# KHAMMOUANE PROVINCE PUBLIC HEALTH OFFICE PRIMARY HEALTH CARE DEPARTMENT

SEHOLD SURE

**AS OF JUNE 1998** 

**EDITION: AUGUST 1998** 

#### Congratulations and Thanks

The Joint JICA/WHO Technical Cooperation for the Primary Health Care project has been launched in Khammouane province, LAO PDR on October 1992 and it ends on September this year.

Seventy-four villages in three districts having roughly 4,500 households and 22,500 inhabitants were chosen for model area.

This June, PHC Department has practiced the "Household Survey" in order to evaluate the effect of project and to take a next step for improving the PHC services in the community. The survey was consistently prepared and practiced by Lao partners, and besides, statistics were also taken by themselves. I heartily offer my congratulations.

Fortunately I was given an opportunity to inform Japanese of the result of the survey with a permittion of Khammouane provincial Public Health office. I am sure that this will be useful for you to recognize the Life of Lao people, especially situations of primary health care in Khammouane in 1998.

Finally, I would like to express my warm thanks to Mr. BounNaeng who always respects my wishes and has translated the survey from Laotian into English and well thanks a lot to Dr. Annoh and Mr. Somphet who are my dear partners in the PHC Department. If reader wish more information about the survey, please contact them.

August 1998

JICA PHC project Japanese partner

#### Remark

We are probably to say that implementing village health worker system and Drug Revolving Fund system to villagers are the most effective activities in this project. These systems have been welcomed to the villagers. Namely village health workers are resources of knowledge for village people and Drug Revolving Fund has been playing a role for first aid. We hope that these strategies will be promoted all over the country. Needless to say, it depends on their idea how to ensure the finance for initial investment of fund and training cost to bring up a lot of volunteers.

Concerning hygiene and sanitation, people are hard to change their custom and habit in spite of their enough knowledge. It is true that changing the acquired habit and custom is difficult for human being. It is necessary to give them a basic conception of hygiene and sanitation from childhood. Anyway we have to make an approach to increse the number of schoolchildren previous to discuss these problems.

In most of the developing country, birth and death are not strictly registered for social being and social vanishment. Of course there is a lot of ceremony in related to wedding, birth, death and so on. Enormous problems in maternity and child health will not be solved only by medical science. Involving sex problems, these problems have been taken up a matter of social science at the same time. Legal administrative policy will be required to establish hereafter.

Developed country people have been struggling with obesity arising in a glut for these a couple of decade. So their natural food and their physique (including children's physique) look rather desirable for me. Nutrition status should be made more clear and be evaluated scientifically by way of laboratory study and

physical examination.

Disease control is one of the important elements of this project. As you know, we cannot decrease the number of patient even if we have enough medicine and health facilities. Principle of disease control is prevention, so-called primary prevention. Early detection and early treatment follow that, so-called secondary prevention. That is why most diseases are preventable and curable by realizing of eight elements of primary health care. Anyhow health is a everyone's responsibility.

Twenty years have passed since Alma-Ata declaration "Health to all the people". Medical scientists are obligated to enlighten people and have them perceive that health is a everyone's right. We need still more study for people above all not only their need but also their motive and incentive so as to instruct them efficiency.

Finally I am confident that people's quality of life is changing step by step. My colleagues have been starting to improve the condition of primary health care by their own approach far beyond my knowledge. They will realize more ideal primary health care by their own decision making far beyond my mind. Because Laos is their country, they know country better than any other else. At all events they need more time.

August 1998 Dr. Mathiho Udaba

### KHAMMOUANE PROVINCE **PUBLIC HEALTH OFFICE** PRIMARY HEALTH CARE DEPARTMENT

The questionaire for assessment of PHC project cooperated between JICA and Khammouane province.

<b>*APPREHENSIONS</b> : This househ	old survey is use	ed only for
evaluation of primary health care a	ctivity.	·
<sup>®</sup> Name of district:	code	
ூName of village:	code	
®Name of commune:	code	
®Number of household:	000	
®Name of household leader:	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	•
® Name of interviewer:	1	
•	2	•
;	3	•
	7	a da

# NAME OF HOUSEHOLD SURVERY VILLAGES

				Number of	Donulation
No	Code No	Name of village	district	household	
1	40306	Thamy	Hinboun	138	668
2	40114	Pakpakan	Hinboun	61	281
3	40206	Houlbone	Hinboun	43	·
4	40101	Hinbounneua	Hinboun	94	
5	40211	Khiminyai	Hinboun	136	
6		Phonsy	Hinboun	18	
7		Namdik	Hinboun	84	
8		Houixai	Hinboun	22	
:8		Phonkhor	Hinboun	30	
10	.	Dongkang	Hinboun	40	
11		Wallhat	Mahaxai	32	
12		Nongkok	Mahaxai	2	
13	_ [	Natoung	Mahaxai	4	
14		Somsanouk	Mahaxai	4	
1		3 Nakham	Mahaxai	8	
1		7 Nadou	Mahaxai	3	
1	<u> </u>	3 Nakhomthong	Sebangfai	8	7 510
1	_	8 Naphorktheung	Sebangfai	7	5 38
3		1 Dangtha	Sebangfai	8	2 46
1		5 Hadkhamhieng	Sebangfai	18	
	-1010	VII. (40.10.10.10.10.10.10.10.10.10.10.10.10.10		135	692

Quote: National census 1995

We have chosen four hundred households at random.

