Republic of the Union of Myanmar Myanma Railways, Ministry of Rail Transportation

PROJECT ON IMPROVEMENT OF SERVICE AND SAFETY OF RAILWAY IN MYANMAR

PROJECT PROGRESS REPORT

(7th Joint Coordination Committee)

July 2015

JAPAN INTERNATIONAL COOPERATION AGENCY

JICA Expert Team

JAPAN INTERNATIONAL CONSULTANTS FOR TRANSPORTATION CO., LTD. ORIENTAL CONSULTANTS GLOBAL CO., LTD. SUMITOMO CORPORATION.

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- Appendix-1 Minutes of meetings for the amendment to the record of discussions on the project on improvement of service and safety of railway in Myanmar in the Republic of the union of Myanmar between Myanma Railways Ministry of Rail Transport and Japan International Cooperation Agency.
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Project on Improvement of Service and Safety of Railway in Myanmar Progress Report, July 2015

1. Preface

Since we started the Project in June 2013, about 2 years have passed and the Project has been implemented effectively under the close cooperation between MR officials concerned and JICA Expert Team.

We, JICA Expert Team, would like to express our sincere appreciation to MR officials concerned for their kindness extended to us during the execution of the Project.

This Progress Report deals with the major activities of the Project implemented around between March and July of this year.

We should be grateful, if the members of the JCC would review the Report and provide us with the various advices.

2 Extension of the Project

2.1 Major progress of the Project

We have implemented 2 main project as below ...

- Recommendation of technical standard relating to administrative and maintenance aspect and drawing up railway facilities improvement plan to improve service and safety level
- Technology Transfer of Track Maintenance Technology to improve the level of Service
 and Safety through Implementation of The Pilot Project

The Project is progressing as scheduled in Table 2.1.1 and Table 2.1.2

Recommendation of technical standard finished last March. Technology Transfer of Track Maintenance Technology is currently in process

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Table 2.1.1 Table of working plan schedule (Recommendation of technical standard)



Table 2.1.2 The schedule of technology transfer of track maintenance

2.2 Contents of Extension of the Project

At first this project was planning to finish on May in 2015. But amendment of the Record of Discussion (hereinafter referred to as the "R/D") were signed by JICA and Myanma Railways on 6th April in 2015. (refer to Appendix-1)

Contents of Extension of the Project are as bellow.

- To continue training for track maintenance of the Yangon-Mandalay line including Thilawa line.
- To conduct lecture(s) in Myanmar on the Japanese experience on the procedure of outsourcing the track maintenance work.
- To conduct lecture(s) in Myanmar on outline of maintenance of bridges.

For the implementation of the three items mentioned above, both sides agreed to extend the Project duration from 2 years (up to May 2015) to 2 years and 10 months (up to March 2016).

3 Detailed Methods for the Project Implementation

3.1 Track Maintenance

(1) Track Record

At the beginning, technology transfer of track maintenance started for 30 trainees in the Pilot Section. At present, accumulated number of trainees amounts to 400, and the various situations relating to technology transfer had been changed. Further, in order to implement the training efficiently, trainings were sometimes repeated in the same place, and also on Dagon line. In this regard, we consulted with MR about various matters including the suitable change of the length of the Pilot Section.

Trainees of MR change every month. We show divisions of trainee and members till now (Table 3.1). We have educated about 400 trainees who are belonging to all divisions in Myanma Railways.

	Date	Date			
	From	То	Division	Number	Remark
1	25.10.2013	12.5.2014	(7)Yangon	24	
			(6)Bago	6	
2	12.5.2014	12.6.2014	(7) Yangon	10	To perform the
			(5)Taunggu	6	chainging of trainees
			(7)Yangon	5	
			(8)Mawlamying	4	
			(9)Hinthada	5	
3	12.6.2014	12.7.2014	(7) Yangon	10	To perform the
			(2)Ywataung	8	chainging of trainees
			(3)Mandalay	8	
			(10)Pakauku	7	
4	12.7.2014	12.8.2014	(7) Yangon	10	To perform the
]			(1)Myitgyinar	6	chainging
			(4)Kalaw	7	of trainees
			(11)Bagan	7	
5	12.8.2014	12.9.2014	(7) Yangon	10	To perform the
		,	(5) Taunggu	6	chainging
			(8) Mawlamying	6	Of trainees
			(9) Hinthada	8	
6	12.9.2014	13.10.2014	(7) Yangon	10	To perform the
			(2) Ywataung	6	chainging
			(3) Mandalay	6	Of trainees
			(6) Bago	8	
7	13.10.2014	12.11.2014	(7) Yangon	10	To perform the
			(9)Hinthada	7	chainging
			(8)Mawlamying	7	Oftrainees
			(5)Taunggu	6	
8	12.11.2014	Until now	(5)Taunggu	10	To perform the
			(2)Ywataung	8	chainging
			(3)Mandalay	9	Of trainees
			(10)Pakauku	7	

