



**Thank you very much  
for your assistance**



**“Utilization and Preservation Techniques  
for Animal Products for Food Safety”**



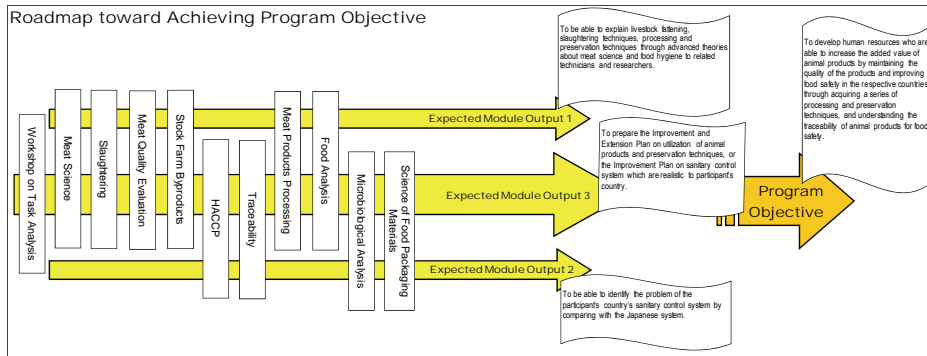
## Participants - Rwanda

JFY	Name	Sex	Period		Position / Office
2007	MUSINGUZI Francis	M	2008.02.16	2008.05.23	Professional in Value Addition of Animal Products and By-Products / Rwanda Animal Resources Development Authority ('06)
2007	MUSABWAYIRE Consolee	F	2008.02.16	2008.05.23	Technician Veterinary / Higher Institute of Agriculture and Animal Husbandry(SAE) ('07)
2008	NDAHURA MUHUMUZA Joy Constance	F	2009.02.15	2009.05.22	Professional/ Small Animal Improvement & Improve Their Products, Livestock, Rwanda Animal Resources Development Authority (RARDA)('04)
2008	MUKABAGORORA Beatrice	F	2009.02.15	2009.05.22	Extensiyon/ Livestock, Rwanda Animal Resources Development Authority (RARDA)('06)
2009	BAJENEZA Jean Pierre	M	2010.02.13	2010.05.22	Head Market Surveillance / Quality Assurance, Rwanda Bureau of Standards ('07)

## Participants - Malawi

JFY	Name	Sex	Period		Position / Office
1997	MUNTHALI Humphries Donald Travoe John	M	1998.01.12	1998.07.12	Branch Manager, Cold Storage Company
2003	Mazganga Suzanna PHIRI	F	2004.02.21	2004.05.28	Animal Scientist, Ministry of Agriculture, Chitedze Research Station
2003	Taurayi Belo MLEWA	M	2004.02.21	2004.05.28	Animal Health and Livestock Development Officer, Ministry of Agriculture(Blantyre Agricultural Development Division)
2008	MARUWO Golden Bobo	M	2009.02.14	2009.05.21	Animal Health and Livestock Development Officer/ Veterinary Department, Ministry of Agriculture('07)
2009	MPHEPO Ruth Matimati	F	2010.02.13	2010.05.21	Assistant Farm Manager / Farm, Natural Resources College ('09)
2009	CHAPOTA Gabriella	F	2010.02.13	2010.05.21	Lecturer /Training, Natural Resources College ('05)
2009	MASAMBA Kingsley George	M	2010.02.13	2010.05.21	Lecturer/Bunda College of Agriculture, University of Malawi ('04)
2010	KANTIKANA Owen Chipiliro	M	2011.02.12	2011.05.21	Chief Laboratory Technician/Bunda College of Agriculture, University of Malawi ('04)
2010	NKHOMA Clemence Mickeas	M	2011.02.12	2011.05.21	Animal Health and Livestock Development Officer/Department of Animal Health and Livestock Development, Ministry of Agriculture and Food Security ('10)

# Curriculum and Objective



# Lecture, Practice, Observation



## Output 1



To be able to explain livestock fattening, slaughtering techniques, processing and preservation techniques through advanced theories about meat science and food hygiene to related technicians and researchers.

## Output 2



To be able to identify the problem of the participant's country's sanitary control system by comparing with the Japanese system.

## Output 3



To prepare the Improvement and Extension Plan on utilization of animal products and preservation techniques, or the Improvement Plan on sanitary control system which are realistic to participant's country.

## Program Objective



To develop human resources who are able to increase the added value of animal products by maintaining the quality of the products and improving food safety in the respective countries, through acquiring a series of processing and preservation techniques, and understanding the traceability of animal products for food safety.

## Overall Goal



- Food safety is expected to be improved, by establishing the system which maintains the quality of animal products in participants' countries.

## Reports

- Inception Report - Before Training
- Interim Report - End of Training in Japan
- **Final Report - Three (3) months after ?**







# Microbiology of Meat and Meat Products, and Dry Meat Products



## I . You should know about microbe

### 1. **Prevalence**; Microorganisms exist **every where**.

To the meat processor, it means that they can be found in the air, in the water supply, in all raw materials of meat and spices, in cartons, on utensils, on the skin and clothing or your employees, and on all of the surfaces of your equipment and buildings.

**Meat is contaminated too much bacteria**

### 2. **Size**; Extremely **small** → 1-8 $\mu$ m in bacteria

### 3. **Shape**; Microbes exists in wide **variety of forms, shapes** and even **colours**.

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**Bacteria, the smallest of the microbes, occur in various shapes and are usually the most difficult to identify.**

**4. Growth; Bacteria** multiply by fission, by splitting into two or more parts, and this process is continued over and over again. **Yeast** reproduces by budding. **Molds** elongate, and as this process continues, the molds branch out much like the growth of a tree. Molds are also capable of producing large numbers of **spores (seeds)**.

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**5. Nutrient; Proteins, carbohydrates, fat, water, inorganic compounds (salt, nitrite, etc.), and even vitamins are found in all meat products.**

**6. pH (acidity-alkalinity);** Normally, most organisms prefer a near **neutral pH (6.8-7.2)**. However, the organisms peculiar to meats and meat products are able to grow within a very wide pH range (4.0-9.0). Fresh meat will normally have pH values in the range of 5.3 to 6.0. Processed meats can have widely divergent pH values; for example, fermented sausages will be quite acid (pH 4.2-**4.7**).

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**7. Air;** Science has divided microorganisms into the following categories depending on their oxygen requirements.

i . **Aerobes** require **oxygen for growth** , and there are **many species of bacteria, yeasts and molds**. **Vacuum packaging** was conceived primarily to **inhibit the growth** of these organisms. → Almost bacteria

ii . **Anaerobes** do **not require oxygen** for growth. Actually, it can be very **toxic** to them. Most of the anaerobes important to meats are bacterial species, as the canned meats division can verify. → **Clostridium**

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iii . **Facultative anaerobes** are organisms that will grow either **with or without air**. For all practical purposes, the **interiors** of fresh meats, hams, sausages, etc. do not contain free oxygen and therefore will only favor the growth of anaerobes or facultative anaerobes.

Some of the **Lactobacilli, Pediococci, Streptococci** and **Coliform** bacilli, as well as some yeasts, possess the ability to adapt themselves to the presence or absence of oxygen.

→ **Escherichia, Lactic acid bacteria** -----

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**8. Moisture;** Moisture is **an important requirement for growth**, as organisms can only utilize their food by assimilation, and the nutrients must therefore be in solution. The relative humidity (moisture in the air) can also affect the development of organisms.

In general, **bacteria** require more moisture **than** do **yeasts and molds**, and this explains, in part, why molds and yeasts are found on the **surface** of dry and semidry meat products. A **dry surface** coupled with a dry atmosphere is not very conducive to bacterial growth.

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**Water** is divided into **free water** and **bound water**.  
Relative humidity is depend on the free water.  
**Bacteria can use only free water.**

Water activity (**A<sub>w</sub>**) =  $P / P_0$

**P** : relative humidity of food,

**P<sub>0</sub>** : relative humidity of water = 100 %.

Example; meat = 98 % RH → **A<sub>w</sub> of meat = 98 / 100 = 0.98**

So, water activity is the range of  **$0 \leq A_w \leq 1.0$** .

