# PROJECT FOR HUMAN RESOURSES DEVELOPMENT FOR WATER SUPPLY IN THE REPUBLIC OF SUDAN

MANAGEMENT MANUAL FOR LECTURERS

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JAPAN INTERNATIONAL COOPERATION AGENCY

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# MANAGEMENT MANUAL FOR LECTURERS

#### 1. PREPARATION FOR TRAINING COURSES

## 1-1. Preparation Meeting with Lecturers

First, training course coordinators must set the training objective. After the goal setting, they will nominate lecturers and hold preparation meetings with them for the coming training program as shown in Figure-1. The following issues as shown in Table-1 must be explained to the lecturers who join the PWCT training program for the first time.

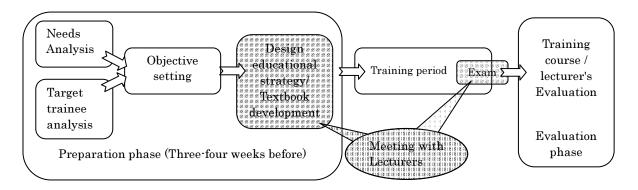


Figure-1. Preparation Meeting with Lecturers

**Table-1 The Contents of the Presentation** 

No.	Subject	Objective	Contents						
1	Training Objective	To understand the training plan and objective in the PWCT	<ul> <li>Outline of the PWCT training plan</li> <li>TOT (PWCT-SWC)</li> <li>JICA Expert role</li> </ul>						
2	Textbook preparation	Lecturer needs to develop textbook for the training	<ul> <li>Handout should be legible</li> <li>Careful of Quote rule</li> <li>Do not excess volume that can be done within the time</li> <li>Soft copy required</li> <li>Reference books</li> </ul>						
3	Preparation of Examination	Lecturer needs to prepare the examination sheets	The question sheet and modeled answer should be prepared one day before						
4-1	Instructional strategy	Learning effect	<ul> <li>Discuss Learning theory and presentation skill</li> </ul>						
4-2	Introducing "ARCS Model"	Motivation theory	<ul><li>Attention</li><li>Relevancy</li><li>Confidence</li><li>Satisfaction</li></ul>						
5	Teaching Strategy Planning	Time management and method	Built-in the instruction strategy						
6	Evaluation process	Purpose of lecturer evaluation	Sample sheet of the evaluation						

#### 1-2. Textbook preparation

Textbooks for the training course need to be prepared mainly by the outsourced lecturers. It will take time to prepare the textbooks which are suitable for the training objectives. Therefore, the training course coordinators must hold meetings for textbook preparation more than once.

#### 1-3. Examination

The examination sheet should have been developed jointly by lecturers and the training course coordinators at least one day before the final examination. The form of the examination should be standardized as a 100 point achievement style test. The level of difficulty in each examination must be standardized as well, comparing each subject.

#### 1-4. Lecturer evaluation

The lecturer needs to be evaluated by the trainee's satisfaction as attached in 3-1. A (Excellent) rank and B (good) for the evaluation result are welcome. However, in case of a lower evaluation result, the training coordinator should consider to let the lecturers to attend more educational skill seminars, otherwise they should not be utilized in the PWCT training course in the future.

## 2. MEETING FOR INSTRUCTIONAL STRATEGY AND METHOD

Presentation by lecturer should be appealing to the trainees. The important points are summarized in Table-2 below.

Table-2 Check list "Be aware of your presentation" for Lecturer (Summary)

No	Check points	✓					
1	Know your subject						
2	Prepare well						
3	State your objectives at the beginning of the class						
4	Use multimedia						
5	Watch your techniques of presentation						
6	Maintain eye contact						
7	Use humor, examples, stories, etc						
8	Do not read your notes word for word						
9	Introduce with some emphasis						
10	Speak clearly						
11	Show confidence, sincerity, energy, enthusiasm, catch trainee's interest						
	from the start						
12	Watch your closing - give them a message they will remember						
13	Avoid "uh's" and "ah's"						
14	Know your trainees' interests, perceptions expectations, background etc,						
15	Test the climate throughout your presentation- are they listening?						
16	Use yourself to get trainee's familiarity						
17	Include practical materials "how to " in your presentation						
18	Quit on time						

Refer to the textbook of "presentation skill" in the third organizational management course.
 This list is partly modified by the JICA Expert.