#### Mothods

This "Household Survey" was carried over two weeks from on June 8 1998. 400 households was choosen at random. We extracted 20 villages from pilot area and chose 20 households from each villages.

The questionaires contains of eight elements of the projects activity and was separated into two parts as follows,

- 1) before project 1988-1992
- 2) after project 1993-1998

Two groups consisted of two interviewers was organized. Interviewers stydied and practiced the questionaires in advance. Interviers took answers for quiestionare by way of man to man method and collect the data directly at once.

Interviewers checked the data and imput the data useing statistics soft SPSS by themselves and analyzed by SPSS.

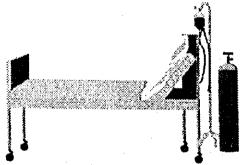
Data graph was made by useing soft EXCBL.

#### PART I FAMILY INFORMATION:

ETHNICS	RELIGION	PROFESSION	EDUCATION
1. Lao loum	1. Bhuddism	1. Personnel	1. 3 years
2. Lao theung	2. Christian	2. Farmers	2. 6 years
3. Lao soung	3. Ghostm	3. Labors	3. 7 years
		4. Others	4. Others

1				T. Outer		4. Omers	
No	Name & surname	Sex	Age	Ethnics	Religion	Profession	Education
1							
2							
3							;
4						·	
5							
6				,			
7		:					
8							
9						,	·
10							
11							
12			,				
13							
14							1
15	,						
<u> </u>	L	1	<u></u>	<u> </u>		L	

Remarks: The interviewers have to mark code number mentioned above for each person in the family.

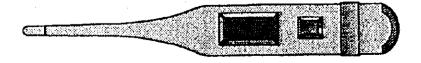


Q:101. How many person are your family?
Q: 102. How many children under 15 years old are your family?

Q: 103. How many years was householder educated?

# PART II. HEALTH FACILITIES INFORMATION:

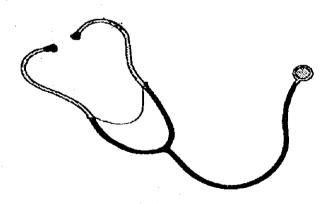
	code	code
Questionaires	Before PHC activity start	After PHC activity
_	1988 - 1992	conducted 1993-1998
201. Have you ever been to	1	
health facility as		
following?		
- Provincial hospital	① YES 32.3 ② NO 67.8	① YES 33.8 ② NO 66.3
- i toviticiai nospitat	0 12002.0 0 110 0110	
-District hospital	① YES 28.5 ② NO 71.5	① YES37.3, ② NO62.8
		6 VEG40 0 /9 N/O 50 0
∙Health post	① YES 13.5 ② NO 86.0	① YES42.0 ② NO 58.0
- Illegal nurse.	① YES 18.4 ② NO81.0	① YES25.3 ② NO 74.5
- niegai nuise.	0 125 10:1 9 1100 110	
-Private clinic in town	① YES 12.8 ② NO 81.3	① YES 15.8 ② NO 84.3
-Going to Thailand	0 VEG 15 0 VO 02 0	① YES 10.8 ② NO89.0
To home addition in	① YES 17.0 ② NO 83.0	W 125 10.8 & 19089.0
- To buy medicine in private pharmacy.	① YES 62.8 ② NO 37.3	① YES 60.3 ② NO39.8
private praratuey.		
-Traditional medicine.	① YES 42.3 ② NO57.3	① YES 40.5 ② NO59.3
·		6 VIII 45 0 (1) NO04 2
-Superstition.	① YES 20.8 ② NO79.0	① YES 15.0 ② NO84.3
-Didn't go anywhere	99- 4.3	99- 1.0
-Didn't go anywhere	77- 410	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
202. How long is it from	① about 10 minutes 11.3	① about 10minutes 25.8
your house to health center	@about 30 minutes 14.0	@about 30 minutes 14.0
where you go usually, ?	Dabout 1 hour 17.5	3 about 1 hour 16.0
(by walk)	<b>More than 1 hour 51.8</b>	More than 1 hour 43.3
000 17 1 11 1		① Better 99.5
203. How do you think		© No change 0.5
about VHWs and DRF in		3 No need 0
your village ? ( if there is )		1 to troop o



PART III. ENVIRONMENT AND SANITATION INFORMATION

PART III. ENVIRONMENT AND SANITATION INFORMATION				
301. Do you think it is necessary	Overy necessary 76.8	Overy necessary 93.5		
to have a fatrine in your house?	Onot so necessary 16.3	Onot so necessary 4.5		
	③ Not necessary 4.0	③ Not necessary 2.0		
302. Is there a latrine in your house?	① YES 4.5 ② NO95.0	① YES 14.5 ② NO 85.3		
303. What kind of latrines is there in your house ?( if yes)	①Using water 94.4 ② dry latrine 5.6	①Using water 100.0 ② dry latrine 0		
304. If there is a latrine in your house, do all of your family use it?	©Every time 94.4 ©Sometimes 5.6 © Never use 0	©Every time 86.0 ©Sometimes 12.3 ③ Never use 1.8		
305. Do all of your family wash their hands after using latrine?	⊕Every time 26.5 @Sometimes 56.3 ⊕ Never wash 11.5	©Every time 41.3 ©Sometimes 49.3 © Never wash 4.5		
306. If there is no latrine, where do your family urinate and defecate?	Ounder the house 0.8 OBushes near house83.5 OField near house8.5 OStream near house0.5 Others 1.1	Ounder the house 0.8  ②Bushes near house75.3  ③ Field near house8.5  ④ Stream near house 0.5  ⑤ Others 1.4		
307. Do you keep animals beneath your house?	① YES 32.3 ② NO67.0	① YES 26.8 ② NO 72.5		
308. Do you always cover your water containers? (The interviewer should observed)	① YES 51.8 ② NO47.8	① YES 60.5 ② NO 39.3		

