

## List of Inputs and Products

### 1. Inputs

#### 1.1 Inputs by the Japanese side

##### (1) Dispatch of experts

##### 1) List of Long-term Expert

No	Name	Title	Period of assignment
1	Yutaka Horie	Chief Advisor	2007.11-2010.9
2	Toshiyuki Okui	Project Coordinator	2007.11-2011.11
3	Keiji Takebayashi	Chief Advisor	2010.8-2011.11

##### 2) Short-term Expert

No	Name	Subject	Period of assignment
1	Toshihisa Watanabe	Data Collection and Analysis	2008.3.12-2008.3.21
2	Reisuke Iwana	Survey on Capacity of Local Authority and Available Services and Information Network (1st Dispatch)	2008.8.6-2008.8.19
3	Reisuke Iwana	Survey on Capacity of Local Authority and Available Services and Information Network (2nd Dispatch)	2008.9.15-2008.9.26
4	Kunichika Matsumoto	Elderly Needs Analysis	2008.1.11-2009.1.28
5	Tai Takahashi(MD)	Draft Model Formulation	2009.2.15-2009.2.28
6	Reisuke Iwana	Model Project Management for Community Activity(1st Dispatch)	2009.5.24-2009.9.22
7	Reisuke Iwana	Model Project Management for Community Activity(2nd Dispatch)	2009.5.24-2009.9.22
8	Masahiro Nakatsuka (MD)	Activity for frail Elderly(Dementia and Depression of Elderly)	2010.1.10-2010.1.26
9	Tai Takahashi (MD)	Activity for Daily living for Elderly (Care Management and Elderly Classification)	2010.2.21-2010.2.25
10	Yoshikazu Hasegawa	Care Management in Community	2010.2.21-2010.3.7
11	Kunichika Matsumoto	Data Analysis of Elderly Information	2010.3.1-2010.3.17
12	Reisuke Iwana	Formulating Manuals for conducting Model Activities (1st Dispatch)	2010.5.16-2010.5.29
13	Reisuke Iwana	Formulating Manuals for conducting Model Activities (2nd Dispatch)	2010.9.12-2010.9.25
14	Kunichika Matsumoto	Extended needs survey method	2010.9.12-2010.9.25

15	Kunichika Matsumoto	Utilization of Elderly Survey Result in Elderly Policy	2011.1.23-2011.2.3
16	Reisuke Iwana	Management of Draft Model (Model Evaluation Format)	2011.2.21-2011.3.4
17	Nobuto Sato	Model Activity Improvement in the community	2011.2.21-2011.2.25
18	Masato Kawamori	Diffusion Method of the Model	2011.3.4-2011.3.11
19	Reisuke Iwana	Ideal Principle for Elderly Community Care	2011.6.5-2011.6.22
20	Yutaka Horie	Lecturer on Community Elderly Care in Japan	2011.7.28-2011.7.31

### (2). Counterpart Training

JFY	Course Title	No. of Participants	Training Period
2008	Health and Social Services for Elderly in Community (Core Team Training)	19 Participants from MOPH, MSDHS, Local Authorities	2008.11.16-2008.12
2009	Health and Social Services for Elderly in the community (Professional Care Skill Training)	14 Participants from MOPH, MSDHS, Local Authorities	2009.6.29-2009.7.14
2010	Model activity management in the community (Management Training)	19 Participants from MOPH, MSDHS, Local Authorities	2010.10.16-2010.10.30
2011 (Plan)	Elderly Service Model Diffusion	9 Management Level Participants from MOPH, MSDHS	2011.9.24-2011.10.5

### 3) Provision of Equipment

JFY	ITEM	Quantity	Remarks
2008	Personal Computers, Video Cameras, Projectors	13 Sets	For Each site
2009	Disability/Elderly Simulation Training Kits	6 Sets	For Each site
	Microphone/Amplifier/Speaker Systems and CD Players Radio for Community Activities	8 Sets	For Each site
2010	Microphone/Amplifier/Speaker Systems for Community Activities	16 Sets	For Each site
	Educational Kits for Elderly health promotion Activities	2 Sets	For Chiang Rai and Nonthaburi
	Blood Pressure Monitors for Health Check activities	4 Sets	For Each site
	Blood Sugar Monitors	16 Units	For Khon Kaen and Nonthaburi

(3)Operational expenditure(Baht\*)

