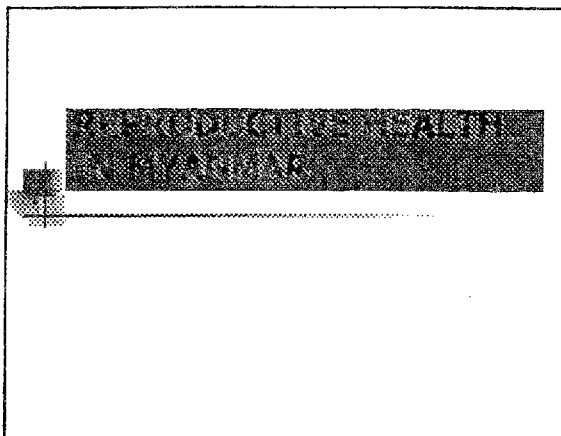


4. 保健省プレゼンテーション資料



①  
**NATIONAL HEALTH POLICY**

- HFA beyond 2000 using PHC approach
- Guidelines of National Population Policy

②  
**NATIONAL POPULATION POLICY**

- Ensuring the availability and accessibility of birth spacing services to all ELCO voluntarily seeking
- Provision of IEC measures on birth spacing
- Awareness promotion on reproductive responsibility and paternal involvement

③  
**MYANMAR REPRODUCTIVE HEALTH POLICY**

**GOAL**

- To attain a better quality of life by improving reproductive health status of women and men, including adolescents through effective and appropriate reproductive health programs undertaken in a life-cycle approach

**EVOLUTION OF REPRODUCTIVE HEALTH IN MYANMAR**

- Family Health Care Program
- ICPD (Cairo, 1994)
- Changing socioeconomic policies
- ① ▪ National Health Policy
- ② ▪ National Population Policy
- ③ ▪ Myanmar Reproductive Health Policy
- Reproductive health care in life cycle approach

**Myanmar's Commitment to ICPD**

- A signatory country to the 1992 Ball Declaration on Population and Development
- High level delegation to the International Conference on Population and Development, Cairo, Egypt in 1994.
- Considerable efforts in relation to the time-bound development goals set out in the ICPD Programme of Action (Cairo, 1994)
- Statement by National Research Policy Board.

## Major Paradigm Shift

- **To the People**  
(Assumes that government has the answer and solution to fertility management problems)
- **By the People**  
(Recognizes that couples and individuals who are healthy, educated, gainfully employed, and have proper self-esteem will make the right reproductive decisions)

## A Brief Look on Reproductive Health Status in Myanmar

### Service Indicators

- Coverage by trained personnel
  - ANC 59.33 to 83.1%
  - Delivery 94.5%
- Contraceptive Prevalence Rate 32.7%
- Percentage of pregnant women who received TT 95.01%
- Percentage of eligible couples who have access to birth spacing services 37.04% (120 out of 324 townships)

## Brief Look - Continued

### Impact Indicators

- Infant Mortality Rate 55-60 / 1000LB
- Maternal Mortality Ratio 2.55 / 1000LB
- Total Fertility Rate 3.45
- LBW rate per 1000 LB 2.31 (HMIS)

## REPRODUCTIVE HEALTH SERVICES IN MYANMAR

- I. Essential Reproductive Health Package
  - Safe motherhood
  - Family Planning
  - Prevention & management of abortion and its complication
  - RTI/STD
  - Infertility
  - Adolescent Reproductive Health
- II. Comprehensive Reproductive Health Package

## SERVICE OBJECTIVES

### General Objectives

- To improve the reproductive health status in life cycle approach

### Specific Objectives

- To reduce IMR
- To reduce MMR
- To reduce abortion rate
- To increase CPR
- To strengthen health facilities
- To promote capacity building

## STRATEGIES

- Strengthening social science research and its utilization in policy formulation and design of services
- Empowerment of women at various levels
- Promotion of public awareness about RH needs and linkages among service facility, client and community
- Advocacy and training on RH at all levels
- Development and distribution of IEC materials on reproductive health knowledge of life cycle approach
- Evidence-based intervention measures with regular monitoring, supervision and evaluation