309. Is the yard of your house kept clean from spoiled water? (The interviewer should observed)	① clean 42.8 ② dirty 48.0 ①spoiled water 9.3	① clean 51.3 ② dirty 39.0 ③spoiled water 9.8
310. Do you think that your family has enough water for using and drinking?	① enough 62.3 ② not so enough 24.8 ③ not enough 12.8	① enough 80.0 ② not so enough 14.8 ③ not enough 5.3
311. Where do you get water for using and drinking every day? (If your family getting water from many resources, mark only one for regular use)	Owell with cement frame 25 Owell without frame 37 Opump well 12.5 ONatural spring water 2.8 Ostream or river 31.5 Orain water in big jar 2.8 OTap water 0.3 Others 10.8	Owell with cement frame 26.0 Owell without frame 26.0 Opump well 27 ONatural spring water 2.8 Ostream or river 29.5 Orain water in big jar 3.0 OTap water 0 Others 11.8
312. How far is it from your house to the water resources?	①in the yard 6.0 ②less than 500 meters 87.0 ③less than 1 km 6.0 ④More than 1 km 0.8	①in the yard 8.5 ②less than 500 meters86.3 ③less than 1 km 4.8 ④More than 1 km 0.5



PART IV. MOTHER AND CHILD HEALTH CARE INFORMATION.

PART IV. MOTHER AND CHIL	D HEALTH CARE INFO	RMATION.
401. How many children do you have since you got married your present wife? ( If no please mark 99 in space)	סם	<u>0</u> 0
403.Did you see a doctor every your pregnancy?	① YES12.5 ② NO86.8	① YES 18.5 ② NO 81.0
404. Where did you go whenever you wanted to see a doctor ?( If yes )	Ountrained TBA 8.9  TBA 8.9  The alth post nurse 35.7  district hospital 23.2  provincial hospital 17.9  Thailand 5.4	Ountrained TBA 0  TBA 10.0  Chealth post nurse51.3  district hospital 25.0  provincial hospital 11.2  Thailand 2.5
405. Did you ever take a vaccination for tetanus every your pregnancy?	© every time 18.3 © sometimes 14.8 © never 63.0	①every time 42.3 ② sometimes 17.3 ③never 38.3
406.Was there any woman who died pregnancy in your family?	① YES1.3 ② NO97.5	① YES1.8 ② NO 97.0
407. Where did you give birth each time?	① At home 82.5 ② untrained TBA 5 ③ TBA 1.8 ③ health post nurse 0.8 ⑤ in district hospital 0.8 ⑥ in provincial hospital 1.8 ② Thailand 0 ⑧ Others 1.3	① At home 80.3 ② untrained TBA 3.8 ③ TBA 4.3 ④ health post nurse 0.8 ⑤ in district hospital 1.3 ⑥ in provincial hospital 2.3 ② Thailand 0.5 ⑧ Others 0.8
408. Was there any woman in your family who died during her delivery?	① YES 0.3 ② NO98.8	① YES0.5 ② NO99.0
409. Did you follow up post natal care ?	①Yes 8.5 ②sometimes 1.8 ①never 87.3	①Yes 15.9 ②sometimes 2.0 ③never 81.5

410.From whom did you take post natal care ? ( if Yes )	Ountrained TBA 39.7  OTBA 17.2  Ohealth post nurse 17.2  Odistrict hospital 3.6  Oprovincial hospital 5.2  OThailand 3.4  OOthers 13.8	Ountrained TBA 17.6  ②TBA 40.7  ①health post nurse 23.1  ④district hospital 2.2  ⑤provincial hospital 5.5  ⑥Thailand 0  ②Others 11.0
411.Was there any newborn in your family this year?		① YES 17.0 ② NO83.0
412.Was there any baby who died under 28 days old in your family this year ?		① YES 7.3 ② NO 92.7
413. Was there any baby who died under one year old in your family this year?		① YES 13.2 ② NO 86.8
414.Were there children died at the age of under 5 years old in your family ?	① YES 38.5 ② NO60.8	① YES 20.5 ② NO 79.0
415.Were there children died at the age of 6-15 years old in your family?	① YES 21.3 ② NO78.3	① YES 5.8 ② NO 93.8
416. How old were you when you got married your first husband? (ask woman) (If they do not know please mark 99)		99
417. Now do you still live with your husband?		①Yes 83.5 ②Separated 0.8 ①devorced 5.0 ④widow 9.8 ⑤Others 1.0
418. How many times did you give birth since you got married your first husband and second husband?		□□ times