JFY2007	JFY2008	JFY2009	JFY2010	JFY2011 (As 19 August 2011)	Total
1,474,871	4,381,740	4,574,572	4,976,493	1,235,783	16,643,459

\*1Baht = Yen 2.622(as of August 2011)

**1.2 Inputs by the Thai side**

(1)Government and provincial and related personnel as Counterparts and Stakeholders  
(see ANNEX 5 for the details)

(2)Office space, facilities; basic furniture and equipment

(3)Land, buildings and other facilities necessary for the implementation of the Project

(4)Administrative cost(Baht)

Baht 3,825,000 from Bureau of Policy and Strategy, Ministry of Public Health  
Including the operating cost of JCC, Steering Committee, National Conference

Baht 500,000 From Office of Office of Welfare Promotion, Protection and Empowerment of  
Vulnerable Groups, Ministry of Social Development and Human Security  
Including the cost of administration

(5)Operating cost (Baht)

(5-1) Chiang Rai

Department of Medical Service and other organizations under MOPH	Office of Welfare Promotion, Protection, Empowerment of Vulnerable Groups, Department of Social Development and Welfare, and other organizations under MSDHS	Local Authority (Tessaban)	Others
2,189,301	1,283,200	2,978,000	N/A

(5-2)Khon Kaen

Bureau of Health Administration and other organizations under MOPH	Office of Welfare Promotion, Protection, Empowerment of Vulnerable Groups, Department of Social Development and Welfare, and other organizations under MSDHS	Local Authority (TAO)	Others
1,702,720	1,615,800	370,000	N/A

(5-3)Nonthaburi

Department of Health and other organizations under MOPH	Office of Welfare Promotion, Protection, Empowerment of Vulnerable Groups, Department of Social Development and Welfare, and other organizations under MSDHS	Local Authority (TAO)	Others
2,110,127	1,589,680	5,562,508	N/A

(5-3)Surat Thani

Department of Mental Health and other organizations under MOPH	Office of Welfare Promotion, Protection, Empowerment of Vulnerable Groups, Department of Social Development and Welfare, and other organizations under MSDHS	Local Authority (TAO, Tessaban)	Others (Elderly club, Thai Health Promotion Foundation)
2,807,360	956,525	200,775	24,000

## 2.Products of CTOP

	<b>Production Items</b>	<b>Remark</b>
1	Illustration of International Classification of Functioning, Disability and Health (ICF)	
2	Report on Local Authority Strength Survey	
3	Guide line for Local Ownership	
4	1st Questionnaire	
5	2nd Questionnaire	
6	Guideline of Typology of the Aged with Illustration (TAI)	
7	Project Website (www.ctop-file.com)	
8	Project Introduction Video	
9	Introduction Video of Chiang Rai site	
10	Introduction Video of Khon Kaen site	
11	Introduction Video of Nonthaburi site	
12	Introduction Video of Surat Thani site	
13	1st National Conference Report	
14	2nd National Conference Report	
15	Join Coordination Committee(JCC)Reports (1st -8th)	
16	Steering committee Reports(1st - 13th)	
17	Model Activities Guideline	
18	Model Activity Manuals	
19	Universal Lessons (Mission, Principles, Suggestions)	
20	Checklist for model activity	
21	Reports of Japanese Experts	

