#### <u>Data Book 2</u>

**Disaster Management Exercise Manual** 

Disaster Management Exercise Manual (October, 2008)

COMPREHENSIVE STUDY ON DISASTER MANAGEMENT IN SRI LANKA 2-207 BMICH, Bauddhaloka Mawatha, Colombo-07, Sri Lanka Tel & Fax: +94-(0)11-269-7796

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Disaster Management Exercise Manual (October 16, 2008)

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**Disaster Management Exercise** 

Manual

October 2008

Disaster Management Centre supported by JICA Study Team .: -:

English

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	Disaster Management Exercise Manual (October, 2008)		List of Tables and Figures	Table 1-1 Exercise Locations         1-2	Table 1-2 Objective, Activity and General Information Flow of each Stage 1-5	Table 2-1 Documents Prepared in Stage 1	Table 2-2 Documents Prepared in Stage 2 in Each Organization2-5	Table 2-3 Documents Prepared in Stage 3 in Each Organization		Figure 1-1 Exercise Coverage	Figure 2-1 Document Preparation Rule	Figure 2-2 Information Flow Diagram for Stage 1	Figure 2-3 Information Flow Diagram for Stage 2	Figure 2-4 Information Flow Diagram for Stage 3					

Disaster Management Exercise Manual (October, 2008)

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## 1. Outline of the Exercise

1.1 Outline of Exercise

The exercise is composed of following two activities.

- <u>"Information Transfer Exercise"</u> : for governmental organizations
- "Evacuation Drill": for selected communities

Date: October 16th (Thursday) 10:00-13:00

Target Districts: Ratnapura, Kalutara and Galle

1.2 Objective

The objectives of the "Information Transfer Exercise" are;

- 1) To confirm the information transfer procedure.
- 2) To familiarize with equipments.
- 3) To communicate with responsible officers of related organizations.

The objectives of the "Evacuation Drill" are;

- 1) To confirm the information transfer procedure from GN level to individual level.
- 2) To check the appropriateness of evacuation activities.
- 3) To enlighten the community people.
- 1.3 Participating Organizations
- National Level Organizations:

DMC, DOI, DOM, NBRO, Police

Sub-national Level Organizations:

District Secretariat and DDMCU (Ratnapura, Kalutara, Galle)

Divisional Secretariat (Ratnapura, Nivithigala, Dodangoda, Horana,

Bulathsinhala, Baddegama) GN (Mudduwa, Mahawala, Waniwatta, Ukwatta, Nagalakanda,

Niggaha, Baddegama)

Other Related Organizations

Media (SLRC, SLBC)

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### 1.4 Place of Exercise

Exercise will be held at participants' own office except for selected DM committee members. Exercise locations are shown in Table 1-1

# Table 1-1 Exercise Locations

	I able 1-1	EXERCISE LOCATIONS
Organization	Location/Room	Participants
DMC	EOC	Participants from DMC
DOI	Hydrology Division	Participants from Hydrology Division
DOM	Early Warning Center	Participants from DOM
	Command Center	Participants from Command Centre
	Police Division	Participants from Police Division
Police	Police Station	Participants from Police Station
	Community	Participants from Police Station for Evacuation
		Ē
		Participants from DDMCU
		Representative from Police Division
DDMCU	District EOC	Irrigation Engineer, DOI
		Field Officer, NBRO
		Representative from DS office
DS	DS office	Participants from DS
GN	GN office	GN
Community	Community	Participants to evacuation drill
People		

## 1.5 Date and Time of Exercise

Date: October 16, 2008

Time: 10:00am – 13:30pm (Information Transfer Exercise) 11:30am – 12:30pm (Evacuation Drill) The exercise starts at 10:00am on October 16, 2008. All participants shall be ready for exercise at least 15 min. prior to the commencement of exercise.

[Rehearsal of Exercise]

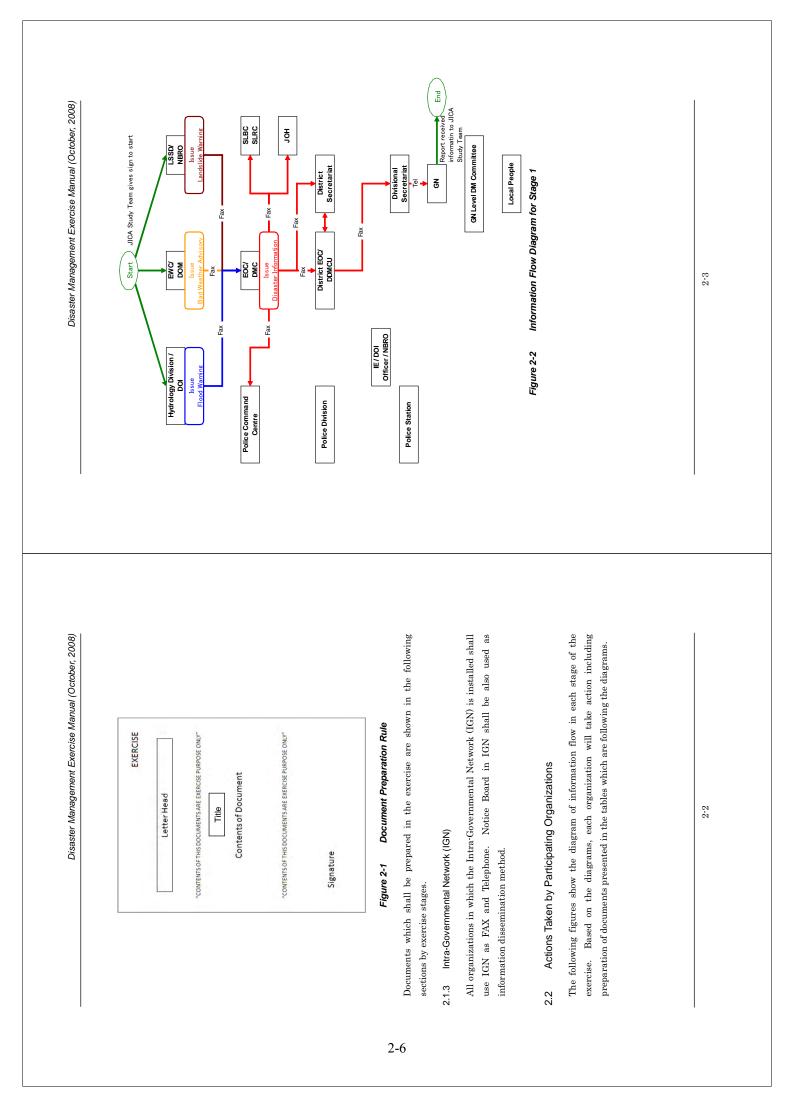
Date and Time: October 2, 2008 10:00am Place: EOC at DMC and DDMCU Rathnapura

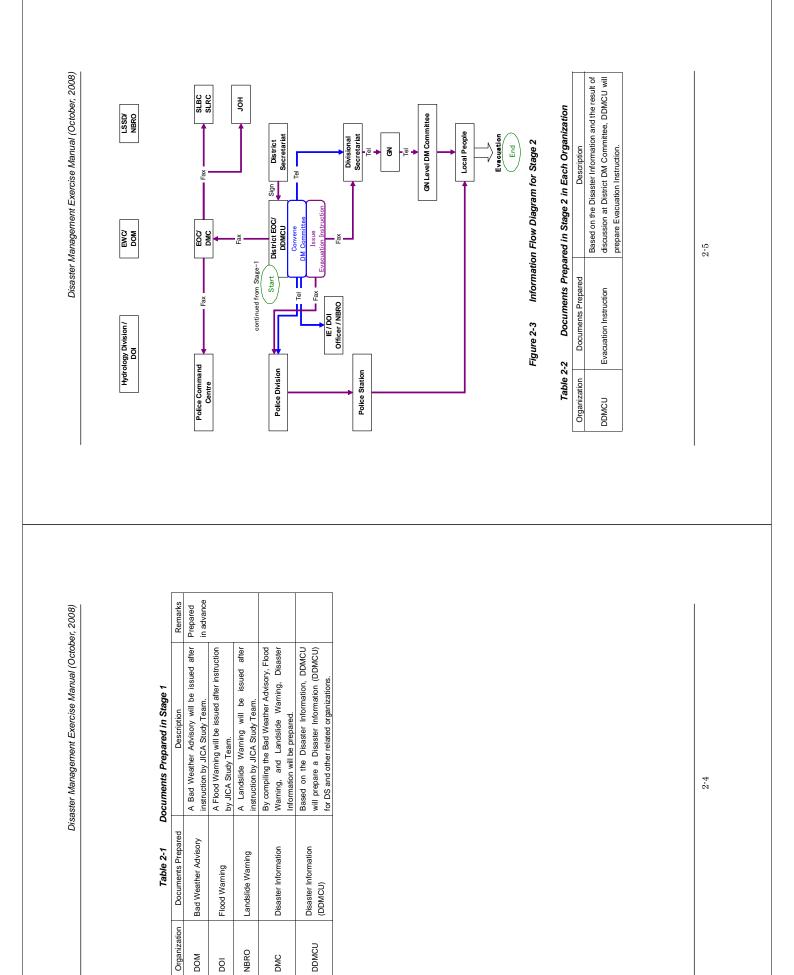
[Evaluation Meeting]

Date and Time: October 17, 2008 10:30am Place: Trans Asia Hotel, Colombo

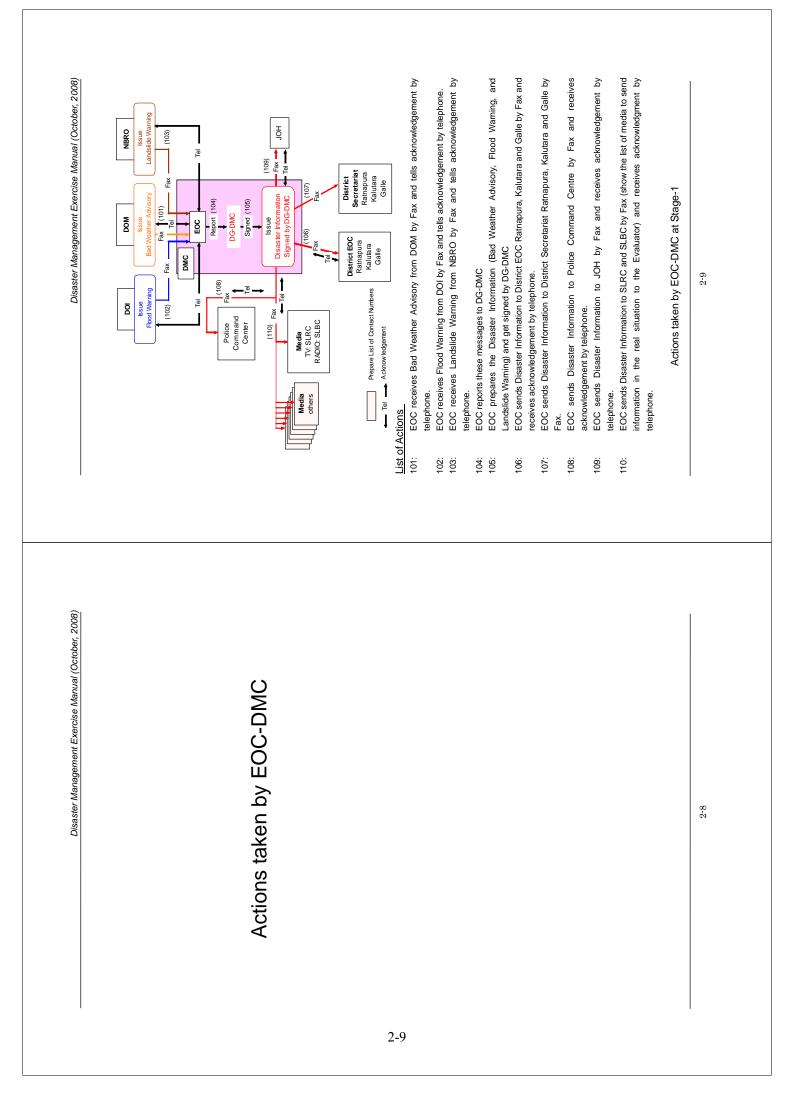
Disaster Management Exercise Manual (October, 2008)	<ul> <li>1.7.2 Disaster Situation and Exercise Scenario</li> <li>Followings are assumed situations of rainfall, flood and landslide for the exercise.</li> <li>Water levels at Ratmapura, Ellagawa, Putupaula gauging stations in Kalu are already more than minor flood level. And they will increase to major flood level like flood in 2003 and 2008.</li> <li>Water levels at Tawalama and Agaliya gauging stations in Gin are already more than minor flood level. And they will increase to major flood level like flood in 2003.</li> <li>Rainfall amount during last 24 hours at several stations in Ratmapura and Kalutara district exceed 200mm and expect more than 100mm during next 24 hours. Possibility of Landslide is very high due to this amount of rainfall.</li> <li>Some community people have already started to evacuate due to above condition.</li> <li>Based on the assumed situations, three different stages are set to accomplish the overall exercise objective. The objective of each stage, actions to be taken in the overall exercise objective. The objective of each stage, actions to be taken in the overall exercise objective. The objective of each stage, actions to be taken in the overall exercise objective. The objective of each stage, actions to be taken in the overall exercise objective. The objective and mananized in the Table 1-2.</li> </ul>		1-4
Disaster Management Exercise Manual (October, 2008)	1.5 Exercise Coverage $f$ is the coverage of	<ol> <li>Scenario for Exercise</li> <li>Target Disaster for the Exercise</li> <li>Flood in Kalu and Gin River</li> <li>Flood in 2003 and 2008 which are the biggest flood in recent years are set as the target flood for exercise.</li> <li>Landslide in Ratnapura and Kalutara District</li> <li>Landslide in Ratnapura and Kalutara District</li> <li>Rainfall amount during 2008 flood (more than 200mm/day and 300mm/2days) is set as the target weather condition for exercise.</li> </ol>	1-3

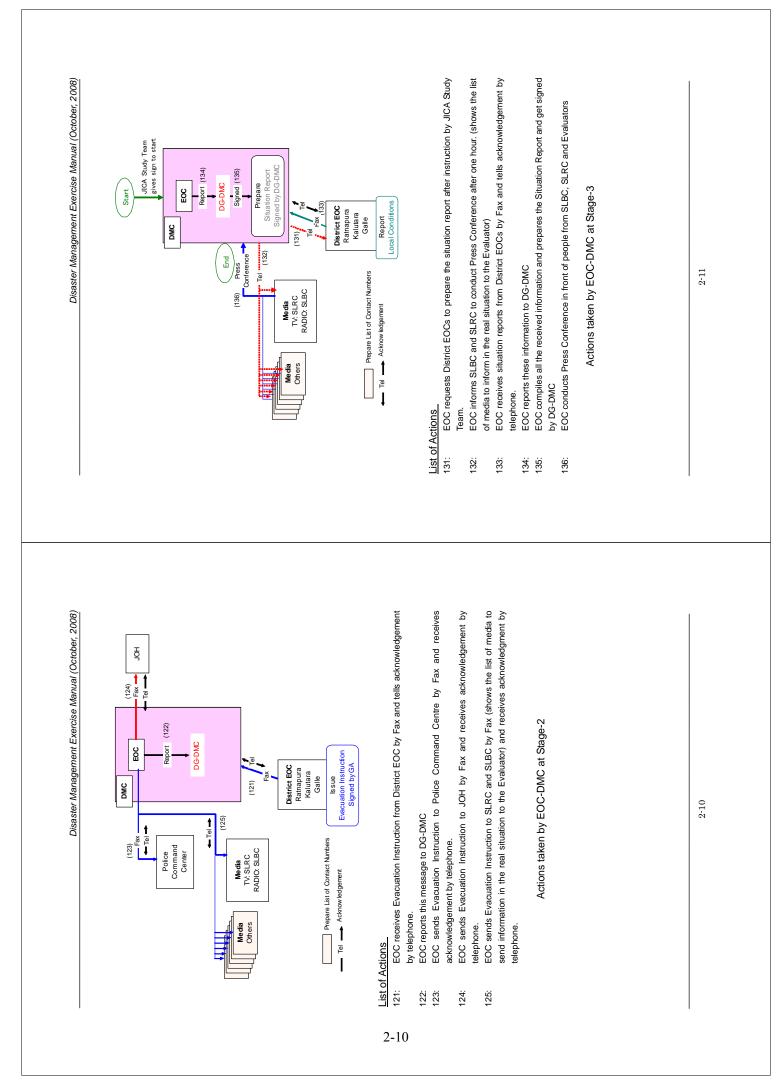
Disaster Management Exercise Manual (October, 2008)	<u>cti</u>	2.1.1 General Actions taken by each organization during exercise will be done in accordance with	the flow diagram presented in this chapter. To accomplish the objective, to confirm the information transferring procedure, procedures presented in this manual are simplified and information will be sent to selected organizations, while the procedures will become much complicated during an actual flood situation. Another thing that should be mentioned is there are still discussions on standard	<ul> <li>procedure of information transfer and decision making for issuing warnings and evacuation instructions. Therefore, please note that the diagrams presented in this manual are exercise purpose use only and shall be modified for actual operation. Such modification will be done through further discussion with organizations concerned.</li> <li>2.1.2 Documents</li> <li>All organizations participated in this exercise shall prepare necessary documents by using their own resources.</li> <li>Documents shall be prepared by following manner for exercise purpose as shown in Figure 2-1.</li> <li>All documents prepared in this exercise shall have "EXERCISE" on right top with</li> </ul>	<ul> <li>capital and bold letters more than 20pt font size.</li> <li>All documents prepared in this exercise shall have the following sentence at the top and bottom of document.</li> <li>"CONTENTS OF THIS DOCUMENTS ARE EXERCISE PURPOSE ONLY"</li> <li>Title and contents of the message shall be easily understandable to avoid any confusion.</li> </ul>
Disaster Management Exercise Manual (October, 2008)	Objective, Activity and General Information Flow of each Stage	unity Information Flow	National Wanting Level DMCU/ D	tion inition Percention Provided and the second of the sec	Local Level Condition Local Level
Disaster Manag		Activity Government / Community Orranization Peorle	<ul> <li>Early Warning</li> <li>Message</li> <li>Message</li> <li>Message</li> <li>Dissemination</li> <li>Bad weather</li> <li>advisory by DOM</li> <li>Pool</li> <li>Landslide warning by</li> <li>by NBRO</li> </ul>	<u>د</u>	- Conducting Press Conference 1-5
	Table 1-2	Objective	To confirm the information flow from national level to local level.	To confirm 1) the procedure to issue the evacuation instruction 2) the information flow from district flow from district local level, and community people. 3) the evacuation activity by community people information flow from local level to national	level. To exercise the various information. 2) to have a press conference.



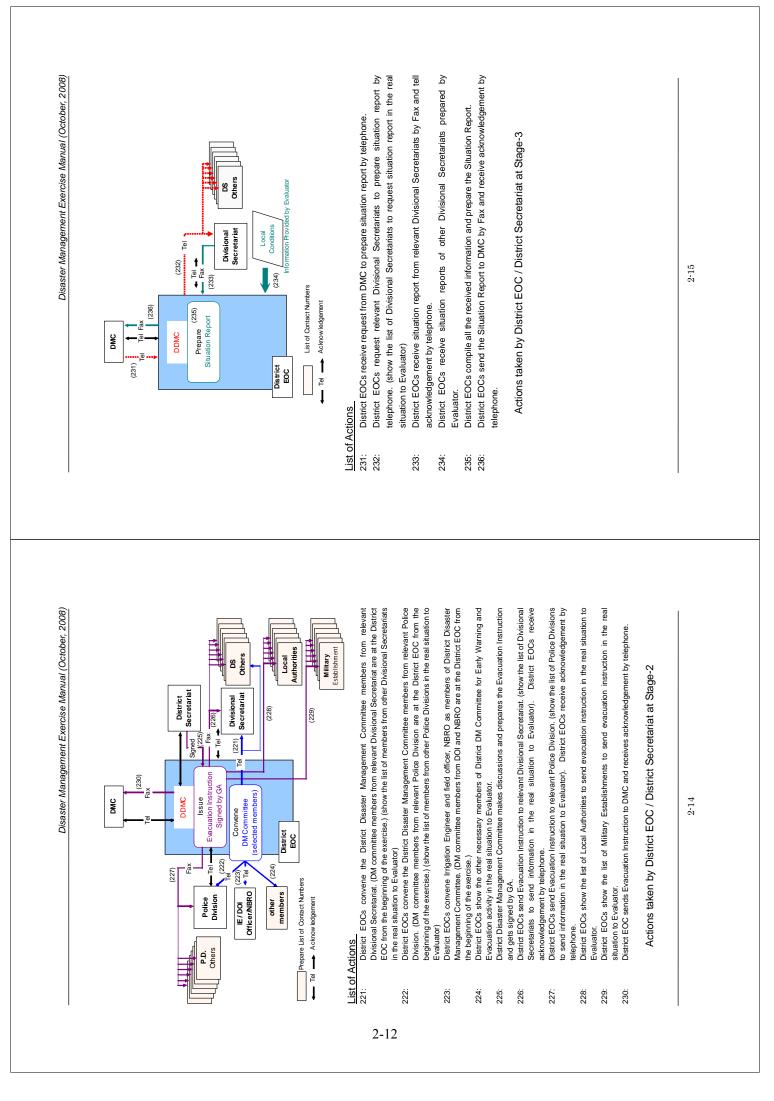


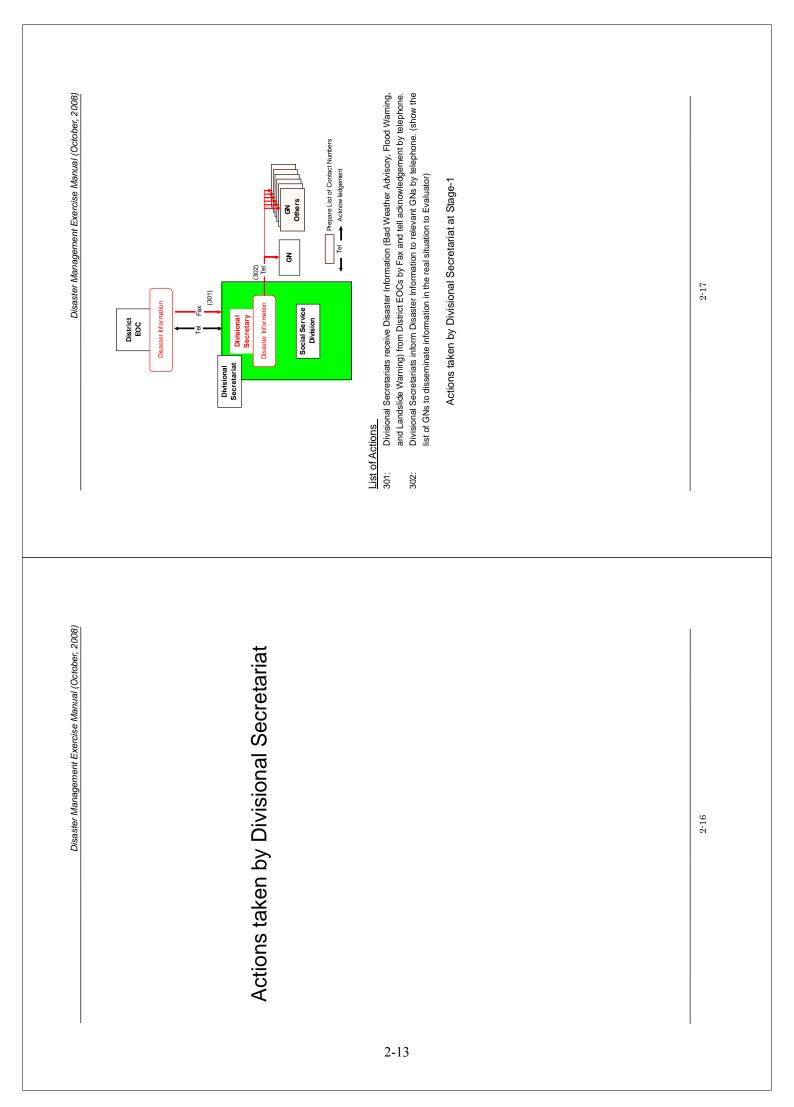
Disaster Management Exercise Manual (October, 2008)	2.3 Information Diagrams and Procedures for Each Organizations Information flow diagrams and procedures for each organization by the exercise stage are instructed as follows.			2-7
Disaster Management Exercise Manual (October, 2008)	Hydrology Division / Dol LSD/ Dol Dol Dol Dol Netco Police Command JCA Study Team Edd Antenne Fat Start sives sign to start Fat Press Conference Tel StRC Request Fat Dol	Figure 2-4 Information Four Diagram for Stage 3	Table 2-3Documents Prepared in Stage 3 in Each OrganizationOrganizationDocuments PreparedDsDocuments PreparedDsSituation Report (DS)DsSituation Report (DS)DbMCUSituation Report (DDMCU)DDMCUSituation Report (DDMCU)DMCUSituation Report (DDMCU)DMCUSituation Report (DMCU)DMCUSituation Report (DMCU)DMCSituation Repo	2-6

