Republic of the Union of Myanmar Ministry of Construction, PW

# The Project for Improvement of Road Technology in Disaster Affected Area in Myanmar

# Technical Note on National Highway & Expressway

(Geometric Structure & Traffic Safety Facility)

# June 2015

Japan International Cooperation Agency (JICA)

Pegasus Engineering Corporation Oriental Consultants Global Co., Ltd.







# TECHNICAL NOTE ON NATIONAL HIGHWAY & EXPRESSWAY

(Geometric Structure & Traffic Safety Facility)



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# The Project for Improvement of Road Technology in Disaster Affected Area in Myanmar

Department of Highway,	UCA Export Toom
<b>Ministry of Construction</b>	JICA Expert Team

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#### 0. Summary

#### 0.1 Purpose and Outline of the Work

JICA Expert Team (the Team) conducted to develop the proposal for mitigation of traffic accident in aspect of road geometric structure and traffic safety facility through the following works.

- $\checkmark$  Site investigation to identify issues on the national highways and the expressway.
- $\checkmark$  Analysis of the issues.
- $\checkmark$  Developing proposal for the solution.

#### 0.2 Classification of the Identified Issues

The Team classified the issues according to major causes as listed below. After then the Team analyzed the each cause to consider its solution.

- (1) Inappropriate arrangement and/or absence of road furniture
- (2) Unnecessary object is continued to exist
- (3) Inappropriate road geometric structure
- (4) Inappropriate work manner
- (5) Inappropriate traffic manner
- (6) Defect due to inappropriate construction quality

#### 0.3 **Proposal for the Solution**

The Team developed the proposal for the solution against the above stated issues by examining practicability level of the solution from A to C in accordance with the following criteria.

#### Level-A: High practicability

Implementation will be enabled by internal approval in MOC. Cost is low and period is short.

> Level-B: Moderate practicability

Implementation will be enabled by the government's approval and/or co-working with other Ministries. Cost is low – medium and/or period is medium – long.

#### Level-C: Low practicability

Implementation will be enabled by the government's approval and/or co-working with other Ministries. Cost is high and/or period is long.

Summary of the proposal is as shown in the following table.

No.	Issue	Approach (desirable)	Practicability	Approach (secondary)	Practicability
(1)	Inappropriate arrangement and/or absence of road furniture	- Rearrangement, relocation and/or newly installation	А		
(2)	Unnecessary object is continued to exist	- Removal	А		
(3)	Inappropriate road geometric structure	<ul> <li>Large scale realignment</li> <li>&amp; reconstruction</li> <li>Slope cutting &amp; road</li> <li>widening</li> </ul>	С	- Install traffic safety facility	A – B
(4)	Inappropriate work manner	- Prepare work manual & training program	В	- Establish work cycle	А
(5)	Inappropriate traffic manner	<ul> <li>Reinforce penal regulation</li> <li>Access control to expressway</li> </ul>	С	- Public awareness campaign of traffic safety	В
(6)	Defect due to inappropriate construction quality	- Repair work based on investigation & design in appropriate manner	С	<ul> <li>Install traffic safety</li> <li>facility</li> <li>Temporary repair work</li> </ul>	A – B

#### Summary of the Proposal for the Solution

#### 0.4 Action Taken by the Government of Myanmar

The counterpart (CP) of the Government of Myanmar took swift action to solve the issues in response to the discussion with the Team as shown in the following figure.



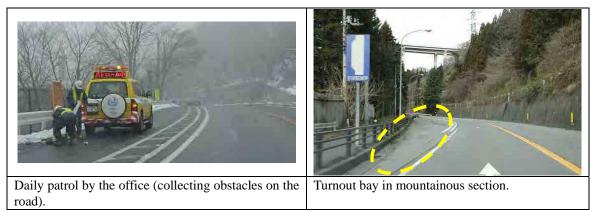
Action Outcome of the CP

#### 0.5 Effort by the Road Agencies in Japan

The Team introduces the effort by the Japanese road agencies in both road classifications namely expressway and national highway. Sample photos are as shown below.



Arrangement View of Traffic safety Facilities in the Expressway



Work View and Road Facility in the National Highway

#### 1. Introduction

#### 1.1 Work Purpose

JICA Expert Team (the Team) conducted the work to mitigate risk of traffic accident on the road infrastructure in aspect of road geometric structure and traffic safety facility. The Team implemented site investigation works on both of road categories namely national highway and expressway to identify the issues those threatening traffic safety. Subsequently, the Team analyzed the issues and considered to develop the mitigation approaches.

The work output is compiled in this "TECHNICAL NOTE ON NTIONAL HIGHWAY & EXPRESSWAY (Geometric Structure & Traffic Safety Facility)".

#### **1.2 Work Outline**

The Team implemented a total of 8 times site investigation works on the following routes. The work schedule is as shown in Table 1.2.1. Furthermore, the route map is as illustrated in Figure 1.2.1.

- (i) Yangon-Mandalay Expressway
- (ii) National Highway No.1 (Nay Pyi Taw, Bago Region & Yangon Region)
- (iii) National Highway No.4 (Shan State)

No.	Period	Route	Investigation Section	
1	3 – 4, Oct, 2013	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw – Mandalay	
2	28 – 31, Jan, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw – Mandalay	
3	7 – 8, Jul, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw	
4	20, Aug, 2014	National Highway No.1	Nay Pyi Taw – Yangon	
5	21 & 23, Aug, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw	
6	27, Oct, 2014	Yangon-Mandalay Expressway	185/0 – 185/1 (Pilot work section for installation of various delineators)	
7	28 - 29, Oct, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw	
8	17 – 20, Dec, 2014	National Highway No.4 (Shan State)	Heho – Taunggyi – Loilem – Takaw	

#### Table 1.2.1 Investigation Schedule

#### TECHNICAL NOTE ON NATIONAL HIGHWAY & EXPRESSWAY (Geometric Structure & Traffic Safety Facility in The Project for Improvement of Road Technology in Disaster Affected Area in Myanmar



Figure 1.2.1 Route Map of Site Investigation Work

#### 1.3 Work Approach

The work is composed of;-

- $\checkmark$  site investigation to identify issues,
- $\checkmark$  analysis of the issues, and
- $\checkmark$  developing proposal for the solution.

Each work component is summarized as follows. Furthermore, Details of the works are described in Chapter 2.

#### (1) Site Investigation Work

The Team executed visual investigation on vehicle basis to identify extraordinary situation occurred on road geometric structure and traffic safety facility on the investigated route. After then, the Team got off from the vehicle for taking photo and note in case of the identifying. Working photos during the investigation are as shown in Figure 1.3.1.



Figure 1.3.1 Working Photos in the Site Investigation

#### (2) Analysis of the Identified Issues

The Team discussed and analyzed the identified issues to clarify its cause and find clue for the solution. Note example in Japan was often referred for comparative analysis work as shown in Figure 1.3.2.

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Figure 1.3.2 Comparison of Roads between Myanmar and Japan

#### (3) Developing Proposal for solution

The Team finalized and compiled proposal for solution on the basis of the above works. Examples of the proposal are as shown in Figure 1.3.3.

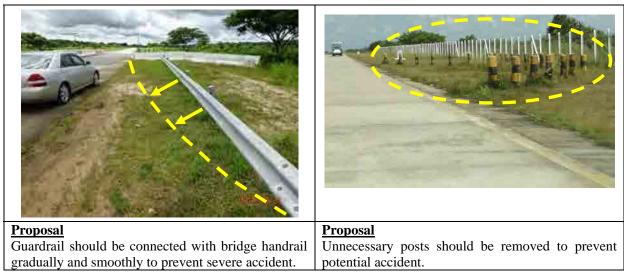


Figure 1.3.3 Examples of Proposals for the Solution

#### 2. Work Contents

#### 2.1 Classification of the Issues

At first, the Team classified the issues according to major causes as listed below. After then the Team worked for analysis of the each cause to consider its solution. The work detail is described in the following clauses.

- (1) Inappropriate arrangement and/or absence of road furniture
- (2) Unnecessary object is continued to exist
- (3) Inappropriate road geometric structure
- (4) Inappropriate work manner
- (5) Inappropriate traffic manner
- (6) Defect due to inappropriate construction quality

#### 2.2 Analysis of the Issues

The Team listed up frequent observations of the each issue in Table 2.2.1 - 2.2.6 respectively. Furthermore, negative effect if the situation remains neglected is also stated in the tables.