419.How many babies do you wish?		00
420. Have you ever discussed with your spouse about family planning ?	① YES 18.3 ② NO 80.0	① YES 28.0 ② NO 71.8
421.How long do you think it is best for birth space ?		□□ years
422. Have you ever heard about birth control at least one method	① YES 16.0 ② NO82.0	① YES 55.0 ② NO44.3
423.Who gave you any	© someone 14.3	① someone 32.3
information about birth control	<ul> <li>② radio 17.5</li> <li>③ health post nurse 6.8</li> <li>④ district H staff 13.3</li> <li>⑤ provicial H staff 7.5</li> <li>⑥ Others 7.8</li> </ul>	② radio 13.3 ①health post nurse 37.3 ④district H staff 52.8 ③ provicial H staff 11.5 ⑤ Others 6.3
424.Have you ever used family planning?	① YES 6.5 ② NO91.5	① YES 21.0 ② NO 78.5
425.What method did you take for birth control? (if yes)	Taking pill 11.4 Taking injection 42.9 UID 2.9 Condom 0 Tubal ligation 5.7 Cothers 37.1	©Taking pill 16.9 ©Taking injection 62.2 ©UID 2.2 ©condom 1.1 ©Tubal ligation 4.4 ©Others 13.3

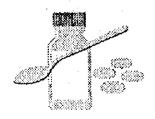
TBA: Traditional Birth Attendant.

426.Where did you take medical care of birth control ? ( if yes)	©Health post 16.7 ©District hospital 43.3 ©Provincial hospital 16.7 ©Thailand 6.7 ©Taking pill oneself 16.7	⊕Health post 7.5 @District hospital 58.2 ⊕Provincial hospital 10.4 ⊕Thailand 13.4 ⊕Taking pill oneself 10.4
427. If you did not do any method of birth control, why?	ODid not know 73.5  ©Far from health center 03  OHusband disagree 3.3  Oafraid of illness 3.8  Oothers 5.8	ODid not know 41.8  OFar from health center 2.3  OHusband disagree 11.8  Oafraid of illness 5.8  Others 11.8
428.How many years were you educated? (ask mother)		Oilliterated 48.5 ②learned 1-3 years40.8 ③learned 4-6 years9.8 ④learned 6 years more 0.8
429.Did you give breast feeding to your child at least 4 months so far?	① YES 32.3 ② NO 65.0	① YES 33.5 ② NO65.0



PART V. NUTRITION INFORMATION:

TAKE V. NOTKETON INFOR	ALVET TOTAL	
501.How much does your last child weigh ?( in this year if any, ( If did not weigh, mark 99)		□ kg 99
502.How many children under 5 years old are there in your family?		□□ persons 99
503.How is the nutrition of children in this family? (interviewer observe)		☐ Good nutrition 53.0 ☐ 1st malnutrition 35.0 ☐2nd malnutrtion 9.0 ☐3rd malnutrtion 3.0
504.Did your children under 5 years old in your family weigh every 3 months?	① YES 8.0 ② NO 87.8	① YES 19.0 ② NO 80.0
505. Are there any person who has goiter in your family?		① YES 5.8 ② NO93.5
506.Do you use iodine salt for cooking in your home? ( interviewer observe )	© YES 39.3 © NO59.5	① YES 88.5 ② NO10.5



PART VI. EPI INFORMATION.

PART VI. BYT INTORWATION.	را نامد کرد. بردا این نواد این این در در این	and the second s
601.Do you think it is helpful for	①helpful 85.8	⊕helpful 99.5
children to have a vaccination?	Oambigous 9.0	@ambigous 0.3
	@Not helpful 3.8	@Not helpful 0
602.Did the children under 2 years old in your family have DPT vaccination 3 times?	① Yes 31.8 ② Not every time 11.8 ① Never 48.8	① Yes 56.3 ② Not every time 12.0 ③ Never 27.0
603.Did the children have also measles vaccination? ( interviewer observe yellow card )	©Yes 32.5 © No 57.3	①Yes 61.5 ② No 33.3
604. Why didn't you get your children to have a vaccination?	① Got fever 5.5 ②Did not aware 2.3 ②No time 23.0 ④Nurse not come 0.5 ③Others 18.8	① Got fever 8.3 ②Did not aware 0.5 ③No time 5.8 ④Nurse not come 0.8 ⑤Others 17.0



PART VII. ENDEMIC DISEASE CONTROL INFORMATION:

PART VII. ENDEMIC DISEASE	CONTROL INFORMA	
701. Why do you know we are infected with malaria ? ( mark one kind)	OMosquito bite 86.5 Odrink unboiled water6.0 Ocat raw fish 0.3 Odrink river water 4.8 OOthers 1.8	OMosquito bite 91.8 Odrink unboiled water3.5 Oeat raw fish 0.3 Odrink river water 2.8 Others 1.5
702.How can we prevent infection of Malaria without taking medicine? ( Mark one kind)	① clean the house 9.8 ②sleep in mosquito net 89.5	O clean the house 3.8 Osleep in mosquito net 95.5
703.What is the cause of Opisthorchiasis?	Deat raw fish 83.3 Ddrink unboiled water 2.8 Deat raw meat 11.0 Others 2.3	①eat raw fish 92.0 ②drink unboiled water 1.0 ①eat raw meat 5.0 ③Others 1.5
704.Do any members in your family still eat raw fishes?	① YES 72.3 ② NO27.5	① YES 53.5 ② NO46.3
705 .Severe diarrhea in children causes death, what is the best way to prevent, and that we can do by ourselves? (choice 2 ways)	Odrink boiled water - eat cooked food 87 O Using latrine 43.3 OCover food well 69.0	①drink boiled water - eat cooked food 90.8 ② Using latrine 54.3 ③Cover food well 54.3
706. Do all members in your family always drink boiled water?	©always drink 41.5 ©sometimes drink 37.5 ©never drink 21.0	①always drink 57,3 ②sometimes drink 33.8 ②never drink 9.0
707. From whom have you heard how to prevent diseases?	③Radio 31.8 ④nurses 68.5 ⑤Others 5.3	①VHWs 74.5 ②Loud speaker 25.3 ③Radio 36.3 ④nurses 91.0 ⑤Others3.3