Table 3.1	Divisions of	f trainee and	members till now
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9	9.1.2015	6.2.2015	(7) Yangon	10	To perform the
			(4)Kalaw	7	chainging
			(9) Hinthada	7	Of trainees
			(11)Bagan	7	
10	9.2.2015	4.3.2015	(7) Yangon	10	To perform the
			(1)Myitgyinar	6	chainging
			(6)Insein	7	Of trainees
			(10)Pakauku	7	
11	9.3.2015	8.4.2015	(7) Yangon	10	To perform the
			(4)Kalaw	6	chainging
			(5)Taungu	7	Of trainees
			(11)Bagan	7	
12	27.4.2015	22.5.2015	(7) Yangon	10	To perform the
			(1)Myitgyinar	5	chainging
			(5)Taungu	7	Of trainees
			(8)Mawlamying	7	
13	25.5.2015	19.6.2015	(7) Yangon	10 .	To perform the
			(2)Ywahtaung	6	chainging
			(3)Mandalay	7	Of trainees
			(10)Pakauku	7	
14	22.6.2015	17.7.2015	(7) Yangon	10	To perform the
			(4)Kalaw	6	chainging
			(5)Taungu	7	Of trainees
	ļ,		(11)Bagan	7	
		Total	1	427	

We educated 1st group for half year and many kinds of program. From 2nd group, trainees change every month. So we are programing training schedule to master many things about track maintenance for short term.

We will continue this program till December.

We indicate track maintenance which we conducted from April to June by photo.



Carry out equipments from warehouse



Chord-to-rail measurement



Calculating survey data by inspectors



Changing sleepers



Installing fastening (First Clip)



Amending alignment



Tamping by hand tie tamper



After replacing sleepers



Cutting rail on the trunk line (Pre-Work)



Drilling rail on the trunk line (Pre-Work)



Removal of fastening (Pre-Work)



Lift up 50N Rail



Changing track pad



Installing fastening (First Clip)



Reverse direction operation under track 3-2



After changing from 75lb rail to 50N Rail

(2) Speed increasing test

We are going to conduct high speed at the place where we changed from 75lb rail to 50N rail. Outline of high speed test is as below.

- 1. Date : Around October
- 2. Place : Up line from 14 k250m to 15k700m
- 3. Speed : 3 kinds of speed (60km/h, 70km/h, 80km/h)

4. Measurement :

① Vibration test (up-and -down, right and left, back and forth)

We check riding comfort by measuring train vibration against 3 kinds of speed as we measured before.

For Bage		After the Maintenance Work		For Yangon
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			NAME AND ADDRESS	1 2 -
Up and Down				
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Deside t-st/ht	Level Crossing	Level Crossi	•	Bridge

2 Rail Stress

We attach strain gauge at the back of rail and check the value of rail stress by running train.





3-5

③ Stress of fishplate

We prepare 3 kinds of fishplate for 75lb, N37 and 50N. We measure 3 stress (Around hole of bolt, fishplate and bolt) against each fishplate and each train speed.



Stress around hole of bolt



We will prove the advantage of 50Nrail compared to 75lb rail by measuring many kinds of stress and strain.

④ Stress of Turnout

We attach strain gauge at the rail of turnout. We are going to measure stress of turnout when train is running.





3-6

(3)Thilawa line

In R/D signed on 6th April, Thilawa line was added in track maintenance. So we surveyed Thilawa line from Togyaunggale to Thilawa from cabin as first step. Thilawa line is improved little by little. Especially, ballasts are input at many places. We feel track condition is better than 3 years ago. But some places are not improved yet and should be improved more. For example, cutting section needs drain route. We would like to discuss which are MR want to advice and how to countermeasure.