No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
1	<ul> <li>(Observation)</li> <li>The furniture is not located in a straight line each other.</li> <li>(Effect)</li> <li>Damage will be severer if vehicle hits gap between the objects.</li> </ul>		
		Parapet wall is located ahead of the curb stone.	Foundation of post is located ahead of the parapet walls.
2	<ul> <li>(Observation)</li> <li>The furniture is located ahead of protective facility (e.g. guardrail).</li> <li>(Effect)</li> <li>Damage will be severer if vehicle hits the object.</li> </ul>		
		Traffic sign is located ahead of guardrail.	Milestone post is located ahead of guardrail.

#### Table 2.2.1 Observation of the Issues: (1) Inappropriate Arrangement and/or Absence of Road Furniture

No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
3	<ul> <li>(Observation) <ul> <li>Inappropriate alignment/location of guardrail.</li> </ul> </li> <li>(Effect) <ul> <li>Damage will be severer due to inappropriate alignment/location as stated in right columns.</li> </ul> </li> </ul>		Guardrail is installed inside of the curve instead
		Gap between guardrail and handrail on bridge. Overrun vehicle may hit concrete block.	of outside. Over speeded vehicle may overrun from carriageway.
4	<ul> <li>(Observation)</li> <li>- Absence of the furniture.</li> <li>(Effect)</li> <li>- Risk of accident will increase due to the absence as stated in right columns.</li> </ul>		
		No lane mark on road surface. Risk of a head-on collision will increase.	No guardrail and mirror on mountainous road. Risk of fall accident and/or head-on collision will increase.

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No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
5	<ul> <li>(Observation)</li> <li>Object is installed within road clearance limit.</li> <li>(Effect)</li> <li>Risk of hit by large vehicle will increase.</li> </ul>	Sign board is too close to carriageway and too low.	Electric wire seems too low.

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No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
1	<ul> <li>(Observation)</li> <li>- Concrete objects remain existed.</li> <li>(Effect)</li> <li>- Risk of accident (collision) will increase due to the existence.</li> </ul>		
		Concrete posts at beginning of ramp section.	Concrete blocks at end of widening section.
		Concrete walls in front of widened bridge.	Former parking area (?)

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#### Table 2.2.2 Observation of the Issues: (2) Unnecessary Object is Continued to Exist

No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
1	<ul> <li>(Observation)</li> <li>- Insufficient sight distance.</li> <li>(Effect)</li> <li>- Risk of accident will increase as stated in right columns.</li> </ul>		
		Insufficient sight distance due to small vertical curve in expressway. Risk of rear-end collision.	Insufficient sight distance due to inappropriate vertical alignment in National Highway No.4. Risk of a head-on collision.
2	<ul> <li>(Observation)</li> <li>Small horizontal curve in mountainous section.</li> <li>(Effect)</li> <li>Risk of accident will increase as stated in right columns.</li> </ul>	2016-12-17	
		Small horizontal curve in mountainous section. Passing with long body size vehicle is very difficult.	Small horizontal curve and insufficient visibility. Risk of a head-on collision and/or a fall accident.

#### Table 2.2.3 Observation of the Issues: (3) Inappropriate Road Geometric Structure

2       (Observation) - Small horizontal curve in mountainous section.       - Small horizontal curve in mountainous section.         2       (Effect) Risk of accident due to overrun of high speed vehicle will increase.       - Effect) Horizontal curve seems smaller as expressway's	No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
one.	2	<ul> <li>Small horizontal curve in mountainous section.</li> <li>(Effect) Risk of accident due to overrun of high speed</li> </ul>	Horizontal curve seems smaller as expressway's	

No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
1	<ul> <li>(Observation)</li> <li>- Insufficient maintenance work.</li> <li>(Effect)</li> <li>- Risk of accident will increase as stated in right columns.</li> </ul>		
		Debris composed of soil and grass covers on shoulder due to lack of cleaning work. Vehicle will loose control once it runs on the shoulder.	Driver's visibility is hindered due to insufficient vegetation control.
2	<ul> <li>(Observation)</li> <li>Work group does not comply with authorized method.</li> <li>(Effect)</li> <li>Risk of accident will increase as stated in right columns.</li> </ul>	Inappropriate arrangement of traffic control	Workers took a rest within carriageway. Firstly,
		items (Barrier). Abrupt steering may be required in front of the barrier.	risk of accident against human. Vehicle also will be suffered secondary accident due to action to avoid human.

 Table 2.2.4 Observation of the Issues: (4) Inappropriate Work Manner

No.	Observation & Effect (If Neglect)	Photo	
1	<ul> <li>(Observation)</li> <li>Road users in various categories do not comply with authorized traffic rule.</li> <li>(Effect)</li> <li>Risk of secondary accident will increase as stated in right columns.</li> </ul>		
		Riding bicycle on carriageway in expressway. Firstly, risk of accident against human. Vehicle also will be suffered secondary accident due to action to avoid bicycle.	Excessive numbers of passengers on open roof vehicle in expressway. Risk of accident for fallen passengers. Vehicle also will be suffered secondary accident due to action to avoid passenger.
		Height of cargo is too high. Firstly, risk of over accident and/or collapse of cargo. Following vehi will be suffered secondary accident due to initial ac	cle also

 Table 2.2.5 Observation of the Issues: (5) Inappropriate Traffic Manner

No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
1	<ul> <li>(Observation) <ul> <li>Defects on pavement.</li> </ul> </li> <li>(Effect) <ul> <li>Driving comfortableness will be impaired.</li> <li>Traffic safety will be threatened if it becomes severer.</li> <li>Cost of repair/rehabilitation will significantly increase if defect achieves deeper layers (i.e. base/subbase course).</li> </ul> </li> </ul>		
		De-lamination. Possible cause is inadequate cleaning and/or failure of tack coating work before placement of upper layers.	Defect area gradually has been spread.
2	<ul> <li>(Observation)</li> <li>- Gap occurred between each structure (e.g. bridge and approach road).</li> <li>(Effect)</li> <li>- Traffic safety will be threatened if it becomes severer.</li> </ul>		
		Overlaying for filling gap between bridge and approach road. Possible cause is settlement occurred on foundation ground on approach section.	Depth of gap reached 20cm.

### Table 2.2.6 Observation of the Issues: (6) Defect due to Inappropriate Construction Quality

No.	<b>Observation &amp; Effect (If Neglect)</b>	Photo	
2	(Continued)	Gap between carriageway and shoulder. Possible cause is failure of dimension control during construction period (?)	Water remains in the gap area.
3	<ul> <li>(Observation)</li> <li>Destruction of the structure.</li> <li>(Effect)</li> <li>Traffic safety will be threatened if it becomes severer.</li> <li>Risk of road closure if destructed completely.</li> <li>Cost of repair/rehabilitation will significantly increase.</li> </ul>	Construction period (1) Construction period (1) Constr	Collapse of slope protection (concrete block).
		is erosion due to inadequate treatment of groundwater.	Possible cause is circular slip on the slope or settlement on foundation ground.

#### 2.3 **Proposal for the Solution**

The Team discussed development of the proposal for the solution against the above stated issues. Table 2.3.1 indicates 1 or 2 approaches namely desirable case and secondary case by the issue. Note the Team examined practicability level of the approaches from A to C in accordance with the following criteria.

#### Level-A: High practicability

Implementation will be enabled by internal approval in MOC. Cost is low and period is short.

#### > Level-B: Moderate practicability

Implementation will be enabled by the government's approval and/or co-working with other Ministries. Cost is low – medium and/or period is medium – long.

#### Level-C: Low practicability

Implementation will be enabled by the government's approval and/or co-working with other Ministries. Cost is high and/or period is long.

Summary of the proposal is as shown in Table 2.3.1.

No.	Issue	Approach (desirable)	Practicability	Approach (secondary)	Practicability
(1)	Inappropriate arrangement and/or absence of road furniture	- Rearrangement, relocation and/or newly installation	А		
(2)	Unnecessary object is continued to exist	- Removal	А		
(3)	Inappropriate road geometric structure	<ul> <li>Large scale realignment</li> <li>&amp; reconstruction</li> <li>Slope cutting &amp; road</li> <li>widening</li> </ul>	С	- Install traffic safety facility	A – B
(4)	Inappropriate work manner	- Prepare work manual & training program	В	- Establish work cycle	А
(5)	Inappropriate traffic manner	<ul> <li>Reinforce penal regulation</li> <li>Access control to expressway</li> </ul>	С	- Public awareness campaign of traffic safety	В
(6)	Defect due to inappropriate construction quality	- Repair work based on investigation & design in appropriate manner	С	<ul> <li>Install traffic safety</li> <li>facility</li> <li>Temporary repair work</li> </ul>	A – B

Table 2.3.1 Summary	of the Proposal for the Solution
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No.	Proposal	Photo	
1	<ul> <li>(Observation)</li> <li>The furniture is not located in a straight line each other.</li> <li>(Proposal)</li> <li>Relocate furniture to uniform front face in a straight line.</li> </ul>		
	Practicability: A	Parapet wall and curb stone	Foundation of post and parapet wall
2	<ul> <li>(Observation)</li> <li>The furniture is located ahead of protective facility (e.g. guardrail).</li> <li>(Proposal)</li> <li>Relocate furniture behind guardrail.</li> </ul>		
	Practicability: A	Traffic sign	Milestone post

#### Table 2.3.2 Proposal for the Solution: (1) Inappropriate Arrangement and/or Absence of Road Furniture

No.	Proposal	Photo	
3	<ul> <li>(Observation)         <ul> <li>Inappropriate alignment/location of guardrail.</li> <li>(proposal)             <ul> <li>Realignment and/or relocation of guardrail.</li> </ul> </li> </ul> </li> </ul>		
	Practicability: A	Realignment.	Relocation.
4	<ul> <li>(Observation)</li> <li>Absence of the furniture.</li> <li>(Proposal)</li> <li>Newly installation of the furniture.</li> </ul>		
	Practicability: A	Paint lane mark.	Install guardrail and mirror.