### PART VIII. HEALTH POST SERVICE INFORMATION:.

801.So far, few people accessed to health post to take health service, why?
(interviewer just listen to their impression without saying any comment)

802. How do you improve the health post?

①No medical staff 25.8
② distrust experience of nurse 3.0
④Not enough drug 84.0
④Not enough equipment 23.8
⑤Too far away 42.5
⑥Delayed service 3.0

Owell trained nurse 11.8

Denough drug 89.3

Denough equipment 29.8

Oregularly working staff 33.8

Others 5.5

**Oimpolited** manner nurse 1.0

#### THANK YOU VERY MUCH FOR YOUR COOPERATION

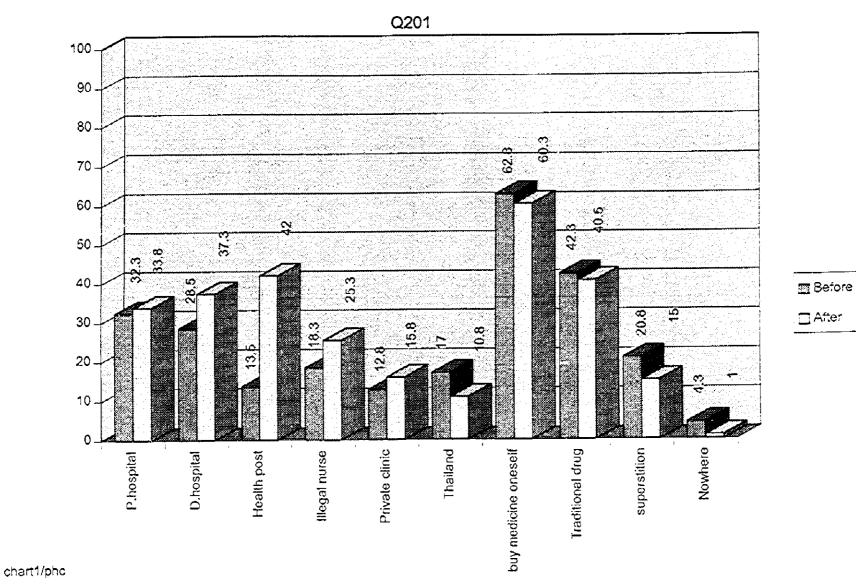


# KHAMMOUANE PROVINCE PUBLIC HEALTH OFFICE PRIMARY HEALTH CARE DEPARTMENT

# DATA GRAPH

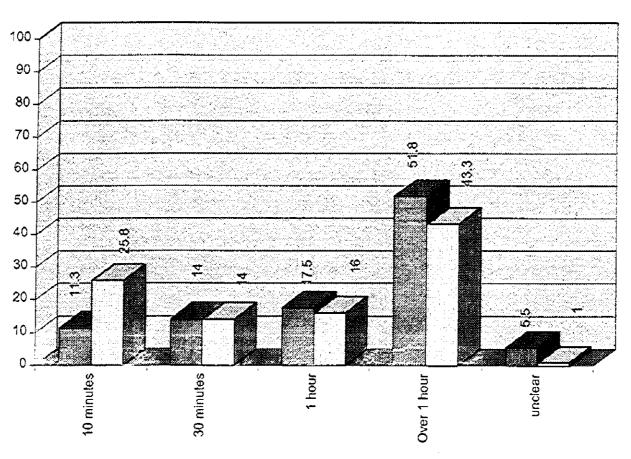


### Have you ever been to health facility as follows?



## How long from your house to health center?





🗃 Before

☐ After

chart2/PHC

# How do you think about VHWs and DRF in your village? Q203

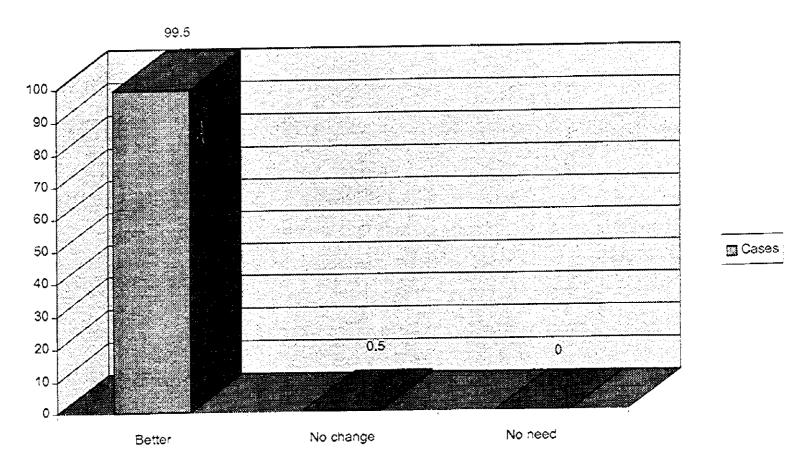
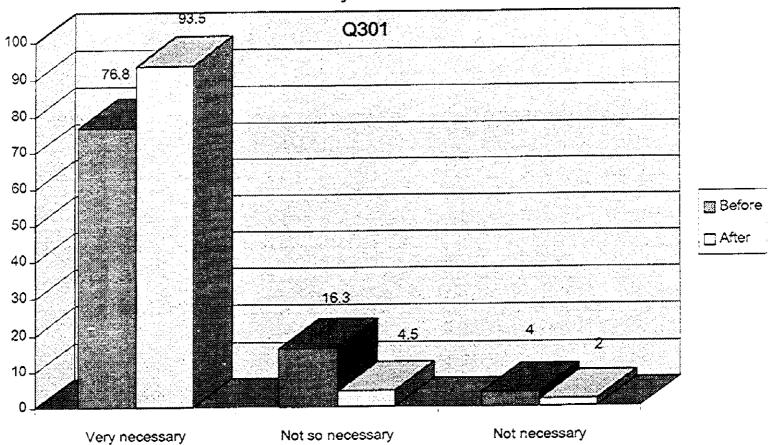