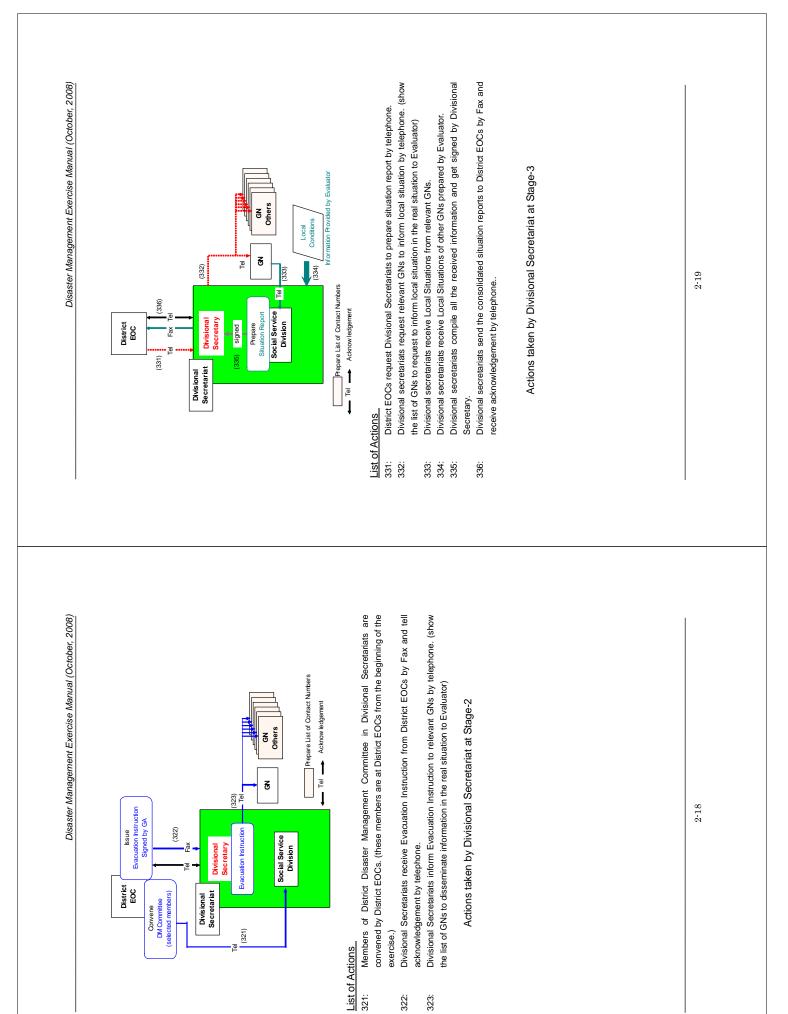


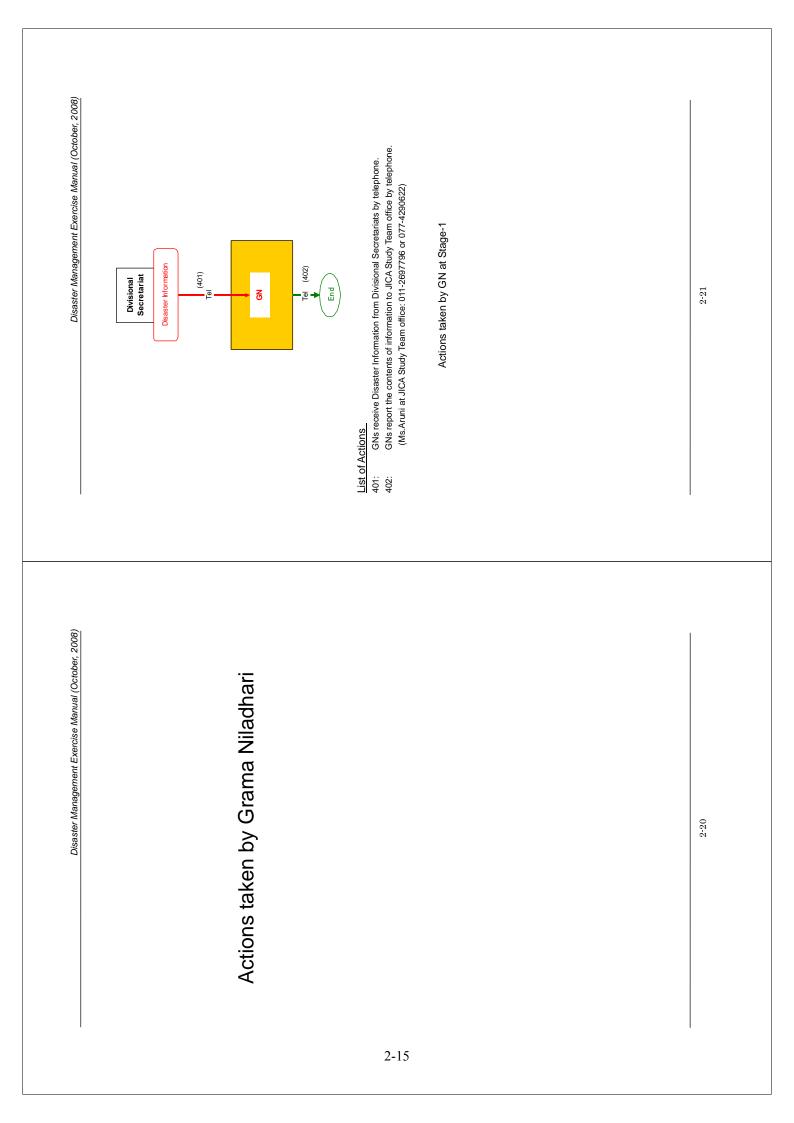


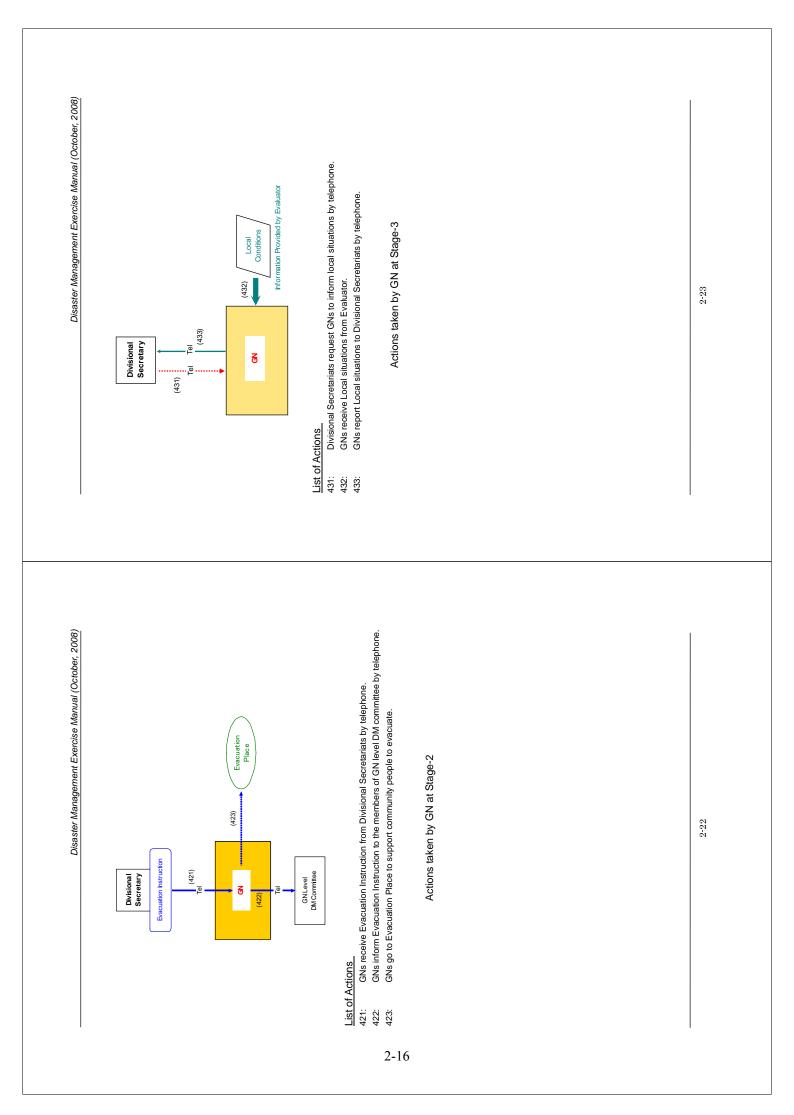
Disaster Management Exercise Manual (October, 2008)	$  ( O \\ O$	List of Actions         201:       District Scretarials receive Disaster Information (Bad Weather Advisory, Flood Warning, and Landslide Warning) from DMC.         202:       District EOCs receive Disaster Information from DMC by Fax and tells acknowledgement by telephone.         203:       District EOCs send District Secretariats information the receipt of information each other.         204:       District EOCs send District Secretariats information to relevant Divisional Secretariat (Ratnapura, Nivithigala, Dodangoda, Horana, Buadhsinhala, Baddegama), (show the list of Divisional Secretariats to send information in the real situation to Evaluator). District EOCs receive advinovledgement by telephone.         208:       District EOCs send Dissert Information to relevant Police Division. (show the list of Divisional Secretariats to send information in the real situation to Evaluator). District EOCs receive advinovledgement by telephone.         208:       District EOCs send Dissert Information to relevant Police Division. (show the list of Police Division to send information in the real situation to Evaluator). District EOCs receive advinovledgement by telephone.         207:       District EOCs show the list of Local Authorities to send information in the real situation to Evaluator).         208:       District EOCs show the list of Military Establishments to send information in the real situation to Evaluator).         209:       District EOCs show the list of Military Establishments to send information in the real situation to Evaluator.         209:       District EOCs show the list of Military Establishments to send information i	2-13
Disaster Management Exercise Manual (October, 2008)	Actions taken by District EOC / District Secretariat	2-11	2-12