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### Relation to growth of bacteria and Aw

Species	Aw
<b>Pseudomonas</b>	<b>0.97</b>
<b>Escherichia</b>	<b>0.96</b>
<b>Bacillus</b>	<b>0.95</b>
<b>Clostridium</b>	<b>0.95</b>
<i>Salmonella</i>	<b>0.945</b>
<b>Micrococcus</b>	<b>0.905</b>
<b>Staphylococcus (anarobic)</b>	<b>0.86</b>
<b>Common bacteria</b>	<b>0.91</b>

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### Relation to growth of yeast & mold and Aw

Species	Aw
<b>Beer yeast</b>	<b>0.94</b>
<b>Candida</b>	<b>0.94</b>
<b>Bread yeast</b>	<b>0.905</b>
<b>Saccharomyces</b>	<b>0.895</b>
<b>Common yeast</b>	<b>0.88</b>
<b>Mucor</b>	<b>0.92</b>
<b>Penicillium</b>	<b>0.80</b>
<b>Aspergillus</b>	<b>0.75</b>
<b>Common mold</b>	<b>0.80</b>

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### Aw of several foods

<b>Foods</b>	<b>Aw</b>
<b>Animal meat, fish meat, fruit, vegetable</b>	<b>0.99-0.98</b>
<b>Semidried fish</b>	<b>0.96</b>
<b>Ham, sausage, beacon</b>	<b>0.935-0.89</b>
<b>Salted cod egg (7.9% NaCl)</b>	<b>0.915</b>
<b>Salted salmon (11.3% NaCl)</b>	<b>0.886</b>
<b>Dried fish (12.7% NaCl)</b>	<b>0.866</b>
<b>Jam</b>	<b>0.79</b>
<b>Salted cod (15.4% NaCl)</b>	<b>0.785</b>
<b>Wheat powder</b>	<b>0.61</b>
<b>Biscuit</b>	<b>0.33</b>

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**Non-heated meat products are sold at room temperature even in summer in Spain**

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**Non-heated meat products in Italy**

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**9. Temperature;** The temperature at which microorganisms will live or die is undoubtedly the most important factor that decides their fate.

Each microorganism has an **optimum temperature** at which it best develops, and the bacteria that are **important to meat can flourish over a wide range of temperatures.**

We are able to classify the microorganisms into **three main groups** relative to temperature.

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i . **Psychrophiles**; Those that like the cold and grow well at temperatures below 20 °C. Many species thrive at refrigerator temperatures (3-7 °C) and are all to common in the packing house. → slime on the surface of meat and meat products. →

**Pseudomonas**, **Achromobactor**, **Vibrio**, **Escherichia**, some kinds of **Bacillus** –

ii . **Mesophiles**; Those that prefer warmer temperatures (21-38 °C) . The majority of bacteria fall into this classification. **Body temperature is ideal** for their growth. → **Almost bacteria**

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iii . **Thermophiles**; Those that prefer it hot, in temperatures around 54-60 °C or even higher.

By controlling temperatures we can often eliminate a great many problems.

Therefore, to know when a meat product becomes contaminated and to know what temperatures will control it, is the big job

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## II . Putrefaction (spoilage or decay)

1837; Schwan reported that **fermentation** and **putrefaction** caused by **microbe**.

1863; **Pasteur** reported that putrefaction was mainly caused by **microbe** in his reports; **On the studies of putrefaction**.

**Putrefaction**; The foods spoiled by **microbe** from the foods containing **proteins** → production of **poison** (amine, etc), bad taste and **off-odor**

**Fermentation**; The **edible foods** digested by **microbe**.  
→ fermented sausages, cheese, natto, kusaya ---<sup>17</sup>

1. In generally, proteins in food are damaged by **microbe** and **their enzyme** (protease or lipase).

Putrefaction begin from  **$10^{7-8}$  CFU/g**.

2. Proteins are changed to lower molecular substances;

protein	→	peptide	→	amino acid	→
↑		↑		↑	
proteinase		peptidase		<b>deaminase</b>	
				<b>decarboxylase</b>	
→ putrefaction <b>products</b>					

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### 3. Putrefaction products

**Off-odor; ammonia, methylamine, trimethylamine, ethylamine, methane gas, methyl alcohol, ethyl alcohol, organic acid (formic acid, acetic acid, propionic acid, ketonic acid, pyruvic acid etc.), aldehyde, methylmercaptan, ethylmercaptan, cresol, phenol, skatol, indole, hydrogen sulfide etc.**

**Bad taste; amine, organic acid, bitter peptides, bitter amino acids (Val, Ile, Leu)**

**So, putrefaction is to disappear the value as foods and produces poisons.**

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### 4. Bacteria concerning with putrefaction

#### i . Soil born bacteria

**Bacillus**; gram positive, rod, **aerobes**, heat resistance **spore**

*B. subtilis, B. coagulans, B. megaterium*

**Clostridium**; gram positive, rod, **anaerobes**, heat

resistance **spore** *C. butyricum, C. spogenes*

**Brevibacterium**; gram positive, short rod, yellow colour

*Brevi. linens,*

**Micrococcus**; gram positive, cocci, **white, yellow, pink, red, orange** colour

*M. luteus, M. flavus, M. freudenreichii*

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**Lactobacillus**; gram positive, rod, **catarase negative**

*L. plantarum*,

**Lactococcus**; gram positive, cocci, **catarase negative**

*La. Lactis*

**Streptococcus**; gram positive, cocci, **catarase negative**

**Leuconostoc**; gram positive, cocci, **catarase negative**

*Leu. mesenteroides, Leu. Dextranicum*

**Pediococcus**; gram positive, cocci, **catarase negative**

*Pe. Pentosaceus, Pe. Acidilactici*

## ii . **Air borne bacteria**

**Bacillus:    Micrococcus:    Mold:**

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## iii. **Water borne bacteria**

**Pseudomonas**; gram negative, rod, **psychrophilic** bacteria

*Ps. fluoresces, Ps. fragi, Ps. putrefacien*

**Flavobacterium**; gram negative, rod, **psychrophilic**  
bacteria

**Alcaligenes**; gram negative, rod, **psychrophilic** bacteria

**Chromobacterium**; gram negative, rod

**Enterobacteriaceae**; gram negative, rod

*E. aerogenes, E. coli, P. morganii*

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### III. Food poisoning

#### 1. Microbial food poisoning

i . **Salmonella** food poisoning; infection type, **gram negative rod**

1885; Salmon and Smith found in **pig cholera**.

There are many species (1720).

Animal disease cause the *Salmonella* food poisoning.

These exist in **animal intestine** (cattle, pig, chicken, dog, rat, snake, green tortoise).

*S. enteritidis, S. typhimurium, S. thompson, S. infantis*

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ii . **Campylobacter** food poisoning; infection type, **gram negative rod**

Animal disease cause the Campylobacter food poisoning like a *Salmonella*. *Ca. jejuni, Ca. coli*

These exist in **animal intestine** (cattle, pig, **chicken**).

iii . **Pathogenic *E. coli***; **gram negative rod**

Enteropathogenic *E. coli* (EPEC) O26, O111

Enteroinvasive *E. coli* (EIEC) O28, O112

Enterotoxigenic *E. coli* (ETEC) O6, O7, O8

Enterohemorrhagic *E. coli* (EHEC) **O157:H7**

Enteroadherent *E. coli* (EAEC)

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iv . **Staphylococcus** food poisoning;  
**toxin** type, gram positive coccus

*Sta. aureus*

Poison is **enterotoxin**, and **heat tolerant** (218-248°C, 30 min).

Enterotoxin is composed of amino acid, but it is not digested by proteases (pepsin, trypsin).

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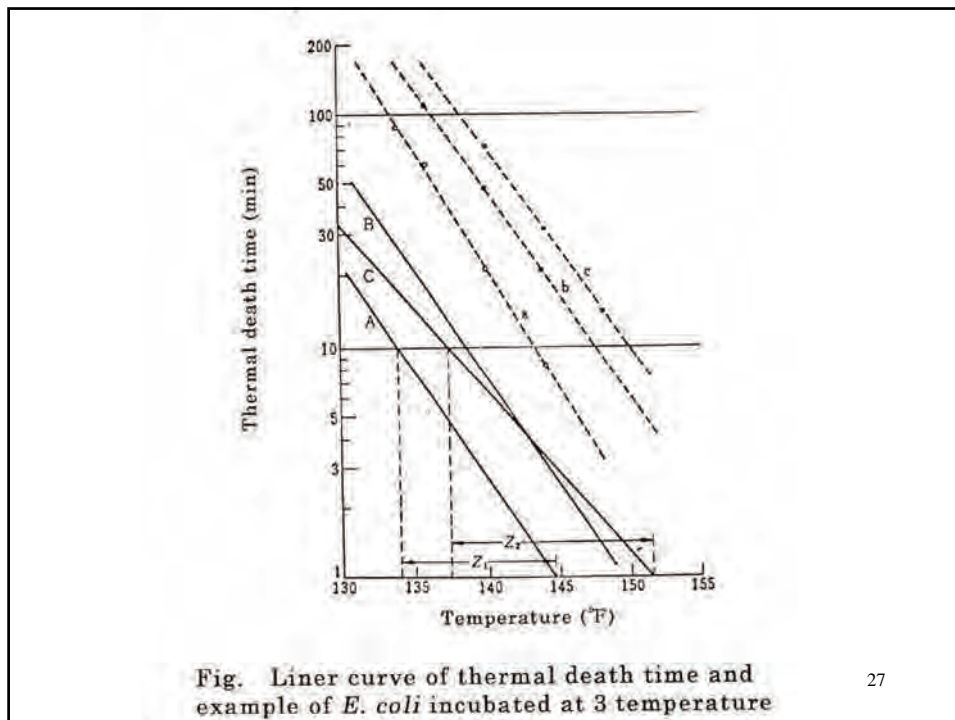
## IV. Pasteurization or sterilization

### 1. Extinction of bacteria by heating

i . There is liner relationship between the **heating temperature** and **the logarithm of extinction time**. In other words, with **a higher heating temperature**, the **time** required to attain the same extinction rate **decreases logarithmically**.