No.	Proposal	Photo	
5	<ul> <li>(Observation)</li> <li>Object is installed within road clearance limit.</li> <li>(Proposal)</li> <li>Relocate object to out of limit.</li> </ul>		
		Sign board.	Electric wire & pole
	Practicability: see right columns	Practicability: A	Practicability: B (Co-work with Ministry of
			Electric Power is necessary.)

No.	Proposal	Photo	
1	<ul> <li>(Observation)</li> <li>Concrete objects remain existed.</li> <li>(Proposal)</li> <li>Remove the object.</li> <li>Temporary barrier (non-hard material) with reflector will be installed to mitigate collision impact if indication is necessary.</li> </ul>		
		Concrete posts will be removed.	Concrete blocks will be removed.
	Practicability: A	Concrete walls will be replaced with temporary barrier.	Concrete posts for former parking area (?) will be removed.
	L	Juillel.	be removed.

Table 2.3.2 Proposal for the Solution: (2) Unnecessary Object is Continued to Exist

No.	Proposal	Photo	
1	<ul> <li>(Observation)</li> <li>- Insufficient sight distance.</li> <li>(Proposal)</li> <li>- Reconstruction to improve vertical alignment. (Desirable case)</li> <li>- Install traffic sign for warning. (Secondary case)</li> </ul>		
	Practicability: C for desirable and A for secondary	Unforeseen situation (e.g. parking car) after top of crest will be warned by the sign.	Unforeseen situation (e.g. parking car and/or oncoming car) after bending point will be warned by the sign.
2	<ul> <li>(Observation)</li> <li>Small horizontal curve in mountainous section.</li> <li>(Proposal)</li> <li>Slope cutting for road widening. (Desirable case)</li> <li>Install turnout bay (Secondary case)</li> <li>Install traffic sign for warning. (Secondary case)</li> </ul>	2014-12-17	
	Practicability: see right columns	Install turnout bay for waiting vehicle. <b>Practicability: B</b>	Install continuous guardrail, mirror and traffic sign. <b>Practicability: A</b>

#### Table 2.3.3 Proposal for the Solution: (3) Inappropriate Road Geometric Structure

No.	Proposal	Photo
2	<ul> <li>(Observation)</li> <li>Small horizontal curve in expressway.</li> <li>(Proposal)</li> <li>Reconstruction to improve vertical alignment. (Desirable case)</li> <li>Install traffic sign for warning. (Secondary case)</li> <li>Replace concrete wall with guardrail for overrun vehicle. (Secondary case)</li> <li>-</li> </ul>	
	Practicability: C for desirable and A for secondary	Install guardrail and traffic sign.

No.	Proposal	Photo	
1	(Observation) - Insufficient maintenance work. (Proposal) - Frequent work implementation.		
	Practicability: A	Debris clearing work.	Bush cutting on the slope.
2	<ul> <li>(Observation)</li> <li>Work group does not comply with authorized method.</li> <li>(Proposal)</li> <li>Prepare manual for appropriate work manner. (desirable)</li> <li>Work implementation by complying with the manual. Training program also will be prepared. (desirable)</li> </ul>		
	Practicability: B	Appropriate layout of the work area will be set	Appropriate work manner will be instructed by
	(Take time and cost for the manual preparation and dissemination of the work method.)	up based on the manual.	the supervisor based on the manual.

 Table 2.3.4 Proposal for the Solution: (4) Inappropriate Work Manner

No.	Proposal	Photo	
1	<ul> <li>(Observation)</li> <li>Road users in various categories do not comply with authorized traffic rule.</li> <li>(Proposal: desirable)</li> <li>Reinforce penal regulation.</li> <li>(Difficult to obtain consensus in the parliament.)</li> <li>Access control to expressway.</li> <li>(Construction cost for the control facility will be very large.)</li> </ul>		
	( <b>Proposal: secondary</b> ) - Public awareness campaign for dissemination of traffic manner to be complied by all road users through several media and/or town meeting. (Take time and cost for the campaign in moderate level.)	Riding bicycle on carriageway in expressway.	Excessive numbers of passengers on open roof vehicle in expressway.
	Practicability: C for desirable and B for secondary	Height of cargo is too high.	

 Table 2.3.5 Proposal for the Solution: (5) Inappropriate Traffic Manner

No.	Proposal	Photo	
1	<ul> <li>(Observation)</li> <li>Defects on pavement.</li> <li>(Proposal)</li> <li>Implementation of appropriate road maintenance work cycle. (desirable)</li> </ul>		
	Practicability: A	De-lamination. Patching work is required.	Defect area gradually has been spread. Surface dressing work is required.
2	<ul> <li>(Observation)</li> <li>- Gap occurred between each structure (e.g. bridge and approach road).</li> <li>(Proposal)</li> <li>- Countermeasure work based on investigation, analysis and design. (desirable)</li> <li>- Filling gap occurred between each structure. (secondary)</li> </ul>		
	Practicability: C for desirable and A for secondary	Overlaying for filling gap between bridge and approach road.	Depth of gap reached 20cm.

## Table 2.3.6 Proposal for the Solution: (6) Defect due to Inappropriate Construction Quality

No.	Proposal	Photo	
2	(Continued)	10.3.2013	
	Practicability: C for desirable and A for secondary	Gap between carriageway and shoulder.	Water remains in the gap area.
3	<ul> <li>(Observation)</li> <li>Destruction of the structure.</li> <li>(Proposal)</li> <li>Countermeasure work based on investigation, analysis and design. (desirable)</li> <li>Destructed part will be replaced with gabion box. (secondary)</li> </ul>	10.3.2013	
	Practicability: C for desirable and B for secondary	Large cavity under concrete slab.	Collapse of slope protection (concrete block).

#### 2.4 Action Taken by the Government of Myanmar

The Team had fruitful discussion with the counterpart (CP) appointed by the Government of Myanmar to deal with the issues identified through the site investigation. Subsequently, CP took swift action to solve the issues such as mainly for issue (1) and (2). Photos of the action outcome are illustrated in Figure 2.4.1. Furthermore, checklist of the action taken by CP (latest version: Jun/2015) is as shown in Table 2.4.1. The Team expects sustainable implementation of the action a lot in a future.