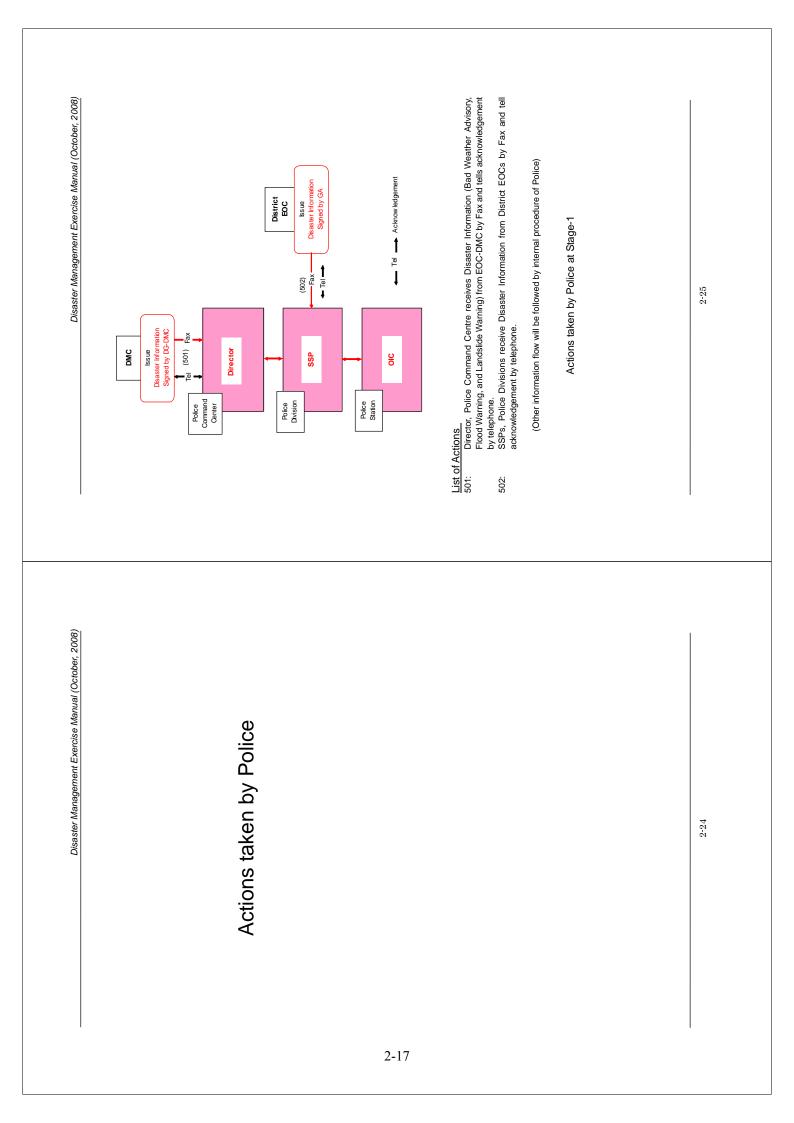


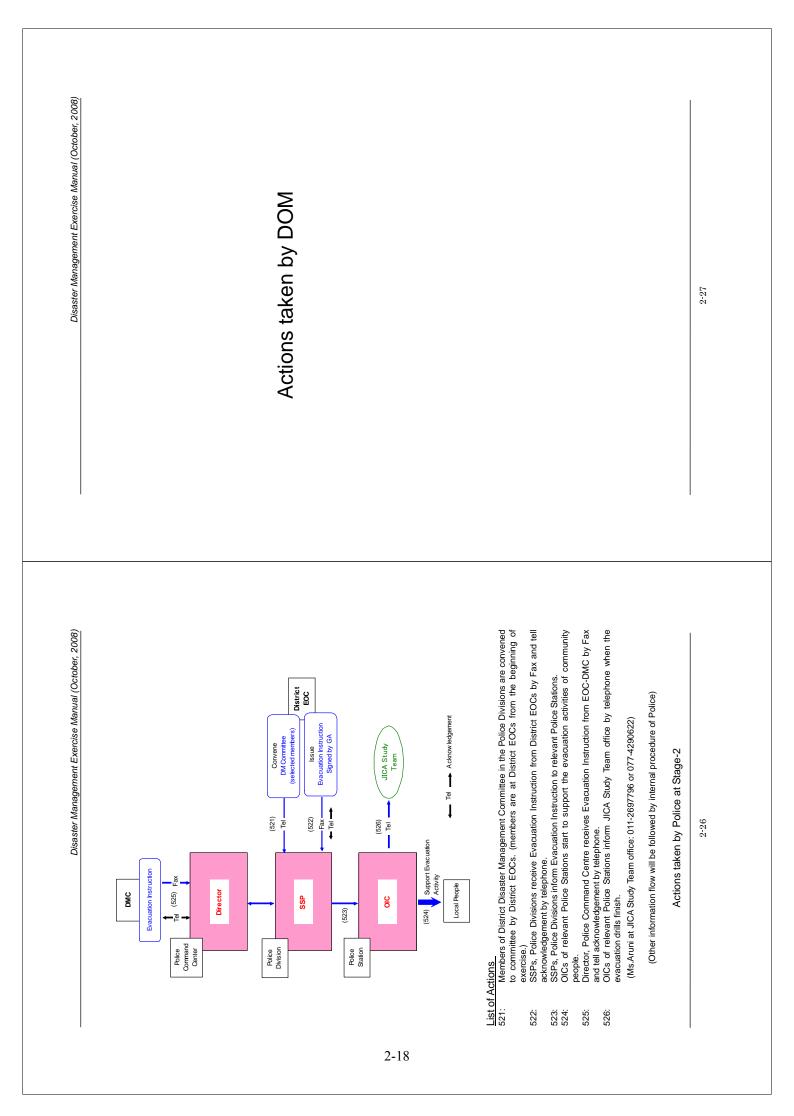


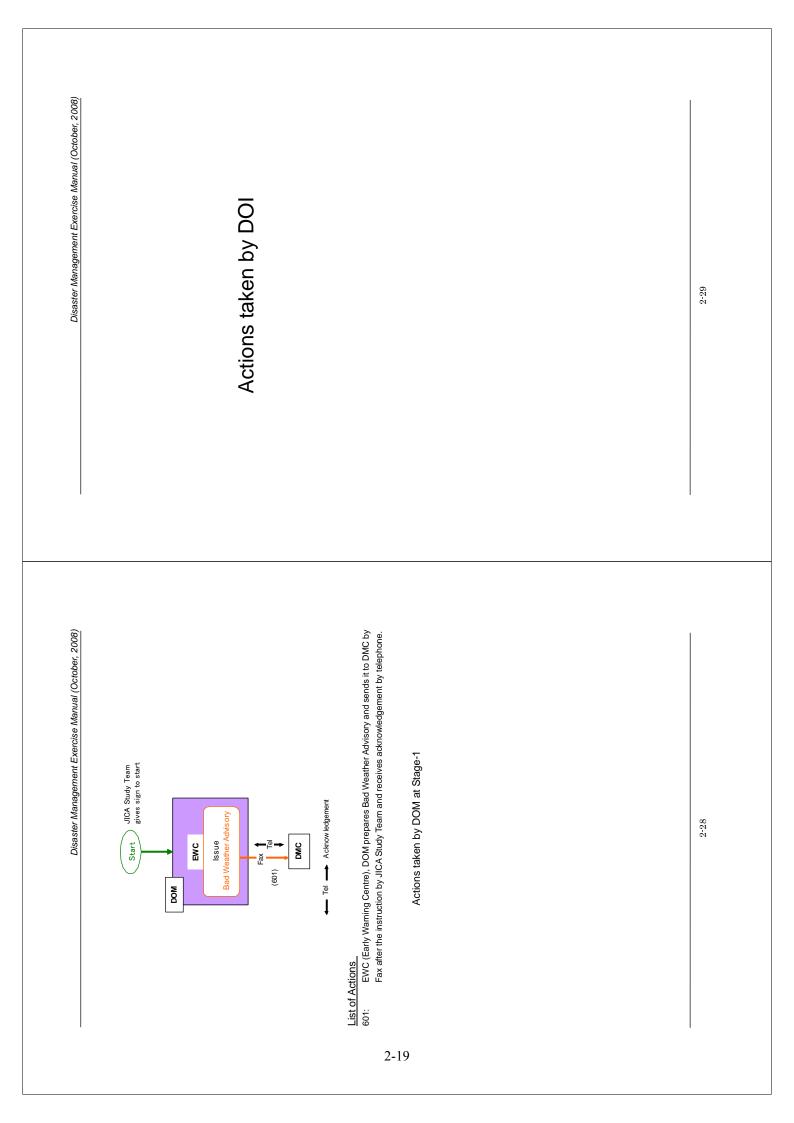


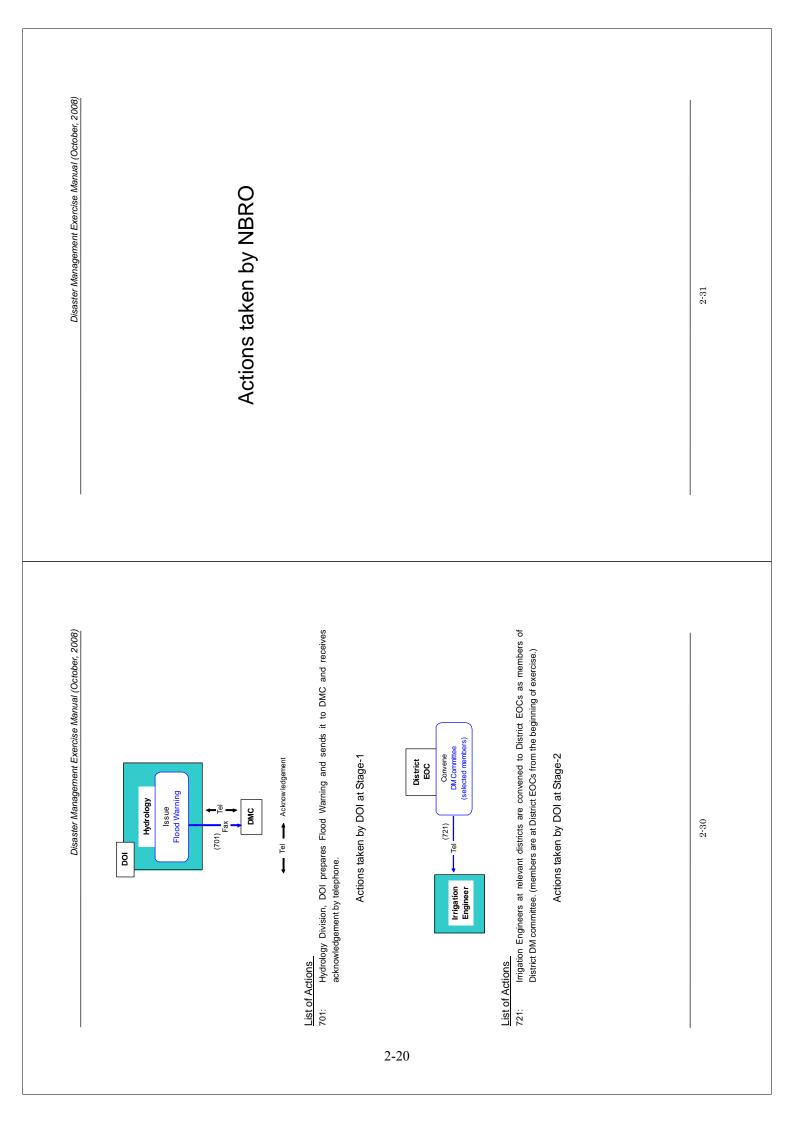


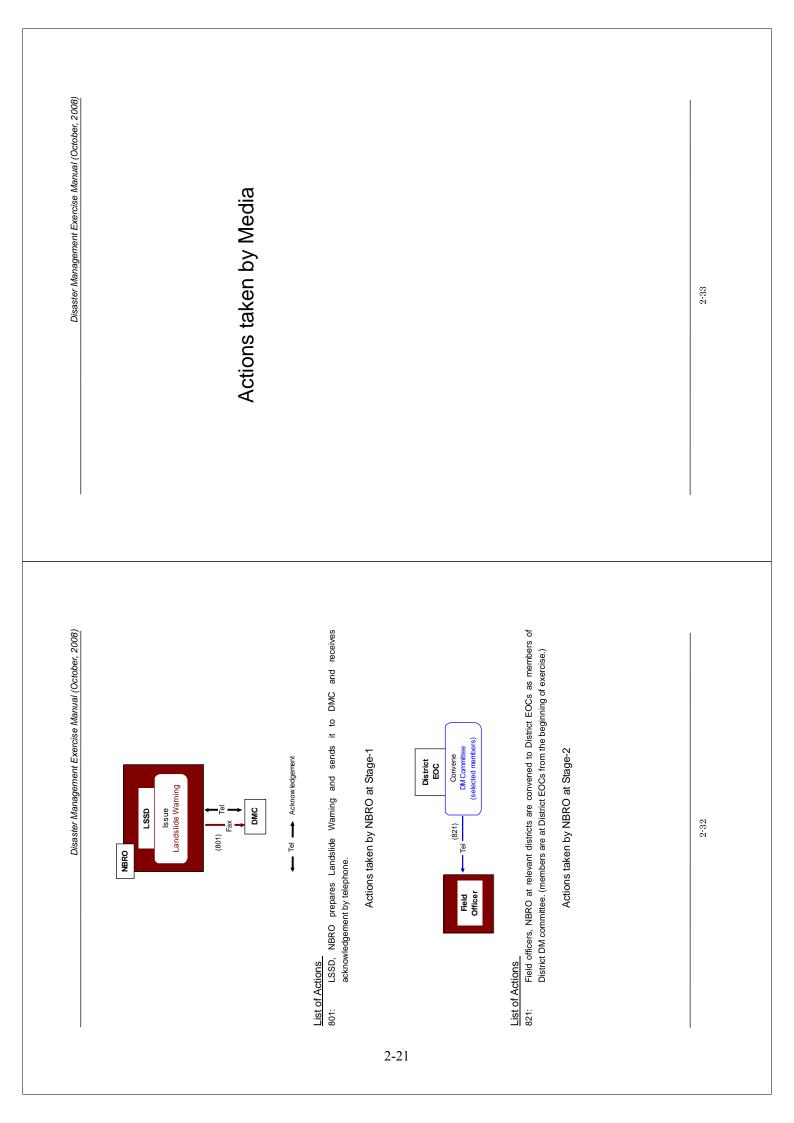


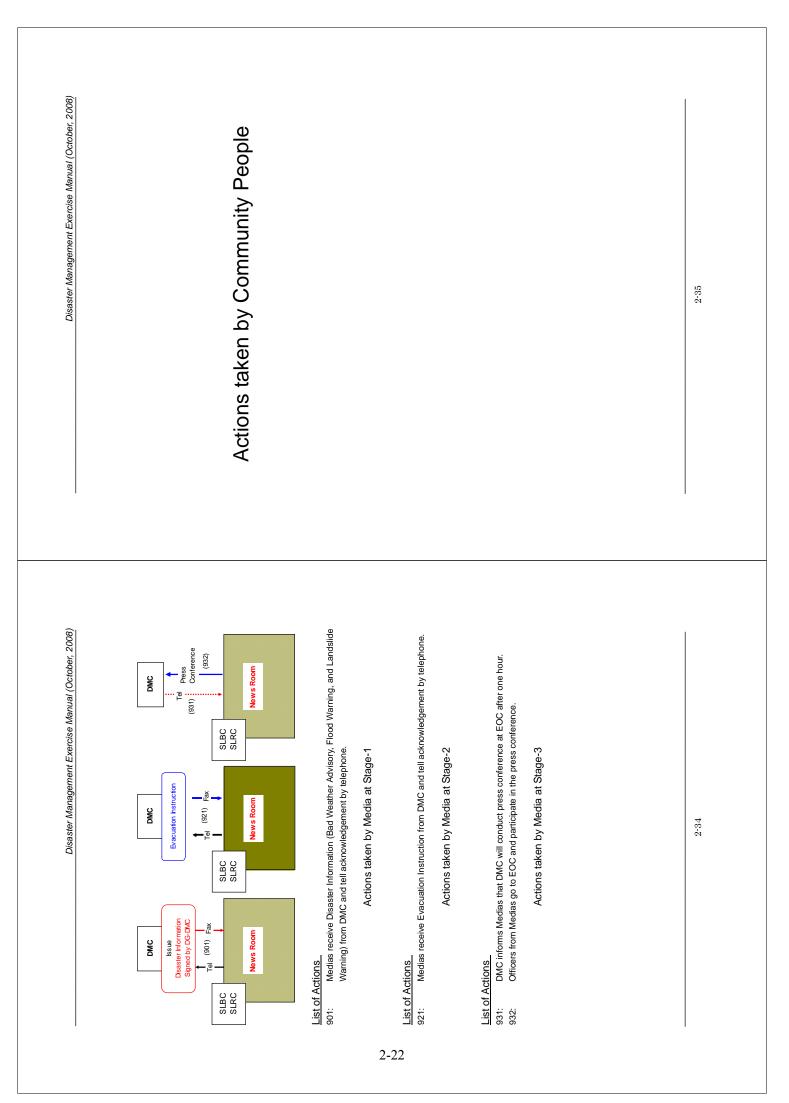




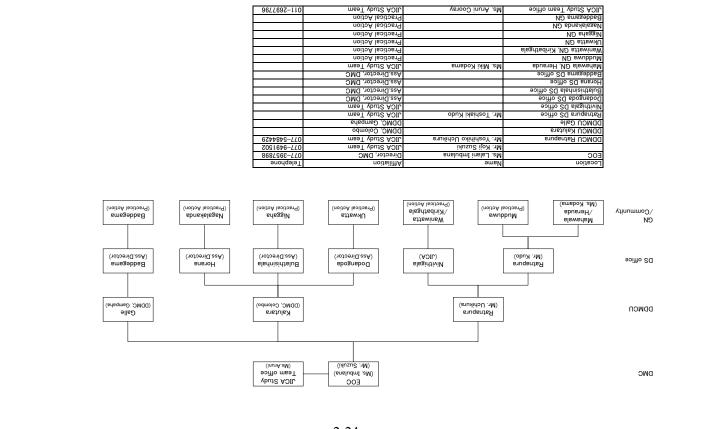








Disaster Management Exercise Manual (October, 2008)	Disaster Management Exercise Manual (October, 2008)         3. Exercise Administration         3. Responsible Persons         BMC organizes this Disaster Management in Sri Lank - Info Comprehensive Study on Disaster Management in Sri Lank - The following persons are in charge of the exercise.         Chief of Exercise:         Major General Gamini Hetiarrachchi (DG, DMC)         Responsible Officers of Exercise in Management in Sri Lank - Unit and Director, DMC)         077:395-7898         Ms. Lalani Imbulana (Director, DMC)         077:395-7898         IICA Study Team on the Comprehensive Study on Disaster Management in Sri Lanka         Mr. Yoshihiko Uchikura (Deputy Team Leader, Exercise Coordinator)         077:548-4429         3.2 Evaluators and Contact Numbers at each Location	telephone number of the evaluators and their locations are shown in the following figure.
Disaster Management Exercise Manual (October, 2008)		2:36



#### Data Book 3

### Questionnaire of Interview Survey

<ul> <li>Q2 Disaster Preparedness and Relief Activites</li> <li>2-1 What kind of activites is mandated (or current operated) for disaster preparedness?</li> <li>2-2 What kind of activities is mandated (or currently operated) for disaster relief?</li> </ul>	<ul> <li>2-3 Do you have any coordination with the District Secretary's Office? <u>Yes No</u></li> <li>2-4 What is the serious problem in disaster management (flood disaster) in the Region?</li> </ul>	2-5 Who issue the warnings and evacuation orders?	<ul> <li>2-6 How the issuance of warnings and evacuation orders are decided?</li> <li>2-7 How the warnings and evacuation orders are informed to local people?</li> <li>Equipment:</li> </ul>	<ul> <li>2-8 Are the evacuation places and evacuation route defined?</li> <li>2-9 Are there any plan or system like "evacuation plan" to show above topics?</li> </ul>	2-10 Is the evacuation conducted properly or are there any problems?	C-2
Questionnaire Survey Sheet (Flood Disaster and Damage) COMPREHENSIVE STUDY ON DISASTER MANAGEMENT IN DEMOCRATIC SOCIALIST REPUBLIC OF SRI LANKA QUESTIONNAIRE SURVEY for <u>ORGANIZATION</u>	Respondent :     Sample No. Org.       Respondent :     Date       (Name of Respondent)     Date       Position     :       Name of Organization:     Name of Interviewer	District	<ul> <li>L SECTION I COMMON QUESTIONS</li> <li>Q1 Mandated Function and Office Employees</li> <li>1-1 What are main activities of your office for disaster management in normal condition? (regular meeting, evacuation drill, etc.)</li> </ul>	<ul> <li>1-2 Organization Chart (to be in separated sheet): <u>Available or Not available</u></li> <li>1-3 Responsibility of each department (division) and number of employees <u>Division</u> Responsibility</li> </ul>	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	(7) :

(Flood Disaster and Damage) Comprehensive study on disaster management In Sri Lanka	ODESTIDENTES CIRCULAR STURMED STRATES DESTIDENTS         Kiver basin: Kelani. Kelani. Kelani. Kelani. Kelani. Kelani. Kelani. Kelani. Kelani. Kelani Kelani. Kelani. Kame of kespondenti.         Kitagi       Mame of Respondenti.         Mame of Respondenti.       Mame of Interviewer         Mame of Respondenti.       Mame of Interviewer         Mame of Interviewer       Mame of Interviewer <t< th=""><th>C.t</th></t<>	C.t
<ul> <li>Q3 On-going Program and Project in the Region</li> <li>3-1 What program/project is in progress for flood management in the Region? (Name of the program/project and their principal feature with list and location map)</li> </ul>	Old       Budget         1       How much is an annuel budget for construction of flood management structures and disconstructions in last 5 years? (with heakdown, if available)         Year 2001:       Ken 2001:         Year 2001:       R.         Year 2001:       R.         Year 2001:       R.         Year 2001:       R.         Year 2003:       R.         Year 2005:       R.         Year 2005:       R.         Year 2005:       R.         Year 2005:       R.         Total R.       Year 2004:         Year 2005:       R.	

Q9 Flood/inundation damages in the flood a. Date: b. House transliv destroyed · Vas No	House partially destroyed : (specify:	Flooded above floor level Flooded below floor level	<ol> <li>Movable assets destroyed : (specify:)</li> <li>Crops totally lost : (specify:)</li> </ol>	h. Crops partially lost : (specify:) i Tiveetock trially lost · (enorify:)	Livestock partially lost	k. Family members died : (specify:) 1. Family members injured : (specify:)	m. Infrastructures damaged (near your house) - Road : (specify:)	- Dike (Flood bund) : (specify:) . Others (consoly:)	SIG	T OOD DISASTER EVDE	SECTION III: FLOOD DISASTEN EAFENDES AND LESSONS		10-1 Do you have something in your mind that you did at the time of the flood disaster in	May 2003 (or April 1989) in order to save yourself and your properties ?	a. res (what?):	b. No (Why?):		10-2 Having experienced the flood disaster in May 2003 (or April 1989), do you think you	will have the same damages if it happens again?	a. Yes (What?):	b. No (Why?):		10-5 Are there any changes in your daily life which made you to move prepared for flood disaster?	C-6
05) Rs. //	b. Offt-farm income (2+5+4+5) Ks. // Year c. Total Income [a. + b. ] Rs. // Year	Q5 Where is your house?			e. In the elevated area f. In the lowland area	Q6 How many years/months have you been living here?years	SECTION II : FLOOD DAMAGE	Q7 Did you experience a flood in (April 1989, May 2003)? <u>Yes. No</u>		house	a. Distance from	×	d. Structure of your house :Wood, Brick, Concrete, Reinforced Concrete, Other	e. Detailed location :	$\sim$	Q8-2 Inundation condition around your house a Thundation denth · cm maximum	 n your house) :	d. Inundation speed : 1) very fast (within a few minutes)	2) fast (within one hour)	3) slow (within a few hours)	e. Current direction : From To	f. Current velocity : cm/sec	g. Others .	C-5

b. No.	Q12 What do you expect Central/Local Government for disaster mitigation? a. Construction/reinforcement of flood management structures	(specify what kind of structures needed): b. Early warning (timely and accurate information) to impending disaster and	emergency case c. Proper instruction for disaster preparedness d. Mobilization of the staff in charge of disaster mitigation e. Supporting services for evacuation (ex. transnortation means)		12-1 Please prioritize in the order of importance in the activity items a. to f. as above. 1     2     3     4     5     6	SECTION IV : EVACUATION AND EARLY WARNING Q13 Current status of evacuation activities	<ul> <li>13-1 Have you evacuated from flood? : <u>Yes No</u></li> <li>If Yes</li> <li>13-2 When was it?</li> <li>13-3 What made you evacuate?</li> <li>- Issuance of warning by (police, GN, AGA, community or others ( ))</li> </ul>	- Inundation height was (0-50cm. 50cm-1.0m, or 1.0m over) - Others ( ) 13-4 Where did you evacuate? (evacuation place, others ( ))	C-8
a. Yes (What?):	b. No (Why?):	<ul><li>10-4 Did you talk with your family members about preparation for future flood disaster?</li><li>a. Yes</li><li>b. No</li></ul>	10-5 If "Yes", how or what does your family prepare for future flood disaster?	10-6 What are the lessons from the last flood disaster?	10-7 Do you talk with neighbors about preparation for future flood disaster? a. Yes (What?): b. No (Why?):	Q11 Recognition on flood management structures and their function 11-1 Are there any flood management structures (such as flood bund, pumping station, causeway, etc.) near your house? a. Yes (What kind structure?): (Where?) <u>.</u> b. No or do not know:	<ul><li>11-2 Do you think the structures do function well at present?</li><li>a. Yes</li><li>b. No (why?):</li></ul>	<ul><li>11-3 Do you know (or think) who is responsible for maintenance and operation of such structures?</li><li>a. Yes (What agency?)</li></ul>	C-7

<ul> <li>14-5 How do you receive the flood information such as warning?</li> <li>By (siren, telephone, community, speaker or others ())</li> <li>14-6 Are there any problems in the plan?</li> <li>a. Evacuation plan is not proper</li> <li>b. Plan is not properly operated</li> </ul>	c. Others () [f No] 14-7 Do you think the evacuation plan is necessary? <u>Yes No</u> 14-8 (If No) why is it not necessary? Q15 Have you participated in the evacuation drill? <u>Yes No</u>	Q16 What kind of facilities and stockpiles are prepared at the evacuation place?          Q17 What do you primarily want to protect from Flood?         Life, House, Furniture, Car, Crop field, <u>or others</u> ()         MINIMUMUNINUNUNUNU	C-10
<ul> <li>13-5 How did you evacuate? (on foot, by car, others ( ))</li> <li>13-6 How long did it take for evacuation? (0-5 min, 5-10 min, 10-15 min, 15-30 min, 30 min-1.0 hr, 1.0 hr more)</li> <li>If No</li> </ul>	On May 2003 (or April 1989), big flood happened around this area 13-7 Why didn't you evacuate? a. Too late to evacuate b. No issuance of warning c. Small depth of inundation (cm) d. Flood is the ordinary event e. Others ( )	<ul> <li>Bid you hear the warning for evacuation? Yes No</li> <li>If you are properly informed to evacuate do you evacuate?</li> <li>Isolo (If No) Why don't you evacuate?</li> <li>a. No evacuation plan (do not know where and how to evacuate)</li> <li>b. Flood is the ordinary event</li> <li>c. Others ( )</li> <li>l. Il When do you start to evacuate?</li> <li>a. Inundation depth is ()</li> <li>b. Flood warning is issued</li> <li>c. Others ( )</li> <li>l. Others ( )</li> <li>l. Poyou know the evacuation plan? Yes No</li> <li>Do you know the evacuate? Yes No</li> <li>Do you know where and how to evacuate?</li> <li>I4-2 How did you know the vacuate? Yes No</li> <li>I4-3 Do you know the plan? Yes No</li> <li>I4-4 (If No) Why don't you follow the plan?</li> </ul>	C-9

2. Regarding Issuance of Tsunami Warning at night of 12th	2.1 When did you receive Tsunami Warning? :			2.2 How did you receive Tsunami Warning? (Check all that apply):		LIV LIKAGIO LINEMENTE L'OPEAKET L'ITERPONE L'IV L'Examily D'Examile D'Nainchare D'Ammunity L'ander	2.3 What did Tsunami Warning say? :		<ul> <li>2.4 Who issued Tsunami Warning? :</li> <li>Department of Meteorology Disaster Management Centre</li> <li>GA AGA Police Others:</li> </ul>	3. Resarding Evacuation Condition	(In case of "Yes" for the Questionnaire 3.1, please answer following questions.)	3.2 Did you evacuate right after Tsunami Warning? : 🗆 Yes 📈 🗖 No	3.3 (In case of "No") Why didn't you evacuate right after warning? (Check all that apply) :	Tsunami Warning was doubtful.	□ You thought that Tsunami might not come soon. □ You did not know what to do. □ You went home to pick up some stuff.	Others:	3.4 Where did you evacuate? :	Temple      School      High Building      Small Hill      Others:	3.5 How did you evacuate? :	🗆 on foot 🛛 Bicycle 🗖 Motor Bike 🗂 Car 🔲 Others:	3.6 What did you take for evacuation? (Check all that apply):	□ Water □ Food □ Cloths □ Cash □ Passbook □ Others:	$3.7$ Have you already known the evacuation place? : $\Box$ Yes $\nearrow$ $\Box$ No	
Attn.: Mr. Yoshihiko Uchikura Fax Number: 011-269-7796		From: JICA Sri Lanka Office	Mr. Ms.	Telephone No.: 011-230-3700	No. of Pages: 5 Pages		Interview Survey on Evacuation Condition by Tsunami Warning	JICA Study Team on Disaster Management in Sri Lanka	The Tsunami Warning issued on Sep 12 <sup>th</sup> was a chance to evaluate the various activities that have been done after the Indian Ocean Tsunami Disaster in 2004. Fortunately no Tsunami occurred this time. However the Media pointed out some problems. The study team would like to know	the local conditions such as activities done by local government and evacuation conditions of the local people, those are not precisely reported, through this kind of interview survey. The study	Information on Interviewee	Nationality: 🗆 Japan 🦯 🔲 Sri Lanka	🗆 Male 🦯 🗖 Female	🗆 Below 20 🗖 20's 🔲 30's 🔲 40's 🔲 50's 🔲 over 60	Occupation: 🗆 Fishery 🔲 Agriculture 🔲 Merchantry 🔲 Service Job	🗆 Hotel Business 🔲 Civil Officer 📄 Company Employee 🔲 House wife	🗅 Student 🗖 Disemployment 🗖 Others:	Division: District:	Distance from coast line to your house	🗆 0 – 100m 🔲 100 – 500m 🗆 500m – 1km 🗖 1 – 2km 🗖 2km –	Were you suffered from the Indian Tsunami in 2004?: 🛛 Yes 🦯 🗖 No	(In case of "Yes") What kind of damage were you suffered? (Check all that apply):	☐ House was totally destroyed  ☐ House was half destroyed ☐ House was partially destroyed  ☐ Relatives were dead or injured	🗖 yourself were injured 🗖 Others:

4.6 Who issued "Cancellation of Warning"? :	artment o	GA      AGA      Police      Others:		_	5.1 Have you seen the Tsunami Hazard Map? (Map with inundation area, evacuation place and	route etc.): 🗖 Yes 🦯 🗖 No	5.2 (in case of "Yes" for 5.1) Where did you see it? (Check all that apply):	Governmental Office Evacuation Drill Community Activity	🗆 House 🗖 Others:	5.3 (in case of "Yes" for 5.1) Did Hazard Map assist you this time? : $\Box$ Yes $\swarrow$ $\Box$ No	5.4 Have vou participated in the Tsunami Evacuation Drill? : $\Box$ Yes $\nearrow$ $\Box$ No	(in case of "Yes" for 5.4) Did the experience of Evacuation Drill assis	5.6 (in case of "No" for 5.4)Why didn't you participate in the Drill?(Check all that apply):	You did not know the drill. The Drill was not conducted.	You know where and how to evacuate.	Others :	5.7 Will you participate in the next evacuation drill? : $\Box$ Yes $\nearrow$ $\Box$ No	5.8 (in case of "No") What is the reason not to participate ? (Check all that apply):				5.9 Will you evacuate right after receiving the Tsunami Warning from now on?: □ Yes ∕□ No	5.10 (in case of "No") What is the reason not to evacuate? :	Tsunami will not come.	Others :		6 Bararding Othar Information on Tecinami	_	6.1 How many times have you received the Tsunami Warning on 12‴ and 13‴September? : □ Never □ Once □ Twice □ Three times □ more than four times	6.2 Have you received Tsunami Warning issued in the early morning of $13^{ m th}$ ? : $\Box$ Yes $\diagup$ $\Box$ No	4
3.8 (in case of "Yes") How did you know the evacuation place? :	Evacuation Drill	Others :	3.9 (in case of "No") Why did you evacuate to that place?	Police directed you to that place.		□ There were not other places to evacuate. □ Others:	(In case of "No" for the Questionnaire 3.1, please answer following question.)	3.10 Why did not you evacuate? (Check all that apply):	Vou thought that Tsumami might not come.	□ You were worried about the household stuff.	You did not know where to evacuate?	You did not know what to do?  Others:	4. Regarding Cancellation of Warning	4.1 What time did you leave the evacuation place? :	□ - 19:00 □ 19:00 - 20:00 □ 20:00 − 21:00 □ 21:00 □ 22:00 □ 22:00 −	4.2 Why did you leave the evacuation place? (Check all that apply):	You received "Cancellation of Warning".	People said that Tsunami would not come.	You judged that Tsunami would not come.	You were worried about household stuff.	□ You wanted to go home □ Others:	4.3 Have you received "Cancellation of warning"? : □ Yes / □ No	(In case of "Yes", please answer following questions.)		4.4 How did you receive Cancellation of Warning ? (Check all that apply):	🗆 TV 🔲 Radio 🔲 Internet 🔲 Speaker 🔲 Telephone 🛛 Police	🛛 Family 🔲 Friends 🔲 Neighbors 🔲 Community Leader	Others :	4.5 What did "Cancellation of Warning" say? :		S