62-65 °C, 30 min (LTLT) → 72-75 °C, 15 sec (HTST)

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★ **TDR** (thermal death rate); This is calculated by using the following formula.

$$\text{TDR}(\%) = \frac{(\text{initial bacterial No.} - \text{final bacterial No.})}{\text{initial bacterial No.}} \times 100$$

This expression is often used with pasteurization at low temperature, or with HTST pasteurization. In generally, the value of **TDR is 99.99 %**.

★ **TDT** (thermal death time); This is the **time required to attain a given TDR** (generally 99.99 %) at certain temperature.

★ **D** (decimal reduction time) **value**; The time which become to **90 % TDR** at certain temperature

The relation between TDT (TDR = 99.99 %) and D value is  $4D = \text{TDT}$ .

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★ **Z value**; This is an expression for the increases in temperature (°F) required to reduce TDT to 1/10.

ii . There is liner relationship between heating ime and logarithm of residual bacterial rate.

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Table 1 Comparison of heat resistance of *Micrococcus* sp. and *Streptococcus* sp. on the medium

Temperature	D values	
	<i>Micrococcus</i> sp.	<i>Streptococcus</i> sp.
55°C	76 (min)	120 (min)
60°C	23	9
63°C	11	2
65°C	5	1
70°C	0.5	0.5
Z values	6.9 (°C)	6.3 (°C)

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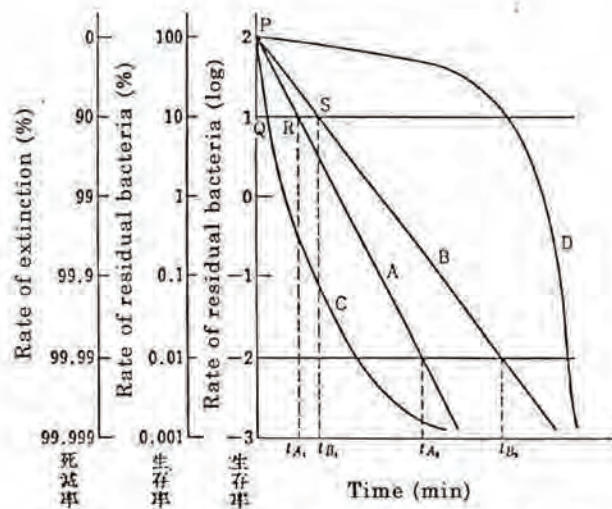


Fig. Relation between thermal death time and rate of residual bacteria

A and B; different temperature, c; high number of bacteria, D; case of agglutination of bacteria

## 2. Heat resistance of microbiology

In general, **psychrotrophs** and **pathogenic bacteria** are extinguished at a **low temperature**. However, **spore** formed by bacteria has **high resistance**, and therefore, **sterilization** by heating is often necessary to extinguish them. Among spore forming bacteria, **normal cell bacteria** have a **low heat resistance**, compared with the spore, and they can be easily extinguished, if heated at 80 °C for about 30 min.

The table shows thermal death conditions of main bacteria that can contaminate food in different domains of food industry.

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**Table 3. Heat tolerance of non-sporeforming bacteria**

Species	Thermal death time (min., 4D)*		Note
<i>Vibrio marinus</i>	25 °C	80	Psychrotroph, waterborne bacteria
<i>Serratia</i> spp.	30 °C	30	Waterborne bacteria
<i>Pseudomonas fragi</i>	50 °C	7.4 (D)**	Psychrotroph
<i>Ps. fluorescens</i>	53 °C	4 (D)	Waterborne bacteria
<i>Flavobacterium ferrugineum</i>	52 °C	10	Waterborne bacteria
<i>Brevibacterium ammoniagenes</i>	55 °C	10	Short rod
<i>Yersinia enterocolitica</i>	62.8 °C	0.7-17.8 (D)	
<i>Serratia marcescens</i>	60 °C	0.17 (D)	Red color
<i>Escherichia coli</i>	60 °C	0.3-3.6 (D)	
<i>Salmonella typhimurium</i>	55 °C	10 (D)	
<i>Klebsiella pneumonia</i>	47 °C	60	Coliform group
<i>Propionibacterium acnes</i>	60 °C	0.18 (D)	
<i>Acetobacter aceti</i>	60 °C	10	
<i>Staphylococcus aureus</i>	60 °C	0.43-2.5 (D)	Yellow color
<i>Streptococcus faecalis</i>	60 °C	0.83-13 (D)	Enterococcus
<i>Strept. lactis</i>	60 °C	0.11-0.35	Lactic acid bacteria
<i>Lactobacillus bulgaricus</i>	71 °C	30	Thermophilic lactic acid bacteria
<i>Pediococcus cerevisiae</i>	60 °C	8	Halophobic lactic acid bacteria
<i>B. subtilis</i> (cell)	50 °C	1.93 (D)	Sporeforming bacteria

\* The time required for 99.99 % extinction

\*\* The time required for 90 % extinction

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**Table 4. Heat tolerance of bacterial spores**

Species of Bacterial Spore	Thermal death time (min., 4D)*	
<i>Bacillus</i> (aerobic rod)	100 °C	2-1, 200 (D)**
<i>B. megaterium</i>	100 °C	1-2.1
	121 °C	0.02-0.04
<i>B. cereus</i>	100 °C	0.8-14.2
	121 °C	0.0065
<i>B. subtilis</i>	100 °C	11.3
	121 °C	0.08-5.1
<i>B. coagulans</i>	121 °C	0.4-3
	100 °C	30-270 (D)
<i>B. sterothermophilus</i>	100 °C	714
	121 °C	0.1-14
<i>Clostridium</i> (anaerobic rod)	100 °C	5-800 (D)
<i>C. butyricum</i>	85 °C	18
<i>C. sporogenes</i>	90 °C	34.2
	121 °C	0.15

\* The time required for 99.99 % extinction

\*\* The time required for 90 % extinction

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### 3. Method of heating

i . **Pasteurization** (low temperature long time, LTLT)

**63°C, 30 min. Position of measurement** is the **center** of meat products. Extinction effects are **81-99 %**.

Though heating process varies depending on the kinds of meat products, boiling in 70 °C to 78 °C of water is most common with ordinary types of **meat products**. Even within this range of temperature, 72°C to 75 °C is the ideal temperature if uneven distribution of temperature in the boiling tank is taken into account. To raise the temperature of the product quickly without heating its surface too much, boiling at 76 °C to 78 °C in the **first half**, and at **72 °C to 74 °C** in

the **second half** of the time is ideal, should facilities and preceding and following processes permit.

ii . **Sterilization**; 120 °C (1.2 kg/cm<sup>2</sup>, 15 lb/in<sup>2</sup>),  
15-20 min

**All microbes and spore** are destroyed.  
for canned meat or retort foods

## V. Production of clean meat

In the slaughter house;

Before slaughter, animal body **must be washed**, it is dirty on the body surface.

**Stress** to the animal does not obtained good quality of meat.

After slaughter, **blood** must be removed as soon as possible by hanging.

After skinning, carcass must be **washed** with clean water.

Handling and transportation of carcass must be used **clean** container, sheet or clothes etc.

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### Surface bacterial number of beef carcass (1980)

	Common	Coliform	Lactic
a. After skinning and washing with hand	$5.6 \times 10^4$	$7.1 \times 10^3$	$6.8 \times 10^3$
b. After skinning and washing with machine	$2.4 \times 10^3$	< 30	$7.2 \times 10^2$
c. After skinning and washing with machine	$3.3 \times 10^1$	< 30	< 30
d. Just after skinning and washing with machine	< 30	< 30	< 30

Common : Common bacteria

Coliform: Coliform group

Lactic : Lactic acid bacteria

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## VI. Dry sausage

Dry sausages is **not cooked**, and only with some products is smoked applied. **Fermentation** is common to the production of dry sausages. The manufacture of dry sausages is **more difficult** to control than conventional sausages. Overall processing time may require **30-90 days**. However, when prepared properly, the finished sausages are usually **stable** and can be held with little or **no refrigeration**.

The **raw materials** and the sequence of event must be **carefully controlled**. The initial dry-sausage mixes are held under specified conditions of refrigeration to establish a medium for **bacterial culture**.

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After this, the mixture is stuffed into **casings of suitable size**. During the drying cycle the products will **lose** about **25-40%** of their weight. The **temperature, relative humidity, and air flow** must be controlled so that drying proceeds properly.

**If drying is slow** the texture may be soft, the surface may discolor, and some **molds** or yeast may develop on the product.

**If drying is too fast**, a surface **crust** develops and a brown or dark ring appears under the surface and at times marked ridges or invaginations occur at the sausage surface.