chart3/phc

## Is it necessary to have a latrine?



# Is there a latrine in your house?

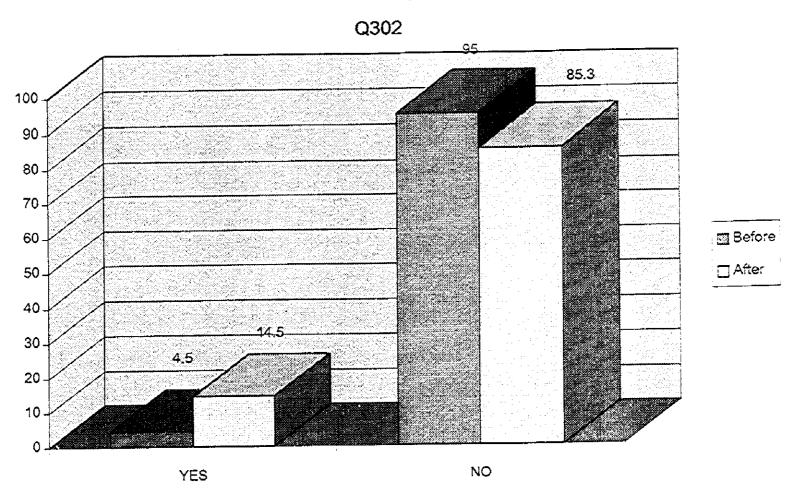
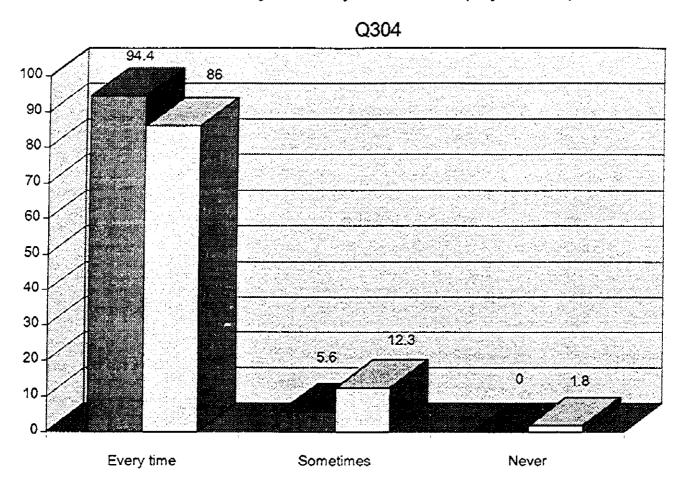