(in case of "Yes") What kind of confusion was it? : □ You received the different information from real situation. □ There was a conflict at the evacuation place.	<ul> <li>You did not know where your family was.</li> <li>There was a theft.</li> <li>Others :</li></ul>		Thank you for your cooperation.		φ
6.3 (in case of "Yes") When and how did you receive Tsunami Warning ? When:□~6:30 □6:30~7:00 □7:00~7:30 □7:30~8:00 □8:00~8:30 □8:30~ How: □ TV □ Radio □ Internet □ Speaker □ Telephone □ Police	□ Family □ Friends □ Neighbors □ Community Leader □ Others : 6.4 What did you do after receiving 2 <sup>rd</sup> and more Tsunami Warning?	<ul> <li>Evacuated Prepared to evacuate and wait for next information</li> <li>Did nothing Others:</li> <li>bid nothing Others:</li> <li>b.5 Were there any changes of mind and actions between when you received first warning and when you received second and more warning?:</li> <li>Wen you received second and more warning?:</li> <li>No</li> <li>(in case of "Yes") What kind of changes was that?:</li> <li>I to case of "Yes" What kind of changes was that?:</li> <li>I to case not "to case not seem to come.</li> </ul>	<ul> <li>6.6 Some schools were closed on 13<sup>th</sup>. Have you received such information in advance? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> <li>6.7 (in case of "Yes") When and how did you receive that information? :</li> </ul>	<ol> <li>Others</li> <li>1. How many percentages of the neighbors have evacuated? (by your estimation)</li> <li>7.1 How many percentages of the neighbors have evacuated? (by your estimation)</li> <li>7.2 What and who was the most reliable regarding the information transferring and evacuation activities? (Check all that apply):         <ul> <li>3.2 What and who was the most reliable regarding the information transferring and evacuation activities? (Check all that apply):                <ul> <li>3.2 What and who was the most reliable regarding the information transferring and evacuation activities? (Check all that apply):</li></ul></li></ul></li></ol>	LO

House was partially destroyed	Damage to house and shop equipment and facility	Damage to commercial products/goods	Damaged to furniture	No house damage but flooded the floor	ossible	Eurniture was not usable Shortage of food and water	Road was flooded and could to move Dothing particularly	Other	1.0 When was the worst flood exnerience hefore and what was the heirbt of the flood?	ונס אוופון אפא נוופ אסואר ווסטע באליבוופונים מבוסובי, מווח אוומר אפא נווה זופוצור טו נווב ווסטע:	When: 🗖 (yearmonth)	How height: 🗆 ankle high 🗖 knee high	□ waist high □ hreast-high □ hody height	□ ceiling of the house □ higher than m		1.10 How often does the flood affect you?	□times / year □ Once /year	Einst time	1.11 Did you have any activities for flood? (choose all it apply)	□ Nothing □ Rain gauge □ water level □ hazard map	Tinetalline eizen /enaaker Tuuckehen Tavaolation deil		C other:	2. Regarding a response before flood (One day before to the day of the flood)		🗖 at home 🗖 at work 🗖 other than flooded area 🗖 other:	$2.2$ One day before to the day of the flood, did you think it is going to be flood? $({ m only \; one})$ :	-	, , , , ,	□ surely □ thought □ not much □ never	thought a little though thought		2.3 One day before to the day of the flood, how did you feel? (choose only one):		a vary a working and a not	ruiod a littla wonniad much wonn	2
Interview Survey on Evacuation Condition by Flood Warning	JICA Study Team on Disaster Management in Sri Lanka		Southwest part of Sri Lanka faced flood twice this year in the end of April, and the end of May to	beginning of June. and the scale of flood was severe as 2003 flood. This was an opportunity to	see the result of several activities of disaster management which have been conducted in Sri	Lanka since the 2004 Indian Ocean Tsunami. The study team would like to understand the local	evacuation conditions and psychology of the local people by the time of evacuation through this	questionnaire survey. The result of this survey will be used to improve the early warning	information dissemination system in the further study. Please answer honestly, your answer will			1. Information on Interviewee		1.1 Sex: 🗖 Male 🗡 🗖 Female	1.2 Age:		1.3 Occupation: 🗆 Fishery 🗖 Agriculture 🗖 Merchantry 🗖 Service Job	🗆 Hotel Business 🗖 Civil Officer 🔲 Company Employee 🔲 House wife	🗖 Student 🗖 Unemployed 🗖 Others:	1.4 Address: GN:		Division: District:	1.5 Which is your residence?	🗖 one story house 🗖 2 story house 🗖 basement floor in apartment	🗖 above 2 <sup>nd</sup> floor in apartment 🗖 Other:	1.6 What was the highest level of flood from the ground at your house?	🗆 not inundated 🗖 ankle high 🗖 knee high	🗆 waist high 🗖 breast-high 🗖 body height	🗆 ceiling top of the house 🗖 higher than m		1.7 What was the duration of flood and day and time of maximum height of the flood?	Duration:dayA.M./P.M./night ~dayA.M./P.M./night	Maximum:dayA.M./P.M./night	1.8 What were the damages by the flood? (answer all that apply)	□ No anv damage □ Family member died □ Family member iniured	□ House was totally destroyed □ House was half destroyed	1

□ Family and relative house □ Other:	3.6 By what did you evacuated?	🗆 On foot 🛛 Bicycle 🗆 Motorbike 🔲 Boat 🔲 Car 🔲 Other:	3.7 Why did you evacuated to that location? (choose all it apply)	□ Knew by evacuation drill □ Discussed with community and family before	Knew by hazard map Knew from past experiences	q	There was no other place to evacuate	Other.	3.8 Who answer "No" in Q3.1, what were the reasons you did not evacuate (could not	evacuate)? (choose all it apply)	Never evacuated before Thought it was a usually rain	This area has never flooded before	Never thought about it becomes flood so quickly	Thought it would be difficult to evacuate with children/elderly	Thought it would be no problem because house is located at higher place	Waited family member to come back home	Not sure about physical capacity	$\square$ Though it would be save if go up $2^{nd}$ floor	Went back house to take belongings	Preparing the belongings took some time	$\square$ By the time by noticing the flood, it was not able to evacuate with flood	Did not think it will be big flood	Thought it would be more dangerous to evacuate	Did not know evacuation place and its routes	Did not know what to do Other:	3.9 How did you feel when you were evacuating from flood situation? (choose all it apply)	Felt a fear because hard to see the street at night	Eelt a fear evacuating while flooding	Worried about my poverty and belongings at home	Worried about my family Worried about children and elderly	Unpleasant to evacuate while flooding Did not feel anything	Other				4	
2.4 Why you did not think that it will become flood? (Choose all it apply)	🗖 Thought it was a usually rain 🔲 This area has never flooded before	Thought it won't be so serious even though it becomes flood	Cause no flood information	Thought I can evacuate when it is necessary and possible	U Other:	2.5 Have you prepared before the flood?(choose all it apply):	Did not prepare Evacuated before the flood	Put up furniture to up stairs  Matching TV and listening Radio carefully	Prepare for evacuation	Asked condition for local government (Who? )	Went to up stairs or roof of house decked surrounding situation	□ Other :		<ol> <li>About Evacuation activity (#un stairs/roof of house is not consider as avaauation)</li> </ol>		3.1 Did you evacuate? : 🗖 Yes 🗖 No	3.2 When and What time did you leave your house to evacuate? day A.M./P.M./night		3.3 By the time you evacuate, what was the highest level of flood from the ground at your	house?			-nign 🖵 Boay neignt			3.4 What made you to decide to evacuate? (choose all it apply)	Thought myself and family are in danger  Boat came to help	Thought house would be flooded  Because house was flooded	Because heard flood warning	Recommended by family and neighbor	Recommended by community leader	Instructed by Policy and DS officer D Saw everyone was evacuating	Other:	3.5 Where did you evacuate?	Temple/Musk Dschool High building D hill and higher place	co	

<ul> <li>☐ Irrigation department ☐ Metrology department ☐ DMC ☐ GA ☐ AGA</li> <li>☐ GN ☐ police ☐ I don't know ☐ Other:</li></ul>	<ul> <li>Ceiling of the house  Higher thanm</li> <li>Regarding Flood Information and future</li> <li>Is there any response of government and local authorities that was dissatisfactory for current flood? (choose all it apply) :</li> <li>Did not receive flood information  Did not receive evacuation instruction</li> </ul>	<ul> <li>Too late to send flood Information</li> <li>Too late to give evacuation instruction □ No information about rain</li> <li>Evacuation place was flooded □ Did not know flooding area</li> <li>There was no or not enough boat □ Nothing specific</li> <li>その他:</li> <li>その他:</li> <li>5.2 When and with What information will you evacuate before flooding considering current flood experience (choose all it apply):</li> </ul>	When:       One day before       6 hours before       3 hours before         1 hour before       0 to 30 minutes before       1 hours before         What:       Expected river rater level       Predicted amount of rainfall         Become flood or not       Expected Flooding Instruction         Expected flooding locations       Expected Flooding time         Won't evacuate even any information given (check and decide by myself)         Other:       Other         5.3 Who is the most reliable person regarding the information dissemination (choose all it	apply)          apply)       Neighbor       Family and Relative       GN       Police         Government officer (DS)       School Teacher       Other.         Committee member       DDMCU       TV       Radio       Other.         Committee member       DDMCU       TV       Radio       Other.         Government officer (DS)       for following answer.       Fadio       Other.	υ
<ol> <li><u>About Flood Information</u></li> <li>When did you first received the flood information and what was the contents?</li> <li>When did you first received the flood information and what was the contents?</li> <li>Date:dayA.M./P.M./night □ Did not receive flood information Contents: □ There is a heavy rain □ There is a danger of flooding</li> <li>□ The river water level will increase □ The river water will decrease</li> </ol>	<ul> <li>Other:</li></ul>		<ul> <li>Not inundatedAnkle highKnee high</li> <li>Waist highBreast-highBody height</li> <li>Ceiling of the house Higher thanm</li> <li>4.5 How did you feel when you first heard about flood information?(Choose all it apply)</li> <li>1.4 is going to be flood Better to evacuate</li> <li>1.4 won't be a flood It is not necessary to evacuate</li> <li>1.4 won't be a flood It is not necessary to evacuate</li> <li>1.5 though better to check the neighboring situation Other:</li> </ul>	<ul> <li>4.6 When did you first heard addressing the evacuation?</li> <li>bate:</li></ul>	ıΩ

3-11

Thank you very much for your cooperation

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# Data Book 4

Questionnaire and Result of Community Survey

# 4.1 Results of the Survey

The collected data was tabulated by each community and analyzed by each target area for selection of 15 pilot communities as shown in Table 1. Significant findings about the characteristics of communities are presented below.

	Type of Disasters	Target Areas	Number of target communities for the Survey	Number of pilot communities to be selected
		1) Kelani River Basin	4	2
	2) Kalu River Basin (Ratnapura District)		4	2
1)	Flood Vulnerable Communities	<ol> <li>Kalu River Basin (Kalutara District)</li> </ol>	2	1
		4) Gin River Basin	2	1
		5) Nilwara River Basin	2	1
2)	Sediment Disaster	1) Ratnapura District	4	2
	Vulnerable Communities	2) Kalutara District	4	2
3)	Tsunami Vulnerable	1) Matara District	4	2
	Communities	2) Ampara District	4	2

Table 1 Disaster Type and Number of Pilot Communities for Activities

# (1) Flood Vulnerable Communities

# 1) Kelani River Basin

The target communities in the Kelani River basin have basically developed as towns located on the outskirts of capital city Colombo. The population of these communities is on the increasing trend. Around 25% of respondents are getting their income as small entrepreneurs.

Besides, almost all respondents in these areas, except in the Ranala community, have experienced severe flood disasters in 1989. During this disaster, houses of more than 50% of the respondents were inundated to depths of more than 3 meter. Considerable number of the respondents answered that flooding of the road and undeveloped drainage system caused serious problems.

Figure 1 shows the comparison of the four target communities based on the survey items related to vulnerability to disasters. The items include 1) Absence of leadership, 2) Unpreparedness for disasters, 3) Not good condition of mutual support, 4) Lack of acknowledgement of community organization, 5) Low monthly income, 6) Receipt of subsidies, 7) Unavailability of TV & Radio, 8) Unavailability of phones. In Kittanpahua, the information and communication facilities such as phones and TV & radio are relatively well equipped in many of households. Income level is also comparatively high in the Kittanpahua community. In the community in Biyagama, the community-based organization is relatively active and 15% of respondents acknowledge this organization.

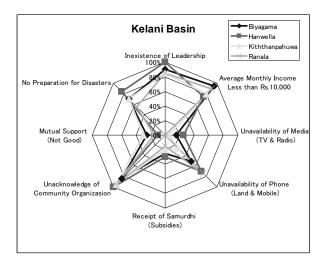


Figure 1 Comparison of some survey items related to vulnerability to disasters (Kelani)

# 2) Kalu River Basin in Ratnapura District

Main industry of the four target communities in Kalu River Basin in Ratnapura District is tea cultivation. In Raddala, coconut, rubber and paddy cultivation are also popular. In Mudduwa, 50% of the respondents are small scale entrepreneurs while in Kahangama and Raddala, around 50% of the respondents work as unskilled laborers. The populations of the Angammama, Kahangama and Mudduwa are increasing, while the population of Raddala is decreasing.

All of the target communities have experienced severe flooding disasters in 2003 although human casualties were not reported in the Survey. In particular, in the Mudduwa community, most of the respondents responded that their houses were inundated to depths of more than 3m.

As shown in Figure 2, the community in Raddala is weak in most of the survey items on vulnerability except mutual cooperation spirit; on the contrary, the community in Mudduwa is relatively strong in them.

The establishment of the village-level disaster management committee is acknowledged in Angammama and Mudduwa.

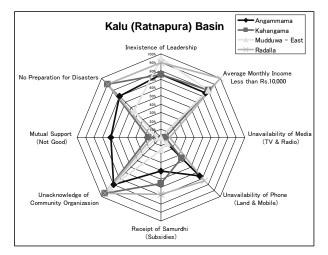


Figure 2 Comparison by some survey items related to vulnerability to disasters (Kalu-R)

# 3) Kalu River Basin in Kalutara District

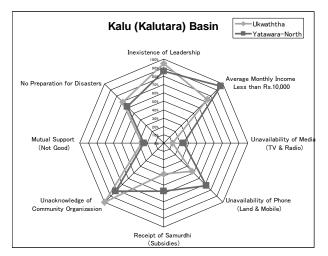


Figure 3 Comparison by some survey items related to vulnerability to disasters (Kalu-K)

Main industry of the community of Ukuwatta is rubber cultivation, while in the community in Yatawara, paddy cultivation is popular. Unskilled laborers comprise most of the respondents from both communities while at the same time, around 25% of them are unemployed. Both of the communities are traditional villages; however, the population of Yatawara is increasing while that of Ukuwatta is in the decreasing trend.

The two target communities have experienced severe flooding disasters in 2003 with only one death reported only in Ukuwatta. The height of the flooded water in the two communities was not higher than the level reported in the survey in Ratnapura District.

As shown in Figure 3, the community of Yatawara is rather weak in information communication facilities

4) Gin River Basin

Main industry of the target communities in Gin River Basin is mixed cultivation such as tea, cinnamon and paddy. In Baddegama, 25% of respondents are either retired or active government employees and 35% of them are small-scale entrepreneurs. In Agaliya, around 25% of them are unemployed. In both communities, demographic movement has been stagnated.

The two target communities have experienced severe flooding disasters in 2003 but no human casualties were reported in the Survey. A total of 65% of the respondents of Baddegama responded that the 2003 flood water reached up to more than 2.5m high.

Figure 4 shows that the community of Baddegama is relatively well-equipped with the information communication facilities. Their income level is comparatively higher than the level of Agaliya.

The village-level disaster management committee is established in both communities.

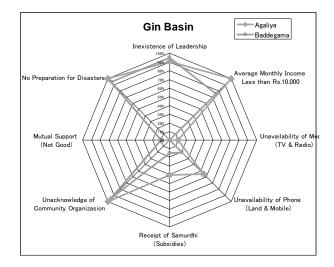


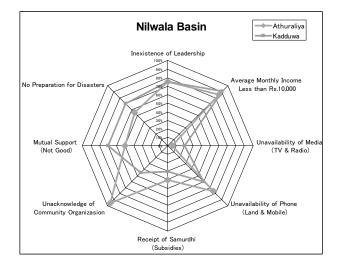
Figure 4 Comparison by some survey items related to vulnerability to disasters (Gin)

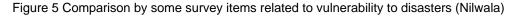
# 5) Nilwara River Basin

Main industries of the two target communities in Nilwara River Basin are tea, rubber and cinnamon cultivation. In Athuraliya, 20% of respondents are farmers and 20% are small-scale entrepreneurs. In Kadduwa, 15% of the respondents are farmers, 25% are retired government employees and 20% are unemployed. The population of both communities is in the increasing trend at a normal growth rate.

The two target communities have experienced severe flooding disasters in 2003. Several respondents answered that there were some injuries due to the disaster. The economic damages were considerably heavy.

The village-level disaster management committee has been established in both communities. While well-acknowledged in the community of Kadduwa, it is not recognized by the respondents of Athuraliya, as shown in the Figure 5.





- (2) Sediment Disasters Vulnerable Communities
  - 1) Ratnapura District

Main industries of the four target communities in landslide prone areas in Ratnapura District are tea and rubber cultivation. Majority of the respondents are unskilled laborers in the target areas except Helauda where small-scale entrepreneurs are dominant. In all of the communities, the population is increasing.

The four target communities have experienced severe landslide disasters in 2003. Also, the communities in Helauda and Hapurugala were affected by flood disasters in 2003.

The village-level disaster management committee has been established in all the communities.

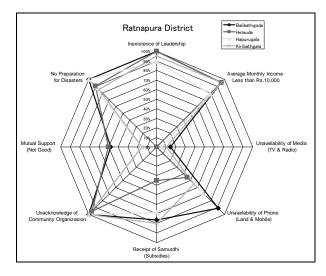


Figure 6 Comparison by some survey items related to vulnerability to disasters (Ratnapura)

As shown in Figure 6, most of the respondents of the communities are not aware of the community organization for disaster management although the village-level disaster management committee has been established.

2) Kalutara District

The four target communities in landslide prone areas in Kalutara District are in the tea, cinnamon and rubber cultivation region. Majority of the respondents are unskilled laborers in the areas except Govinna which is dominated by the unemployed. The population in Nagalakanda and Niggaha is stagnated, while the population of the other two communities, Govinna and Kosgulana, is increasing.

The four target communities have experienced landslide disasters in 2003. The communities in Helauda and Hapurugala were also affected by flood disasters in the same year. Landslide events occurred in Kosgulana in 2005 and in Niggaha in 2006.

The village-level disaster management committees have been established in all the communities; however, they are not well recognized by the respondents as shown in Figure 7. There is a satisfactory level of mutual support spirit in the target communities except for Niggaha community.

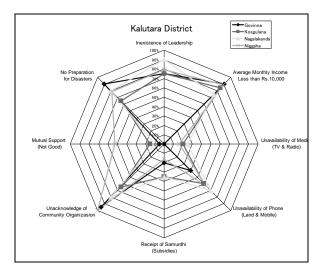


Figure 7 Comparison by some survey items related to vulnerability to disasters (Kalutara)

- (3) Tsunami Vulnerable Communities
  - 1) Matara District

Fishery is the main industry of the target communities prone to Tsunami in Matara District except Polhena where coconut cultivation is the main economic activity of the community. More than 50% of the respondents are fishermen from Gandara (90%), Sudduwalla (60%) and Thotamuna (55%). The population in Polhena, Sudduwalla and Thotamuna was reduced due to the regulation of buffer zone and aftermath of Tsunami disasaters. The level of education is relatively low in Gandara where 80% of respondents are primary school graduates.

All of the target communities were affected by the Indian Ocean Tsunami in 2004. In most of the communities, a significant number of the respondents was hit by the wave of more than 2m height.

The village-level disaster management committees have been established except in Gandara community. In particular, the committee in Suduwalla is well recognized among residents.

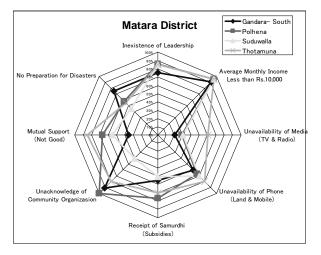


Figure 8 Comparison by some survey items related to vulnerability to disasters (Matara)

# 2) Ampara District

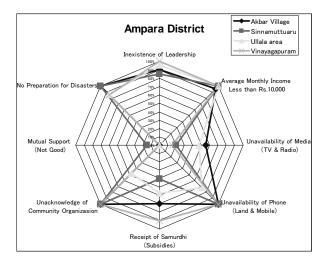


Figure 9 Comparison by some survey items related to vulnerability to disasters (Ampara)

In Ullala area and Sinnamuttaru, majority of people are engaged in fishing. In Akbar village, many of them are conducting small businesses while 50% of respondents in Vinayagapuram are unemployed. The communities in Akbar village and Ullala were resettlement areas provided by the Government, while the communities in Sinnamuttaru and Vinayagapuram were traditionally established.

The four target communities were severely affected by the Indian Ocean Tsunami in 2004. Since the roads in the target areas are still underdeveloped and the road network is very weak, the pace of the recovery from the impact of the Tsunami disaster is very slow.