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**Non-heated meat products are sold at room temperature even in summer in Spain**

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**The manufacture of dry sausages is steep art.**

**Dry sausages are fermented products. Glucose added to provide a substrate for the desirable bacteria, which use it to produce acid and lower the pH. Fermentation is accomplished either by the naturally occurring microbial population or by adding starter cultures of selected bacteria. The starter cultures generally contain Lactobacillus, Leuconostoc, Micrococcus organisms. The sausage mixtures are held in a ripening room (20°C) or “green room” during the fermentation process. After fermentation, dry sausages are moved into drying room held at temperature of 10-15°C and relative humidity from 95 to 80%.**

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**Dry sausages commonly have a moisture content of below 35% when finished.**

**Molds often develops in dry sausages during drying. They are easily removed by rubbing with a clean cloth soaked 70% alcohol.**

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### **Slame Tokachi**

<b>Ingredients</b>	<b>kg</b>	<b>g</b>
<b>Lean pork</b>	<b>7.5</b>	
<b>Pork back fat</b>	<b>2.5</b>	
<b>Salt</b>		<b>200</b>
<b>Glucose</b>		<b>50</b>
<b>Onion powder</b>		<b>30</b>
<b>Garlic powder</b>		<b>20</b>
<b>Nitrite</b>		<b>1</b>

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### Bacterial composition of starter culture

#### P2M120:

*Pediococcus acidilactici* P120  
*Staphylococcus carnosus* M72  
*Staphylococcus xylosus* M86

#### Lyo2M:

*Lactobacillus sake* L110  
*Staphylococcus carnosus* M72  
*Staphylococcus xylosus* M86

#### PLM230:

*Pediococcus acidilactici* P120  
*Lactobacillus sake* L110  
*Staphylococcus carnosus* M72  
*Staphylococcus xylosus* M86

#### SP318:

*Pediococcus pentosaceus* P208  
*Lactobacillus sake* L110  
*Staphylococcus carnosus* M72  
*Staphylococcus xylosus* M86

#### S51:

*Pediococcus pentosaceus* P132  
*Staphylococcus carnosus* M72

#### Yeast

*Debaryomyces hansenii*



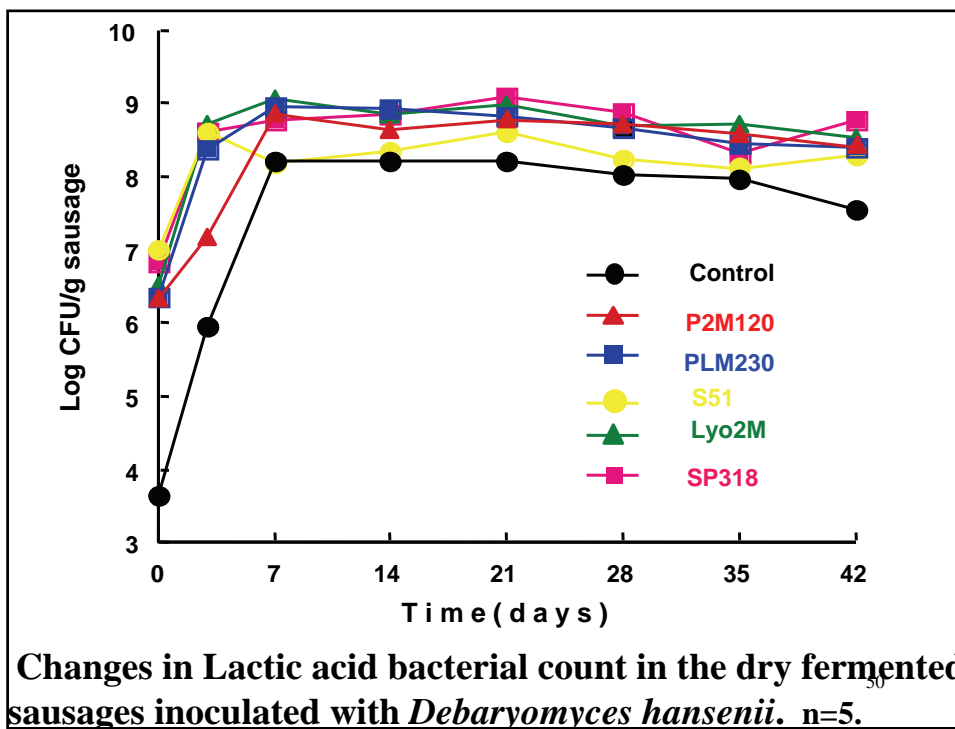
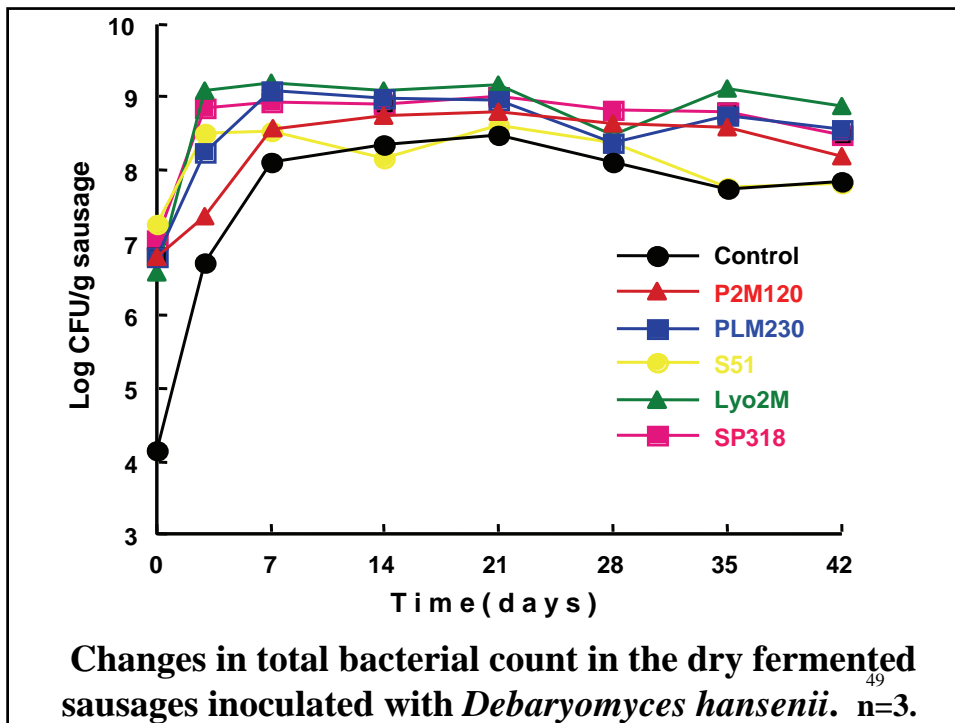
**Cutting of semi-frozen lean pork and  
pork back fat with starter culture**  
Temperature of mixture; -7 to -5°C,