The instruction plan will cover four things. To use the check list, preparation (strategy for presentation), how to put the message over effectively, and dealing with feedback.

#### 2-1. Lecturer's Check List

Lecturers need to consider the following instructional strategies.

# A: Brainstorm the Subject

- List all possible points
- Group in Categories
- > Arrange in Logical sequence

#### **B:** Structure and select

- ➤ Keep number of main points down to a manageable level, Select on basis of Objective, time, trainees, must, should, could etc.
- ➤ Have an introduction of the subject, main body and summary.

#### C: Use illustrations

- > Simplify complex information
- > Use real life examples to illustrate points

# **D:** Opening and Closing

- > Write opening and closing sentences in full.
- ➤ Be challenging and capture the trainees during the opening and
- > Conclude when you finish

# E: Notes

- > Notes on cards
- > Use keywords,
- Write timing and messages to yourself on cards and
- ➤ Clip them together

## F: Making sure you are understood

# 2-2. Preparation for Training Program

Four things should be reviewed beforehand:

- > Subject
- Objective
- > Timing
- > Trainees

# **Subject**

The training subject must be appropriate. A good grasp of the subject is paramount for success.

# **Objective**

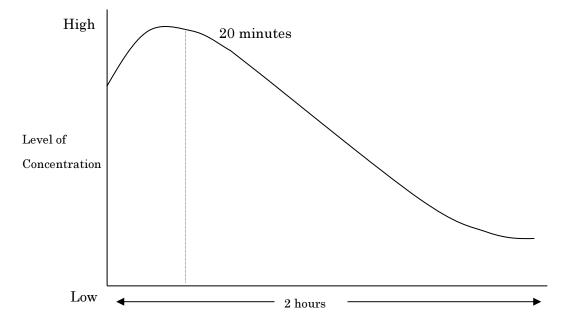
The objective of the presentation must be clearly stated to the trainees. It is important to demonstrate the way to get to the goal

# **Timing**

It is a known fact that the time for the presentation never seems to be enough.

Another thing that affects trainees is the time of the day. Lecturer's time management is also crucial.

Refer to the concentration curve presented here below:



Note: a short talk requires more presentation skill than a long talk. Lecturers need to plan well for a short talk (ten to twenty minutes)

Notes are best put on cards. The advantages are the followings:

- They are easy to put on and off and do not shake around as much as A4 sheets,
- Lecturer does not need a prop because they can be held quite easily and
- Since they are small, they encourage you to use key word rather than sentences.

#### **Handouts**

➤ Lecturers may need to give handouts for some materials. Lecturers should pause the presentation during this time,

#### Discussion

Question and discussions take considerable time. Spare a suitable amount of time for this purpose.

**Research the Trainees**: This determines the scope and content of the presentation.

There are needs to interest the trainees.

Analyze the trainees:

- Trainee's knowledge on the subject
- What they need to know
- ➤ What will interest them
- ➤ New information absorption capacity
- Any biases towards or against the subject or speaker
- ➤ What are their expectations
- What age range and gender are they

The ARCS model is useful to think about those issues as attached in chapter 3.

- A Attention
- R Relevance
- C Confidence
- S Satisfaction

Getting attention of trainees is an important factor for them to get motivated and be interested in the subject. Unlike child or teen-age learners, Adult learners like the trainees in the PWCT tend to need close relevancy between the training course and their benefit. To show its goal to trainees and give chances of success are also utilized to get them motivated. Trainee's satisfaction would be a first indicator of the training evaluation. And every trainee wants to know his result in order to make sure of his satisfaction. Fair and equal evaluation is required at the end of the program.