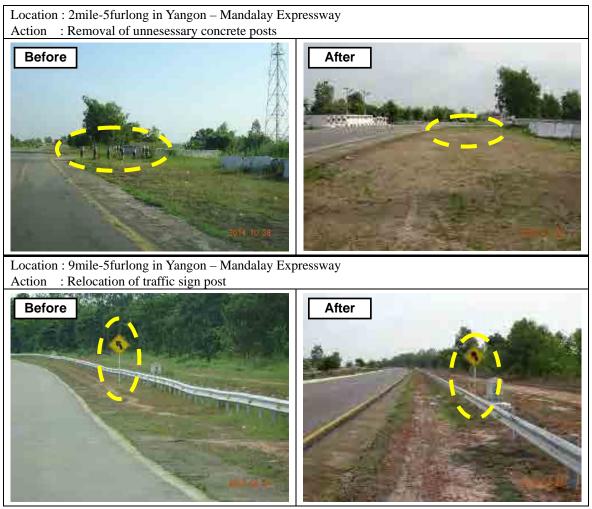


Figure 2.4.1 Action Outcome of the CP

Direc	tion:	YG	N => MDL	M: Mile, F: Furlong
No.	М	F	Observation	Action
1	1	1	Unnecessary post should be removed.	
2	2		Unnecessary post should be removed.	Removed
3	3		Concrete wall should be replaced with temporary barrier.	Removed
4	3		Unnecessary post should be removed.	Removed
5	4		Concrete wall should be replaced with temporary barrier.	Removed
6	6		Concrete wall should be replaced with temporary barrier.	Removed
7	9		Signboard is too close to carriageway.	Relocated
8	12		Unnecessary post should be removed.	Removed
9	13		Signboard is too close to carriageway.	Relocated
10	16		Signboard is too close to carriageway.	Relocated
11	17		Signboard is too close to carriageway.	Relocated
12	25		Signboard is too close to carriageway.	Relocated
13	29		Signboard is too close to carriageway.	Relocated
14	42		Mileage post is too close to carriageway.	
15	42		Mileage post is too close to carriageway.	
16	43		Erosion on embankment.	
17	49		Mileage post & signboard are too close to carriageway.	Relocated
18	49		Signboard is too close to carriageway.	Relocated
19	50		Mileage post is too close to carriageway.	Relocated
20	50		Road lighting pole is too close to carriageway.	
20	51		Unnecessary concrete wall should be removed.	
22	52		Mileage post is too close to carriageway.	Relocated
22	54		Mileage post is too close to carriageway.	Relocated
23 24	54 54		Mileage post is too close to carriageway.	
24	56		Mileage post is too close to carriageway.	Relocated
25	57		Signboard is too close to carriageway.	Relocated
20	63		Guardrail should connect bridge wall smoothly.	Relocated
27	63		ž ž	Relocated
20 29	65		Signboard is too close to carriageway.	Relocated
30	65		Signboard is too close to carriageway.	
30			Mileage post is too close to carriageway.	Relocated
	66		Unnecessary concrete wall should be removed.	
32	70		Unnecessary concrete wall should be removed.	
33	72		Arrow board and cushion should be removed	
34	73		Unnecessary concrete wall should be removed.	
35	75		Unnecessary post should be removed.	
36	79		Unnecessary concrete wall should be removed.	
37	80		Unnecessary concrete wall should be removed.	
38	81		Unnecessary concrete wall should be removed.	
39	81		Mileage post is too close to carriageway.	
40	81		Unnecessary concrete wall should be removed.	
41	84		Unnecessary concrete wall should be removed.	
42	84		Signboard is located in front of guardrail.	
43	84		Arrow signboard should be removed	
44	85		Mileage post is too close to carriageway.	Relocated
45	87		Mileage post is too close to carriageway.	Relocated
46	92		Mileage post is too close to carriageway.	Relocated
47	92		Mileage post is too close to carriageway.	Relocated
48	94		Unnecessary concrete wall should be removed.	
49	95		Mileage post is too close to carriageway.	Relocated
50	98	5	Mileage post is too close to carriageway.	

Table 2.4.1 Checklist of the Action taken by the CP (1 of 4)

Dire			N => MDL M: Mil	e, F: Furlon
No.	Μ	F	Observation	Action
51	100		Mileage post is too close to carriageway.	
52	101		Partially broken guardrail.	Repaired
53	107	6	Mileage post is too close to carriageway.	
54	108	1	Mileage post is too close to carriageway.	
55	108	2	Mileage post and signboard are too close to carriageway.	
56	108	3	Mileage post is too close to carriageway.	
57	108	4	Mileage post is too close to carriageway.	
58	108	5	Mileage post and signboard are too close to carriageway.	
59	108	6	Mileage post is too close to carriageway.	
60	109	0	Mileage post is too close to carriageway.	
61	109	1	Mileage post is too close to carriageway.	
62	109	2	Mileage post and signboard are too close to carriageway.	
63	114	4	Unnecessary concrete wall should be removed.	
64	117	4	Mileage post is too close to carriageway.	
65	120		Mileage post is too close to carriageway.	
66	120		Partially broken guardrail.	
67	125	4	Unnecessary concrete wall should be removed.	
68	126		Mileage post is too close to carriageway.	
69	129		Unnecessary concrete wall should be removed.	
70	132		Unnecessary concrete wall should be removed.	
71	137		Unnecessary post should be removed.	
72	138		Unnecessary post should be removed.	
73	138		Reflection board should be removed.	
74	140	2	Signboard is too close to carriageway.	Relocated
75	140		Signboard is too close to carriageway.	Relocated
76	144		Mileage post is too close to carriageway.	Relocated
77	146		Unnecessary post should be removed.	
78	147		Unnecessary concrete wall should be removed.	
79	148		Unnecessary concrete wall should be removed.	
80	154		Unnecessary concrete wall & post should be removed.	
81	163		Unnecessary concrete wall should be removed.	
82	171		Unnecessary concrete wall should be removed.	
83	173		Unnecessary concrete wall should be removed.	
84	176		Unnecessary concrete wall should be removed.	
85	178		Signboard is too close to carriageway.	Relocated
86	302		Gap between curb stone and foundation concrete of handrail on box culvert.	
87	305		Gap between curb stone and foundation concrete of handrail on box culvert.	1
88	338		Erosion around abutment.	
89	339		Inappropriate material (concrete) filled in cushion barrel.	
90	339		Erosion around abutment.	

Table 2.4.1 Checklist of the Action taken by the CP (2 of 4)

Direc	ction:		L => YGN M: Mile	e, F: Furlon
No.	Μ	F	Observation	Action
91	199	0	Unnecessary concrete wall should be removed.	
92	197	5	Unnecessary concrete wall should be removed.	
93	196	5	Cushion barrel should be installed.	
94	196	4	Mileage post is too close to carriageway.	Relocated
95	190	4	Mileage post is too close to carriageway.	Relocated
96	190	3	Mileage post is too close to carriageway.	Relocated
97	186	3	Mileage post is too close to carriageway.	Relocated
98	181	4	Mileage post is too close to carriageway.	Relocated
99	178	7	Mileage post is too close to carriageway.	Relocated
100	178		Mileage post is too close to carriageway.	Relocated
101	176	6	Concrete wall and post should be replaced with temporary barrier.	Replaced
102	176		Partially broken guardrail.	
103	175	5	Mileage post is too close to carriageway.	
104	174	1	Mileage post is too close to carriageway.	
105	174	0	Mileage post is too close to carriageway.	
106	173		Concrete wall and post should be removed.	
107	173		Signboard is too close to carriageway.	
108	173	1	Unnecessary concrete wall & post should be removed.	
109	171		Unnecessary concrete wall should be removed.	
110	170	4	Signboard is too close to carriageway.	
111	170	2	Arrow board & concrete wall should be removed.	Removed
112	167	2	Signboard is too close to carriageway.	
113	167		Signboard is too close to carriageway.	
114	166		Arrow board should be removed	
115	165		Guardrail should connect bridge wall smoothly.	
116	164		Signboard is too close to carriageway.	
117	163		Unnecessary concrete wall should be removed.	
118	162		Mileage post is too close to carriageway.	
119	153		Unnecessary concrete wall should be removed.	
120	148		Good example for wall arrangement in front of bridge.	
121	148		Signboard is too close to carriageway.	
122	147		Signboard is too close to carriageway & too low.	
123	147		Signboard is too close to carriageway & unnecessary post should be removed.	
124	144		Mileage post is too close to carriageway.	Relocated
125	143		Arrow board is in front of guardrail.	
126	142		Signboard is too close to carriageway.	
127	140		Signboard & mileage post are too close to carriageway.	Relocated
128	137		Cushion & concrete post should be removed. Tapered lane should be installed.	
129	132		Unnecessary concrete wall should be removed.	
130	132		Mileage post is too close to carriageway.	Relocated
131	129		Unnecessary concrete wall should be removed.	
132	128		Mileage post is too close to carriageway.	Relocated
133	125		Unnecessary concrete wall should be removed.	
134	125		Unnecessary concrete wall should be removed.	
135	120		Signboard is too close to carriageway.	
136	120		Barrier should be removed	
137	114		Unnecessary concrete wall should be removed.	
138	113		Unnecessary concrete wall should be removed.	
139	112		Unnecessary concrete wall should be removed.	
1.3.91				

Table 2.4.1 Checklist of the Action taken by the CP (3 of 4)