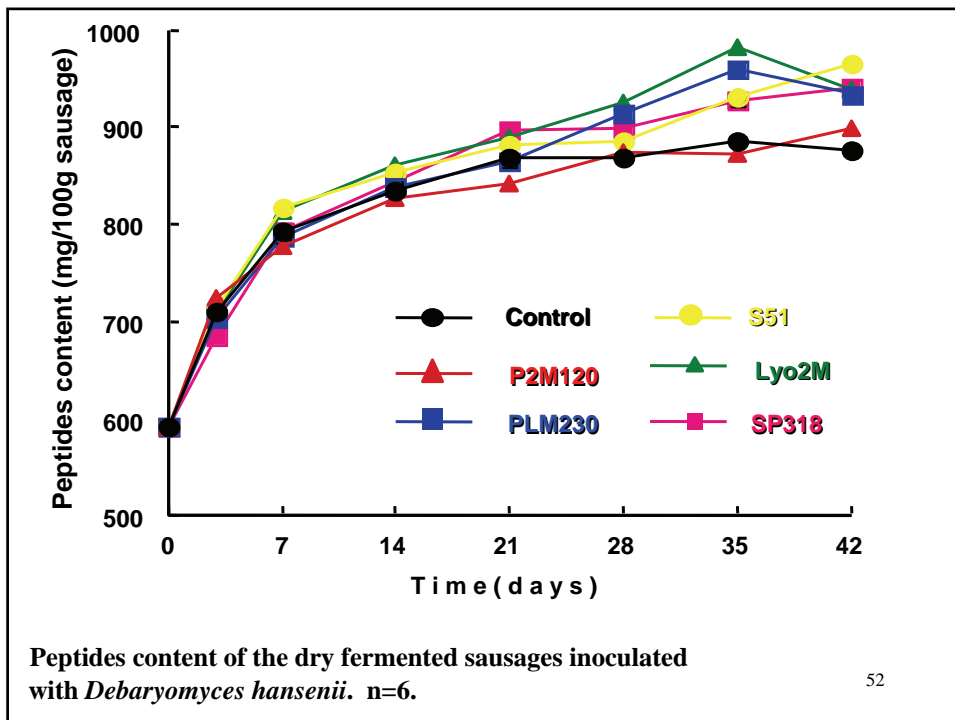
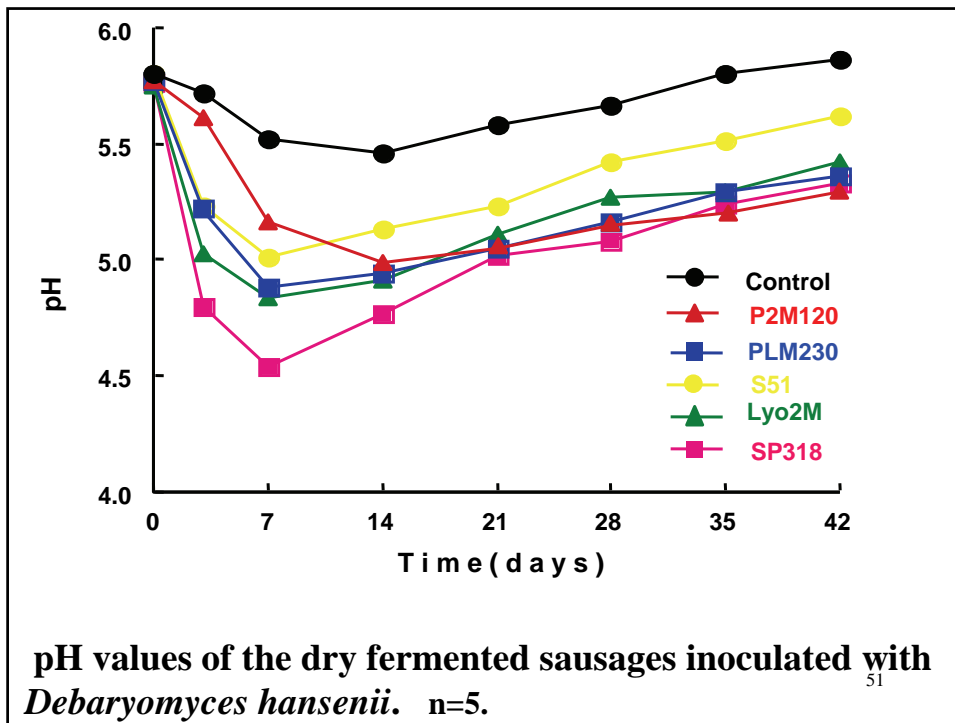
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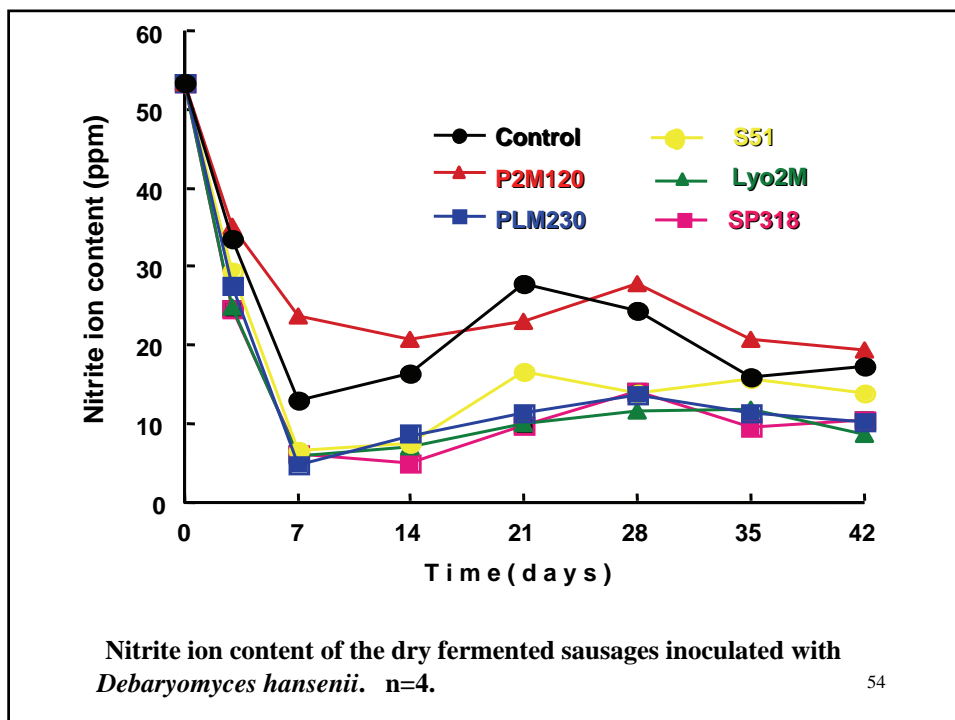
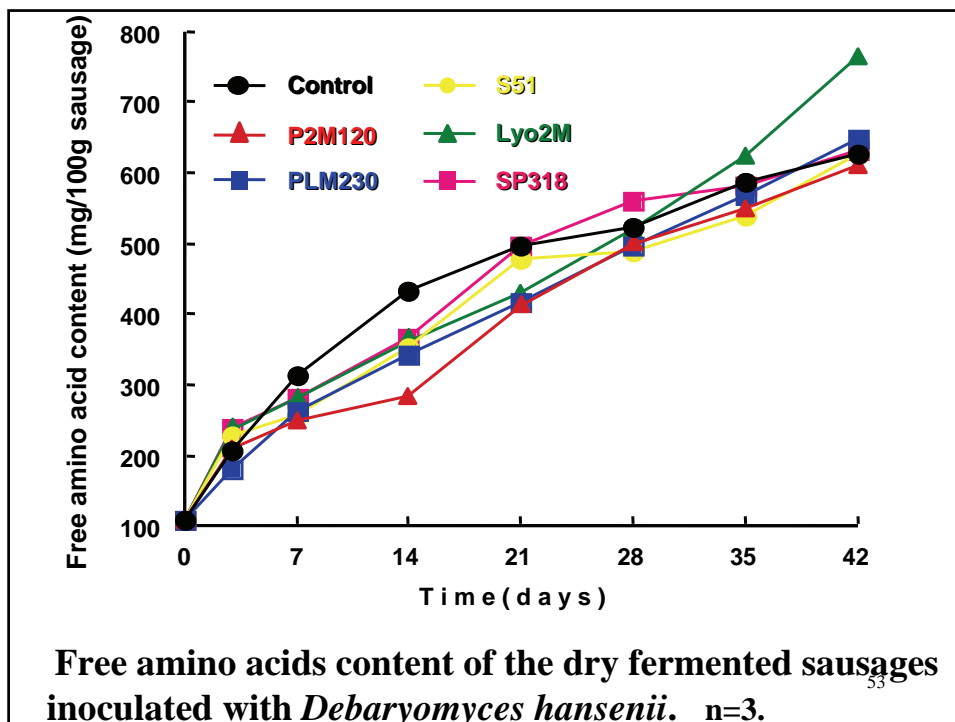


**Dry sausage during drying and ripening**  
Temperature; 20°C, 3 days and 15°C, 32days,  
relative humidity; 95 → 80%

48







## **VII. Dry-cured ham**

Dry-cured ham originated as a **meat preservation** process for times of scarcity. The process has experienced different modifications and improvements in order to obtain a **flavorful and attractive meat product**. Numerous biochemical reactions, mainly affecting proteins and lipids, take place during the dry-curing process, especially along the ripening period contributing to the development of an adequate texture and a characteristic flavor. There are many factors affecting the quality of dry-cured hams. **The raw materials and ripening conditions** have a special influence on the final texture and flavor

55

Commonly, the ripening of dry-cured ham takes about **1-2 years**.

There are **many types** of dry-cured ham. Spanish **Iberian** and **Serrano** hams, Italian **Parma** and **San Daniele** prosciuttos and French **Bayonne** ham. These hams are usually **consumed raw** with no further smoking or cooking.

Other smoked dry-cured hams are cooked before consumption and produced in other areas such as the **country-style** ham in the USA and the **Westphalia** ham in Germany.

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## Dry-cured hams in Europe

In Europe, dry-cured ham has been produced since before the birth of Christ. The practice of raising pigs in summer, **slaughtering them in winter** when feed becomes unavailable, and preserving their meat by means of salting is part of European food culture.

The **Parma ham** production area is located in an environment favorable to ham production, with **air blowing from mountains 900 m in height and humidity** that is ideal. In the area, hams are **dried and cured over a period of at least one year** in natural breezes.