chart6/phc

## Do all of your family use latrine? ( if you have)

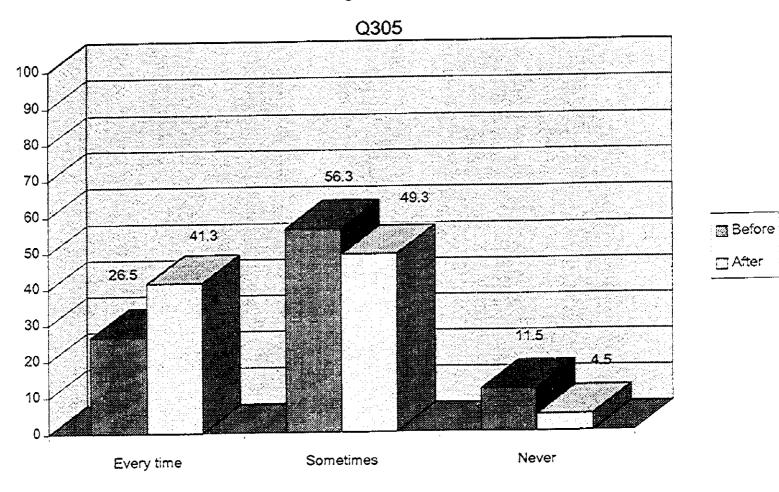


Before

🖂 After

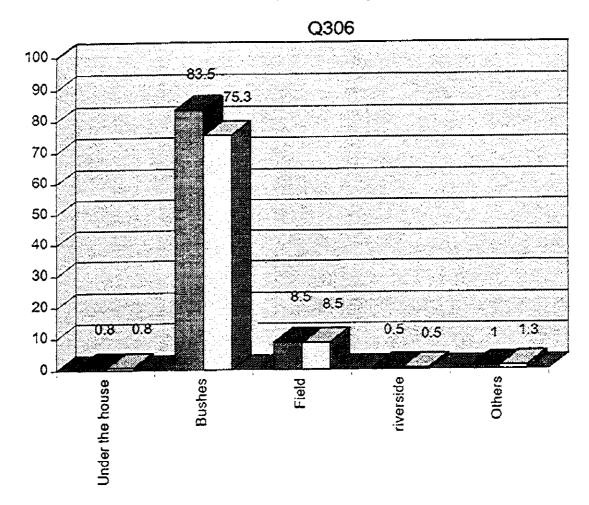
chart7/phc

## Washing after defecate



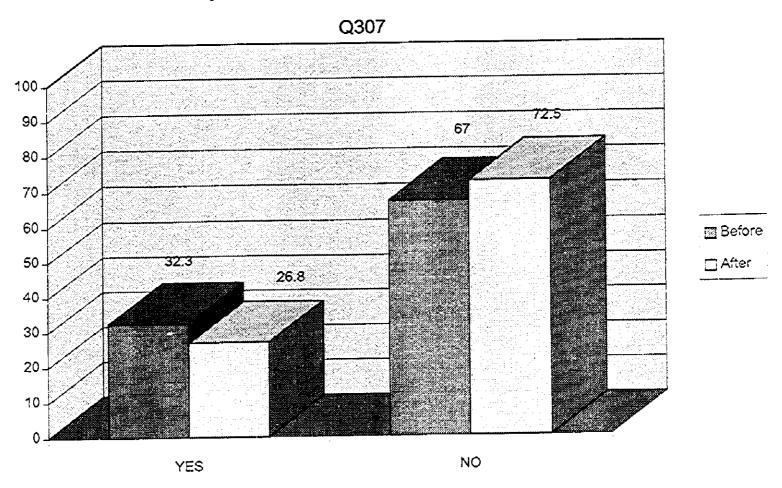
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## If no latrine ,where do you defecate?

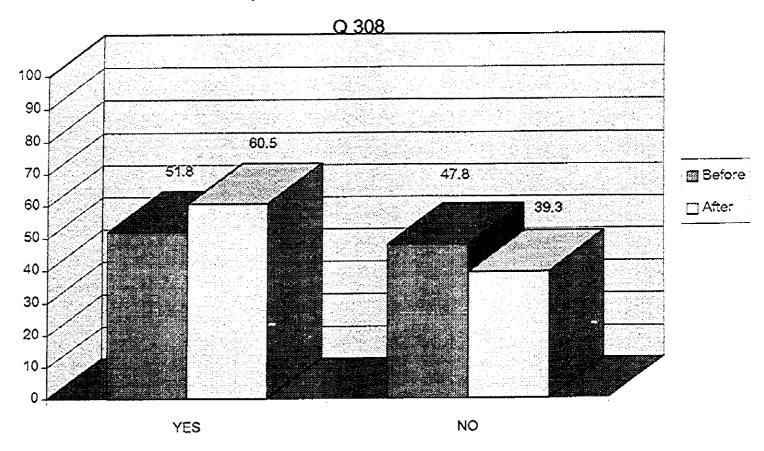




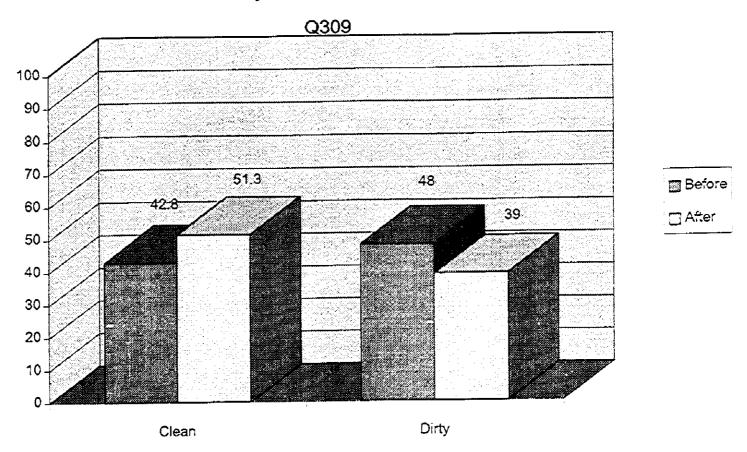
# Do you keep animals beneath your house?



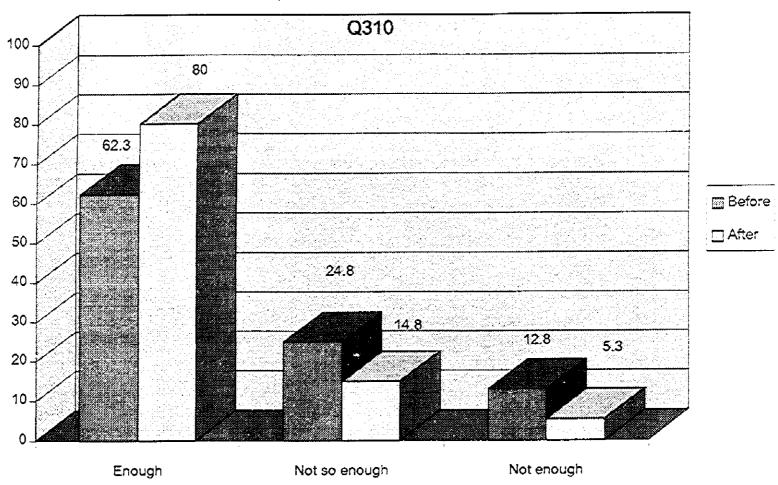
# Do you cover water containers?