Direc	tion:	MDI	L => YGN	M: Mile, F: Furlong
No.	М	F	Observation	Action
141	100	6	Mileage post is too close to carriageway.	
142	94		Unnecessary concrete wall should be removed.	
143	94		Arrow board should be removed	
144	91	7	Mileage post is too close to carriageway.	Relocated
145	90		Partially broken guardrail.	
146	89		Mileage post is too close to carriageway.	Relocated
147	89		Mileage post is too close to carriageway.	Relocated
148	86	2	Signboard is in front of guardrail.	
149	86	1	Mileage post is too close to carriageway.	
150	86	0	Mileage post is too close to carriageway.	
151	84	4	Arrow board is in front of guardrail.	
152	83	1	Concrete wall & cushion barrel should be removed.	
153	81	7	Unnecessary concrete wall should be removed.	Removed
154	81	0	Unnecessary concrete wall should be removed.	
155	80	5	Unnecessary concrete wall should be removed.	
156	79	3	Unnecessary concrete wall should be removed.	
157	79		Mileage post is too close to carriageway.	
158	79		Mileage post is too close to carriageway.	
159	73		Unnecessary concrete wall should be removed.	
160	72		Cushion should be removed.	
161	70		Unnecessary concrete wall should be removed.	
162	68		Cushion should be placed in front of wing wall of abutment.	
163	68		Mileage post is too close to carriageway.	
164	66		Signboard is too close to carriageway.	Relocated
165	66	1	Signboard is too close to carriageway.	Relocated
166	65		Unnecessary concrete wall should be removed.	
167	63		Cushion should be placed in front of wing wall of abutment.	
168	56		Signboard is too close to carriageway.	
169	53		Mileage post is too close to carriageway.	
170	52		Mileage post is too close to carriageway.	
171	52		Signboard is in front of guardrail.	
172	52		Signboard is too close to carriageway.	
173	51		Unnecessary concrete wall should be removed.	
174	49		Unnecessary concrete wall should be removed.	
175	49		Mileage post is too close to carriageway.	
176	48		Mileage post is too close to carriageway.	Relocated
177	46		Arrow board is too close to carriageway.	
178	42		Unnecessary concrete wall should be removed.	
179	42		Mileage post is too close to carriageway.	
180	22		Mileage post is too close to carriageway.	
181	21		Signboard is too close to carriageway.	
182	21		Signboard is too close to carriageway.	
183	21		Arrow board is too close to carriageway.	
184	12		Unnecessary post should be removed.	
185	8		Unnecessary post should be removed.	Domoviori
186	6		Unnecessary concrete wall should be removed.	Removed
187	4		Unnecessary concrete wall should be removed.	Removed
188	3		Unnecessary concrete wall should be removed.	Removed
189	2	5	Unnecessary post should be removed.	

Table 2.4.1 Checklist of the Action taken by the CP (4 of 4)

# 3. Effort to Secure Traffic Safety in Japan

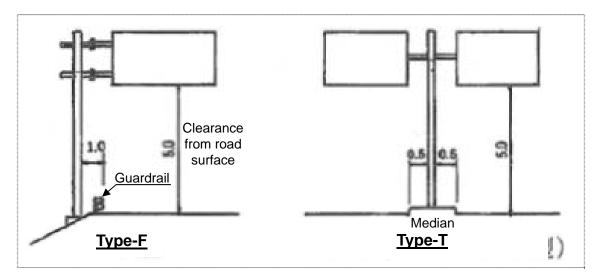
# 3.1 General

The Team introduces the effort taken by the road agencies in Japan to secure traffic safety in both road classifications namely expressway and national highway in this chapter.

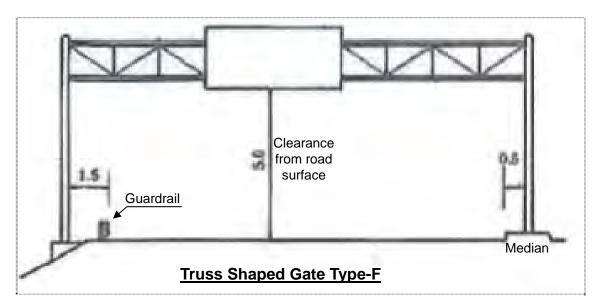
# 3.2 Expressway

Network of expressway in Japan has been operated by 3 companies namely East Nippon Expressway Co., Ltd. (E-NEXCO), Central Nippon Expressway Co., Ltd. (C-NEXCO) and West Nippon Expressway Co., Ltd. (W-NEXCO). These companies apply the integrated regulations including geometric structure and traffic safety for their operation.

Regulation of the traffic safety facility in the expressway is severely determined in order to ensure high speed vehicle in safe condition. Image of various dimensions of the traffic signboards are illustrated in Figure 3.2.1 - 3.2.4. Furthermore, photos of actual arrangement of the facilities on the sites are as shown in Figure 3.2.5 and 3.2.6.



**Figure 3.2.1 Dimension of Signboard Installation (1)** 



**Figure 3.2.2 Dimension of Signboard Installation (2)** 

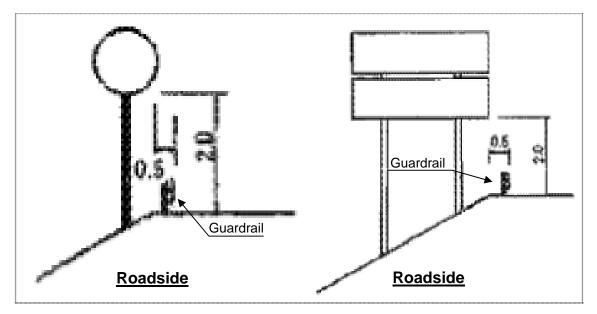


Figure 3.2.3 Dimension of Signboard Installation (3)

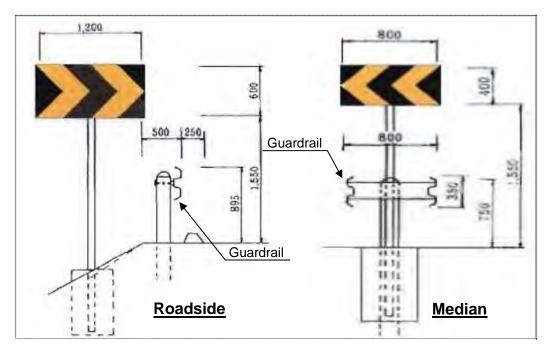


Figure 3.2.4 Dimension of Signboard Installation (4)

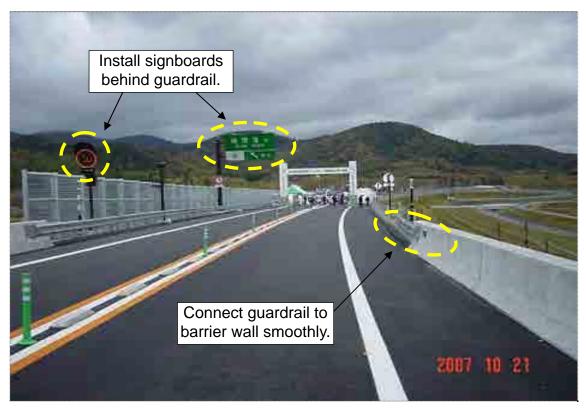


Figure 3.2.5 Arrangement View of Traffic safety Facilities (1)

The Project for Improvement of Road Technology in Disaster Affected Area in Myanmar

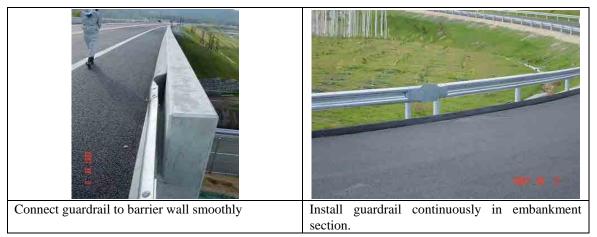


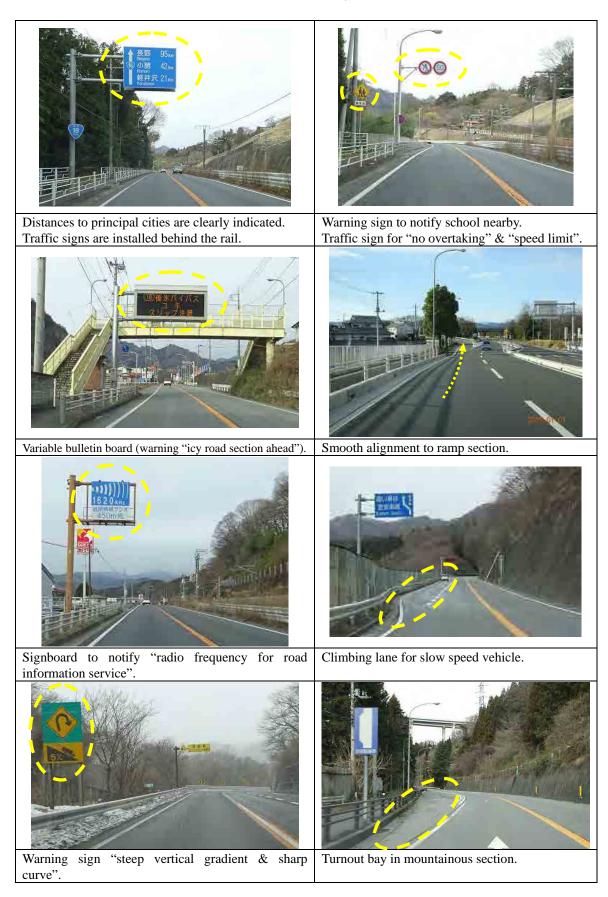
Figure 3.2.6 Arrangement View of Traffic safety Facilities (2)

# 3.3 National Highway

National highway network in Japan has been managed by the Road management offices under the Ministry of Land, Infrastructure, Transport and Tourism (MLIT). The each office is required to secure traffic safety and enhance service level for road users. On the other hand, characteristics of the network are varied by comparing with the expressway as follows.