**Rural landscape in November – December  
in medieval Italy**

58



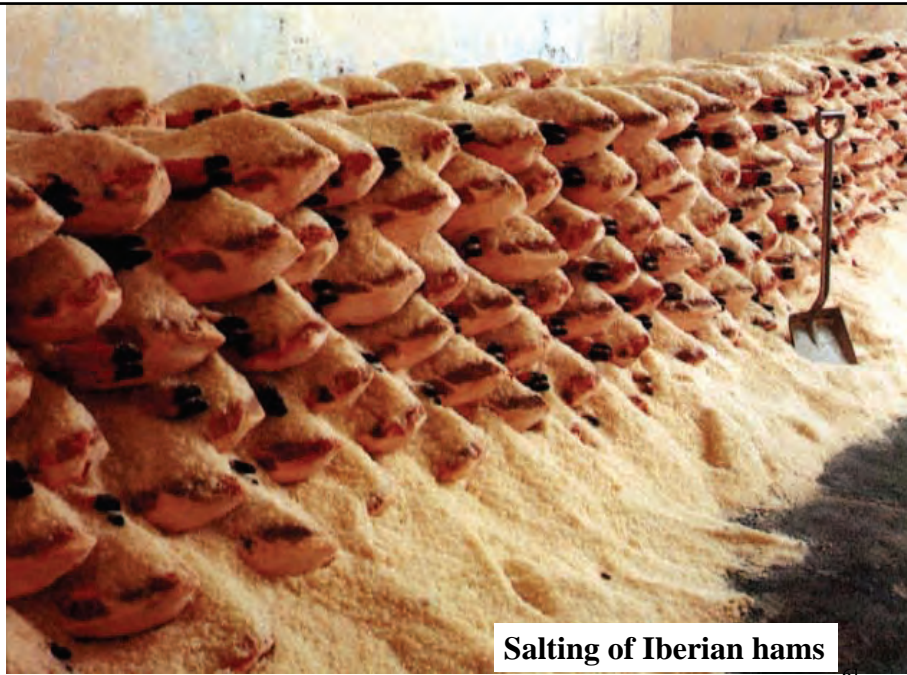
Spain leads the world in the production of dry-cured ham, with an annual production of 30 to 40 million legs, of which approx. 90% is **Serrano ham** made from **white pigs** and the remaining approx. 10% is **Iberian ham** made from **Iberian pigs** (**black pigs** indigenous to the Iberian Peninsula).



**Iberian ham** is a premium quality dry-cured ham made from Iberian pigs. The pigs are free ranged in forests where oaks grow in the wild. Like Japanese cattle, their meat is marbled with fat and has a distinguishing flavor and aroma. They are characterized by **black hooves**. **Iberico de bellota** are pigs finished on plenty of acorns in the last period of grazing.

**Iberico de recebo** are pigs that are unable to reach a specified weight during the grazing period. **Iberico de cebo** are fed grain and mixed feed. These techniques have 400 years of tradition.





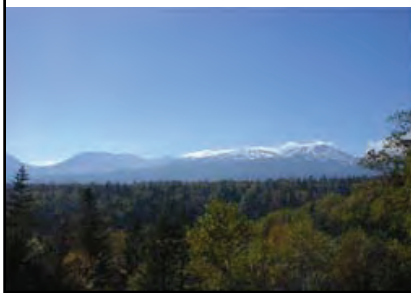
Salting of Iberian hams

## Jamón de Teruel DOP



## Study on **dry-cured ham**

In Japan, “dry-cured ham” is popular; however, it has not been defined as a meat product in the specifications and standards provided by the JAS and the Food Sanitation Act. In Japan, dry-cured ham is made from pork loin and produced in a short period of time; whereas, in Europe, it is traditionally made from **pork hind leg** .



Tokachi is blessed with natural surroundings and boasts clean air and water. The dry air throughout the year is suitable for the production of dried food. Dry-cured ham can be made by salting and drying pork hind leg for approximately 2 year.

## Processes of producing dry-cured ham



Salting is carried out for approx. two weeks (1kg/1day) with the use of salt (day 0, 3%, day 3, 1.5%, day 7, 1.5%) at 2°C.





**Drying after desalting. Temperature; below 5 °C,  
term; over 30days.**

65



**After three months, the surface is washed with slightly  
warm water and dressing or trimming of lean meat surface.**

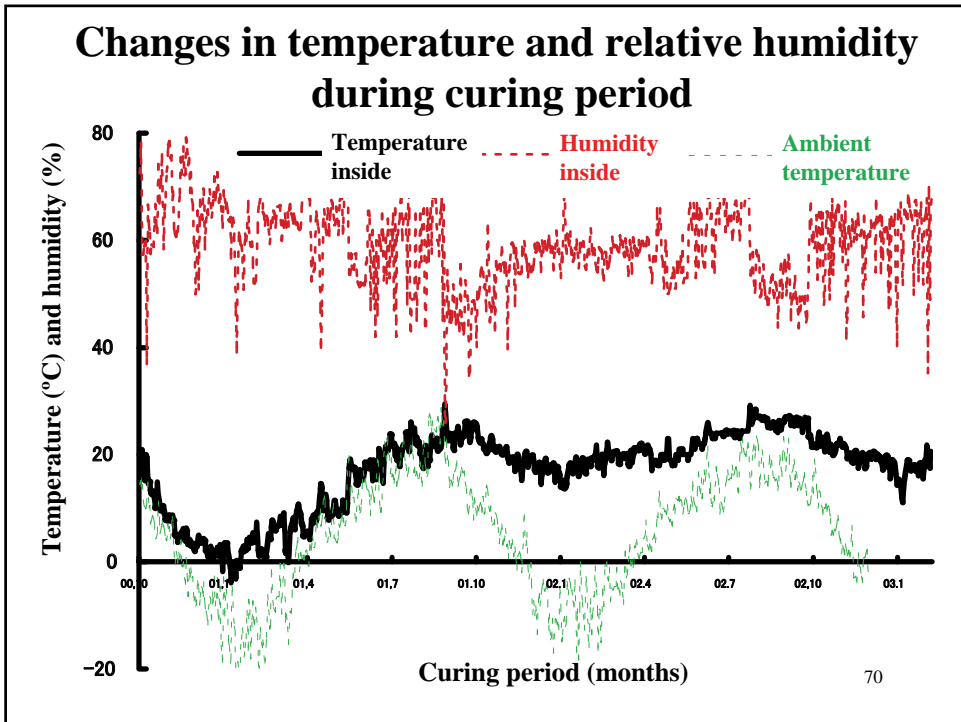
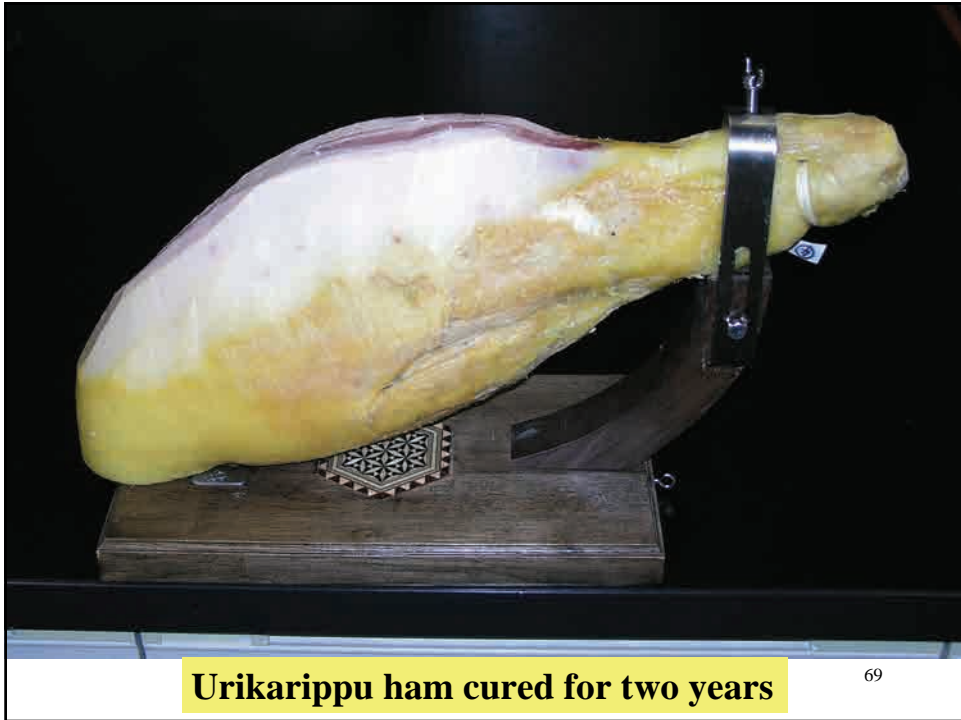
66



**After being washed and drying. Temperature; below 20 °C.**



**After five months, the lean meat portions are coated with pig back fat, and are dried and ripened.**



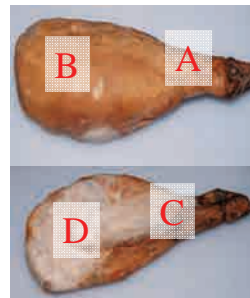
## Microbial counts on the dry-cured ham surface