### 3. Summary of the community care trainings

## Community Care Training in Japanese Fiscal Year 2009

Place	Chiang Rai			Khon Kaen		Nonthaburi		Surat Thani	
	A	B1	B2	A	B	A	B	A	B
<b>Type</b>	The elderly health	Elderly care by people in community	Elderly wisdoms	Bone and Joint Deterioration	First Aids	Improving the Quality of Life of the elderly	Training for community leader and elderly leader in community	Integrated Elderly Volunteer Services	Training for community leader and elderly leader in community
<b>Title</b>	-To give the elderly knowledge on eating, exercise, and emotional management. - To encourage elderly to understand their own condition.	- To give the elderly, elderly leaders and volunteers more knowledge on elderly care.	-To build an awareness among people in the community on elderly wisdoms.	-To give more knowledge and skills to elderly care volunteers and community leaders on Bone and Joint Problem in the elderly. -To build strength in participation on elderly work.	-To be able to assist appropriately the elderly for the emergency case on time. -To increase the effectiveness when taking care of the elderly in emergency. - To develop human resources in the community for First Aids.	-To provide experience on taking care of the elderly health and social welfare. -To give the participant the knowledge on health service and social welfare provision	- To share the roles and functions of local authority in community. -To give the leader more knowledge on health and welfare issues.	-To increase the number of elderly care volunteers to work with community. -To give the elderly care volunteers the knowledge on health and welfare issues.	-To increase the number of elderly care volunteers to work with community. -To give the elderly care volunteers the knowledge on health and welfare issues.
<b>Purpose&amp; Goal</b>									
<b>Target</b>	Elderly: 500	Elderly Care Volunteers and Representatives from Tessaban : 74	Elderly : 70	Elderly Care Volunteers and Village leaders : 72	Rescue Volunteers : 30	Elderly Care Volunteers : 110	Elderly Care Volunteers and Village Leaders : 41	Elderly Care volunteers :54	Elderly Care Volunteers and Village Leaders : 41
<b>Venue</b>	Multipurpose center	Yang Hom Tessaban	Yang Hom Tessaban	Nampong Community Hospital	Sa-ard TAO	Thailand Cooperative Office in Bang Sri Thong	Ban Na Derm Community Hospital and Pak Poon TAO, NakornsriThammarat	Banna Derm Community Hospital	Ban Na Derm Community Hospital and Pak Poon TAO, NakornsriThammarat
<b>Duration</b>	4 days	1 day	1 Day	2 Days	2 Days	1 Day	2 Days	2 Days	2 Days
<b>Budget from JICA side</b>	97,260 Baht	30,118 Baht	29,520 Baht	29,630 Baht	27,424 Baht	62,637 Baht	30,944 Baht	32,221 Baht	30,944 Baht
<b>Resource Person</b>	Experts on Health and Family issue from Youth Club	Lecturer in Thai Traditional Massage from Health Volunteer Club	Lecturer on Thai Traditional Massage Lecturer from Provincial Social Welfare Officer Nurse from Khun Tan Hospital	Nurse from Nampong Hospital	Prevention and Disaster Mitigation Volunteer and Nurse from Nampong Hospital	Nurse	Expert from Local Administration from Pakpoon TAO, NakornSriThammarat	Medical Doctor and Welfare Officer from NakornsriThammarat Hospital	Expert from Local Administration from Pakpoon TAO, NakornSriThammarat
<b>Schedule</b>	2-5 March 2010	18 February 2010	19 February 2010	2-3 March 2010	10 -11 March 2010	11 March 2010s	18-19 February 2010	10-11 February 2010	18-19 February 2010
<b>Remark</b>	A: Planned and organized by Government sector cooperated with TAO/ Tessaban. B: Planned and organized by TAO/ Tessaban cooperated with Government sector.								