## ICPD Plan of Action as Country's Operation

- Family planning counseling, information, education, communication and services
- Education and services for prenatal care, safe delivery and post-natal care, especially breast-feeding and infant and women's health care.
- Prevention and appropriate treatment of infertility
- Prevention and management of complications of abortion
- Treatment of reproductive tract infections, STDs and other reproductive health conditions
- IEC Counseling, as appropriate, on human sexuality, reproductive health and responsible parenthood especially targeted at adolescents

## PLAN OF ACTION

### Major activities

- I. Improving maternal health
  - Improving technical skills of maternal health providers
  - Safe motherhood
  - Increasing community awareness
  - Addressing abortion-related morbidity and mortality, and PAC management

## PLAN OF ACTION

### II. Birth Spacing

- Service provision
- Development and utilization of training aid materials
- Birth spacing MIS
- Monitoring and evaluation

## PLAN OF ACTION

### III. Reproductive Tract Infections

- Primary prevention
- Management of symptomatic infections
- STD screening
- Presumptive treatment
- Research needs

## PLAN OF ACTION

### IV. Adolescent Reproductive Health

- Provision of information regarding adolescent reproductive health
- Service provision to adolescents

## MCH Surveillance Objectives

- Determine trends of morbidity and mortality for maternal, infant and child causes
- Provide strategic direction to disease prevention and quality care programs
- Provide baseline data for evaluation
- Identify 'sentinel' event for public health action

## EVENTS & OUTCOMES

### COSTS AND MORBIDITY OF MCH/RH PROBLEMS

- Unintended, unplanned and unwanted pregnancy
- Emergency obstetrics problems
- LBW infants
- Termination
- Direct costs-medical (Eg. PID, STIs, etc)
- Long-term costs (Eg. Ectopic, Infertility, etc)
- Emotional and economic costs
- HIV risk from mother to child transmission
- Adolescent RH problems

## THE CONTROL CHALLENGE FOR PREVALENT PROBLEMS

- Strategy based on prevalent data
- Time trajectory often not known
- Evaluation of interventions is methodologically difficult
- Role of surrogate (eg. Behavioral) markers for evaluation
- Other Comorbidities: Economic Impact, Level of health knowledge, Three Ds (3 Delays)

## PRACTICAL ISSUES

- Monitoring, supervision and field management
- Early detection and recognition of the problems and timely referral
- Effective screening methods
- Identification of root causes and possible solutions
- Does effective surveillance require counting every case?
- Funding sources
- Community involvement

## OPERATIONALIZING REPRODUCTIVE HEALTH CARE PROGRAMS

Crosscutting issues

Service delivery package

## Crosscutting Issues

- Community Involvement
- Quality of care
- Role of private sector
- Cost as a barrier to improved reproductive health care
- Gender issues

## Service Delivery Package

- Essential service package
  - Five priority areas
    - Safe motherhood
    - PAC counseling and management
    - Birth spacing
    - RTI/STD
    - Adolescent reproductive health



## CONCLUSION

- More comprehensive and integrated approach
- Improving access to sound information and quality services
- Awareness promotion with *full respect to laws and religion, ethical and cultural values*



**Thank You**

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CURRENT REPRODUCTIVE HEALTH ACTIVITIES  
GOVERNMENT SECTOR

Government Departments	Location	Areas of Reproductive Health	Types of Activities	Funding Sources
Ministry of Health Department of Health	National	General	Training	-Government of Myanmar, WHO, UNICEF, UNFPA, UNDP, Population Council, FPIA, UNAIDS
	National	Birth Spacing	Service Provision	-Government of Myanmar, UNFPA, UNDP, JICA, FPIA
	National	Obstetrics	Service Provision	-Government of Myanmar, UNICEF, WHO, UNDP, Government of Japan, Engender Health
	Major Tertiary Hospitals	Menopause	Service Provision	-Government of Myanmar
	State/Divisional Hospitals	Gynaecological cancers	Service Provision	-Government of Myanmar

Government Departments	Location	Areas of Reproductive Health	Types of Activities	Funding Sources
Ministry of Health Department of Health	hospitals in Yangon and Mandalay, and other S/D -National	-Infertility  -General	-Service Provision  -Dissemination of RHI Information	-Government of Myanmar
	Yangon (3) townships, Ayyarwaddy (1) township -Various	-Adolescent RH	-Health Education	-Government of Myanmar, UNICEF, WHO, Population Council -Government of Myanmar, WHO, UNDP, Population Council -WHO/HRP, WHO regular budget, Population Council
	-68 townships	STD/HIV/AIDS	-Service Provision, health education and counseling	-Government of Myanmar, UNICEF, WHO
	-National	-RTSTI	-Service Provision	-Government of Myanmar, UNFPA
	-National	-STD/HIV	-Condom Promotion	-Government of Myanmar, UNFPA, WHO