Lecturer also needs to consider:

- Whether they are generalists or fellow specialists
- > Small or large groups
- > Groups of five or less (informal) limit use of visuals
- > Groups of 40 or more (formal) more use of visuals

Groups of 10 to 30 (use boards, charts and overheads).

#### Multimedia utilization

Utilize visual aids when a short presentation (less than 10 minutes) is made. Practice on the use of visual aids if necessary.

## Consideration on combinations of multimedia and training room size

Important considerations one must take;

- Letter sizes must be legible.
  - Check room layout and arrive early to prepare presentations.

Selection and use of visual aids,

- ➤ 80% of what we take in reaches us through the eyes.
- ➤ 15% of what we take in reaches us through hearing
- > 5% of what we take in reaches us through other senses

Visual aids use depends on:

- > Effect expected to be achieved
- ➤ Size of group
- Amount of time available
- Equipment available.

Visual aids that use colors are effective (Movies are more captivating)

## Size of group and use of visual aids:

#### Small group use:

- Presentation books
- Or A3 sheets
- Cards or thick papers

# Large groups (P>100)

- Canvas should be large enough to read.
- Writing boards can be used, letters should be large enough.

#### Medium group 10<P<30

Variety of visual aids can be used

Well-prepared visual aids attract trainees and save time.

# Assistant staff should prepare in advance when using visual aids

- > Arrive early
- > Be prepared to change media
- > Set up room early
- > Have a clear script
- Practice, practice and practice (Good speakers are not born, good speakers are made).

# 2-3. How to say it effectively

#### Structuring the talk

- ➤ If lecturers want the trainees to follow their line of reasoning, then lecturers must make the structure of the argument explicit
- The lecturer needs a well thought through structure in his/her speech, which should be made explicit.

#### Basic principles of structuring a presentation

- Note down nine or ten specific points to talk about
- Organize them into three headings

## Structuring of lecturer's talk

- Introductory talk to get trainee's attention and explain talk content.
- Major points

## Project yourself through use of body language

- Look at your trainees (have good eye contact), through eye contact, you are able to gauge how they are reacting e.g.
  - Are they bored?
  - Asleep?
  - Interested?
  - Looking at each other?

# Lecturers have every reason to worry if the trainees are not looking at them.

- > Smile carefully. Smiling can create an illusion of happiness.
- Avoid creating physical barriers. Do not hide behind a desk or lectern
- Beware of distracting mannerisms. Lecturers should use their hands as necessary for emphasis, although hands if over-used could distract attention.

➤ Be natural. Lecturers should not worry about themselves but concentrate in getting the message across.

#### Words

- ➤ Use simple words
- Avoid difficult words
   Talk concretely not abstractly

#### Conclusion

- > Use expression in voice
- Build in pauses to give time for assimilation of information provided
- ➤ Ham it up. Be animated and energetic to keep peoples' interest.
- > Develop a range of tone and pitch in the voice. Avoid monotonous tone.
- Speak clearly
- Speak up. Most people give up on low level speakers.
- ➤ Holding a group's attention requires (eye contact) with the Trainees.

#### 2-4. Dealing with Questions

- A: In a situation where there is no chairman, lecturers may need to allow enough time for trainees to ask questions,
- B: Questions asked by one of the trainees should be repeated for common understanding.
- C: Answer questions as concisely as you can.
- D: If the lecturer does not know the answer, he can ask the trainees if anyone knows the answer. Lecturers may also promise to find the answer.

