirements

Cont...

5

4

Micro Nutrient deficiency Disorders result from lack or shortage of different minerals and Vitamins in the body.

F The common public health micro nutrient deficiency disorders in Zambia include Vitamin A deficiency, Iron Anemia deficiency.

Stunting. Low Height for Age, reflecting a sustained past episode or episodes of under-nutrition:



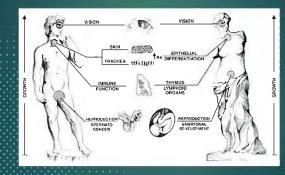
SOURCES OF VITAMIN A





6

FUNCTIONS OF VITAMIN A



9

8

SOME INTERESTING RECIPIES FROM ORANGE MAIZE

- In Zambia maize is mainly consumed as fresh maize, porriage and nshima.
- what other ways can maize be processed for consumption?
 What are popular recipes from vitamin A orange maize.

::::

1 ORANGE MAIZE SCONES 10

Ingrédients

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Cont..... METHOD

- In a large bowl, beat the butter and sugar together until light creamy.
 Add the eggs , a little at a time beating well between
- additions.
- 3 Sift the flour, baking powder, and coconut grates together.
- 4 Slowly add to the creamed mixture with milk.
- Gently fold the ingredients together.
- Spoon the mixture into greased muffin/scone pan, filling each hole to about 2 thirds full.
 - Bake in a preheated oven at 180 degrees for 15-20minutes or until the scopes are lightly brown and firm to touch
- 8 Serve as a snack.
- *****



LEFT OVER NSHIMA FRITTERS FROM ORANGE MAJZENTS

1 2 cups grated left over nshima (mashed using either hand or a grater)

14

- 2.1 cup wheat flour (sift the flow together with baking powder)
- 3 ½ teaspoon heaps of sugar / or according to the required sweetness in the family
- 3 1 large onion chopped into a very small cubes
- 4 2 eggs
- 5 1 1/2 teaspoon baking powder
- $6 \frac{1}{2}$ liter milk or water, cooking oil for frying

CONT.....

13



- 1 Sieve together orange maize flour baking powder, salt and sugar
- 2 Add milk, eggs, oil and mix well
- 3 Spread the dough in a greased baking pan
- 4 Bake for 45 minutes in a hot oven

ler, salt

LEFT OVER ORANGE MAIZE 15

METHOD

- 1 Mix grated nshima with chopped onion or pepper.
- 2 Add flour to the mixture and salt adding milk or water bit in very little until the dough is thick and mixed.

16

17

- 3 Don't make the dough very soft because it shall start sucking cooking oil when frying
- 4. Heat the cooking oil in a medium sized pan to about 75. degrees Celsius so that the fritters are cooked inside
- 5 Scoop at least 75 grams of the mixture into the pan and cook until they are slightly brown.

HOW TO CONDUCT A FIELD DAY

- Step 1 Plan for a field day with farmers when crop: is fully mature.
- Step 2 Invite other farmer groups and other stake holders in the Community.
- Step 3 Plan with farmers and aim to cost share expenses of the field day with the farmers.
- Step 4 Arrange the venue and prepare all materials.
- Step 5 Prepare the programme.
- Step 6 Advertise the field day.
- Step 7 Support field day with IEC Materials and media coverage ,let the farmers voice be heard.

- Step 8 Let farmers take the lead during the field day but observe all protocols.
 Step 9 Start the field day on time and farmers should explain step by step all the processes of laying out the field demonstration plot, irrigation techniques, disease control and other lessons learnt.
 Step 10: Allow visitors to ask questions to which farmers and officers should respond.
 - Step 11 Conclude discussions with main points learnt, challenges and provide advise accordingly.
- Step 12 IF possible serve participants with orange maize lunch or snacks.



19

Cooking process of Orange Maize Cookies & Breads

By Elizabethe Kapuka

Adding Milk to orange maize mealie meal



Mix well





Make a ball



Shape forms



Extend the dough





Start baking!



Orange maize Bread



It is ready!



It is baked!





Bon Appetit !

Let's make Sandwich with fresh Lettuce!



Appropriate Farming Technologies

Make the best use of irrigation

 Introduction of New Crops and Farming Method
 Companion Cropping

1. Introduction of New Crops and Farming Methods - Derived from RESCAP Manual -

1. NERICA drilling using line marker

Limitation/Risk:

1. Low temperature (below 17

C) affects the vield

Benefit:

- 1. Grow best in Dambo with abundant water
- 2. Can be grown as an upland crop w/ irrigation
- 3. Irrigation supplements the early stage of rain-fed cultivation
- 4. Short maturity period (120 days)
- 5. Weeding is done easily.



Districts:

Mporokoso, Luwingu



2. New beans varieties

Risks:

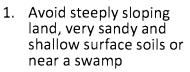
Benefit:

- 1. Market is readily available
- 2. Profit is moderate.
- 3. Good for soil fertility maintenance.