- ✓ Very long and complicated network
- ✓ Various road geometric dimensions by their classification
- ✓ Various surroundings along the roads (e.g. topography, climate, land use, etc)
- ✓ Various types of road users (e.g. pedestrian, bicycle, motorcycle, vehicle, etc)
- $\checkmark$  Free access from the roadside in almost of the network sections

Therefore, the offices have been dealing with the given missions in the above stated circumstances. Photos of the road facilities are illustrated in Figure 3.3.1.



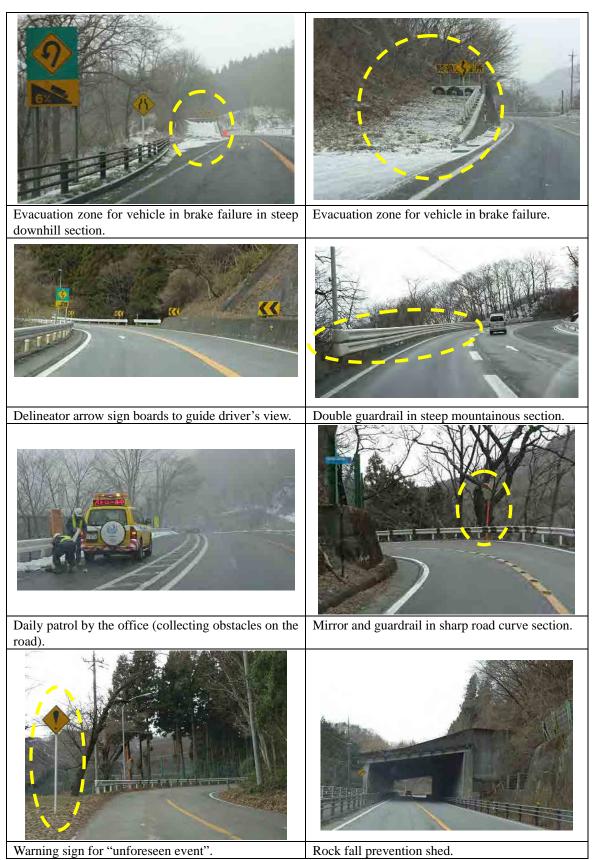


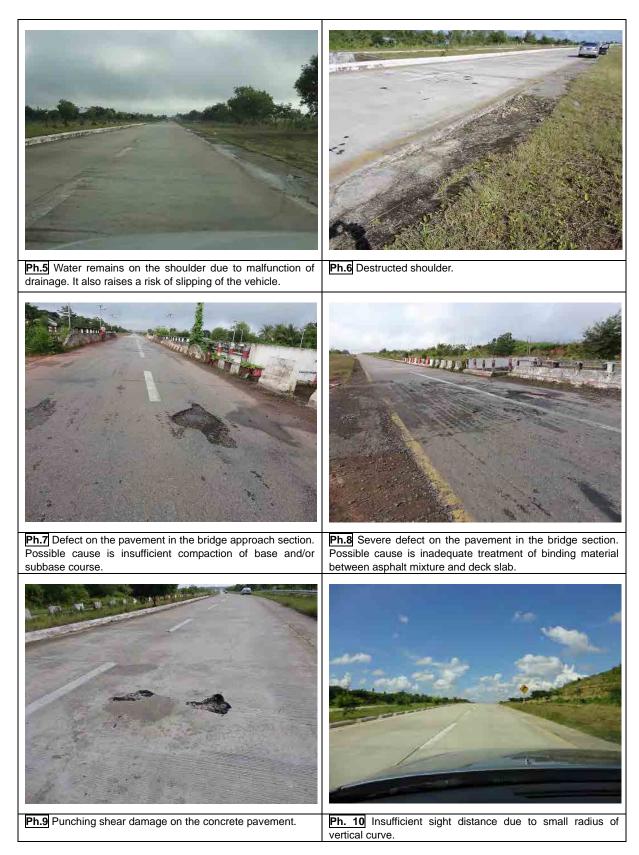
Figure 3.3.1 Photos of the Road Facilities in National Highway

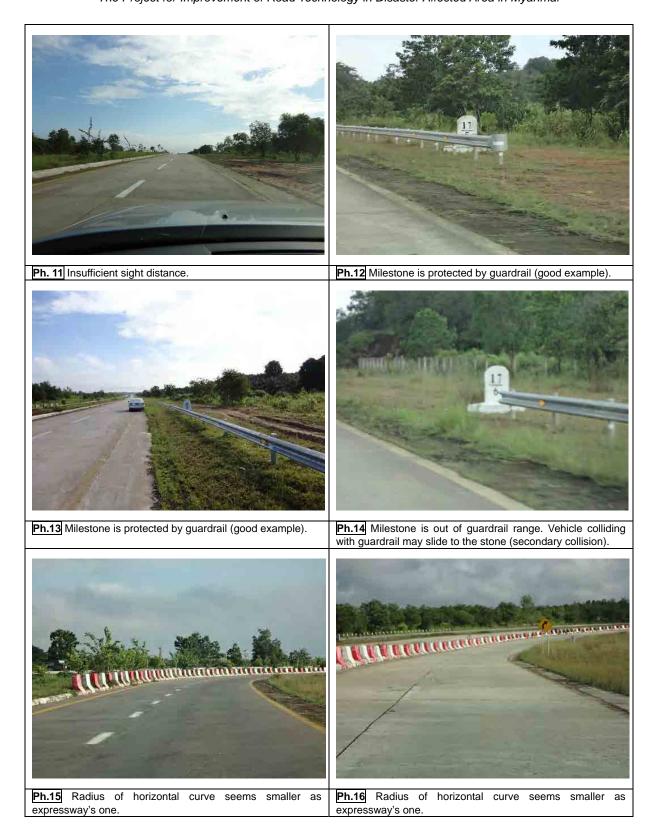
# 4. Photos Taken during the Site Investigation Work

Photos taken during the site investigation work (8times in total) and observation comments are attached in this chapter.

No.	Period	Route	Investigation Section
1	3 – 4, Oct, 2013	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw – Mandalay

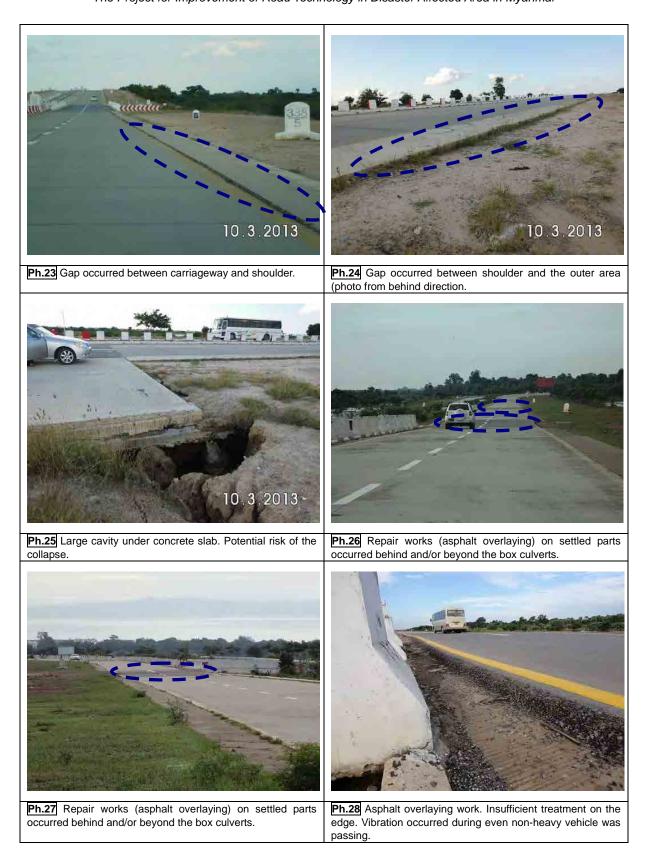






LEAN THE PLAT **Ph.17** Risk of serious injury on passengers in case of colliding with concrete posts. Ph.18 Unnecessary posts should be removed to prevent potential accident. Ph.19 Unnecessary posts should be removed. Ph.20 Posts were replaced with guardrail (good example). -Ph.21 Lane mark should be painted to divide traffic flow Ph.22 Parapet wall is located behind the curbs.

clearly.