Embankment near Aungthuhka Sta.(2012)



Embankment near Aungthuhka Sta.(2015)



Cutting section (2012)



Cutting section (2015)

3-8

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A-8-7-13

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3.2 Outsourcing of track maintenance work

This was added at R/D signed on 6th April. We are thinking that we hold meeting or discussion about outsourcing once a month Contents are as below.

(1)Current Situation in Myanma Railways

Survey of outsourcing of track maintenance work in Myanma Railways

(2)Introduce of Japanese experience

In Japan, the outsourcing of track maintenance has changed. At the same time, organization changes, too. (Ref. next page)

(3)Discussing about outsourcing of track maintenance

Based on (1) and (2), MR and we share basic stance of outsourcing of track maintenance. . (4)Mixing opinion of Myanmar and Japan

MR and we take good opinion for the future.

(5)Proposal of procedure of outsourcing track maintenance work by Myanmar style

Make proposal of procedure of outsourcing track maintenance work for MR.

(6)Seminar or presentation by Experts

We hold final seminar. or presentation.

Above flow is example and we are thinking that we can change procedure if there are more good ways.

Outsourcing is usually conducted with improvement of organization and mechanization.

So we may sometimes discuss improvement of organization and mechanization through outsourcing of track maintenance work.

3.3 Outline of maintenance of bridge

This was added at R/D signed on 6th April, too.

3.3.1 Expected output

Technical capability is improved through bridge maintenance to improve the level of service and safety.

3.3.2 Implementation plan for output

To draw up technology transfer plan of bridge maintenance through OJT at the Pilot Bridge To conduct seminars, training for technical improvement of the bridge maintenance

3.3.3 Detailed methods for Project implementation

(1)Survey

Selecting (1) pilot bridge, present situation on bridge maintenance work in Myanmar Railways, Material available situation for painting and repairing, Mahlwagon Dept.

- (2) Provision of bridge maintenance tool and safety equipment for each trainee Necessary tools be selected after survey
- (3) Seminars and Trainings by Japanese Experts

Bridge maintenance training on super structure of pilot bridge with Japanese Experts (inspection, judgement, countermeasure, repairing and painting) Drawing training for bridge maintenance work Bridge maintenance recording training, to be recorded check point for inspection on several bridges (such as their super structure are "Deck Girder, Through Girder, I beam,

Through Truss, Reinforced Concrete, Pre-stress Concrete"

Manufacturing repairing material in Mahlwagon, and repairing bridge using them Relevant seminars for those trainings

Other supplementary seminars and trainings

- (4) Trainings by MR themselves Bridge maintenance recording training
- (5) Compiling text book

3.3.5. Outline of Schedule

	Event	Period
	Survey	3days:22 nd July – 24th July
1	Seminars and Trainings by Japanese Experts in Yangon and hard deteriorated bridge survey in around trip	2 and half weeks:27th July – 12 th August
2	Trainings by MR themselves	About 2 month:August September or October
3	Closing seminar in Nay Pyi Taw	1 week: September or October

4. Project implementation Organization

4.1 Structure of project implementation Organization

Based on R/D, we will organize a project implementation Organization in Fig. 4-1.



Fig. 4-1: Structure of project implementation Organization

4.2 Implementation body on the Myanmar side

MR will play a central role on the Myanmar side. To correspond to Japanese experts, a Counterpart Team is organized for this project. See Table 4-1. Project Director commands the general affairs and implementation of the project, while Project Manager manages the projects and directs technical affairs.

4-1

In On the Job Training (OJT) of track maintenance and bridge maintenance, project is the mainstream of the field work, which will be led by (1) the leaders for civil engineering structures of Division 7 (Yangon) and (2) those supporting the field of Lower Mayamar section and (3) the staff at the Head Office. Regarding procedure of outsourcing the track maintenance work Head Office located at Naypyidaw has the initiative to the implementation of the project.

4.3 Implementation body on the Japan side

The JICA experts selected from Japan International Consultants for Transportation Co., Ltd.(JIC), Oriental Consultants Global Co., Ltd.(OCG) and Sumitomo Corporation will guide/advise the personel on the Myanmar side and offer recommendations where necessary for the project. See Appendix-2 for the list of JICA Expert Team members.