4.0 School	4.1 Name of the closest school	Primary         Secondary           4.2 Type of school	4.3 Distance to School from your house     km       5.0 Main mode of transport	Bus         Train         Boat         owned vehicle           Car         Van         Motor         Bicycle         Other	bike	Page 2 of 15	
A.7 Questionnaire for Community Survey	Comprehensive Study on Disaster Risk Management in Sri Lanka Household Questionnaire	Name of Interviewer	1.0 General Information1.1 Name of the Household1.1 Name of the Village1.2 Name of the Village1.3 Grama Niladari Division1.4 Divisions Secretary Division1.5 Occupation	2.0 Family	2.1 Relationship     2.2 Age     2.3 Occupation     2.4 Education       to the household     mitigate examination     mitigate examination       psseed Grade in the scient scie	3.0 Infrastructure <i>Please tick ( ) Please ti</i>	

4-8

Contrasting there is any specific issues / problems that you had to face         Preprinting interaction and bentity for part 10 years?         Reads       we found in factoring the part 10 years?         Reads       we found in the entries outsign the part 10 years?         Reads       we found in the entries outsign the part 10 years?         Reads       we found in the entries outsign the part 10 years?         Reads       we found in the entries outsign the part 10 years?         Reads       we found in the entries outsign the part 10 years?         Reads       Maintring / Inner 10 we we concret. In order the part 10 years?         Reads       Maintring / Inner 10 we we clearly and the entries of the part 10 years?         Reads       Distance to shoot back of the part 10 were clearly and the entries of the part 10 were clearly we we we was the entries of the part 10 were clearly with the entries of the part 10 were in the entries of the part 10 were in the entries of the part 10 were clearly with the entries of the part 10 were in the entries of the part 10	<b>7.0 Governance and Decision Making</b> 7.1 Do you have any leadership in the community?	Yes No	rship Political Appointed From Religious Other leader leadership inheriting (GN)		By leader     rlease uck       Participatory     Influence by unauthorized groups	By govt involvement By political involvement	7.4 Do you think is there any difference in gender, age, employment status in taking decisions?	Age Employment status If possible alaose enorify.	II possiole, picase specify. Page 4 of 15
erbe if there is any specific issues / problems that you had to face active transformed the thin facilities during the past 10 years? e.g. Road drainage system/ preparation with tar or concrete. flooding, mussible and other physical facilities during industrial waste / hospitals Distance to school/ lack of teachers/ flood threats/ in adequate space and other physical facilities Threat from ware (lephants / snakes / Threat from ware (lephants / snakes / Permits, birth/death certificates, banks, post office, mid/wife, PHI, Samurdi, agricultural extension Distance, availability of products for buying, opportunities for selling products, price of the products products is price of the products products of the products for buying, opportunities for selling products, price of the products products in the security / interest rate/ bank security/	<b>7.0 Governance</b> 7.1 Do you have		7.2 If yes; 7.2 Type of lead Formal	Informal 7.3 Community c			7.4 Do you think		
	ribe if there is any specific issues / problems that you had to face astructure and health facilities during the past 10 years?	eg. Road drainage system/ preparation with tar or concrete, flooding, unusable		Distance to school/lack of teachers/flood threats/ in adequate space and other physical facilities	Threat from war/ elephants / snakes /	Permits, birth/death certificates, banks, post office, midwife, PHI, Samurdi, agricultural extension	Distance, availability of products for buying, opportunities for selling products , price of the products	Availability and accessibility / interest rate/ bank security/	Page 3 of 15

7.5 Average Monthly Income of the family

Rs 30000<	
21000-30000	
Rs. 12000- 20000	
Rs. 6000 – 11000	
< Rs 5000	

7.6 Communication

INO							
res							
	7.6.1 Do you have a Radio in your home	7.6.2 Do you have a TV in your home	7.6.3 Do you have a (land)phone in your	home?	7.6.4 Do you or your family member have	mobile phone(s)?	

7.7 Reading and writing skills

CITING GITTILL NIM GITTMANT (				
	Very good	poog	moderate	weak
7.7.1 Reading				
7.7.2 Writing				

7.8 Samurdhi benefits

At present are you a Samurdhi recipient/

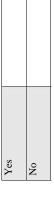
es	Vo

8.0 Existing risk management measures and coping mechanisms against disasters in the target communities

8.1 Do you think is there any disaster risk management system existing at present in your community? Who is responsible for preparing/establishing such a system?

Disaster Management System at Community Level	Res (nar othe	Responsible Person (name, position and other details)
Availability of hazard map (Yes/No)		
Structural measures to reduce damages (please specify)		
Early warning system (Yes/No)		
Evacuation place (designated/not designated)		
Emergency stock (prepared/not prepared)		
Search and rescue facilities (Yes/No)		

8.2.1 According to your knowledge is there any disaster risk management organizations / groups exist at present in your community?



8.2.2 If any, please specify

Name of organization		
Type of organization (registered/ unregistered, formal/ informal)	mal/	
Function/ roles		
Initiated by Govt/ NGO/ grass root level?		
No. of members	Male	
	Female	
Organization chart /structure Yes/No (If yes, please provide it.)		

Page 6 of 15

Page 5 of 15

Image: Section of the section of th			Main place of the activities (eg. Community center, leader's home Commercial huilding temple school etc.)	How are leaders appointed? (election=1, appointment=2, inheriting = 3)	How are the decision making in the organizations/group? (by executive committee = 1/ members=2)	Relationship with the Govt. (funding=1/ facilitating=2/ initiating=3)	Relationship with other community organizations/groups					
	Actationship with the OOV1-1 Futuring-2 Iactificantig-9 Infrastrug-9	How are the decision making with in the organizations? Group? By executive committee = 1/ members=2 Belavionshin with the Gener/-1 Emafine2/ facilitation3/ initiation-4	How are leaders appointed? (election=1, appointment=2, inheriting = 3	Main place of the activities Community center, leaders home. Commercial building, temple, school)	Properties (Land/ vehicle/ building)	Available Human resources	Annual Budget? Rupees (average/approximately)		No. of members		анон (терметест, шиерметест, отнит, штолния)	

10.0 Social Capital: How do you think on followings?	Excellent     Good     Moderate     Weak	Excellent     Good     Moderate     Weak       10.3 Trust & Cooperation     Excellent     Good     Moderate     Weak	11.0 Past Natural Disasters         11.1 Have any of the following disasters affected this village? If yes, please specify the year(s) and month(s) of the disasters.         Interview       Flood       Land slides       Cyclone       Tsunami       Other         Year(s) &       Month(s)       Month(s)       Month(s)       Other       Iterview	11.2 Please provide information on the damage situations of the main 3 past disasters       (Year, Type of Disaster)       (disaster 1)       (disaster 2)       (disaster 3)       (11.2.1 Hazard Observation at that time	Amount of Rainfall     Amount of Rainfall       Water Level (in case of flood)     Water Level (in case of flood)       Wind Speed     Mind Speed       Height of the Wave (in case of Tsunami or High tide)     Mind Speed
9.0 Housing Characters of the respondent 9.1 Type of house Individual house	Apartment Annex / Room	9.2 Type of structure       Please tick()       Please tick()       Cement       Wooden       bricks       Thatched hut       Corrugated sheets	9.3 Materials used for the majority of exterior walls         9.3 Materials used for the majority of exterior walls         Type of material         Mood         Nood         Dicks         Clay         Others	9.4 Roof material Type of material Please tick ( ) Tiles Asbestos Corrugated sheets Cocont Leaves Straw	Procrete       Type of material       Type of material       Please tick ( )       Cement       Floor tiles       Clay       Conv dung       Concrete       Concrete   Page 9 of 15

4-12

	anton of that time?		Yes	No		If yes, please provide details							11.4 Main problems during the disaster (please list main three problems according to the priority)					11.5 Main problems after disaster (please list main three problems according to the priority)								
Business area (Ac)	11.2.1.Did toot house a dissector measurement strategies of the time?	11.3.1 Did you have a disaster management			11.3.2 If yes. please explain following:	Yes No	A viilabla Infractivitation to	prevent the hazard (sand dune, trees, Natural forests,	mangoes) Availability of Pre- disaster	management plan Availability of warnino	systems Availability of evaluation	system, route, place,	11.4 Main problems during the disaster (ple	L.	6	i,		11.5 Main problems after disaster (please lis	_	÷	2	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	÷			
(dicactar 3)								Approximate economic loss (Rs)									Approximate economic	loss (Rs)								
(dicactar 2) (dicactar 3)								Approximate economic Approximate economic loss (Rs) loss (Rs)										loss (Rs) loss (Rs)								
	(unacut z) (unacut z)	remare marc remare marc					problems	Approximate Approximate economic economic loss (Rs) loss (Rs)								Legal documents	ate Approximate economic	s (Rs) loss (Rs)								

of the disaster	Yes No			Media	By experience News	Other	cuate in case of disaster?		e disaster risk? specify how/when) No	mmunity activities for disaster risk	No	_	14.8 Do you prepare anything for future disasters? (e.g. stock of water/food/blanket, evacuation plan, reinforcement of houses)	No	
14.0 Public awareness and knowledge of the disaster		14.1 Do you know about disasters?	14.2 If yes, what kind of disasters do you know?	14.3 How do you know about disasters?			14.4 Do you know when and how to evacuate in case of disaster? Yes		14.5 Have you ever learned how to reduce disaster risk? Yes (if yes, please specify how/when)	14.6 Have you ever participated in the community activities for disaster risk reduction?	Yes	14.7 If yes, please describe:	14.8 Do you prepare anything for future d evacuation plan, reinforcement of houses)	Yes	
	12.1 How long has it taken for recovery from the disaster situation?		Financial value (approximately)				1146.0 vvvvr life 9	15.1 At present have you realized any disaster tisk to your life?	If yes, please specific and provide details about the vulnerability to the disaster Please describe in terms of magnitude of the rain (No. of days heavy rain/years, amount of rain, land use pattern and geographical conditions)						

describe:
Please (
If yes
14.9

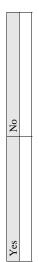
# 15.0 Mutual cooperation in case of emergency

15.1 Do you like to cooperate with others in emergency situation?

No			
Yes			
	<u>I</u>	asons:	
		15.1.1 If yes, reasons:	
		15.1.	

15.1.2 If not, reasons:

15.2 Do you have any experience of mutual cooperation in emergency situation



# **16.0 Education on disasters**

16.1 Have you heard any songs, legends, folk tales on disasters/disaster reduction?

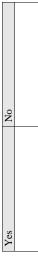
Yes No	ss No	_
Yes	Sa	
Yes	Sc	
Yes	S	
Yes	s	
	Υ€	

If yes, please specify:

16.2 Do you think your children know about disaster risk management?

No	
Yes	

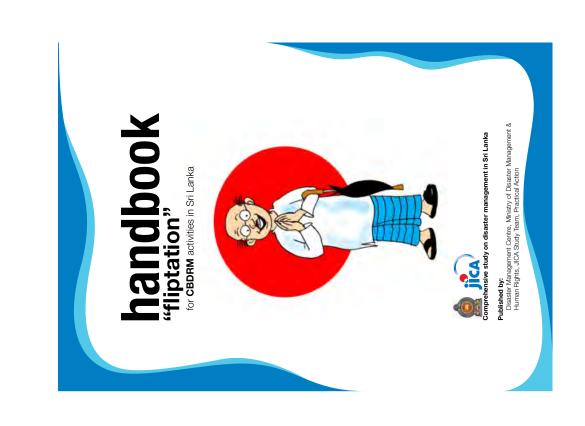
16.3 Do you think your children should learn disasters and disaster risk management issues in the school?



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# Data Book 5

Handbook and "Fliptation" (Flip Chart & Presentation) Material



The "Fliptation" for CBDRM Activities with this handbook were compiled based on the result of CBDRM
activities conducted under the JICA Comprehensive Study on Disaster Management in Sri Lanka. The
activities were carried out together with Disaster Management Centre (DMC), in cooperation with
Department of Meteorology (DOM), Department of Irrigation (DOI), and National Building Research
Organization (NBRO) during October 2006 and December 2008. Practical Action and Sarvodaya
Shramadana Movement supported the coordination of the activities. Especially, Practical Action made
great contributions to the development of the "Fliptation".

Taking this opportunity, we would like to extend our sincere gratitude to all who supported and participated in the activities, especially the participants of the 15 pilot communities in the Study. In addition, we would like to express our special thanks to Mrs. Lalani Imbulana of DMC and Mr. RMS Bandrar of NBRO for their active involvement for successful implementation of the CBDRM activities in the Study.

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# CHAPTER 1

# 1.1 Background of development of the "Fliptation"

When a disaster occurs, community members are inescapably the first responders. Sometimes how they respond at the initial stage determines the result of the situation. Further, local information is very important for taking necessary measures to prevent or mitigate disaster situations. Effective counter measures for disaster reduction can be considered only after sharing or utilizing local information related disasters among stakeholders, such as community members, local government officers, academia, and NGOs. Disaster reduction measures are most successful when they involve direct participation of the people most likely to be exposed to hazards. Moreover, initiatives of community people not only have impact on better react and responce to disasters, but also enable them to make prompt recovery from damages and make their community resilient from disasters. Therefore, to enhance capacities of communities to deal with disasters is one of the most important factors for effective disaster risk reduction.

CBDRM activities have been conducted in the disaster vulnerable communities in Sri Lanka mostly as project-based activities by various organizations. However, after the establishment of Disaster Management Centre (DMC), Ministry of Disaster Management and Human Rights, three has been momentum for improving such ad-hoc implementation of activities and providing more systematic and horizontal distribution oriented CBDRM activities. DMC developed "Community Based Disaster Management – Modalities and Guideline" with professional contribution from the National Advisory Committee for CBDRM, including members from Practical Action, Sri Lanka Red Cross, UNDP Sri Lanka, and others. The document is providing necessary information for common approach to conduct CBDRM activities in the country.

Meanwhile, educational material easily utilized by the practitioners of the CBDRM activities have not been well developed. Each time, most of the practitioners have to prepare their own materials or use tools introduced in some books and manuals. To ensure common activities in the country, it is required to develop easily-understandable educational material for CBDRM in consideration of use under local conditions. In this point of view, an educational tool for the CBDRM named "Fliptation" was developed based on the experienced through the CBDRM activities conducted under the JICA Comprehensive Study on Disaster Management in Sri Lanka.

# 1.2 What is "Fliptation"

"Fliptation" is a combination word of "flip chart" and "presentation". Like making presentations using PowerPoint material, the lecturers use "Fliptation" in the CBDRM activities.

As mentioned above, the main objective of the "Fliptation" is to make practitioners efforts for conducting CBDRM activities easier and provide standardized and easy-to-understand educational materials for CBDRM activities. Also it aims to ensure dissemination of appropriate knowledge about disaster mechanism and CBDM processes to community people.

The "Fliptation" is a set of flip charts printed on A1 size durable material which can be easily carried to the local community and presented to a group of people without having to worrying about availability of electricity in the venue. The "Fliptation" has short descriptions with many illustrations and pictures for introducing disaster risk management to the people. It comes with a handbook including scripts for examples of basic explanation for lectures and more detailed explanation on the contents of "Fliptation" which can be utilized for advance preparation of lectures. The handbook also provides some reference data, documents and presentations to deeply understand the subject in DVD as attachment.

The "Fliptaiton" for CBDRM is composed of 2 kinds of editions and the main content is shown in the table below. The content was developed in consultation with DMC, DOI, and NBRO. The sets of "Fliptation" can be used based on the disaster conditions in the area. For example, if the area is vulnerable to sediment disasters, the lecturers can use the "Fliptation" of CBDRM Activities and Sediment Disasters.

Theme	Main Contents
CBDRM Activities	Outline of CBDRM Activities     Importance of Knowing Risks in the     Community     Community-based Hazard Mapping Activities     Formation of Disaster Management     Committee     Disaster Management Drill     Disaster Risk Management Plan
Mechanism of Disasters and Disaster Reduction 1: Flood 2: Sediment Disasters 3: Tsunami	Mechanism of Disasters     Major Historical Disasters in Sri Lanka     Structural Measures to Mitigate Disaster     Damages     Non-structural Measures to Mitigate Adverse     Impact of Disasters

In the next chapter, each edition of "Fliptation" will be introduced in details. "Basic Explanation" provides you a sample explanation of each flip chart, and "Points" provides you further detailed explanation and references of the contents of each flip. "Reference Documents & Materials" provides you a list of the documents or the files in the attached DVD to be referred for deep understanding of the contents.

# Comprehensive study on Disaster Management in Sri Lanka 3

2 handbook "Fliptation" for CBDRM activities in Sri Lanka

# CHAPTER 2.1 GUIDANCE TO USE FLIPTATION

# 2.1 CBDRM "Fliptation"

# 1 Introduction

Avubowan

# Basic Explanation

Hello.

This is uncle, Siripala. He is our guide today. He is a member of community and is also very

knowledgeable about disasters.

# 2 Community-based Disaster Risk Management (CBDRM) - Let's Make Disaster Resilient Community

# **Basic Explanation**

I am going to explain about Community Based Disaster Risk Management.

This is an opportunity for your community to discuss about disaster, and prepare for disaster to make your community disaster resilient.

I will explain how we can prepare for disasters step by step. We have to face disasters, but the important thing is we should prepare to face them successfully.

Community's active involvement is one of the important factors to reduce disaster damage. Therefore, I need your active participation to think about your situation and your community.

# Points

At first, to initiate the activities, the following basic concept of CBDRM should be briefly introduced to the participants for encouraging their active involvement.

# Importance of CBDRM Activities

 To reduce damages caused by disasters, community's own actions are indispensable.

Not only public-help by governments, self-help by individuals, families and companies and mutual-help by neighborhoods and local communities are required. Good combination of actions in these three components can lead to effective disaster reduction.

 Active participation of community members is important for disaster reduction.

To ensure a sustainable and effective disaster risk management system in the community, utilization of indigenous & local knowledge and respecting local customs, as well as empowering residents to take necessary actions are important. Without active participation of community members, such a system cannot be established.

# Reference Documents & Materials.

 "Community Based Disaster Management – Modalities and Guideline" (May 2008, DMC)



# **3** Purpose of the Activity

# **Basic Explanation**

I would like to explain purposes of this community activity.

- is to recognize our risks in the community. By proper understanding of the disaster risks in our community, we will be able to know how we can prepare and take action for future disasters.
  - is to make good network among the community and all the other stakeholders through exchanging knowledge.
- is to have an appropriate early warning and evacuation system for the village. We can best use local customs and mechanism for establishing the system. such as the temple bell.
- is to share our plan and knowledge among all the community members.

We have to get together and each person has to be responsible to take action for making a disaster resilient community.

# Points

For successful activity, it is important to make the purposes of the activity clear to the participants. Purposes of the activity are as follows:

- a) To know risks in communities and prepare for future disasters. Basic understanding of mechanism of disasters, risk condition of the communities, and risk management is fundamental to take proper action and consider necessary measures for disaster reduction.
- b) To share current risk situation and local knowledge among all stakeholders such as GN (Grama Niladari), divisions (DS), local authority and others. Risk communication is an important step to make best use of available resources and consider improvement of the disaster risk management system. Strengthened relationship among stakeholders will work on good coordination in case of an emergency.
- c) To have a better understanding of the importance of community actions for improving current disaster risk & risk management situations in the community. Community actions can dramatically change the result of disasters (refer to the "Column 1")
- d) To make an evacuation plan for natural disasters on a community basis including establishment of the early warning dissemination system. Planning in advance for information dissemination and evacuation which is appropriate to local conditions is very important to reduce human damages.

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flood management systems may result in increase of water in reservoirs and not in loss of life or property. We must bear in mind that only when natural hazards strike vulnerable societies or communities that they translate into DISASTERS.

# Disasters = function (hazard, vulnerability)

This gives us great hope that if we can properly assess the disaster risk of a community and take necessary disaster prevention/reduction measures and reduce the vulnerability of the community, we would be able to lessen disasters or reduce their impact. This concept could be diagrammatically represented as follows.

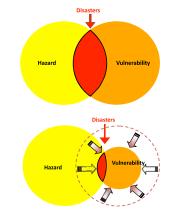


Figure 2.1.1 Correlation between Vulnerability and Disasters

 To disseminate what you have noticed and learned in the workshop to your community, and raise awareness of people and enhance the local capacity for disaster reduction

# By taking these actions through several activities in the community, we can

- a) develop capabilities of the community for disaster risk management and
- b) make a disaster resilient community

It is most important that each person feels responsible for disaster preparedness and prevention/mitigation to make disaster resilient community.

# 4 What is Disaster?

# **Basic Explanation**

When we talk about disaster management, there are some words that we should know.

There is a mountain, and stones are rolling down, this is a natural event and this is just **"a Natural Hazard"**.

This is identified as a disaster. Here you see people are affected and houses are destroyed. When a natural hazard strikes people and property, this becomes **"a Disaster"**.

When we think about rain, rain is essential for our life. However, heavy rainfall in a residential area may cause floods.

A disaster causes human loss, property loss and environmental loss. How to minimize those losses? Answer is **"managing the disaster."** Let's start learning!

# People think that disaster is a natural phenomenon. Is that always true?

There are causes for disasters. Sometimes disasters are caused by human activities like cutting trees or constructing houses on a hill, which destroys the balance of nature.

# Points

At the beginning, the participants should know what a "disaster" is.

 NATURAL HAZARD events themselves do not necessarily mean disasters. A strong cyclone over an uninhabited island, or a big Tsunami in a no-man's land are just natural phenomena and not a disaster. Unusual heavy rainfall in a river-basin with appropriate Comprehensive study on D





on Disaster Management in Sri Lanka

# 5 What is Disaster Risk Reduction

# **Basic Explanation**

So, how can we manage the disaster? This shows disaster management activities.

After occurrence of disaster, there are 4 phases for disaster reduction. We can consider the disaster management from a **"Disaster** Management Cycle".

After a disaster happens, we go into **"Response"** phase. We need to do search and rescue and first aid activities to save lives. Also, we need to secure people's lives by managing an evacuation place.

Then, in the "**Rehabilitation/Reconstruction**" phase, we rehabilitate and reconstruct infrastructures and houses. It is important that we ensure risk reduction from future possible disasters in those activities.

Occurrence of a disaster means another one might come. In the "Prevention/Mitigation" phase, taking action to minimize the damage against the next disaster is important. For example, the following measures are considered.

- Construction of water reservoirs and bank protection against a
- flood.Construction of retaining walls and forestation against landslide.

In "Preparedness" phase, we conduct activities and take measures for ensuring an effective response to disasters. For example, Hazard mapping and establishing early warning system.

We are now in the "Preparedness" and "Prevention and Mitigation" phases. This activity is to make your community to be better prepared for the disaster.