Spot	Viabile bacteria count	Lactic acid bacterial count	Mold and yeast
A	0 – $1.2 \times 10^3$	0 – $4.7 \times 10^1$	0 – $3.9 \times 10^2$
B	0 – < 30	0 – < 30	0 – $2.6 \times 10^2$
C	0 – $1.6 \times 10^2$	0 – $4.8 \times 10^1$	0 – < 30
D	0 – $8.5 \times 10^2$	0 – $4.7 \times 10^2$	0 – $2.6 \times 10^2$

(cfu/cm<sup>2</sup>)

Spot	Coliform group
A	—
B	—
C	—
D	—

(cfu/cm<sup>2</sup>)

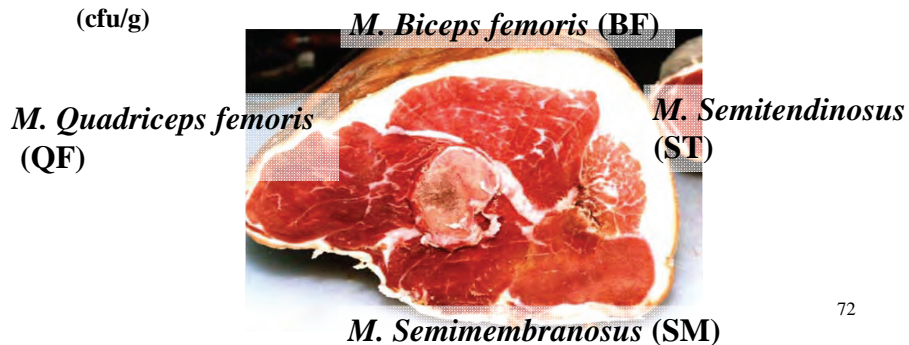


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## Microbial counts in the interior of dry-cured ham

Muscle	Viabile bacteria count	Lactic acid bacterial count	Mold and yeast
BF	0 – < 300	0 – $8.0 \times 10^1$	—
QF	0 – < 300	0 – < 300	—
SM	0 – < 300	0 – < 300	—
ST	0 – < 300	0 – < 300	—

(cfu/g)



72



## Dry-cured ham characteristics

Muscle	Water content (%)	pH	Salt (%)	Water activity	NO <sub>2</sub> <sup>-</sup> (ppm)
BF	61.7 ± 1.8	5.9 ± 0.1	8.6 ± 1.5	0.87 ± 0.03	0.1 ± 0.2
QF	60.7 ± 1.8	6.0 ± 0.1	8.5 ± 1.4	0.87 ± 0.03	0.2 ± 0.0
SM	59.0 ± 3.5	5.9 ± 0.1	7.9 ± 1.4	0.87 ± 0.03	0.2 ± 0.1
ST	59.2 ± 1.3	5.9 ± 0.1	7.9 ± 1.6	0.87 ± 0.03	0.1 ± 0.0

Sample: **1.0 year**, n: 7, Average ± SD

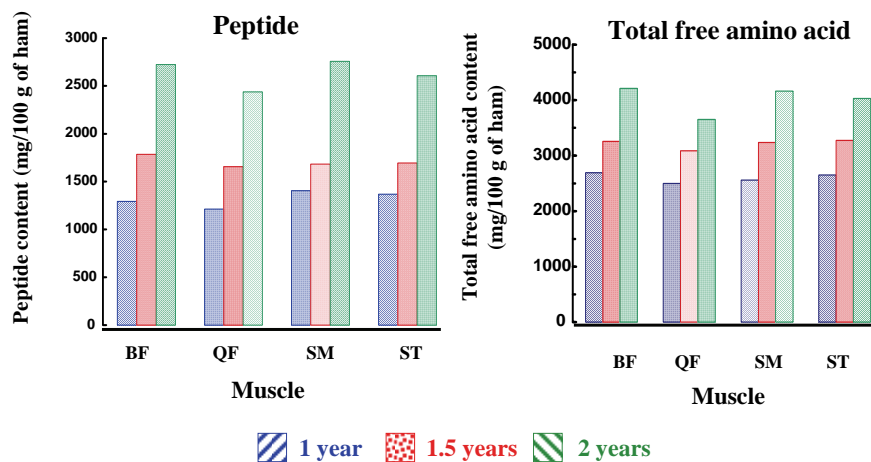
Muscle	Water content (%)	pH	Salt (%)	Water activity	NO <sub>2</sub> <sup>-</sup> (ppm)
BF	59.8 ± 3.1	5.9 ± 0.2	9.5 ± 1.2	0.84 ± 0.03	0.3 ± 0.4
QF	58.3 ± 2.4	5.9 ± 0.1	9.5 ± 1.1	0.84 ± 0.03	0.3 ± 0.4
SM	56.5 ± 3.2	5.9 ± 0.1	9.3 ± 1.0	0.85 ± 0.03	0.3 ± 0.4
ST	56.1 ± 2.6	5.8 ± 0.1	8.6 ± 1.6	0.84 ± 0.03	0.3 ± 0.3

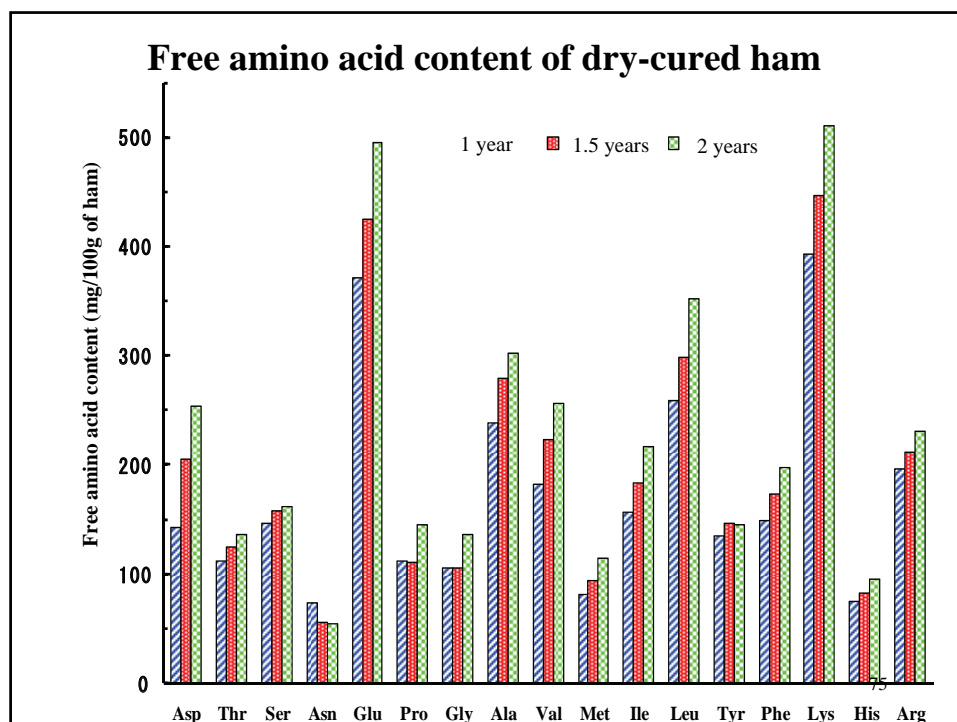
Sample: **1.5 years**, n: 7, Average ± SD

Muscle	Water content (%)	pH	Salt (%)	Water activity	NO <sub>2</sub> <sup>-</sup> (ppm)
BF	58.7 ± 3.5	5.8 ± 0.2	9.5 ± 1.5	0.84 ± 0.02	0.1 ± 0.2
QF	57.8 ± 3.1	5.8 ± 0.2	9.6 ± 1.8	0.84 ± 0.03	0.3 ± 0.3
SM	53.8 ± 4.6	5.7 ± 0.1	8.9 ± 2.4	0.83 ± 0.03	0.2 ± 0.1
ST	51.7 ± 4.5	5.7 ± 0.1	8.6 ± 2.3	0.84 ± 0.03	0.1 ± 0.1

Sample: **2.0 years**, n: 7, Average ± SD

## Peptide content and total free amino acid content of dry-cured ham for each muscle region in association with curing time





## Summary

Dry-cured ham with bone was produced with long curing periods of 1 year, 1.5 years and 2 years. Salting was started from September to October, when the temperature dropped. The use of salt and a drying process enabled the production of microbiologically-safe hams.

The microbial counts on the ham surface were mostly between 0 and 30, and all of the sampled spots were coliform group negative.

For the interior of the ham, the microbial counts were between 0 and 300 at all spots, with the salt content from 7.9% to 9.6%, water activity from 0.83 to 0.87, water content from 51.7% to 61.7%, and  $\text{NO}_2^-$  from 0.1 to 0.3 ppm.

Both the peptide content and total free amino acid content increased with curing time. After two years of curing, they were 2,278.6 mg and 3,913.2 mg per 100 g of ham, respectively. With respect to individual free amino acids, Lys was the highest, followed by Glu, Leu, Ala, Arg, in this order.

Hams cured for two years were high in salt content but tasted better.

New Times 紙 (心の唯一の英字新聞)

## Regulator to enforce hygiene standards in meat business

• [By Dias Nyesiga](#)

• [March 09, 2012](#)



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Butchery attendants. RBS wants to reduce contamination of meat. The New Times / File.