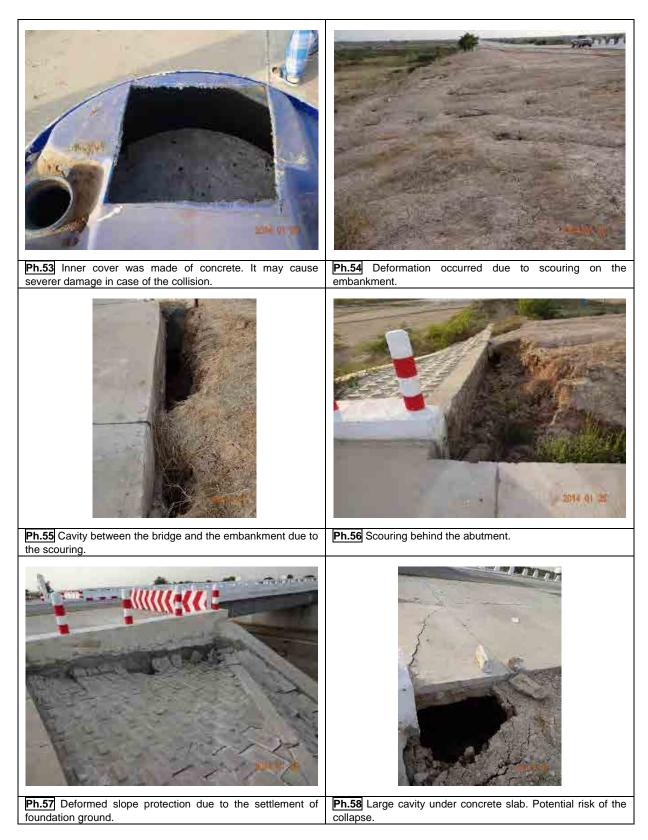


in

No.	Period	Route	Investigation Section
2	28 – 31, Jan, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw – Mandalay









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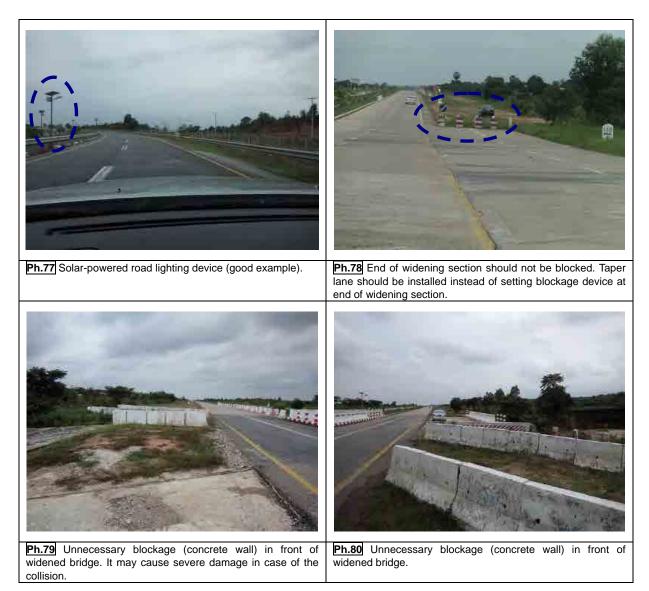
in

No.	Period	Route	Investigation Section
3	7 – 8, Jul, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw



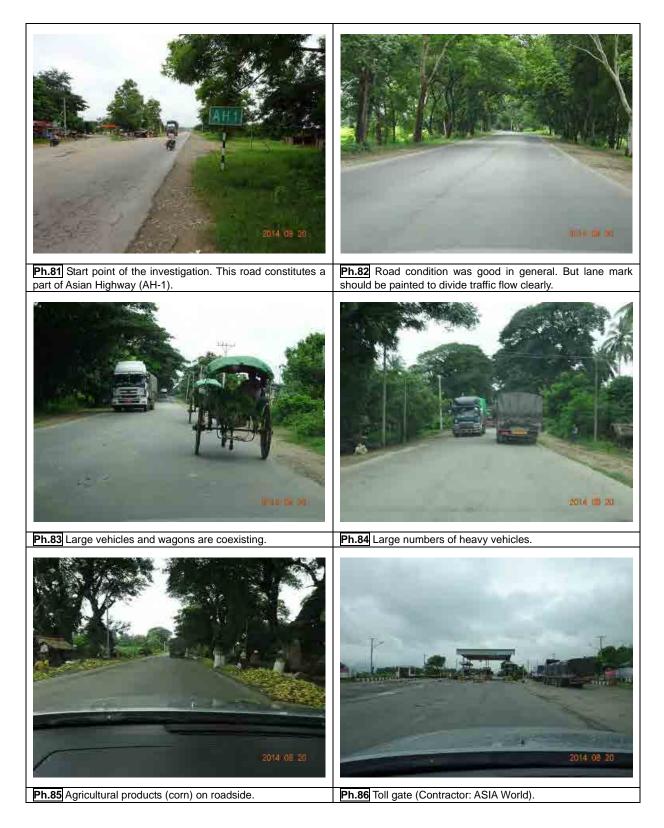
in





in

No.	Period	Route	Investigation Section
4	20, Aug, 2014	National Highway No.1	Nay Pyi Taw – Yangon







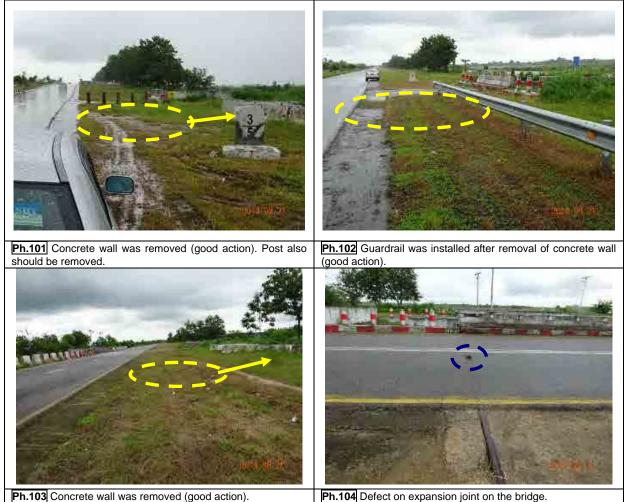
Ph.97 Toll gate (Contractor: Hi Star).

Ph.98 Weigh gauge (toll amount is based on the weight).

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No.	Period	Route	Investigation Section
5	21 & 23, Aug, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw



Ph.104 Defect on expansion joint on the bridge.





**Ph.115** Guardrail should be installed on outside based on the driving direction.

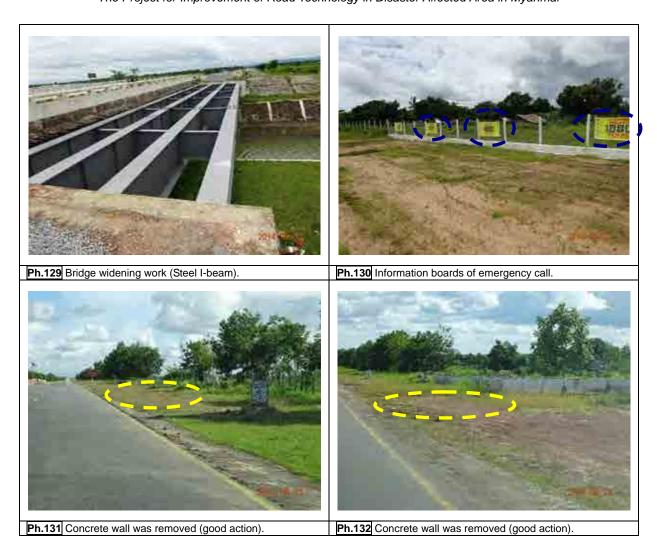
**Ph.116** Guardrail should be installed on outside based on the driving direction.



macadam, upper: hot asphalt mixture)

Ph.122 Asphalt plant on the roadside. The material will be used for the overlaying work.