Well prepared means you and your community can respond to the disaster situation quickly and efficiently.

# Points

For starting the CBDRM, people should gain basic concept of **"What is disaster reduction".** 

# Disaster Risk Management Cycle

The "Disaster Risk Management Cycle" is commonly used to explain about general outline of disaster reduction. The cycle consists of four phases: "Response/Recovery" and "Rehabilitation/Reconstruction" in post-disaster stage, and "Prevention/Mitigation" and "Preparedness" in the pre-disaster stage.

c

Comprehensive study on Disaster Management in Sri Lanka 9



Disaster **Response** is defined as combined action of coordination and quick & appropriate relief with local participation in assessment through strengthening the local level disaster response ability in order to ensure disaster relief as the platform for disaster recovery.

During Disaster **Rehabilitation** and **Reconstruction** phase, reconstruction work has to be well planned for the next such events. It should not be re-constructed as it was in the past in order to prevent similar disasters in future. Further, human renovation and structural and non-structural rehabilitation/reconstruction process should be ensured. Reconstruction process could be a good opportunity to improve quality of life as well as ensure sustainable development of the affected areas.

**Prevention/Mitigation** is defined as structural and non-structural measures undertaken to prevent or limit the adverse impact of natural hazards, environmental degradation and technological hazards.

Preparedness is defined as activities and measures taken in advance to ensure effective response to the impact of disasters, including the issuance of timely and accurate forecasts along with effective early warnings and the temporary removal of people and property from a threatened location.

Examples of measures taken in each phase are listed in Table 2.1.1. Taking appropriate measures based on the concept of disaster risk management in each phase of the cycle can reduce the overall disaster risk.

# **Reference Documents & Materials**

"Community's increased awareness could save people's lives"

For starting the CBDRM, people should gain basic concept of **"What is disaster reduction"**. Simeulue Island in Indonesia is located 40 km south of the epicenter

of the earthquake on 26 December 2004. 3 to 10 meter high wave came to the

This is thanks to the efforts of Simeulue people to transfer continuously learned lessons through the past bitter experience when they had devastating damages caused by the 1907 Tsunami. People who

experienced the Tsunami developed a story which introduces Tsunami and how to protect lives from Tsunami and has delivered it by story-telling and singing.

This practice in Simeulue shows community's increased awareness provided an extraordinarily powerful mitigation tool that saved countless lives.

island 10 minutes after shaking, and caused significant structural damages, destroying entire villages near the coast. However, death toll of the Simeulue

 "Total Disaster Risk Management - Good Practices 2005 -" (ADRC, 2005)
 http://www.adrc.or.jp/publications/TDRM2005/TDRM\_Good\_ Practices/GP2005\_e.html
 \*Extract of the document is available

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Island by the Tsunami remained 7 people only

[Column 1]

Phase / Disaster	<b>Outline of activities</b>	Flood	Storm incl. Cyclone	Landslide
Prevention/ Mitigation	Efforts to be made for preventing or mitigating damage.	<ul> <li>Construction of dike</li> <li>Building of dam</li> <li>Forestation</li> <li>Construction of flood control</li> <li>Lonstruction of flood control</li> </ul>	<ul> <li>Construction of tide wall</li> <li>Establishment of forests to protect against storms</li> </ul>	<ul> <li>Construction of erosion control dams</li> <li>Construction of retaining walls</li> <li>Construction of retaining walls</li> <li>(community level) forestation and construction of small scale bidge to help smooth evacuation</li> </ul>
Preparedness	Activities and measures for ensuring an effective response to the impact of Hazards, including hazard mapping, establishment	<ul> <li>Construction and operation of  meteorological observation systems</li> </ul>	<ul> <li>Construction of shelter</li> <li>construction and operation of meteorological</li> <li>observation systems</li> </ul>	<ul> <li>Construction and operation of meteorological observation systems</li> </ul>
	of early warning system, emergency drills and public awareness.	Preparation of hazard maps Food & material stockpiling Ernegroxy drills Construction of early warning Systems Preparation of emergency kits		
Response	Activities such as rescue efforts, first aid and evacuation	<ul> <li>Rescue efforts</li> <li>First aid treatment</li> <li>Fire fighting</li> <li>Monitoring of secondary disaster</li> <li>Construction of temporary housing</li> <li>Establishment of tent wilages</li> </ul>		
Rehabilitation/ Reconstruction	Considerations of disaster six reduction should form the foundations for all activities to rehabilitate and reconstruct the lives of community and individual life.	<ul> <li>Disaster resistant reconstruction</li> <li>Appropriate land use planning</li> <li>Livelihood support</li> <li>Industrial rehabilitation planning</li> </ul>		

# 6 National Disaster Management Mechanism

# Basic Explanation

Now I would like to explain National Disaster Management Mechanism.

After the Tsunami in 2004, we established a special agency to coordinate disaster management in Sri Lanka. That is the Disaster Management Centre, DMC.

DMC's mission is to create a culture of safety among communities and the nation at large through systematic management of natural, technological and man-made disaster risks.

This figure is the composition and organization. These are several sections in DMC; Disaster Management Technology and Mitigation Unit, Forecasting Early Warning and Dissemination Unit, Preparedness and Planning Unit, Training, Education and Public Awareness Unit, and National Emergency Operation Center.

This 2nd figure shows linkage from local level to national level organizations. At local level, GN level Disaster Management Committee is formed to represent in Divisional level Disaster Management Committee. Then, Representatives of Divisional Disaster Management Committees are members of District level Disaster Management Committee.

There are various organizations responsible for disaster management. Metrological Department is in charge of metrological observation, Irrigation Department observes rainfall and river level, NBRO deals with landslide. DMC coordinates with many organizations to deal with disasters.

# Points

To consider their own disaster risk management system, getting accurate knowledge about current official disaster risk management system is essential. In addition, when they face the problems which cannot be solved only by the community, they need support from the respective government organizations in charge of disaster risk management.



The SMONG Story Hear you all this story Once upon a time A place gone under the sea This is what happened

> Find there would be a quake And then a wall of water A village goes under water In a flash

So, when the land shakes Run you all, run Find places that are high

SMONG that is Told by our great old ones Remember this and be aware Hear you, message from elders before

SMONG is your bath water Guake is your gentle swaying lullaby Thunder is your tambourines And lighting is your sparkling light (Let's overcome together!)

SMONG story (song) orally transferred to next generation

Map of Sumeulue Island and epicenter of the 2004 Tsunami

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Result of survey after the 2004 Tsunami about knowledge of Tsunami

# handbook "Fliptation" for CBDRM activities in Sri Lanka

# DMC Mission:

To create a culture of safety among communities and the nation at large through systematic management of natural, technological and man-made disaster risks

# Objectives:

administration

To enforce, coordinate and monitor activities related to 1) Hazard mapping and risk assessment,

2) Information management,

 3) Forecasting, early warning and information dissemination,
 4) Emergency Operations Management, etc.,
 which are conducted through countrywide ministries, departments
 and public corporations, provincial councils and local authority administration; and district, division and Grama Niladhari

# Other Major Ministries in Charge of Disaster Risk Management

- Department of Meteorology (DOM): Weather observation & early warning for weather related disasters and Tsunami
- Department of Irrigation (DOI): River management and flood warning
- National Building Research Organization (NBRO) Landslide Studies and Services Division: Sediment disaster risk management

# Reference Documents & Materials.

- DMC Website: http://www.dmc.gov.lk/about\_dmc.htm DOM Website: http://www.meteo.slt.lk/index.html
- DOI Website: http://www.irrigation.gov.lk/ NBRO Website: http://www.nbro.gov.lk/lssd.htm

# Importance of Knowing Risks in Your Community

# **Basic Explanation**

Let's now start talking about Community-based Disaster Risk Management by knowing the risks of disasters in your community.

These maps show different risks in Sri Lanka.

First one is annual rainfall. When there is a large amount of rainfall, there is a high risk of flood. This rainfall also causes landslides. Also, rainfall is closely related to drought.

This brown map shows landslide risk areas. Landslide occurs mainly in the hilly and mountain areas.

One in the bottom shows tsunami affected divisions by 2004 Tsunami Almost all the coastal areas are prone to Tsunami even though the areas are not marked in this map. The coastal areas are also prone to cyclone and high tide

to pay more attention where the risk is greater

[Explain Mechanism of "Flood" or/and "Landslide" or/and "Tsunami" accordingly to their community needs and situation]

# Points

First step for disaster preparedness is to know the risks of disasters in the area they live.

- The maps show areas with significant potential risks of Flood, Landslide and Tsunami in Sri Lanka. Ask the participants locate their area in the maps, and realize the risk of disasters.
- Flood potential map: areas with very high annual rainfall can be considered have high potential for flood.
- Tsunami potential map: areas which affected by 2004 December Tsunami can be considered have high potential for Tsunami. But all the coastal areas are considered as Tsunami risk areas.
- http://www.statistics.gov.lk/Tsunami/maps/Map\_afftected%20 DS%20division.htm
- Landslide potential map: NBRO developed hazard map for sediment disaster based on their research & studies (Hazard maps by divisions are available at NBRO Website: •
- http://www.nbro.gov.lk/mapproc.htm for Ratnapura, Kegalle, Kandy, Matale, Nuwara Eliya divisions)

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Then, if someone has experience of the disaster(s), ask him/her to share experiences with the others, which make them consider th disaster(s) relevant to th

Using "Fliptation" of each disaster, explain basic mechanism and risk management of disaster(s) which the area has potential for occurrence.

# 8 Methods of Community Activity

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# **Basic Explanation**

There are several ways and methods that community themselves can do to prepare for disaster.

- Discuss disaster risks in community
- Draw a community map
- Conduct a field survey (Town Watching)
- Develop a community-based hazard map
- Conduct an evacuation drill

I now explain some methods in details.

Develop a community disaster management plan and an action plan

# Points

There are several ways and methods that community itself can do for creating disaster resilient community. Some basic activities are introduced in this page. The participants have a rough idea what they are going to do through the CBDRM activities.

a) Discuss disaster risks in community and draw a community map

This process is called "Disaster Imagination Game (DIG)". DIG is an easy but cost-effective methodology of table top exercise of disaster risk management. The method was invented in 1997 in Mie Prefecture, Japan. The main activities of DIG are as follows

- Stand around "a big map" (if an area map is not available, use a large white paper and draw a community map by hand writing.)
- Write down participants' knowledge of the area on the map (natural condition, roads, bridges, public facilities, information of hazards and disasters, resources for disaster management, etc.)

- · If available, add technical information of hazards (risk area of landslide, possible inundation area, etc.)
- Share and discuss together about ideas for disaster management plan and countermeasures in the area including early warning dissemination and evacuation.

# b) Field Survey (Town Watching)

Once a draft community hazard map is developed through the activities of DIG, it is important to check current and latest conditions of risk and resources useful for disaster risk mana and confirm/reconsider the proposed evacuation routes. ement.

# c) Develop a Community-based Hazard Map

· A community-based hazard map is finalized by visualizing the observations and findings through the discussion and field survey

# d) Evacuation Drill/ Disaster Management Exercise

- · It is essential to conduct drill/exercise to check the proposed
- evacuation route & plan

# Development of Com & Action Plan munity's Disaster Management Plan

Through the activities of mapping and drill/exercise, the participants will find problems and deficiencies in the community for effective disaster risk management. They need to discuss:

- 1) what are the problems
- 2) how they can be solved,
- 3) who is responsible to solve them, and
- 4) what actions are required.

# **Reference Documents & Materials**

The JICA Study Presentation "Disaster Imagination Game (DIG)"



# 9 Let's Make a Hazard Map of the Community

# **Basic Explanation**



At first, discuss about risks in your community and draw a hazard map. I now explain how to make a Community Hazard Map.

- Get together with people in your community to prepare a basic community map to draw road, rivers, canals, houses, buildings, land use, etc.
  - Second, discuss about disaster risk and identify the current situation. Based on the discussion, add information about disaster risk areas such as inundated areas, landslide area and dangerous places when passing by, etc. Other people know of other areas that you don't know. Try to add all the possibilities of risks in the basic community map.
  - Third, Add information about the safe place and evacuation route, or other important facilities for disaster risk management.
- 2. Next step is to do a town watching (field survey). Walk around the community with developed basic community map. Check community risk areas and safe evacuation route and place
  - In order to get detailed local information, interview local residents. We can get specific local information and past residents. We can get specific local information and past experiences, and identify disaster vulnerable persons like elderly, person with disabilities, mothers with babies. Local information is very important for community hazard map and disaster management plan! (Continue to next page)
- 3. Last step is to draw a hazard map.
  - Based on the town watching and field survey, you can identify where the risk areas are and location of vulnerable people in the community. Add this information to the Community Hazard Map
  - Also, confirm and reconsider the proposed evacuation place and routes in case of disaster.
  - (Point out Hazard Map)) This is a hazard map. This area is flooded. This arrow shows the evacuation route

# Points

To reduce their vulnerability to natural hazards, communities must know the risks that they face, and take action based on that knowledge. Activity of "Hazard Mapping" with community participation is the most handbook "Fliptation" for CBDRM activities in Sri Lanka

proactive method to improve current disaster risk situation of community and to establish people-centred Early Warning System.

Please note that, in fact, this mapping activities focus on the process of developing hazard maps, not just preparing them for distribution. The premise is that by working through the process, the participants will gain enhanced awareness of risks, thereby bridging the risk perception gap.

# The basic flow of the activities is as follows:

- (1) Explanation of importance of "community-based hazard mapping" and its process
- (2) Explanation of "Tips of mapping and hazard mapping"
- (3) Making community's base map with some disaster and risk management information which the participants have already known.
- (4) Town-watching (field survey) to share latest information on disaster and disaster risk management of the area as well as check safe evacuation routes
- (5) Finalizing a community hazard map based on the information gained through town-watching and discussion among group members

In community, residents generally recognize their own risks and basic countermeasures to mitigate damages caused by disasters from past disaster experiences. However, their recognition of risks is sometimes underestimated and also not updated. Walking and watching the town with other members of the community, experts, and local government officers will provide a good opportunity to recheck and review the current condition for filling the gap.

Besides, in some communities, maps of community are not available, and their ideas for disaster risk management such as evacuation route remain just in their minds and sometimes wrongly recognized in terms of remain just in their minute and sometimes wongy recognized in terms of spatial perception. Through mapping activity, the participants can enhance spatial recognition and understanding of positional relation which are important for effective disaster risk management. Further, the mapping activity provides an opportunity to exchange their own idea in concrete images with other participants.

# Steps for Mapping

- (a) Grouping: All the participants are grouped on an area basis. A group comprises 5-10 members, with each assigned a specific role: group leader, navigator, note-taker, presenter at the final presentation, etc.
- (b) Drawing a "Base Map": Each group develop a base map with the information of boundaries, road, rivers, canals, bridges, GN offices, houses, buildings, land use, and etc.

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(c) Add information on disaster situation: Estimated inundated areas, dangerous spots to pass by, etc. based on your experiences and other's experiences (two-story buildings for shelter during floods, evacuation routes, etc.) will be added.

(d) Add information on the evacuation and disaster risk management: Add information on the evaluation and disaster nos management. Evacuation place(s) and routes, and other important facilities for disaster risk management such as hospital, temple/mosque will be added on the maps by discussing among group members. Evacuation places should be located in risk-free area and buildings with capacities to accommodate sufficient numbers of people as well as equipped with water and sanitation facilities. However, if it is difficult to find such places near the residential area, primary evacuation places for saving lives should be decided. The places should be at least two-story building with stable structure in case of Tsunami and flood.

(e) Add necessary information for a map: Scale size, direction (with compass), date of development, and name of producers should be

# Town-watching (field survey)



Draft community hazard maps which is developed based on the participants' present knowledge should be confirmed by checking current and latest conditions by "Town-watching (field survey)". In addition, proposed evacuation routes should be reconsidered

They should make observation for advantageous points (useful facilities for mitigating damages, evacuation site, evacuation routes, info handbook "Fliptation" for CBDRM activities in Sri Lanka

dissemination facilities, etc.), disadvantageous points (ill-maintained facilities such as blocked drainages and easily-broken walls, obstacles for evacuation, etc.), and past disaster record (inundated areas, etc.) for improving maps and considering their disaster risk management. Interview to local residents is also useful getting such information.

# Finalizing a community hazard map

Based on the information gained through town-watching and discussion among group members, the draft map will be finalized.

If you want to distribute the map created by the participants, representatives of each group need to work together to combine the individual work into one large master map. In due course, the participants establish their own community based hazard map

Some of sample maps are introduced in Figure 2.1.3, Figure 2.1.4, and Figure 2.1.5.

# [Items to be prepared before starting the activities]

- Following items should be prepared before the activities.
  - Large-size white papers (preferably size of A0 or A1)
  - A set of permanent color markers (at least 5 different color: black, blue, red, green, and yellow) Pencils and eraser for rough drawing

  - Notepad and pens for memo during field survey and discussion Map of the area and/or technical hazard map of the area (if
  - available) Whiteboard or Flip chart and scotch tape for presentation (if .
  - available) Tables for drawing maps (if available)

# 10 Tips for Making a Hazard Map



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# Basic Explanation

This is an example of Community Hazard Map in one community. Road, river, safe place, evacuation route are marked in this map. Also risk areas are defined.

There are some tips for making a good community hazard map. 1. To draw the map north side up and draw a compass.

- Use different colours to draw such as roads by red and yellow, rivers by blue, agricultural land and trees by green, evacuation routes by red doted line and arrow etc.
- Use same icon for important buildings (hospital, temple/mosque, community center and etc)
- 4. Use same mark for locations of Sirens and Speakers.
- Mark past disaster experienced area (inundated area and landslide location with hatched line).
- Make Legend in the map. Legend explains the major buildings and facilities, meaning of coloured lines and what you expressed in the map. Legend will help everyone to understand the meaning of sign.

Anyone looking at this map can understand where risk areas are, and where the safe places and evacuation routes are.

Put this map in the board so that people in the community can see.

# Points

Before the participants start mapping activities, they need to understand important points for making a good map. The developed map needs to be easily understood by anyone without further explanation. Therefore, direction, scale and meaning of symbols, line types, shapes, and colours used in the map should be clearly explained in the map by adding compass, scale and legend. Title of the map, producer's name, and production year & month are also described in the map.

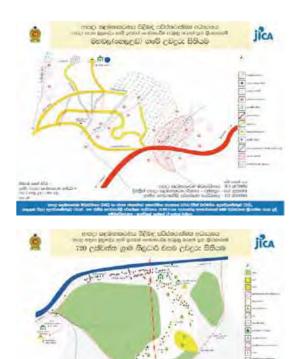
# **Reference Documents & Materials.**

 "Manual: Community Based Workshop for Disaster Reduction Using Town-Watching Method –Raising awareness and capacity of communities-" (2006, ADRC)
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Figure 2.1.2 Sample of symbols using in map (Legend of map developed by Survey Department)

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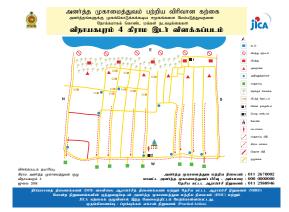


Figure 2.1.4 Sample Hazard Map (Tsunami Prone Area)



Figure 2.1.5 Sample of Draft Hazard Maps
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# 11 Formation of Disaster Management Committee

# **Basic Explanation**



- Another good practice to prepare for disaster is to form a Disaster Management Committee. There are proposed compositions of sub-committees.
- Early Warning Committee: Early warning committee is in charge of informing people about disaster situation 2. Evacuation and Support Committee: When people get early
- warning information and evacuate to safe place, Evacuation and Support Committee support people to safely evacuate without any confusion.
- First Aid Committee: First Aid Committee gives primary treatment and health care to injured or ill person.
- Evacuation and Shelter Committee: Evacuation and Shelter Committee takes care of evacuation places such as managing 4. facilities and providing food and water.
- Patrol and Vigilance Committee: Patrol and Vigilance committee check and observe risk areas and to inform community members 5.

Let's discuss what kinds of committees are necessary and what are the tels of each committee. Some committees are recessing and what are the roles of each committee. Some committees are combined into one. Then select members of each committee and make a list of names and contact. In case of emergency, information could be smoothly distributed to the Committee members.

# Points

To ensure sustainable CBDRM activities, development of appropriate system should be considered. However, the system does not need to be newly established if the community can utilize existing organizations or systems. Improving and/or adding new functions to the existing system would be more effective in continuous efforts for disaster risk management.

# Formation of disaster risk management committee

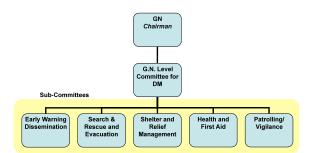
In case of emergency, quick action can save more lives and mitigate admages. In addition, systematic and well organized group action helps mitigate damages. It is quite effective to form a committee for disaster risk management and consider roles and actions to be taken in emergency in advance. handbook "Fliptation" for CBDRM activities in Sri Lanka

> (c) Shelter and Relief Management Committee: i) To ensure readiness of pre-identified temporary shelter with essential facilities, ii) To coordinate first response to the disaster by establishing contact with GN/ main committee, Community leader/ groups, and NGOs, and organize distribution of assistance

- (d) Health and First Aid Committee: Coordinating with community leaders/ groups to provide primary health care to the ill or injured until more advanced care is provided and the patient is transported to a hospital
- In addition, to ensure that i) minimum basic facilities such as temporary toilets and common bathing units are constructed in the relief camp.
- iii) garbage is disposed properly, v) dead bodies are taken to hospital/ cremated properly,
- v) normal drainage systems function smoothly, and
   vi) safe drinking water is available to humans and livestock.
- Patrolling/ Vigilance Committee: To be vigilant of following & (e) informing the relevant sub-committees or main committee, Divisional Secretary about i) any impending occurrence of natural disasters, ii) possibility of occurrence of man-made disasters: unusual happenings or incidents, unusual persons or objects in the area.

# Reference Documents & Materials.

"Grama Niladhari Level Disaster Preparedness and Response Plan" (DMC)



DMC is making efforts to help each disaster vulnerable GN to develop a "Grama Nilaidhari Level Disaster Risk Management Plan" including formation of a disaster management committee since 2007. Figure 2.1.6 shows formation of the committee. The committee is composed of 5 sub-committees, i.e., Early warning dissemination, Evacuation support Health and first aid, Evacuation shelter management, and Patrolling and vigilance committees

In case a committee has not yet been formed in the target GN, at first ask the participants to select members of each sub-committee tentatively. The members should be confirmed through community's formal decision making system. [Note] Please contact DDMCU in charge of the area, basic condition for forming the committee, in advance.

And then, ask the participants (even some of them are not the members of sub-committees) to discuss the roles of each sub-committee to activate the committee.