Districts:

Luwingu and Mporokoso





- 2. Maggot attack
- 3. Bean beetle attack



3. Maize with Sunhemp green manure

Benefit:

Risks:

- 1. Market readily available
- 2. Improved varieties available
- 3. Soil fertility improvement

Districts:

Mporokoso ,Luwingu, Chinsali, part of Nsama

- Fertilizer requirement for maize is high; so soil fertility maintenance is a key for sustainable production
- 2. Seed availability of Sunhemp seed



- 4. Irrigated Irish potatoes during dry season using improved variety and furrows
- 5. Use of Tephrosia vogelli as botanical acaricide for animal/ pesticide for vegetables





6. Vitamin A enriched crops for nutrition improvement



Orange Maize



Orange Sweet Potato

2. Companion Cropping



A Cultural Approach for Better Vegetable Production

Advantages of Companion Cropping

- 1. Avoiding pests and diseases
- 2. Accelerating growth of crops
- 3. Improving farming environment



Note: effect of companion cropping is not as immediate and strong as compared to agri.-chemicals

1. Avoiding Pests and Diseases

- 1. Confusing pests [pushing approach]
 - Insects prefer particular types of crops
 - Mix a type of crop the pest doesn't like
- 2. Decoying pests [pulling approach]
 - Planting a couple of plants that the insect prefers out side of farm plot
 - Apply more amount of fertilizer for the "decoy" plant as it attracts insects more
- 3. Getting help from natural enemy [banker plant]
 - Planting "host" plants for the natural enemy of the insects

2. Accelerating Growth of Crops

- 1. Maximizing space efficiency
 - Combine taller crop and shorter crop that can grow under shed (ex. maize and soybean)
- 2. Improving soil fertility
 - Planting legume crops (ex. tomato and G-nuts)
- 3. Bad Combination
 - There are some bad combinations, suppressing the growth of each crop (ex. potato and cabbage)

3. Improving Farming Environment

- 1. Cover Crop
 - Cover the soil surface by which soil moisture can be kept at a certain level, which contribute to maintaining a population of microorganisms
 - Even weeds can be used if it is well controlled
- 2. Green Manure
 - Improve soil fertility (ex. clover, sorghum, marigold, and sunhemp)
 - It also acts as cover crop and banker plant

Recommended Combination

Ex. Cabbage and lettuce

- Cabbage warm attacks only *brassica* family (cabbage) but not *compositae* (lettuce)
- In addition, cabbage warm doesn't like the smell of lettuce



Note: effect may vary depending on the environmental condition of the farm

Recommended Combination

Ex. Maize and Soybean

- Corn borer, a pest of maize and stink bug, a pest of soybean inhibit to each other
- Soybean is tolerant to shade made by tall maize plants
- Soybean provides maize with a positive effect of nitrogen fixation



Note: effect may vary depending on the environmental condition of the farm

Recommended Combination

Ex. Basil and Rape/Cabbage

- Basil suppresses striped flea beetle, a common pest of brassica family like rape.
- Basil also discourages aphid and spider mite
- However, it doesn't work against cutwarm, cabbage warm, and diamondback moth

Note: effect may vary depending on the environmental condition of the farm

Recommended Combination

Ex. Tomato and Groundnut

- Tomato is susceptible to excessive moisture;
 G-nuts stabilizes the soil moisture
- Rizosphere, or root area, of both crops are different, avoiding excessive competition
- G-nut acts as a banker plant, maintaining ladybeetle, a natural enemy against aphid
- G-nut improves soil fertility

Note: effect may vary depending on the environmental condition of the farm

Recommended Combination

Ex. Sweet Potato and Soybean

- While S-potato is growing, soybean can utilize the space—productivity increases
- S-potato acts as cover crop, keeping soil moisture against strong sunshine
- Both crops improve soil fertility with different mechanisms

Note: effect may vary depending on the environmental condition of the farm

Combination **NOT** Recommended

Ex. Cabbage and Potato

- Chemicals derived from both plants suppresses the growth to each other
- Combination of *Brassica* (cabbage/rape) and *Solanaceae* (eggplant/ tomato) is generally not recommended

Note: effect may vary depending on the environmental condition of the farm

Family	Crop	0	Cari	Ran Obage	Mai	Pumpkin	elemen.	Basil	Gina	Gree	ret	Chilling Polato	Ton Pepper	Eggpla.	aputa .	Strauber	C eet Por	Othean an	e e e e e e e e e e e e e e e e e e e	Onundruts	Geri	Shin
Malvaceae	Okra	Ń						()	1	1				0	T	Ť	T	0	1			1
Brassicaceae	Cabbage		3				0	0		0	×									1.1		Ĩ
	Rape			1			0	0		0	×											ī
Poaceae	Maize	1			1	1							×	×			0	0 1				
Cucurbitaceae	Pumpkin					1				10			1							0	0	6
	Watermelon																			0	0	6
Compositae	Lettuce		0	0			$\overline{\ }$													1.1		
Lamiaceae	Basil		0	0				1		1.1			0	0.0								
Zingiberaceae	Ginger								\leq	11												
Apiaceae	Carrot		0	0			11						1				0					
Solanaceae	Irish Potato	1.1	×	×							1		×	×	<							
	Chili Pepper										_	/	_		<			1.1				
	Tomato				×			0			×			15				1	0	1.1		
	Eggplant	0			×			0			×		- 1	1					0	5.0		
	Paprika						1	0			×	×	1					1.1	0			
Rosaceae	Strawberry										_		_								0	5
Convolvulaceae	Sweet Potato										11				1		0	0				
Leguminosae	Soybean				0					0	1		-1			Q	-	1				
	Pea	0					_									0		1				L
	Groundnuts												0	00	»				1		_	
Liliaceae/Allium	Onion	1.00	_		_	00														X		
	Garlic				_	00		_	_				_		C						1	
	Green Onion			- I		00			- 1						10	2						