# 3. SAMPLE SHEET FOR LECTURERS

# 3-1. Evaluation Sheet by Trainees

# The evaluation sheet of the lecturer at training

		The evaluation sheet of the lecturer at training										
Cou	irse Name	Evaluation Date	1									
Lect	turer Name	Trainee Name Evaluation *										
Trai	ning Place	Position										
No.	Item	Questionnaire Contents	Α	В	С	D	Е					
1		id the lecturer at training lecture calmly?										
2	Basic	Did the lecturer at training do a well-controlled lecture?										
3	behaivior	Did the lecturer at training show a good feeling and sympathy for a trainee?										
4		Did the lecturer at training do eye contact?										
5		Were the size and the tempo of the voice of the lecturer at training appropriate?										
6		Did the lecturer at training emphasize the important matter?										
7	Speech	Did the lecturer at training do plain expression?										
8		Did the lecturer at training push forward a lecture while confirming the understanding of the trainee?					1					
9		Did the lecture of the lecturer at training advance by a smooth flow?										
10		Did the lecture of the lecturer at training have consistency?										
11	Development	As for the lecture of the lecturer at training, was the main point unified?										
12		Did the lecturer at training answer for a question and the doubt from a trainee precisely?										
13		Did the lecturer at training push forward a lecture while being conscious of time?										
14	Time	Was not there a problem for distribution at the time of the lecturer at training?										
15	i ime	Did the lecturer at training start a lecture on time?										
16		When time was short, did the lecturer at training adjust it appropriately?										
17		Did the lecturer at training utilize PowerPoint and a slide effectively?										
18	Training tools	Was it easy to understand the text which a lecturer at training distributed?										
19	-	Was the inflection of the document which the lecturer at training distributed appropriate?										
20	Comment											
	* A	Excellent										
	В	Good										
	С	Fair										
	D	Poor										
	E	Very poor										

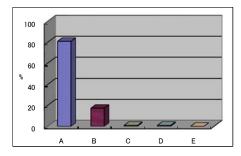
# **Sample of Evaluation Sheets**

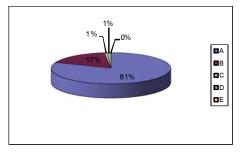
Dr.AAA AAAA Evaluation Results ( 15-27,October 20XX )

Trainee	F	Basic Behavior Speech Development Time						Γime	2			T	Тос	ols											
No	Α	В	C	D	Е	Α	В	C	D	Е	Α	В	С	D	Е	Α	В	С	D	Е	Α	В	C	D	Е
1	4					5					5	1				3	1				3				
2	4					5					5	1				3	1				3				
3	3	1				4	1				4	1	1			2	2				3				
4	2			2		3	2				3	2	1			3	1				3				
5	4					5						6				4					3				
6	4					3	2				5	1				2	2				2	1			
7	4					5					6					3	1				3				
8	4					3	2				4	2				4					3				
9	4					5					6					4					3				
10	4					3	2				4	2				3	1				1	2			
11																									
12																									
13																									
14																									
15																									
Total	37			2	0	41	9	0	0	0	42	16	2	0	0	31	9	0	0	0	27	3	0	0	0
No.5, 9, 11																									

Rank	Point	(%)
Α	178	81
В	38	17
С	2	1
D	2	1
E	0	0
Total	220	100







Trainee No.	Comment
1	the room of training must be improved, trainees must be two from any SWC
2	
3	
4	
5	
6	
7	
8	the subject of the lecture is very interest and useful and we are learned the basic course about the management
9	
10	increase the hours of coming course,
11	we need more practice for the future courses
12	time is short, lecture time is long this course the information of the lecturer,,,,
13	all of the lecturer show a good and calmly appropriately, the practice of course is extend
14	
15	

# 3-2. Sample Sheet for Pre - Discussion with Lecturers

The training coordinators need to have meeting with lecturer about the training course design which includes instructional strategic plan. The meeting will encourage common understanding of the purpose of the training course and necessary approach to instruct trainees.