In addition, ask them to make a list of names and contact so that in case of emergency, information could be distributed promptly to the Committee members and to the community.

## Outlines of responsibilities of the sub-c mittees are as follows:

- (a) Early Warning Dissemination Committee: Coordinating with community leaders/ groups and to ensure that; i) warning of the impending disaster reaches every single household, allowing people to take timely action to protect their lives and property, and ii) accurate information is provided
- (b) Search & Rescue and Evacuation Committee: Coordinating with community leaders/ groups; i) to trace and locate people who are physically trapped and distressed, people who are living in vulnerable low lying areas, coastal areas, on river banks etc., ii) to evacuate people on receipt of warning to pre-identified temporary shelter

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# [Column 2]

# The JICA Study "Installation of Community-based **Observation System**"

# - For making prompt warning to community members -

Through discussion in the community workshops conducted under JICA Study community programme, the participants proposed some points to be improved, such as establishment of reliable early warning system to deliver prompt information to community and improvement of drainage management. As one of the activities of the Study, "Community-based Observation System" is introduced in some selected communities.

# [Installation of simple rain gauges in landslide prone communities]

Rain gauge equipment was installed at the sediment disaster vulnerable pilot communities and observation & recording of data with the use of these equipments have been continuously carried out by community members

When the communities had heavy downfall of rain in November 2007 and April-May 2008, based on the formulated strategies, people in the village were able to make early warning message to the residents in the risk areas and they evacuate to a pre-decided gathering point before the event occurred

Detailed information of this activity and the format of data record sheet are available in the "Resource data DVD"

# [Installation of water level gauge in flood prone communities]

Water level staff gauge equipment was installed at two flood prone pilot communities to monitor the water level of Kelani River by community people. The accumulated observation data will be used for the criteria for their own early warning to residents. Similarly, continuous observation activities will enhance people's awareness and sprit of cooperation for disaster reduction

Detailed information of this activity and the format of data record sheet are available in the ource data DVD'



# How to Get Disaster Information? /How to 2 **Disseminate Information to Community?**



# **Basic Explanation**

When you receive disaster information and instructions for evacuation, how can you disseminate that information to people in the community promptly and accurately?

What kind of tools are necessary? What kind of arrangements are necessary for wide dissemination of the information?

If disaster occurs at night, how can you communicate?

Let's think about an actual evacuation situation. If there is a Tsunami or flood or landslide, how to get information? TV? Radio? Tsunami Tower? Telephone?

Let's think about from who and how you can get disaster information most effectively?

Disaster information also can be gained from DS officers, DDMCU, GN, police, and Disaster Management Committee.

Also think about what we can do in the community by themselves to get information promptly. Community can monitor rainfall or water level to make own judgment

Discuss what the most suitable way to get information and what kind of arrangements are necessary for your community.

# Points

Ouick dissemination of early warning information will lead to prompt evacuation and make big differences for mitigating damages caused by disasters. Therefore, reviewing current information dissemination system existing in community and considering effective early warning system for the community is one of important aspects for effective disaster risk management. It ensures prompt and appropriate evacuation of residents.

Steps to consider community-based early warning systems are as follows

(a) Imagine an actual evacuation situation

[Note]: If the participants have experience of disasters, ask them to think about the time. If not, you may need to give them some examples.

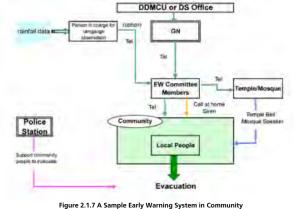
(b) Think about how the community can get disaster information most effectively? For example, by radio, by TV, by Tsunami Tower, by telephone/mobile phone, and/or etc.

[Note]. The national early warning system is developing day by day. You need to check the latest system which can be effectively used in the community (for example, Tsunami warning towers or early warning alarm system used mobile phone).

In addition, weather observations such as rainfall amount or river water level by community members should be considered as an optional valuable source of information. (see Column 2)

- (c) Think about who is going to be the resource person/source of disaster information? For example, from GN, DDMCU, DS officer, police or from TV and Radio?
- (d) Think about how the community can disseminate the information to all of the residents in risk areas when they receive disaster information and instructions for evacuation (by temple bells, by mosque speakers, by telephone, by calling at home?) Who is the best person to inform for wide dissemination of information? What kinds of tools are necessary? What kind of arrangement is necessary

Figure 2.1.7 shows a sample of early warning system at GN level for landslide disaster. Early warning system for Tsunami needs good coordination of Meteorological Department, DMC, and media to give first warning regarding the disaster.



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# 13 Conducting the Evacuation Drill

# Basic Explanation

Conduct an evacuation drill, after preparing a community hazard map, disaster management committee, and early warning and evacuation system.

After the evacuation drill, evaluate what is required to improve for the real situation.

- Check whether all the community people could hear disaster information by temple bell, siren or other method that was discussed in the community.
- Check wheather community people could evacuate safely?
- Check how long people take to get to a safe place

It is important that all the people in the community participate in the evacuation drill

# Points

Mock Drill is one of the important activities for checking and reviewing the current situation of disaster risk management. The designated information transfer system for early warning, evacuation methods, and other disaster risk management systems will be testified through the activity of the drill.

Besides, through the drill, the participants are expected to realize again the importance of disaster preparedness for their own safety. Further, coordination and working together with relevant organizations will provide opportunities to enhance risk communication among . stakeholde

# There are several types and approaches for mock drill as follows: [Various types of mock drills for disaster risk management]

- (a) Drills for collecting & delivering emergency information
- (b) Drills for countermeasure actions to mitigate damages
- (c) Drills for evacuation
   (c) Drills for evacuation
   (c) Drills for first aid/medical treatment
   (c) Drills for first aid/medical treatment
- (e) Drills for rescue activities(f) Drills for preparing water & food, etc.

# [Various approaches of mock drill for disaster risk management]

(a) Comprehensive drills involving all the stakeholders(b) Desk-top simulation drill (c) Mini drill which is conduct together with other community activities

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# (d) Drill at night (e) Drill in collaboration with school

In any case of mock drill, it is important to make clear the envisioned disaster situation for the drill based on the hazard & vulnerability situation of community. And after the drill a review should be done for improving the present condition

# Reference Documents & Materials.

- •
- JICA Study Presentation "DM Drill" JICA Study Document "Evacuation Drill" (MS-Word) JICA Study Document "Sample Program School Drill"
- - By the previous day, early warning committee members inform all the community members about the evacuation drill and get cooperation of relevant organizations such as mosques and police
  - GN receives early warning message from DS office/ DDMCU 2. office
  - GN informs early warning committee members and other 3. related organizations on the early warning message V
  - Early warning committee members disseminate information 4. by the designated tools and methods (loud speaker, temple belle, etc.)
  - Community members (at least one from each household) 5. evacuate to designated evacuation place with disaster bag
  - Take a head count and confirm safe evacuation of all the 6. participated community members
  - Record the time of completion of evacuation
  - 8. Review discussion on problems for evacuation

Figure 2.1.8 A Sample Flow of Evacuation Drill

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# 14 Let's Make an Action Plan

# **Basic Explanation**

Now let's discuss about the Action Plan.

Through the activities, we have discussed many things. We identified problems and issues in the current situation. How can we solve or nprove these problems?

At first let's list up and analyze the critical problems. Then, talk about how we can solve these problems and who can take initiatives and responsibilities. Also decide the timeline.

Matrix helps you to make an action plan

Most important thing is that the community takes action and not rely only on government support

Points

Through the activities of "Hazard Mapping" and 'Evacuation Drill", the participants will find a lot of problems and deficiencies for effective disaster risk management in their areas.

They need to discuss and find out the way to improve the current situation and solve the problems. In addition, for effective disaster ris management in the community, they need to develop their own risk management plan including regular activities.

# The steps for developing the Action Plan are as follows:

# Step 1: Problem analysis

(1) Review of current situation including identified problems and issues (2) Consideration of cause of problems/ issues

(3) Studying stakeholders of the problems/ issues

# Step 2: Planning for improvement of current situation/ solve the

- (1) Illustration of desirable situation and consideration of methods for solving the problem
- (2) Review of alternative solution

# Step 3: Consideration of procedure to realize the plan

- (1) Decision of persons to lead the initiative
- (2) Formulation of proposed timeline
- (3) Consideration of constrains to proceed the plan
- (4) Identification of required support for training, awareness programme, & material

# handbook "Fliptation" for CBDRM activities in Sri Lanka

# Step 4: Presentation If the discussion is done by groups, the result of group discussions should be presented and shared in front of everyone.

In the discussion, it is required for them to think carefully what residents and the discussion, it is required for them to think called injurnal resid can do, what both residents and governments can do together, and what governments can do. It would be easier to make a matrix of problems, solutions and responsibilities to consider.

Problem	Solution	Person in charge	Timeline	
				L.

# **Development of Community Disaster Risk** Management Plan

If the community has capacities to proceed some more enhanced If the community has capacities to proceed some more enhanced activities, it is desirable that a disaster risk management plan for the community is developed for continuous efforts for disaster reduction. It treats wide-range of strategy for disaster reduction of the community including of the previously mentioned committee formation and development of early warning information system. The contents to be included in the plan are as follows:

- (a) Formation of disaster risk management committee and its roles (b) Plans for improving knowledge of disaster risk management of people in the communities including conducting meetings, lectures,
- training, etc
- (c) Plans for maintenance and improvement of equipment and material to be prepared in advance for disaster reduction
   (d) Plans for conducting disaster risk management exercise including evacuation drill on a regular basis
- (e) Development/upgrading of early warning systems
- (f) Ensuring safe and prompt evacuation of all community members (g) Plans for management of evacuation sites: water & food and
- sanitation management
- (h) Plans for stockpiling of necessary items against disasters
- It is very important to update these plans periodically and make them realistic, based on the needs of the community.

# Reference Documents & Material

- The JICA Study Document "Development Action Plan" (MS-Word)
- "Grama Niladhari Level Disaster Preparedness and Response Plan" (DMC)

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# 15 Towards a Disaster Resilient Community

# Basic Explanation

think you now understand the importance of community based disaster risk management. By these efforts, let's make a disaster resilient community and save our community and country.

Let's start now!

# Points

In the "Fliptation", basic CBDRM activities are introduced. The most important point to be considered and understood by community through the activities is that "they need to make their best efforts to protect their lives and property by themselves".

Without their active and continuous involvement and leverage, we cannot make a disaster resilient community. Ask them to continue the activities by themselves even in a small way

# **Reference: Additional Activities**

As additional activities, small-scale disaster mitigation programme can be considered to be carried out, if community's capacity is enough for implementation. The landslide mitigation programme conducted under under the second sec JICA Study scheme is introduced in the Column 3 for your reference

# [Column 3]

# The JICA Study Small-scale Disaster Mitigation Programmes

# - Sediment disaster prone communities -

Through three community workshops conducted in 2007, people in the pilot communities vulnerable to sediment disasters in Ratnapura learned their risks and how to mitigate damage caused by disasters. They developed plans to improve the current situation and proposed some mitigation measures for preparing future disasters. Mahawela (called Helauda) and Gamekanda, Wanniyawatte (called Kiribathgala) in Ratnapura were selected as the potential sites to implement a small-scale damage mitigation programme for sediment disasters.

DMC, NBRO and the JICA Study Team decided to provide technical and financial resources to conduct mitigation programmes for both communities.

# [Helauda- Rehabilitation and Maintenance of Drainage Canal in Mahawala]

Community in Helauda proposed to restore a drainage canal to improve the drainage condition in the area, which would help to reduce the landslide risk. NBRO, DS, Municipal Council and DDMUC gave technical support for rehabilitation of the drainage canal. The mitigation programme was conducted by residents' active involvement. The people in the community cleaned up the canal by sweeping out stones and sludge to improve the condition

# [Kiribathgala - Improvement of Safe Evacuation Routes in Gamekanda, Wanniyawatte in September]

Community in Kiribathgala proposed to construct a bridge and a crossing for securing evacuation routes from the risk areas of sediment disaster in the community. JICA Study Team supported the construction of the crossing and improvement of access pathway for the evacuation routes based on the technical consideration of safe land condition. In the meantime, DMC and UNDP decided to support construction work of the proposed bridge. Construction of crossing was completed in October 2008. This improvement of evacuation routes ensures the safe evacuation of the residents who are living in the risk area in case of heavy rain and a disaster situation



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# CHAPTER 2.1 2.1 Fliptation of Flood

# 1 Introduction: Let's Learn About Flood

# **Basic Explanation**

Every year many people are affected by floods, we have been facing floods so often that it is almost like an every year event, but in many cases, it causes human loss and property damage.

Recent years, climate has been changing. Rainy season sometimes begins earlier or ends later than it used be

I am going to explain about Flood, why floods occur and how you can prepare for flood.

Discussion about flood with your family and community is important to become resilient to flood!

# 2 When we get rains

# **Basic Explanation**

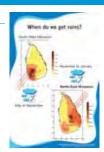
This map shows the two monsoon seasons and flood prone areas.

Sri Lanka is located in the Tropical Monsoon area. There are 2 monsoon periods and inter-monsoon periods that control the rainfall rhythm.

During May to September. South-West wind blow and onset the rain in South-West part of Sri Lanka. (Point at "top left figure")

During December to February, North-East wind blow and onset the rain in North-East part of Sri Lanka. (Point at "bottom right figure")

Therefore, there is a high chance of floods occurring during this period of time



LET'S LEARN ABOUT FLOOD

Comprehensive study on Disaster Management in Sri Lanka 39

38 handbook "Fliptation" for CBDRM activities in Sri Lanka

# 3 Damages Caused by Flood

# Basic Explanation

Flood causes many damages such as deaths and damage to houses, agriculture products and infrastructure. Flood also causes epidemics because of unpleasant environment

conditions, for example, contamination or limitation of drinking water and breeding of mosquitoes in retained floodwater.

Also, because of flood, schools are temporary closed and it will affect the children's education

As you see, flood influences your every day activities and economy directly and also indirectly. Also flood have negative impact to your life and economy in the long term.

# 4 Major Categories of Flood

# **Basic Explanation**

There are three major categories of flood occurrence in Sri Lanka, 1. Flash Flood, 2. River Flood and 3. Local Flood.

"Flash flood" usually occurs in mountainous areas with steep riverbed slopes. When intensive rain falls, it concentrates and flows down very fast to the river. Because floodwater runs very fast and powerfully, it poses a greater risk to life and property and instantly damages infrastructure like bridges.

It is difficult to warn since this kind of flood is very local and there is very little time to take preparative action. However, these flood will not last longer.

2nd one is "River Flood"

River Flood occurs when heavy rainfall continues for a long period of time (sometime 2 to 3 days, sometimes more than one week) in large areas. Rainwater flows into the river and river water level

Even though there is low risk to human lives, floodwater remains on the ground for several days (in worst cases, it remains more than one week) and it affects daily lives, agricultural product and





ries of Flood

gradually increases. When discharged rainwater exceeds the flow capacity of the river, this causes the over flow of the river and it becomes a flood.

economic activity.

# 3. Another one is "Local Flood".

Local Flood occurs when heavy rainfalls in a short period of time in a city or town area located at low land. Rainwater cannot flow into the river and remain in the city area because of poor drainage system

With this flood, human lives are rarely at risk, but it occurs in the city areas like Colombo where many people are affected and has large impacts on their daily life and local economy.

# 5 Flood Mitigation: Structural Measures

# **Basic Explanation**

To protect human lives and properties from the flood, there are several measures

One is the structural measure and the other is non-structural measure.

Constructing dam/water reservoir, bank protection, flood bund and pumping stations are examples of structural measures.

These measures are adopted at major rivers in Sri Lanka like along the basins of Kelani, Gin and Nilwala rivers to control inundation and the consequent damages.

However, construction of these structural measure takes time and cost. Also, it is not possible to construct these structures all along the river

# Flood Mitigation through Watershed Management 6 and Land Use Regulation

# **Basic Explanation**

There are several non-structural measures. Early Warning, Watershed Management, Land use regulation and Flood proof house etc.

Early warning is very effective if government and community establish close cooperation on flood warning. I will explain in detail later.

First, I explain watershed management and land use regulation. I would like to explain some wrong practices that people should avoid.

- 1. Trees in the mountain keep a balance of natural condition and river flow
- When people cut down trees or cultivate in a mountain or hilly area, rainfall cannot be absorbed into soil and flow down to the river River cannot take a large amount of rainwater at once and it causes floods in the downstream area.
- 3. Another example is that wetland absorbs and holds excess water.
- 4. If people construct houses in the wetland, it means people are living in the reservoir, therefore, people face a high risk of flood

Therefore, people should avoid cutting down trees, cultivating hills and constructing houses in wetland to avoid flood risk

# 7 How to Adopt Your House for Flood

handbook "Fliptation" for CBDRM activities in Sri Lanka

# **Basic Explanation**

Another measure that you can do to reduce the flood risk is changing the structure of your house.

For a one story house, you can mound layering to increase the foundation of the land and construct a house with a floor elevated from the ground level.

Another measure is to make your house 2 stories, so that in case of a flood, you can evacuate to the 2nd floor and your belongings can be saved

# 8 Formal Early Warning System for Flood

# **Basic Explanation**

This non-structural measure is to evacuate before the flood.

Government has been establishing a flood early warning and evacuation system, which is to inform people about rainfall and flood warning for people to evacuate to a safe place before the flood.

Irrigation department is monitoring the rain and river water level to predict possibility of flood. When they observe the heavy rain and possibility of flood, DOI issues early warnings to DMC, local authorities and media like TV and Radio.

DMC disseminate this information to residents through the TV, Radio, Siren, Local government and police.

When you receive information about flood warning, you need to prepare and evacuate to a safe place

# 9 Community Based Non-Structural Measures

# **Basic Explanation**

It is important to know the possibility of flood in your community other than depending on government information.

People can understand the river behavior and may know when flood will occur by monitoring the rainfall amount and water level of major rivers continuously and make a record in the community.

There are several other ways that the community can prepare for floods.

One activity is to clean up and maintain the drainage system with the participation of community members.

Another is to discuss what to do by the time of floods in your community

Also, how to and who disseminate flood early warning information to community people. Based on the flood warning, people in the community can prepare and evacuate earlier to a safe place.

Draw a hazard map to understand location condition and confirm the evacuation place and routes.

Cooperation with your community members is very important for making a flood resilient community.

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# CHAPTER 2.2 **Fliptation of Landslides**

# 1 Let's Learn About Landslides

# Points

In the "Fliptation", basic information for sediment disaster and sediment disaster risk management is introduced. The reference documents for explanation of the "Fliptation" are available in reference DVD.

# **Reference Documents & Materials.**

- JICA Study Presentation "Landslide Management in Japan" JICA Study Presentation "Landslide Management in Sri Lanka" by NBRO
- Video on Landslide Risk Management by NBRO

# 2 Introduction to Landslides

# **Basic Explanation**

A landslide is a movement of a mass of rock, earth or debris down a slope.

ndslides can kill people and destroy property

This landslide in Abepura, Palawela killed 75 people and destroyed more than 35 houses. It also filled a paddy field with the material it brought down the slope. That tells us that landslides can cause an impact on our lives, resources, employment and economy also.

Therefore, let's learn about how a landslide can occur and what we can do to prevent or minimize the anticipated damage.



"LET'S LEARN









al Early Wa

		Basic	Explanatio	n	Basic Explanation
	Landslide Prone In Sri Lank	It is imp	ortant to kno nity other tha	w the possibility of floods in your n depending on government	There are different typ slide, and Rotational la However, all those typ landslides.
/	1			river behavior and may know when floods re rainfall amount and water levels of major	1. Rock Fall: Falling of rock
				ke a record in the community.	2. Debris Slide: Sliding dov
	2 3 4	There are	several other wa	ys that community can prepare for flood.	other material which we
				and maintain the drainage system with the	<ol><li>Creep: A very slow mov</li></ol>
		Charles and a second se	on of community		<ol><li>Rock Slide: Sliding down</li></ol>
	的產油器	Another is communit		to do by the time of floods in your	<ol><li>Debris Fall: Falling down other material which we</li></ol>
		communit	ty people. Based	eminates flood early warning information to on the flood warning, people in the d evacuate earlier to a safe place.	6. Rotational Slide: Sliding man made steep slope
			azard map to und n place and route	lerstand location condition and confirm the s.	5 Mechanism
			e with your comr ient community.	nunity member is very important for making a	Basic Explanation
	DISTRICT	LOCATION OF THE LANDSLIDE	DATE OF OCCURRENCE	DAMAGE	Landslides can occur w slope is lost.
1	Ratnapura	Pathulpana kanda	June 8, 1982	9 deaths and damages to 3 houses and tea planted land	On a hill slope, there are for
2	Badulla	Naketiya, Koslanda	July 1995 and	Road traffic interrupted for weeks due to	which act downward as wel
			November 19, 1997	the damages on roads A16 and A4. (This is the largest landslide in size in Sri Lanka)	upward. On a stable slope, 1 forces.
3	Kegalle	Thiyambarahena, Malmaduwa			upward. On a stable slope, t forces. Because of the weight and t
	Kegalle Nuwara Eliya	Thiyambarahena,	1997	the largest landslide in size in Sri Lanka)	upward. On a stable slope, t forces. Because of the weight and t forces that act downward w try to counter balance those
3 4 5		Thiyambarahena, Malmaduwa Ketiyapathana,	1997 May 1985 January 06,	the largest landslide in size in Sri Lanka) 10 deaths and property damages	upward. On a stable slope, t forces. Because of the weight and t forces that act downward w try to counter balance those to pulling a rope by two tea At the moment when the de
4	Nuwara Eliya	Thiyambarahena, Malmaduwa Ketiyapathana, Mathurata Palindagama,	1997 May 1985 January 06, 1986 October 02,	the largest landslide in size in Sri Lanka) 10 deaths and property damages 13 deaths and damages to 2 houses	upward. On a stable slope, t forces. Because of the weight and t forces that act downward w try to counter balance those to pulling a rope by two tea
i 5	Nuwara Eliya Matale	Thiyambarahena, Malmaduwa Ketiyapathana, Mathurata Palindagama, Pansalthenna Weldambala,	1997 May 1985 January 06, 1986 October 02, 1982	the largest landslide in size in Sri Lanka) 10 deaths and property damages 13 deaths and damages to 2 houses 11 deaths and damages to 10 houses School building, a part of the irrigation	upward. On a stable slope, t forces. Because of the weight and t forces that act downward w try to counter balance those to pulling a rope by two tea At the moment when the d the upward forces, the bala soil or rock mass will move of There are many causes that
4 5 5	Nuwara Eliya Matale Kandy	Thiyambarahena, Malmaduwa Ketiyapathana, Mathurata Palindagama, Pansalthenna Weldambala, Pooliyadda	1997 May 1985 January 06, 1986 October 02, 1982 May 16, 1995	the largest landslide in size in Sri Lanka) 10 deaths and property damages 13 deaths and damages to 2 houses 11 deaths and damages to 10 houses School building, a part of the irrigation system and 28 houses were destroyed	upward. On a stable slope, t forces. Because of the weight and t forces that act downward w try to counter balance those to pulling a rope by two tea At the moment when the de the upward forces, the bala soil or rock mass will move of
4	Nuwara Eliya Matale Kandy Hambantota	Thiyambarahena, Malmaduwa Ketiyapathana, Mathurata Palindagama, Pansalthenna Weldambala, Pooliyadda Saputhanthri kanda	1997 May 1985 January 06, 1986 October 02, 1982 May 16, 1995 May 17, 2003	the largest landslide in size in Sri Lanka) 10 deaths and property damages 13 deaths and damages to 2 houses 11 deaths and damages to 10 houses School building, a part of the irrigation system and 28 houses were destroyed 19 deaths and damages to 5 houses	upward. On a stable slope, t forces. Because of the weight and t forces that act downward w try to counter balance those to pulling a rope by two tea At the moment when the d the upward forces, the bala soil or rock mass will move of There are many causes that

Information on Some Significant Landslides in

3

Sri Lanka

# 4 Different Types of Landslides

# sic Explanation

pes of landslides. Rock falls, Debris landslides are examples for them. pes of slides are commonly known as

- ck down a slope
- wn of rocks and soil along with the trees and vere on them
- vement within a slope
- vn of rock as sheets
- n of rock and soil along with the trees and vere on them
- g of soil layers rotationally down a natural or

# n of Landslides

# n

when natural balance within the

prces such as the weight of the soil mass ell as the forces such as friction which act these upward forces balance the downward

the pressure of the infiltrated rain water, the will be increased. The forces that act upward se increased downward forces. This is similar ams.

downward forces are higher or stronger than ance between those forces will be lost and the down the slope.

destroy the balance among forces within a either be natural or man made

earthquakes etc. are the natural causes that g forces within a slope. However, almost all Sri Lanka have been triggered by heavy rain.