Government Departments	Location	Areas of Reproductive Health	Types of Activities	Funding Sources
Ministry of Health Department of Health	-27 Sentinel surveillance sites	-HIV/AIDS	-Sentinel surveillance activities	-Government of Myanmar, WHO, UNDP, UNOPS
	-Seven townships	-HIV/AIDS	-Reduction of Mother to Child Transmission of HIV/AIDS	-Government of Myanmar, UNICEF, WHO
	-Seven townships	-HIV/AIDS	-Peer education Service Provision	-Government of Myanmar, UNDP, UNOPS
	-Four townships	STD/HIV/AIDS	-Condom Promotion new 100% condom use project	-Government of Myanmar, WHO, UNAIDS
	-Yangon, Mandalay	-HIV/AIDS	-Hotlines for Information and counseling	-Government of Myanmar, UNAIDS
	-High prevalence border areas	-HIV/AIDS	-Care and support	-Government of Myanmar, UNDP, UNOPS

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- Current Projects**
1. WHO funded Reproductive Health Project
  2. UNFPA funded Strengthening of Reproductive Health Care through Primary Health Care
  3. FPIA assisted Public Private Partnership to Expand Reproductive Choices and Services
  4. WHO HRP funded Township Model for Improving Quality of Care in Reproductive health Services in Myanmar
  5. Population Council funded Township Model for Improving the Quality of Post Abortion Care Services in Myanmar
  6. As supported Activity: WHO funded Standards Protocol for Midwifery Practices for Safe Motherhood
  7. UNICEF funded ESSD project
  8. UNICEF funded WCHD project
  9. WHO funded Women's Health Project

Government Departments	Location	Areas of Reproductive Health	Types of Activities	Funding Sources
Ministry of Health Department of Health Planning	Various	Birth Spacing, RTI/STD/HIV/AIDS	Production and dissemination of information material	Government of Myanmar, UNICEF, UNFPA
	National	General	-Monitoring of Management Information System	Government of Myanmar, UNFPA
	Various	Various	-Research and research training	Government of Myanmar, Population Council
	Various	Various	-Research and research training	WHO, Population Council
	National	General	-Fertility and Reproductive Health Survey	UNFPA

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Government Departments	Location	Areas of Reproductive Health	Types of Activities	Funding Sources
Ministry of Education Department of Training, Planning and Education	National	HIV/AIDS, Adolescent Reproductive Health	Health Education	Government of Myanmar, UNICEF

THANK YOU

## REPRODUCTIVE HEALTH ACTIVITIES (INTERNATIONAL NON- GOVERNMENTAL ORGANIZATIONS)

Maternal and Child Health  
Section  
Department of Health

### Action Contre la Faim

Domain	Location	Areas of RH	Type of activities	Funding sources
Primary Health Care	Yakhine (3) townships	Obstetric care	Health education, training, supplies provision	Embassy of Japan, Government of France

### Artsen Zonder Grenzen (AZG)

Domain	Location (township)	Areas of RH	Type of activities	Funding sources
Reproductive Health and STD Management	Kachin (2), Yakhine (2), Yangon (1)	STI/HIV/AIDS, birth spacing, obstetric care	Service provision, training, supplies provision	Hollan, MSF, Holland project funds, ECHO, UNOPS

### Artsen Zonder Grenzen (AZG)

Domain	Location (township)	Areas of RH	Type of activities	Funding sources
HIV/AIDS Education and Prevention and Care for People with AIDS	Chin (1), Yakhine (8), Kachin (7), Yangon (2)	STI/HIV/AIDS	Information, education, service provision	MSF, Holland project funds, ECHO, UNOPS

### CARE International in Myanmar

Domain	Location (township)	Areas of RH	Type of activities	Funding sources
Primary Health Care/Community Health	Sagaing (1)	General	Training, health education, basic services	AUSAID

### CARE International in Myanmar

Domain	Location (township)	Areas of RH	Type of activities	Funding sources
Reproductive Health	Shan North (1)	STI/HIV/AIDS, birth spacing, obstetric care, ARH	Health education, training, supplies, research	AUSAID, Packard Foundation