### Health: Sellers to account for contaminated meat

They will either cooperate or we use force to ensure proper hygiene because it impacts negatively on our economy as people may fall sick from contaminated meat

Rwanda Bureau of Standards (RBS), the national standards regulator, will step up the enforcement of standards in meat business, following numerous public concerns over poor hygiene.

Mark Cyubahiro Bagabe, the Director General of RBS, said yesterday that every business engaged in meat processing must observe minimum quality standards.

“We will put in place a system where anyone who is primarily engaged in meat trade will be liable when a consumer is affected by the meat in question,” he warned.

Contaminated meat, one of the major sources of food poisoning among humans, is caused by an increase in bacteria due to high temperatures that facilitate their growth.

“They will either cooperate or we use force to ensure proper hygiene because it impacts negatively on our economy as people may fall sick from contaminated meat,” Cyubahiro said during a food standards sensitisation meeting.

He noted that most abattoirs and meat transporters had constantly failed to meet proper hygiene which leads to contamination of meat, which ends up affecting consumer’s life.

Cyubahiro observed that the system will have a traceability approach in the meat chain in order to identify the exact source of the problem.

“An animal can be tagged from the farm and that number be transferred to the abattoir...then to the butchery and supermarkets; this helps us to know where the problem originated,” he said.

The RBS chief asked all the abattoirs to ensure automation in the entire meat processing to reduce human contact, thus improving food safety.

The move will help address the challenges of poor hygiene in slaughter houses, the regulator says.

Patrick R Manzi, a veterinary officer, observed that a sensitisation campaign among abattoirs on the need to meet minimum standards had been conducted.

Dirty carriers and slaughter tools as well as blood stains in abattoirs have reduced, he said.

Prof. Masayuki Mikami Emeritus, a lecturer at Obihiro University in Japan, reckoned the country can enhance meat safety by opting for vacuum packaging and chlorine washing which are good at reducing bacterial increase in the product.

**Contact email:** [dias.nyesiga\[at\]newtimes.co.rw](mailto:dias.nyesiga[at]newtimes.co.rw)



## Akajagari mu bucuruzi bw'inyama kagomba gucika

Yanditswe kuya 8-03-2012 - Sas: 18:02' na [Fiacre Igihozo](#)

Like 1 Send Tweet 1 0

Ibikorwa byose bijyana n'ibikomoka ku matungo mu Rwanda cyane cyane inyama, uburyo bikorwamo kuri ubu nibuhwite, bityo hakaba hagiye kurebwa uburyo hacibwa akajagari mu bucuruzi bw'inyama, kugira ngo harwanywe ingaruka zishobora gnterwa n'inyama.

Ibi bikaba ari ibyavuzwe na Marc Cyubahiro Bagabe, Umuyobozi w'Ikigo cy'igihugu Gishinzwe Ubuziranenge RBS mu nama y'amahugurwa RBS ifatanyije na Minisiteri y'ubuhinzi n'Umuryango Mpuzamahanga w'Abayapani ushinze ubufatanye JICA, yabaye kuri uyu wa kane tariki ya 08 Werurwe, aho bahuguraga abakora ibikorwa by'ubucuruzi bw'inyama ndetse n'abakozi ba RBS, ku buryo bwiza bwo gufata inyama.

Aya mahugurwa akaba yibanze ku buryo inyama zishobora guteza ikibazo ahanini biturutse ku buryo zabazwemo ndetse n'ubundi buryo bwinshi butandukanye zitunganywamo.

Ibisobanuro kubibera ku nyama n'uburyo zangirikamo bikaba byatanze na Professor Namasayuki Mikami, umwarimu wo muri Kaminuza y'ubuhinzi ya Obihuru mu Buyapani, aho yatanze isomo ku bijyanye n'ibibera ku nyama ndetse n'uburyo umusaruro w'inyama utunganywamo ukanabikwa ku buryo burambye.

Cyubahiro Bagabe, avuye ku kibazo cy'imitunganyirizwe y'inyama kuva ziva mu ibagiro kugera zigaburwa mu ngo no muri za resitora, yavuze ko ubundi nibura umuntu ugiye kwinjira mu bucuruzi bw'inyama agomba kumenya ko yinjijye mu kazi gakomeye ku buryo agomba kuba afite imashini itanga amashanyarazi kuko mu Rwanda nta mashanyarazi, kandi kudafata neza inyama bigira ingaruka zikomeye ku buzima.

Yagize ati : "Birababaje kuba abantu batanga amafaranga yabo ku byo kurya barangiza bakarwara cyangwa bakaba banapfa, ni ikintu gikwiye guhinduka".

Yakomeje agira ati : "Kugira ngo winjire muri iyi mikorere ugomba kuba ufite ubumenyi muri byo. Birakwiye ko duca akajagari mu bucuruzi bw'inyama, hakore ababifitiye ubushobozi. Ikindi ni uko tugiye gukora ku buryo hajyaho ibintu bizajya bimenyekana aho byaturutse kuva mu ntangiriro kuko birababaje kuba tujya mu mahoteli tukarya inyama tutazi aho zavuye n'aho zakorewe, ikindi ni uko bigira n'ingaruka ku bukungu bw'igihugu kuko umunyamahanga naza akaryamo yarangiza akarwara urumva ubuhamya azagenda atanga iwabo ?"

Mu byo abari bitabiriye aya mahugurwa basabye ni uko hashyirwaho amabagiro y'inyama z'ingurube kuko kugeza ubu ibagiro ry'ingurube riba mu Karere ka Rulindo gusa, nyamara icyitwaga akabenzi (inyama z'ingurube) ziribwa cyane mu Mujyi wa Kigali mu tubari twinshi kandi ntawe umenya aho izo nyama ziba zabagiwe, niba na muganga w'amatungo aba yazipimye.

Mu rwego rwo kurwanya ingaruka zituruka ku bikomoka ku matungo RBS ihurutse guhagarika icuruzwa rya fromage/cheese mu ma 'supermarket' yose y'i Kigali kubera ko hakozwe igenzura basanga zidakwiye ubuziranenge.



Ahakorerwa ibikorwa byo gucuruzwa inyama hakunze kugawa ko nta suku ihagije iharungwa



Uko inyama zikunze gucuruzwa henshi mu Rwanda binengwa kuba bidahuye n'amahame y'ubuziranenge



Jacques Bihozagara umwe mu bafite ibikorwa bijyanye n'ibikomoka ku matungo yari yitabiriye amahugurwa



Marc Cyubahiro bagabe ari kumwe n'inzobere z'Abayapani mu itunganywa n'ibungwabungwa ry'inyama



Professor Masayuki Mikami atanga inyigisho ku bijyanye n'ikoreshwa ry'inyama

## 11. 収集資料リスト

### 食の安全のための畜産物の利用と保蔵技術フォローアップ調査 収集資料リスト

#### [ルワンダ]

ルワンダ国農業セクター協力プログラム検討案（2011/12/14）－ JICA ルワンダ事務所  
ルワンダ国「農業収益向上プログラム」(2011-2017)〈201112 案〉－ JICA ルワンダ事務所  
Seminar Attendance List（電子データ）

ORGANIZATIONAL CHART FOR RWANDA AGRICULTURE BOARD（電子データ）

DEVELOPMENT OF THE DAIRY INDUSTRY（電子データ）

Catalogue of Rwanda Standards 2011 – Rwanda Bureau of Standards

RWANDA STANDERDS Sausages – RWANDA BUREAU OF STANDARDS (以下 RBS)

RWANDA STANDERDS Cattle Feeds – RBS

RWANDA STANDERDS Compounded Poultry Feeds – RBS

RWANDA STANDERDS Named Animal Fats – RWANDA RBS

RWANDA STANDERDS Code of hygienic practice for processed meat products – RBS

RWANDA STANDERDS Code of practice for animal feed production, processing, storage  
and distribution – RBS

RWANDA STANDERDS Methods for the Chemical Analysis of Meats and Meats Products  
– RBS

RWANDA STANDERDS Fresh Fin Fish – RBS

Newsletter Issue 6 Volume 1 - RBS

RBS Newsletter Issue 7 - RBS

RBS Newsletter Issue 13 - RBS

地図 1 RWANDA

地図 2 BURUNDI & RWANDA

地図 3 KIGALI CITY TOURIST MAP

#### [マラウイ]

Breed of livestock, Number of farm households for livestock. Population of animals, Imports  
and exports of livestock and livestock products  
– Department of Animal Health and Livestock Development（以下 DAHLD）

Strategy Plan Development – DAHLD

Veterinary Legislation in Malawi – DAHLD

Course Outline Course Code NSF321 – Bunda College of Agriculture, University of Malawi

Course Outline Course Code NSF422 – Bunda College of Agriculture, University of Malawi

STRATEGIC BUSINESS PLAN 2011-2016 - Bvumbwe Dairy Farmers Cooperative Society