## Community Care Training in Japanese Fiscal Year 2010

Place	Chiang Rai		Khon Kaen		Nonthaburi		Surat Thani	
Type	B 1	B 2	B 1	B 2	B	B 1	B 2	B 3
Title	Training for Elderly Care Volunteers who take care of Dependent Elderly	Promotion of Self Health Care of the Elderly	Elderly Care Volunteer training to rehabilitate elderly capacity	Capacity Building for Elderly with Chronic Diseases	Capacity Building for Elderly Care Volunteers on Physical Rehabilitation, Physical Therapy and Deterioration condition (Osteoarthritis, Stiff Shoulder, Lock Finger).	Safety and Appropriated Physical Environment Provision for Elderly	Elder Care by Descendant	Aging Preparation
Purpose & Goal	-To provide proper knowledge, understanding, and skill to dependent elderly care volunteers. -To develop process of dependent elderly taking care. -To build elderly care network.	-To give the elderly the knowledge and understanding on the proper way to apply in their daily life effectively. -To promote elderly health care.	-To develop capability of relatives, disabled persons and elderly care volunteers and also take care of the elderly properly. -To build participation on elderly care in the community.	-To build the capability for elderly with chronic diseases to have knowledge and skills on self-care property.	-To give knowledge on Osteoarthritis, Stiff Shoulder and Lock Finger to the volunteers. -The volunteers can observe, analyze and deal with the elderly who have problems. -The volunteers can rehabilitate the elderly.	-To provide knowledge and better understanding of Aged Friendly Environment & Safety to family members and community people. -To enable the elderly to help themselves in daily life.	-To provide knowledge and skill of elderly care to descendants. -To enable the descendants to provide good care to the elderly. -To stimulate family and community participation for elderly care in community.	-To provide knowledge and better understanding of environmental adjustment for the elderly. -To apply equipments for environmental adjustment due to elderly living condition properly.
Target	Elderly care givers/family members taking care Dependent Elderly in Yang Hom Tessaban area : 100 (1 <sup>st</sup> day) Elderly Care Volunteers : 50 (2 <sup>nd</sup> day)	Elderly in 21 villages of Yang Hom TAO : 300 Tessaban Officers: 15 Health Center and Hospital officers: 10	Volunteers taking care Elderly and Disabled persons : 100	Elderly with chronic diabetes and hypertension (2 groups) : 100 Elderly care volunteers : 14	Elderly Care Volunteers : 39 Health Care Volunteers : 21 Elderly : 40	Elderly care givers/family members: 55 Tessaban, TAO and Public Health Officers : 5	Descendants or Elderly care givers from TAO area : 50 Descendants or Elderly care givers from Tessaban area: 10	50-60 years old people from TAO area : 50 50-60 years old people from Tessaban area : 10
Venue	Ban Yang Hom Temple	Yang Hom Temple, Huay Luang temple, Niam Prac Multipurpose Center	Sa-ard TAO	Sakaew Temple, Ban Kambong and Sopotaram Temple, Ban Na-sri	Bang Sri Thong Rehabilitation Center, Bang Sri Thong TAO	Ban Na Derm Community Hospital	Ban Na Derm Community Hospital	Ban Na Derm Community Hospital
Duration	2 days	1 day x 3 groups	3 days	1 day x 2 groups	1 day	2 days	1 day	1 day
Budget from JICA side	- Meeting fee: 17,250 - Banner fee: 1,000 - Materials fee: 2,550 - Copy fee: 5,450 - Venue fee: 1,600 - Lecturer fee: 5,220 Total 33,070 Baht	- Meeting fee: 37,950 - Lecturer fee: 12,600 - Copy fee: 8,600 - Banner fee: 900 - Transportation fee for the lecturer: 4,344 Total 64,394 Baht	- Meeting fee: 34,500 - Document fee: 3,600 - Stationery fee: 1,428 - Lecturer fee: 3,600 - Banner fee: 1,000 Total 44,128 Baht	- Meeting fee: 15,410 - Materials fee: 3,720 - Copy fee: 2,279 - Lecturer fee: 4,800 - Banner fee: 1,000 Total 27,209 Baht	- Lecturer fee: 3,600 - Materials fee: 4,845 - Copy fee: 2,000 - Venue fee: 2,000 - Meeting fee: 11,500 Total 23,945 Baht	- Lecturer fee: 7,200 - Meeting fee: 15,400 - Stationery fee: 2,200 - Banner fee: 360 Total 25,160 Baht	- Lecturer fee: 2,400 - Meeting fee: 7,700 - Copy fee: 210 - Stationery fee: 1,300 - Banner fee: 360 Total 11,970 Baht	- Meeting fee: 7,700 - Copy fee: 570 - Materials fee: 1,100 Total 9,370 Baht
Resource Person	Lecturer on Dependent Elderly Care	Elderly who have knowledge on self health care Elderly who have knowledge on elderly rights and act Professional lecturer	Sa-ard TAO meeting room Lecturer team from hospital Professional Nurse on eye problem from Srinakkarin hospital	Professional lecturer from Faculty of Nurse, Khon Kaen University	Rehabilitation Center, Bang Sri Thong TAO	Lecturer from Ban Na Derm and Surat Thani hospital Safety and Appropriated Physical Environment Provision for Elderly manual	Lecturer from Ban Na Derm hospital and Elderly Geriatric hospital Elderly Care Manual Aging Preparation Manual	Lecturer from Ban Na Derm hospital and Elderly Geriatric hospital Aging Preparation Manual
Schedule	1 and 2 Feb 2011	7, 8 and 9 Feb 2011	18-20 Jan 2011	22-23 Feb 2011	10 Feb 2011	17 and 18 Jan 2011	25 Jan 2011	8 Feb 2011
Remark	A: Planned and organized by Government sector cooperated with TAO/ Tessaban. B: Planned and organized by TAO/ Tessaban cooperated with Government sector.							