### CARE International in Myanmar

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
HIV/AIDS Prevention and Care	Pi (5) Mon (5) Sagaing (1) Shan	HIV/AIDS	Health education, advocacy, training, research, care, counselling and	AusAID CARE Australia

### ENGENDER HEALTH ( Thru Population Council)

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Post Abortion Care	Bago (all townships)	Post abortion care	Technical assistance, supplies	Packard Foundation

### Family Planning International Assistance

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Public-Private Partnerships to Expand Reproductive Health Choices and Services	Yangon (2) Ayeyarwaddy (1)	Adolescent reproductive health, birth spacing, post abortion care	Technical/financial assistance, contraceptive supplies	Packard Foundation, FPIA

### Japanese Organization for International Cooperation in Family Planning (JOICFP)

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Strengthening IEC for Reproductive Health/Birth Spacing Programme in Myanmar	UNFPA (72)	Birth spacing	Technical assistance	Packard Foundation

### Japanese Organization for International Cooperation in Family Planning (JOICFP)

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Strengthening of National Capacities of IEC and Advocacy through Community-based Reproductive Health/Birth Spacing Programmes	townships to be selected	Birth spacing	Technical/financial assistance	UNFPA Asia Regional Programme

### Marie Stopes International

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Reproductive Health Care	Ayeyarwady (1) Mandalay (2) Mon (1) Yangon (2)	RTI/STI/AIDS, birth spacing, obstetric care	Health education, service provision	European Union Packard Foundation

### Medecins du Monde

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
HIV/AIDS and STD Prevention	Kachin (2) Yangon	STI/ HIV/ AIDS	Health education, service provision	

### Population Council

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
A Township Model for Improving the Quality of Post-Abortion Care Services in Myanmar	Bago (28)	Post-Abortion Care	Technical assistance	Packard Foundation Population Council
Expanding Youth-oriented Reproductive Health Services and Information	Ayeyarwady (1)	Adolescent reproductive	Technical assistance	Packard Foundation

### Population Council

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
The Prevalence of Reproductive Tract Infections at the Mandalay General Hospital, Myanmar: A Cross-Sectional Prevalence and Cost-Analysis Study	Mandalay	RTI/STI	Technical financial assistance	Rockefeller Foundation and Population Council
User Perspective's Research on Dual Protection	To be decided	Birth spacing, HIV/AIDS	Research	Packard Foundation and

### Population Council

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Monitoring and Evaluation of PMCT Activities	Eastern Shan (1) Tanintharyi (1)	HIV/AIDS, obstetric care	Evaluation	Rockefeller Foundation and Population Council
Research Training and Pilot Research	To be decided	General	Technical/financial	Rockefeller Foundation and Population Council

### Population Council

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Technical Assistance to Improve Quality of Reproductive Health Services	Bago (1) Shan (South) (1)	Birth spacing, RTI/STI	Technical assistance	WHO

### Population Services International / Myanmar

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
HIV/AIDS Prevention	All states and divisions (229)	STI/ HIV/ AIDS	Social marketing, behavior change communication	
Reproductive Health	To be decided	Birth spacing, safe motherhood	Social franchising of reproductive health clinics, social marketing of reproductive health commodities, behavior change communication	

### SAVE THE CHILDREN (UK)

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
HIV/AIDS	Kayin (5) Mon (5) Shan North (20) Yangon	Adolescent reproductive health, HIV/AIDS	Health education, training, research	Parthenon Trust, UNOPS and SCF/UK

### SAVE THE CHILDREN (US)

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Improving Reproductive Health at the Community Level in Myanmar	Magway (1) Tanintharyi	Birth spacing, obstetrics, HIV/AIDS	Health education, training	Packard Foundation

### WORLD CONCERN

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Community Health Development	Kachin (3) Mon (3) Shan North (3)	Birth spacing, obstetrics care	Health education, service provision, training	AusAID, TEAR, Australia, US Government

### WORLD VISION

Domain	Location (Township)	Areas of RH	Type of activities	Funding sources
Community-based Action Research and Reproductive Health	Yangon (1) Kayin (3) Mandalay (2) Shan East (4) Tanintharyi (3)	Birth spacing, maternal health, HIV/AIDS	Training, research, health education	Foundation for International Development and Relief (Japan), Foundation for International Development and Relief