Japan International Consultants for Transportation, a leader of the consortium, which was instituted in November 2011 by JR Companies, private railways and other enterprises as a comprehensive consultant for overseas railways, is privileged to enjoy whole hearted cooperation for this project from JR Companies and Japan Railway Track Consultants, an expert consultant on track technologies.



Year/Month	2015/7	2015/8	2015/9	2015/10	2015/11	2015/12	2016/1	2016/2	2016/3
Common	⊽7th JC	С			⊽8th J	CC │	ents will arrive	Final JCC ▽Activ (at Yangor	ity Report NPT and Japan)
Track Maintenance		∇Replace to S	50N Rail	VSpo	eed increasing test	⊽Finish	OJT of track Main	itenance	
Bridge Maintenance	∇Bridge	Maintenance Trai	ning ▽	Bridge Maintenanc	e Seminar		Summary		
Outsourcing of track maintenance work	VMee	ting ▽Me	eeting ⊽Me	eting ∨Me	eting ∨Me	eting ⊽Me	eting Summary	∇Presentation	
Others				Sanitary System fo	or rolling stock				

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The Project on Improvement of Service and Safety of Railway in Myanmar



Japan International Cooperation Agency

Table of Content Preface Extension of the project Major progress of the Project Contents of Extension of the Project Detailed Methods for the Project Implementation Track Maintenance Procedure of outsourcing the track maintenance work (New Item) Outline of maintenance of bridge (New Item) Project implementation Organization Structure of project implementation Organization Implementation body on Myanmar side

5 Schedule

Appendix-1	Minutes of meetings for the amendment to the record
	of discussions on the project on improvement of
	service and safety of railway in Myanmar in the
	Republic of the union of Myanmar between Myanma
	Railways Ministry of Rail Transport and Japan
	International Cooperation Agency.

Appendix-2 Member List of JICA Expert Team

1. Preface

This Progress Report deals with the major activities of the Project implemented around between March and July of this year. We should be grateful, if MR senior officials concerned review the Report and provide us with the various advices so that the Project will be implemented more fruitfully in the coming period.

2.Extension of the Project

2.1 Major progress of the project

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In this regard, we consulted with MR about various matters including the suitable change of the length of the Pilot Section. We are planning in this way till coming December. We show activity of track maintenance work for 3 months from next page.









(2) Speed increasing test

We are going to conduct speed increasing test at the place where we changed from 75lb rail to 50N rail. Outline of test is as below.

1. Date : Around October

- 2. Place : Up line from 14 k250m to 15k700m
- 3. Speed : 3 kinds of speed (60km/h, 70km/h, 80km/h)

4. Measurement :

①Vibration test (up-and -down, right and left, back and forth) We check riding comfort by measuring train vibration against 3 kinds of speed as we measured before.









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Embankment near Aungthuhka Sta.(2012)



Embankment near Aungthuhka Sta.(2015)