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# 6 Landslides Occurred due to Natural Causes

# **Basic Explanation**

# 1. Mulhalkele Landslide (above, left):

Due to this landslide that occurred on January 08, 1986 in Mulhalkele, a building and the power plant of the Wathumulla hospital was damaged. As a 100 meter stretch of the Walapane Kandy main road was destroyed, road traffic was heavily interrupted.

Kalawana, Pothupitiya Landslide (above, right): 2. Because of this landslide which occurred on May 17, 2003, seven human lives were lost. The debris of this slide dammed the Kalawana oya causing floods in the Kalawana town.

## з. Watawala Landslide (below):

Watawala landslide which first occurred on June 03, 1992, was reactivated on June 03, 1993. On both occasions, the railway was heavily damaged and the public and cargo transportation between hill country and low country was stopped for a long time.

Events such as heavy rain, earthquakes etc. are the natural causes that destroy the balance among forces within a slope. However, almost all the landslides recorded in Sri Lanka have been triggered by heavy rain.

# Landslides Occurred due to Inappropriate Human 7 Activities

# **Basic Explanation**

Landslides have occurred due to inappropriate human activities as well.

Making steep cuts on hill slopes for construction of houses or roads should be minimized. When slopes are cut, and the soil or rocks at the to be region are removed, the slope loses the natural support it already had at the foot of that hill. This situation leads to destroy the natural force balance within the slope and eventually the slope fails.



# 8 Other Human Activities that Cause Landslides

# **Basic Explanation**

Other human activities that cause landslides:

- Uncontrolled rock quarrying and rock blasting could make the upper slopes unstable.
- Constructing houses or other structures blocking natural water ways disturbs drainage of rain water away from the slope. This increases the infiltration of water into the slope leading to slope instability. 2.
- 3. Surface exposures due to removal of forest cover or arson lead to slope instability due to soil erosion and increased infiltration.
- Retaining water on upper slopes also cause slope instability due to 4. increased infiltration
- 5. Illegal construction at inappropriate places and other unplanned land use also increase the possibility of land sliding.



# Examples for Landslides that Occurred 9 due to Inappropriate Human Activities

# **Basic Explanation**

Examples of landslides that occurred due to inappropriate human activities:

- A steep cut made on the slope for road construction had lead to the landslide occurred on October 24, 2005 in Baduraliya. A part of the road was damaged and the transportation was interrupted due to this landslide
- The landslide which occurred on October 26, 2006 in Kapala kanda, 2. Ja Ela had been created due to a steep cut made on the slope. A house was severely damaged due to this landslide.
- The landslide which occurred on October 26, 2006 in Kapala kanda, Ja Ela had been created due to construction of houses on a natural water path. 3 houses were damaged due to this landslide.
- The landslide which occurred on October 19, 2006 in Bandarawela 4. town was caused by illegal construction at an unsuitable place. A number of shops in the Bandarawela town were destroyed due to this landslide

# 10 Some Landslides Can Slide Several Times

# **Basic Explanation**



13

Some landslides could be reactivated several times.

Helauda landslide in Ratnapura is a good example. It first occurred in Heladua landarie in training in a good example. It has obtained in 1993 killing 48 people and destroying 12 houses. It also buried one hectare of paddy, four hectares of coconut and several home gardens with crops such as lak, Arecanuts etc. About 350 m stretch of main road was damaged along with a culvert and utility poles. As a results power supply and telecommunication also were interrupted. The same slope was failed again in 2003 and also in 2006

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# <u>What Can We Do To Prevent or Minimize</u> the Damage due to Landslides **Basic Explanation** an We Da to P Avoid selecting land with past landsides for building houses. Ask the 1.

- elderly people in the area and use database, maps and professional support available in technical organizations deal with landslides to find out whether the land had been subjected to landslides in the past
- Avoid making deep cuts on slopes for building houses and roads. It will reduce the natural stability of the slope and will eventually fail making a disaster.
- When building on slopes, always select a house plan that will need minimum slope modifications. Not only this house looks beautiful, but it has ensured the stability of the ground it is resting on.
- When you need to cut the slopes always terrace the slope to minimize the height of the cut. Always protect the slope to minimize the height of the cut. Always protect the slope cuts using retaining walls. There are simple and low cost methods to build retaining walls.

# Establishment of a Community-based Disaster Management Committee

# **Basic Explanation**

Establish a community based disaster management committee in your area.

- This committee can meet frequently and discuss about the areas that can be affected by landslides. Frequent checks can be made to identify any warning signals of landslides.
- The committee can take actions to prevent inappropriate land use, if practiced in your area
- On rainy days, measure rainfall and make the community aware, if rainfall is high.
- The committee can identify safe places for evacuation during a disaster situation and establish a simple communication system to disseminate warning messages.

# 11 Pre Warning Signals of Landslides

# **Basic Explanation**

- Most of the time landslides give pre-warning signals.
- 1. When a slope is moving, we can see that trees, utility poles etc., tilt. They can fall during the rainy seasons
- Another signal we observe on a failing slope is sudden oozing of new springs and/or sudden dry down of existing springs
- Most commonly, we see sudden opening and development of cracks on ground, floors and walls.
- 4. On rocky slopes spurting of rock can also be observed.

# What Can We Do To Prevent or Minimize 12 the Damage due to Landslides

# **Basic Explanation**

- Always terrace the slopes when and where slope cuts are necessary 1. to minimize the height of the cut. Always protect the cuts with a suitable retaining wall. There are simple and low cost methods to build retaining structures.
- 2. Plant trees on slopes and use tall grass or Savandara along the contours of the terraced slope to prevent soil erosion and protect the stability of the slope.
- Practice good land use. Avoid construction on natural water ways. 3. Select flat land or gentle slopes for construction. Cultivate only the crops that are recommended for hill slopes.
- 4. Use surface collecting drains and drains that direct the collected water away from the slopes to control the surface drainage on slopes. In certain locations, subsurface drains and wells may also be necessary to reduce the ground water levels.





# Follow Construction Methods Suitable for 15 **Hill Slopes**

# **Basic Explanation**

Use maps and guidelines to know and follow suitable places and methods for construction.

"Construction Guidelines" can be obtained free of charge

Divisional Secretaries or

District Disaster Management Coordinating Units Otherwise, write to

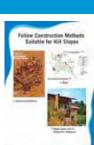
National Building Research Organisation (NBRO) Landslide Studies and Services Division 99/1 Jawatta Road Colombo 05

# OR Call 011 258 8946, 011 258 9943

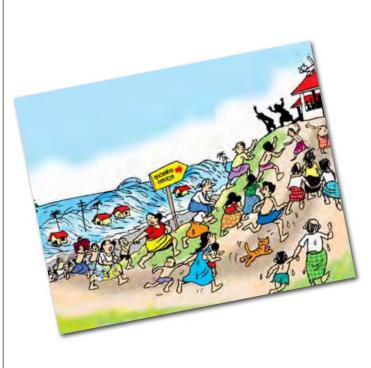
to obtain a copy of the construction guidelines.

A model house suitable for hill slopes has been built in Goluwawala, Ratnapura and

by observing this model house, suitable construction methods can be loarnt



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# CHAPTER 2.3 Fliptation of Tsunami

# 1 Let's learn about Tsunami

# **Basic Explanation**

Do you know the 2004 Indian Ocean Tsunami? Tsunami waves washed away people's lives, houses, roads, school buildings and many more. In case of 2004, Tsunami came into 200-300m inland, in some places, it reached almost 1 km inland.

I am going to explain about Tsunami, why Tsunami happens, and how you can survive at the time of Tsunami.

In order to be prepared for Tsunami, it is important to know the mechanism of tsunami and what need to be done.

# Points

In the "Fliptation", basic information for Tsunami and Tsunami risk management is introduced. The reference documents for explanation of the "Fliptation" are available in reference DVD.

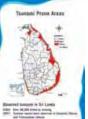
# **Reference Documents & Materials.**

- JICA Study Presentation "Tsunami Management in Sri Lanka" with some movie pictures
- Tsunami Educational Story Adaptation version for Sri Lanka -"Inamura no hi" booklet (ADRC, 2005) (see more details in the Column 4)

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# 2 Areas Prone to Tsunami



# Basic Explanation

This map shows the Tsunami affected divisions in 2004 Tsunami. As you can see, almost all the coastal areas were affected. Therefore, it can be said that coastal area and its community are prone to Tsunami disaster.

There were two Tsunami occurred in recent years. One is 2004 the Indian Ocean Tsunami that caused over 38,000 death and many people affected. In 2007 Tsunami, Tsunami warming was issued and there was small Tsunami of about 50 cm observed in Colombo and Trincomalee even though most people did not recognize the Tsunami. It turned out to be a small Tsunami, but there is possibility of another Tsunami in the coastal area of Sri Lanka.

# 3 Causes of Tsunami Generation



# Basic Explanation

There are several causes for generating the Tsunami.

Major one is due to an earthquake; almost 90% of past Tsunami was generated by earthquakes.

Earthquake occurs when sections of tectonic plates press and slide each other and release energy. This energy pushes up the moving tectonic plate. When an earthquake occurs on the ocean floor, it can displace a large amount of ocean water and create a Tsunami.

Other causes are due to landslide and volcanic eruption in the ocean floor. These cases also generate Tsunami.

# 4 Speed and Height of Tsunami Wave

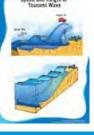
# **Basic Explanation**

I will explain the speed and height of a Tsunami wave.

Tsunami travels the ocean surface very fast. Tsunami can travel about 900km/h like a jet plane when the ocean depth is deep. As the Tsunami wave reaches the seashore, where the ocean depth is shallower, Tsunami travel speed is reduced to about 40 km/h like a car.

On the other hand, the wave height is low in deep ocean, but as it reaches to the seashore, the wave height becomes higher.

That was the reason why at the time of the Indian Ocean Tsunami in 2004, ships in the ocean did not feel much waves, but large Tsunami



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# 5 Characteristics of Tsunami

# **Basic Explanation**

ne to the seashore

Tsunami has several characteristics.

- 1. Tsunami waves come several times, but only one time. Usually the second wave is bigger and stronger than the first wave.
- Tsunami is different from normal wave. Normal waves come and go in the coastline. However, Tsunami wave forms into a large wave like a wall and run over very fast to the land.
- Tsunami comes suddenly mostly without any signs. In some cases, there are some signs before the Tsunami comes, but you cannot count on those signs.
- 4. Tsunami has great power. For example in Sri Lanka, tsunami waves destroyed houses and pushed away a train and buses.



# 6 Warning Signs of Tsunami

# **Basic Explanation**

There is no warning sign that always happens before the Tsunami

I repeat here, there is a high chance that tsunami comes suddenly without any signs in Sri Lanka

However, there are some warning signs that you can observe. If you observe some signs, please move away from the seashore and go to a safe place.

One sign is an earthquake. When you feel a strong earthquake or not very strong, but long shake of an earthquake, there is a chance of Tsunami. However, In Sri Lanka, there is a high chance that Tsunami can strike thousands of miles away and you will not feel an earthquake before Tsunami comes.

Another sign is a backrush. In some places, the waves throw back saward before a Tsuami strikes. This is a ign you need to be aware of. In this case, do not go to see the ocean but be ready to go up to the safe place. There are many cases reported that people and children went to sea to investigate and catch stranded fish and eventually become victims of the Tsunami.

One thing you have to be aware of this will not always happen before a

# 7 Structural Measures to Reduce Damages of Tsunami

# **Basic Explanation**



low Long II look to Beach Sri Lanka

I hope you understand why Tsunami occurs. Now, let's think about how you can protect yourself from Tsunami.

In order to protect people and property from the Tsunami, there are several structural measures that could be taken.

One of the measures to protect people and towns from the Tsunami is constructing structures like seawalls and bank protection. These photos are of a seawall in Galle and a bank protection in Hikkaduwa

Another example is planting bioshield and coastal vegetation. It is said that planting vegetation may reduce the power of Tsunami

However, construction of these structural measures takes time and cost Also, it is not possible to construct these structures all along the coastal area

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# **Non-Structural Measures:** 8 **Tsunami Early Warning System**

# Basic Explanation

Another important measure to reduce the loss of human lives from Tsunami is an early warning system

Sri Lanka government has been establishing the early warning system. This figure shows the flow of Tsunami early warning system

International society is monitoring the earthquakes and Tsunami. When they observe earthquakes and predict there is a possibility of a Tsunami they inform the Meteorological Department and GSMB in Sri Lanka.

DOM and DMC give information to local level government organization: as well as media such as TV and Radio. That information is disseminated to residents through local level government organizations, police, Tsunami warning tower and media such as TV and Radio for people's safe evacuation

# 9 Let's Evacuate to a Safe Place

# Basic Explanation

When you receive information about a Tsunami warning, you have to stay away from the seashore and go up to a safe place.

Don't bein a rush, you have enough time!

Safe place is higher place. Please discuss in the community safe evacuation places and routes in advance.



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# Where Tsunami Generate and How Long it Takes to 10 **Reach Sri Lanka**

# **Basic Explanation**

As I explained many times, Tsunami comes from a far distant area.

This map shows the locations of large earthquakes occurred before and areas not have high possibility of another large earthquake to occu

These areas are located at a distance from Sri Lanka. There is high possibility of earthquakes occurs in this zone where 2004 earthquake and Tsunami occurred. It took about 2 to 3 hours to reach from the off coast of Sumatra to Sri Lanka.

Therefore, when earthquake and Tsunami occurs again in this zone, you have enough time to evacuat

There are other zones that have a possibility of earthquake and Tsunami. These zones are also located at a far distance like Sumatra. Earthquake and Tsunami occuring in these zones also will take some time to reach to the coast of Sri Lanka

Please understand that you have enough time to prepare and evacuate since Tsunami information comes within 30 minutes to Sri Lanka.

Although there is a low possibility, there are several locations that have a possibility of earthquake and Tsunami near Sri Lanka. When you feel an earthquake, please be aware of Tsunami and evacuate immediately to a higher place

# 11 Let's Prepare in the Community

# **Basic Explanation**

- 1 Discuss what to do at the time of tsunami and select a member of disaster management committe
- 2. Draw a hazard map and know where the safe places are and which evacuation routes could be taken
- Walk around the village with the community member to confirm the 3. evacuation routes.
- 4. Conduct evacuation exercises.

Also there are several ways you and your community can prepare for Tsunami such as making sign boards to show the Tsunami evacuation route.

Further, you should avoid new construction of houses near the seashore and find out strong and high buildings in case of evacuation.



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# [Column 4]

# "Leader's devoted action mitigated damages of community in emergency"

# "Inamura-ho-hi" Story

A big earthquake occurred in the evening. Mr. Gohei, a village chief, became very worried about a Tsunami. From the garden of his house on the top of a hill, Gohei looked down at houses situated along the coast. The villagers did not seem to notice that a Tsunami was coming. "I should warn the villagers at once!" He decided to set fire to "inamura" (rice sheaves,) which were made of justharvested rice crops.



The villagers saw the fire and shouted, "There is a fire at the house of the village chief!" They made their way up to the hill. They were shocked to see the burning "inamura". They tried to put out the fire at once. But Gohei exclaimed in a loud voice, "Leave the fire as it is. Tell everyone to hurry up to the hill. A disaster is coming. " They could not understand what was happening

Just then, Gohei pointed out to the sea, and shouted. "Look. Tsunami is coming." The sea water stood up like a wall

The villagers saw the terrible white water destroying their village. They finally understood that it was the fire that saved their lives. They could not find words to thank Gohei.

"Inamura-no-hi" is a story of a man who noticed a precursor of a large scale Tsunami at the earliest stage and led villagers to a high ground by burning harvested rice sheaves. This story was based on a true story at the time of Ansei-Nankai Earthquake & Tsunami occurred in 1854, which claimed around 3,000 lives in the coastal areas of Western Japan. The story was originally written by Lafcadio Hearn, and later adapted for a short tale for education in elementary schools in Japan

In the real situation, Mr. Goryo Hamaguchi (real name of the man) saved the lives of many villagers by setting 'fire of life' when a tsunami hit the village following a major earthquake and guiding the villagers to a safe place. However, the tsunami pretty much destroyed the village. Upon seeing the completely changed site, Goryo turned himself inside out to save the village. He engaged in various recovery efforts including the construction of huts for disaster victims and the provision of farming hing equipment. Moreover, he engaged in the construction of a breakwater 600 m long and 5 m high, which minimized damage from tsunamis in later years

(A booklet of "Inamura-no-hi" is available in DVD.)

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# ANNEX

# Outline of major ministries in charge of disaster risk management

(1) DMC - (extract from DMC website: http://www.dmc.gov.lk/ about\_dmc.htm)

# Beainnina

The Disaster Management Centre has been established under the National Courcil for Disaster Management active na been stational cource with the Sri Lanka Disaster Management Act No. 13 of 2005 passed by the Parliament of Sri Lanka on 13th May 2005.

# Visior

Safer communities and sustainable development in Sri Lanka Mission

To create a culture of safety among communities and the nation at large through systematic management of natural, technological and large through systematic n man-made disaster risks.

# Objectives

Through countrywide ministries, departments and public corporations, Provincial Councils and local authority administration; and district, division and Grama Niladhari administration; to enforce, coordinate and monitor activities related to,

- Hazard Mapping and Risk Assessment. Information Management.
- Long-term disaster mitigation

- Forecasting, early warning and information dissemination. Preparedness to respond to disasters when they occur. Emergency Operations Management. Management of the post-disaster activities after a disaster.

(2) DOM (extract from DOM Website: http://www.meteo.slt.lk/index.

# History and the Overview of Functions

History of meteorological observations in the form of rainfall measurements dates back to year 1850. Systematic recording of observations started during 1866-1883 under the Survey General of Ceylon. Present Department of Meteorology was enacted in the parliament in October 1948, with the objectives of:

- .
- Providing all meteorological and climatological information nationally, in accordance will WMO and ICAO regulations, Supplying of limited seismological and astronomical information
- to general public and Maintenance of time service nationally.

The observation network consists of 22 meteorological stations managed by the Department of Meteorology and 42 Agrometeorological station

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managed by various Government and Statuary Institutions. In addition, over 350 rain gauge stations supplement this network.

# (3) DOI (Extract from DOI Website: http://www.irrigation.gov.lk/

History Having realized the great potential in the ancient irrigation works, a separate department distinct from the former Public works

Vision "Not let a single drop of rain water flow to the sea without first being used for the welfare of mankind" (King Maha Parakramabahu the Great, 1153-1186AD)

# Mission

The Irrigation Department is responsible for planning, design, construction, operation and management of all major and medium Irrigation schemes and works related to flood control, drainage and salinity extrusion

## Objectives

Increasing the productivity under major irrigation systems.

. Raising the income and the living standard of the farmers. Assessment of water in major river basins.

- Integrated natural resource management in major irrigation systems
- Protection of land from flooding, water logging & salt water intrusion

# Functions

- Planning, Design, Construction and Management of infrastructure facilities required to harness the surface water for land development.
- Integrated natural and human resource management in major
- irrigation systems in order to increase productivity. Promoting participatory management in inter provincial irrigation schemes. .
- Assessment of water resources in river basins for river basin planning and development, inclusive of stream flow forecasting
- and flood warning. Providing drainage facilities to low-lying coastal areas and preventing of flooding and salt water intrusion.
- (4) NBRO- Landslide Studies and Services Division (Extract from NBRO /ebsite: http://www.nbro.gov.lk/lssd.ht

# Introduction

The Landslide Studies & Services Division of National Building Research Organization (NBRO) was established in 1992 incorporating landslide studies, consultancy services and Landslide Hazard Mapping Project (LHMP).

# Objectives

- Execute landslide hazard mapping work in landslide prone districts of Sri Lanka. Introduction of standard guidelines and codes of practices for
- human settlement planning and site selection in hilly areas vulnerable to landslides.
- Volletable to landshoes. Provide consultancy services in respect of landslide investigations (instrumentation and monitoring), slope stability analysis, geotechnical testing and design of preventive and corrective measures.
- Foster community participation in creating public awareness about causative factors of landslides and provide training in the aspect of landslide disaster management.
   Computer workshops and GIS projects.

# Services Offered

- Mapping of problematic slopes in landslide prone areas of Sri Lanka. Preparation of landslide hazard zonation maps which can be used as a planning tool for sustainable development in the hilly areas of Sri Lanka.
- Geophysical investigations which can be used as a cheap source for acquiring subsurface data.
- Consultancy services on constructions in hilly areas and development of appropriate early warning systems
- · Design of cost effective, preventive and corrective measures with respect to landslides
- · Conducting of awareness programmes for natural disaster mitigation
- · Development of practical indicators for slope instability in landslide prone areas

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Notes

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