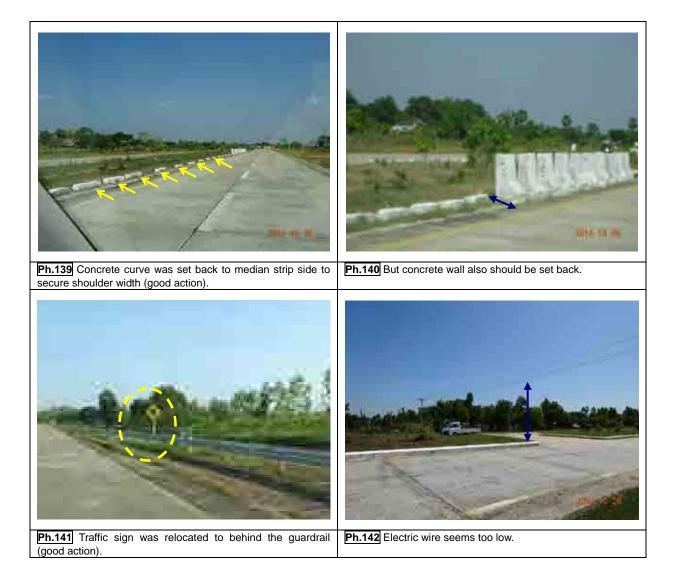


No.	Period	Route	Investigation Section
			185/0 - 185/1
6	27, Oct, 2014	Yangon-Mandalay Expressway	(Pilot work section for installation of
			various delineators)



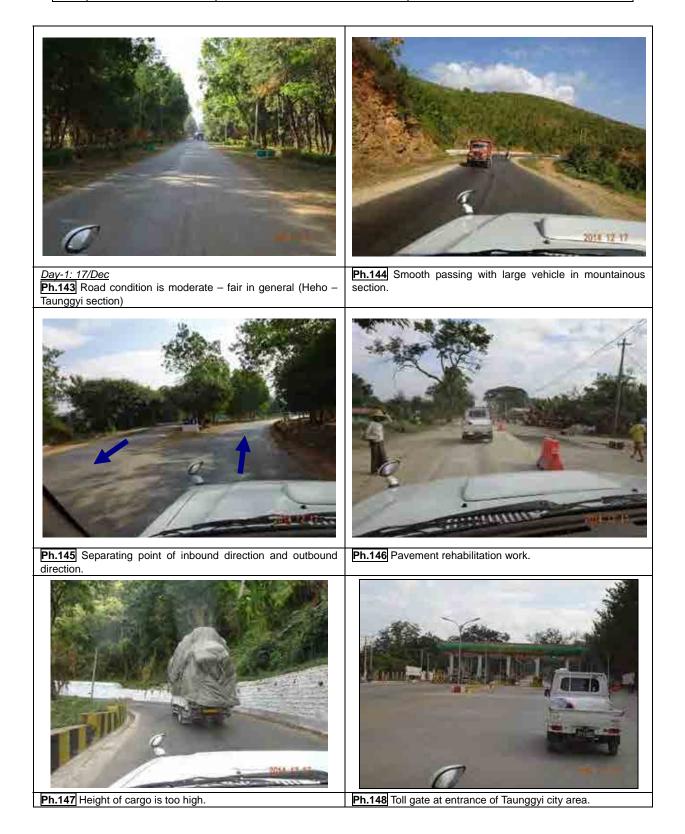
in

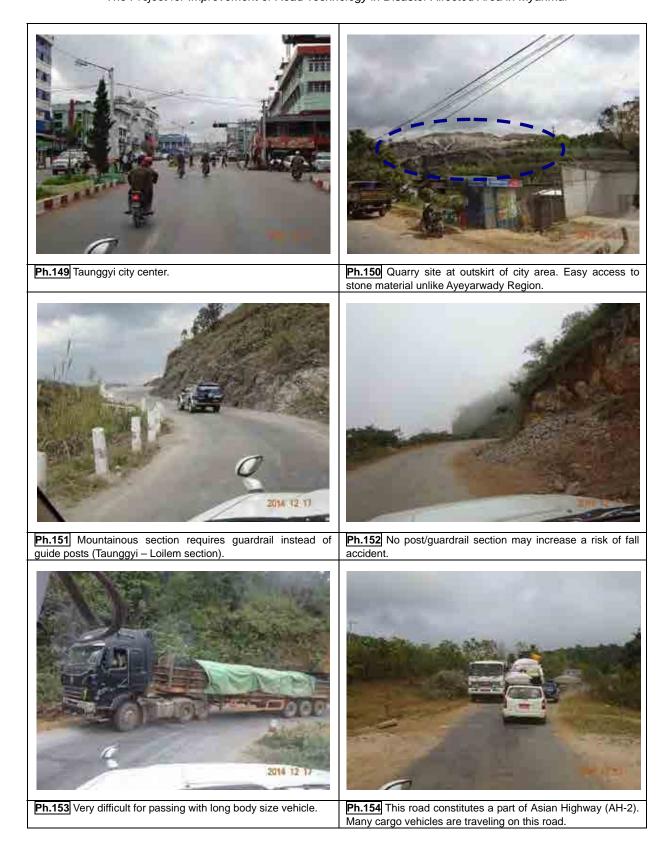
No.	Period	Route	Investigation Section
7	28 - 29, Oct, 2014	Yangon-Mandalay Expressway	Yangon – Nay Pyi Taw



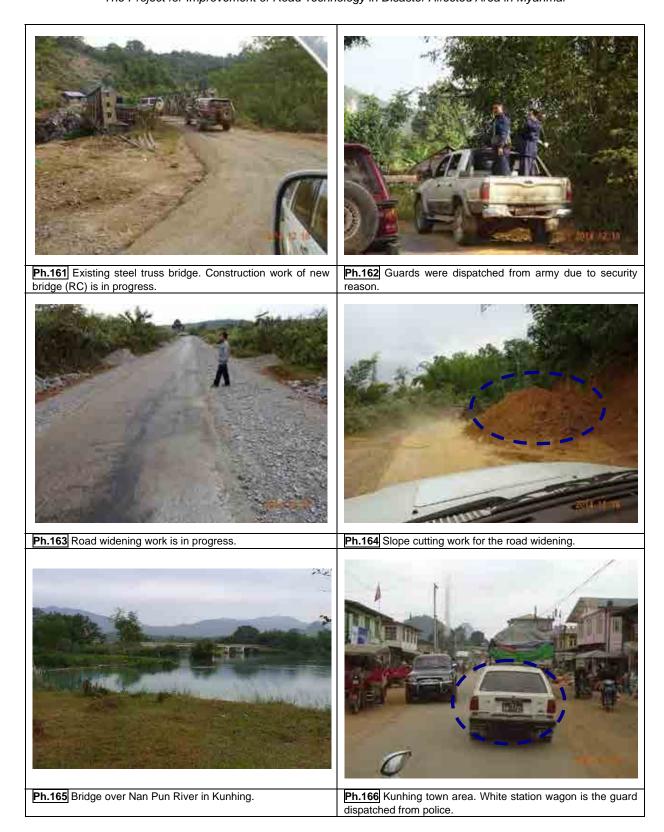
in

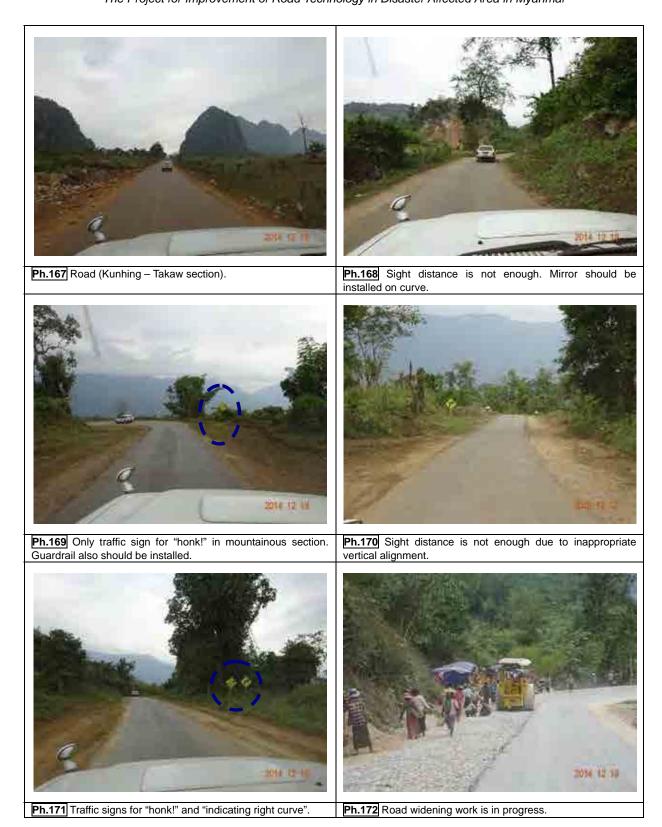
No.	Period	Route	Investigation Section
0	17 20 Dec 2014	National Highway No.4 (Shan	Haho Tourgovi Loilom Takov
0	17 – 20, Dec, 2014	State)	Heho – Taunggyi – Loilem – Takaw











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