Course Name		Date									
Lecturer Name		Major									
	Feature of A	dult Educaiton									
	P - M	ARGE									
		Why does Adult lea	rn?								
	P=Trainees are <u>Practical</u>										
	Adult ≠ Child  Adults have objective initially unlike children. They are likely to										
	learn in order to solve	the actual problem wh	nich they are facing on								
	their work.										
	R = Trainee needs R	<u>elevancy</u>									
	Adult will not learn an	nything that has not rel	lated to their realistic								
	interest.										
	M = Trainee needs										
P-MARGE		They need definite motivation									
T MINGE	If their motivation are vauge, they are not willing to learn anything.										
P = PRACTICAL	How ad	ult learn? (Trainee's	disposition)								
M. MOTIVATION	A = Trainees are Au		disposition								
M = MOTIVATION		re independent and autonomous unlikely children.									
A = AUTONOMOUS	_	r needs and their own	=								
		oordinator should supp									
R = RELEVANCY	according to their need	• •									
G = GOAL-	E = Trainee has life	Experience									
ORIENTED	Adult want more expe	rience rather than the	oretical knowledge.								
OTTE: (TEE	This fact leads two po	ssibilities.									
E = EXPERIENCE	1 Their own experie	ence can be used as so	urce of learning. /								
		ation leads better unde									
	I	wnplay theory since the	ney emphasie the worth of								
	experience too much.										
	What is necessar	y for learning suppor	rt in adult education?								
	G = Trainees are <u>Go</u>	al-oriented									
			ter to focus on the goal of								
	directly related to the	solution of their proble	em since they are likely to								
	be strongly goal-orien	ted.	·								
	Unlike children's learn	ning, prompt or rapid s	solution should be								
	proposed in adult educ	cation.									

Psychological Approach	Instructional Strategies
	Point 1 : 'Learning' may be combination of stimulation and response
	Always take notice of Immediate feedback  Before going into next section, check trainee's understanding  / Questioning or practice  Check understanding by examination  What's your opinion?
Approached by Behaviorism	Small step_will be better (Hop, step and jumping) / please proceed next little by little Always show the subject clearly when it is new topic.  Guideline or tip should be shown for trainees  What's your opinion?
	Inform the goal of training or lecture What is the goal and objective should be clearly informed. What is your idea?
	Remind the previous learning point before going into next stage
	Point 2: Learning may be compared with calculation by computer Human cannot memorize a lot. / Strategy of preservation the long run memory  Based on the mechanism of memory, running through many times is better. / Repetition of training leads to take root in long run memory  - Have chances to exercise, don't afraid of error. / Any result can be fed back  - Enhance maintaining of memory / Review again when almost forgetting moment
Cognitive model	What is your practical idea to cope with above matter?
	Give meaning / make image / understand as story  Generally, it will be easy to memorize when given information has some relation each other or give special meaning.  Ex. sdgjpneurousd → SDG / JPN / EURO / USD  What is your practical idea to cope with above matter?
	Point 3 : Learning means modification of relationship with other people rather than inputting knowledge / Input knowledge ≠not always learning
Experience model	<u>In order to transfer</u> not knowledge but <u>specific experience</u> , <u>CASE STUDY Method</u> will be effective. Show sample of failure or success case as a particular story.
	What is your practical idea to cope with above matter?

# **ARCS Model (J.Keller)**

## A - Attention

Get trainee's interest and motivate. / avoid routine thing

Ex. Greeting can be one of strategies for getting attention.

What is your practical idea to cope with above matter?

#### R - Relevance

Goal of the training should be strongly related to their daily work. That provokes trainee's active attitude.

Strategy to lead trainee to think this training course as much as worth to challenge

What is your practical idea to cope with above matter?

#### **Motivation Modeling**

# C - Confidence

Show its goal to trainees and give chance to success. Teaching material should be creat to enhance his confidence

What is your practical idea to cope with above matter?

#### S - Satisfaction

Trainee wants to know the result for his satisfaction. Fair and equal evaluation should be required

What is your practical idea to cope with above matter?