Classification Type			Organiza	tion	Feature
				Gang (Track)	1. Dispersed work of small unit
	Track		-	Gang (Track)	2. Repairing at any time
Teack Maintenance	Maintenance		Subdistrict	Gang (Track)	3. Unification of inspection and working
Before Modernization	Geodon		(1 on	Gang (Track)	(survey and maintenance by ourseives)
			(Len	5~10km	4. Human-wave tacdes of hand working mainly
	1964.4			Gang (Track)	1. Concentrated work in large unit
			(40~60km)	Gang (Inspection)	2. Planning and repairing
Modernization of	Maintenance	_	Subdistrict	Gang (Inspection)	3. Separate inspection and work
Irack Maintenance	Section		L	Gang (Inspection)	 Introduction of machine (Length 10~50 km)
				(10~15km)	
	1978 7			(12 12)	1 Specialization of Operator
	1370.7		(40 - (60)		
	Track		(40**00km)		2. Mechanization deeply
New Track	Section		Subdistrict		I Mulitiple Tie Tamper per T Subdistrict
Maintenance	-				Productive Basement of operation
Organization		ΙГ	Gang (Working)	Machine Working G	Save working time
	-		Gang (Inspectio	n) Working G	3. Outsourcing of simple task (Ex. Repracement of sleepers)
		_	(10 - 15km)	in)	
	1000.0		(10-~ 15km)		
	1982.3	_	(40~60km)	Tarah Mashina C	Change to technical group Abaliab working C(Outpouries of simple work and fluctuated work)
Improvement of Track	Track	EF	Subdistrict	Track Machine G	Abolish working G(Oddsoucing of simple work and fluctuated work)
Maintenance	Section			(10~15km)	4 Efficiency by diversity of ich content
			(Track Residence	Track Supervision (C)	Track Supervision G Supervision of inspection planning and outsourcing
		[Inst	allation in case of	f charging of large vard I	Track Machine G Survey, planning and operationwork of MTT
	1095.4	· mou	(E0 = (80)	in onlanging on lange yaraj	1 Simplification and efficiency burning and operation content
	1963.4	-	(30-\$80km)	T 1 M 11 0	Simplification and efficiency by review of working content
Improvement of work	Track	E	Subdistrict	Track Machine G	•Review of MIII and Irack inspection
(Track Maintenance	Section			 Track Supervision G 	2. Diversity of job content and effeciency by fusion
and Civil Engineering)		_		(10~15km)	Integrate of position of Technique G(Track Maintenance, Civil Engineering, Forestry)
		-	(Track Residence	Track Supervision G)	 Relegation some parts of civil work to Track Supervision G
			linstallation as ne	ecessary	3. Efficiency by simplification of organization
	1986.11		(50~80km)		 Detailed supervision according to characteristics of line
	Track	F	Subdistrict	Track Machine G	2. Trv efficiency and diversity of work
	Section			 Track Supervision G (15~20km) 	3. Secure safety and stable transportation
Improvement of Track			(Track Residence	Track Supervision G)	Beview of workers per 1party of Track Machine G
Facility			linstallation as ne	cessary	Abolish subdistricts and Track Residence in lower line and reconstruct
		-	Supervision Section	Track Machine G	supervision section and track maintenance section
			Installation in	 Track Supervision G 	Integrate Track Supervision G and Track Machine G in lower line
	1		lower line		 Review of inspection by getting on train

3.3 Outline of maintenance of bridge

3.3.1 Expected output Technical canability is improved thr

Technical capability is improved through bridge maintenance to improve the level of service and safety.

3.3.2 Implementation plan for output

To draw up technology transfer plan of bridge maintenance through OJT at the Pilot Bridge

To conduct seminars, training for technical improvement of the bridge maintenance

3.3.3 Detailed methods for Project implementation

(1)Survey

Selecting (1) pilot bridges, present situation on bridge maintenance work in Myanmar Railways, Material available situation for painting and repairing, Mahlwagon Dept.

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(2) Provision of bridge maintenance tool and safety equipment for each trainee Necessary tools be selected after survey (3) Seminars and Trainings by Japanese Experts Bridge maintenance training on super structure of pilot bridge with Japanese Experts (inspection, judgement, countermeasure , repairing and painting) Drawing training for bridge maintenance work Bridge maintenance recording training, to be recorded check point for inspection on several bridges (such as their super structure are "Deck Girder, Through Girder, I beam, Through Truss, Reinforced Concrete, Prestress Concrete" Manufacturing repairing material in Mahlwagon, and repairing bridge using them Relevant seminars for those trainings Other supplementary seminars and trainings (4) Trainings by MR themselves Bridge maintenance recording training (5) Compiling text book 21



Administrative	and Counterpart Personnel for the	Project (PLAN)
Fields	Myanma Railways	Japanese Side
Project Director	U Aung Win, General Manager (Technical & Admin Support)	Nobuyuki MATSUO (Leader)
Project Manager	U Tin Soe, General Manager (Civil) U Saw Valentine, Advisor	Mitsuru TAKAMI (Deputy Leader)
Track Maintenance	Tin Myint, Assistant General Manager(Civil)	Hiroshi KOMATSU Osamu HAGA
Dutsourcing of track maintenance work	Maung Maung Than,	Nobuyuki MATSUO
Bridge maintenance	Deputy General Manager(Civil)	Mitsuru TAKAMI
rocurement of Equipment and Materials	U Khin Maung Than, Deputy General Manager (Supply)	Tomohiro AlZUKI
Rolling Stock	U Win Oo, General Manager (Rolling Stock)	Makoto ISHIKAWA
Train Operation	U Htay Myint Aung , Deputy General Manager (Train Operation)	Sunji MORIHARA
Signal & Telecommunication	U Khin Maung Thein, Deputy General Manager (Signal & Telecommunication)	Ryuhei MITANI
Policy Advisor	Mitsuo HIGASHI	