© Particularly Favorable O Appropriate × Needs to be avoided

General Combinations



T-COBSI Kick-off Training 2016

Demo Plot

- One T-COBSI Irrigation site is selected where "demo plot" is established for appropriate farming technologies.
- Improved farming is practiced under irrigation for demonstration of the technologies learned in KOT
 Volunteer farmer(s) is (are) needed to provide his/her farm land (10m X 10m X 4 Plots)

Introduction

- Demo plots include New Technologies learned in KOT, where applicable
- Objective
 - 1. To promote gravity irrigation as a labor saving technology
 - 2. To promote sustainable methods of agriculture through use of companion crops, and biochar
 - 3. To promote consumption of nutritious crops throughout the year

Demo Plot cont'd...

- Seeds and fertilizer for the defined technologies are provided by the JICA Team.
- A field day is organized by CEO for the demonstration of your demo plot. You demonstrate the result, harvest, process to your fellow CEOs and neighbor farmers.

Market-oriented Farming

- Whole area of "demo site" where "demo plot" is established is the target
- Market-oriented farming technologies, which will be trained in the Mid-term Training (MTT) is practiced.

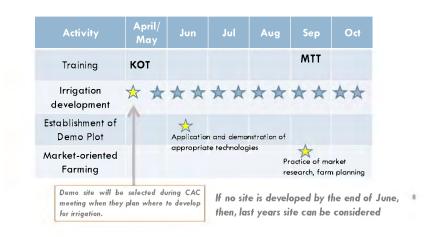
Criteria of Demonstration Site

- One T-COBSI irrigation site in each district
 Either "new development" site or "improved" site during 2016
- Irrigation site developed by the BEOs/CEOs who participated in KOT and MTT in 2015
- Located accessible to the market (Important), with which market-oriented farming is carried out (Mid-term Training)

Criteria of Demonstration Site cont'd..

- Farmers group is motivated and conducting irrigation farming
- Should be selected by district representatives (it's you!)
- Training material for market-oriented farming (textbook, flipchart, marker, weighing scale, etc.) will be provided at MTT

Schedule



Monitoring Method

Detailed monitoring method is introduced at the MTT (Mid-term Training) in September



What to do with Demo Plot?

□Types of technologies to be introduced

- Gravity irrigation (must)
- Contour ridge (option)
- Nutritious crops (selective: orange maize)
- Biochar (option depending on the availability of materials)

10

- Companion cropping (selective)
- "RESCAP" new crops (option)

What to do with Demo Plot?....

- Arrangement of plot (standard type of layout provided, 10m X 10m X 4 plot)
- Necessary inputs: Seeds, fertilizer and some chemicals
- Officers responsible: TSB and CEOs need to discuss.
- Schedule: Needs to be planned by CEO after the selection of the irrigation site

11.

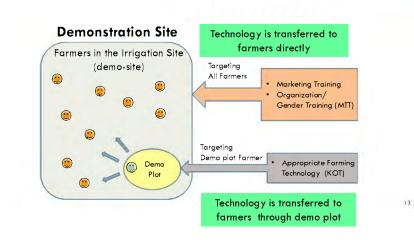
Basic plot size: 10 m X 10 m X 4 Plots
 Visible from outside preferably near a road

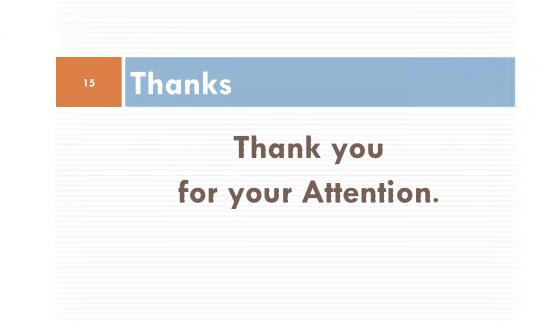
Example of the Layout

Companion	Companion	Technologies Applie
Cropping of Tomato & G/nuts	Cropping of Eggplants &	Base:
with biochar	Groundnuts	 Contour ridge
where applicable	with biochar where applicable	 Gravity Irrigation
	Companion	(furrow, or sunken)
Companion	Cropping of	On-farm
Cropping of Orange Maize and	Orange Maize and Soyabeans	 Green manure
Sunhemp	with biochar where	• Bio-char
with biochar where applicable	applicable	Companion
		cropping
		 Nutritious crops

Training for Demonstration Site

Conducted by BEOs/CEOs





Any questions