# Do you clean the yard?



## Do you have enough water?



# Where is the water resource?

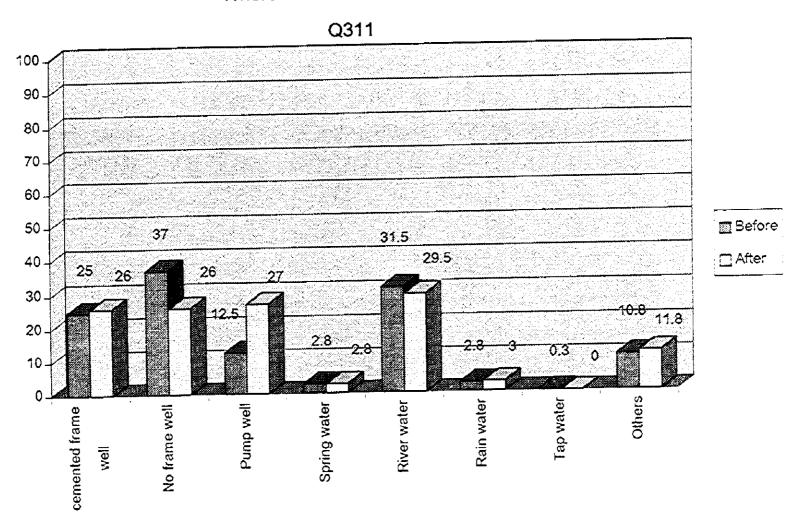
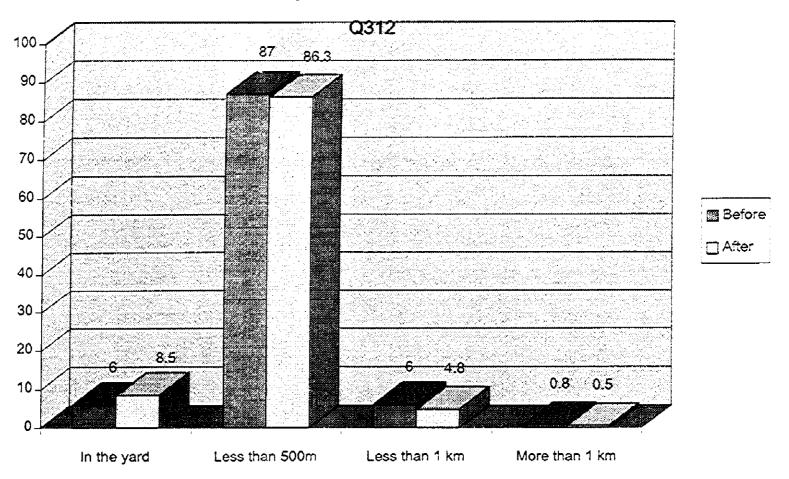
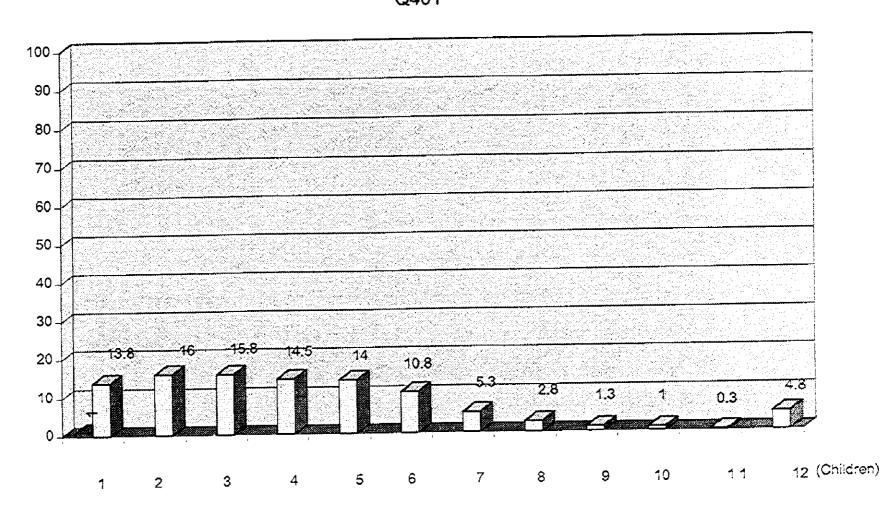


chart15/phc

### How far from your house to water resources?

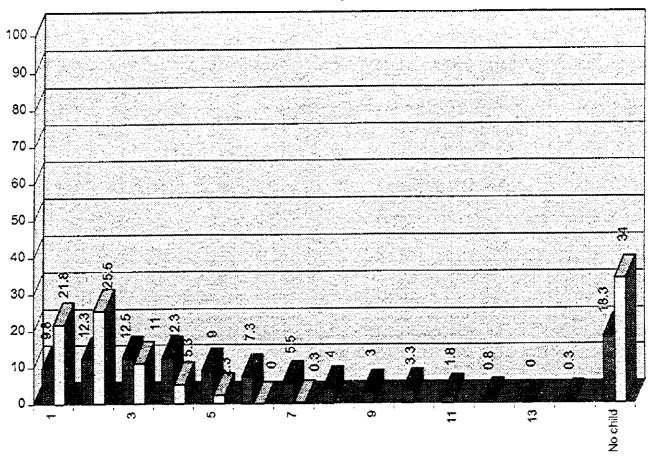


# Number of your children Q401







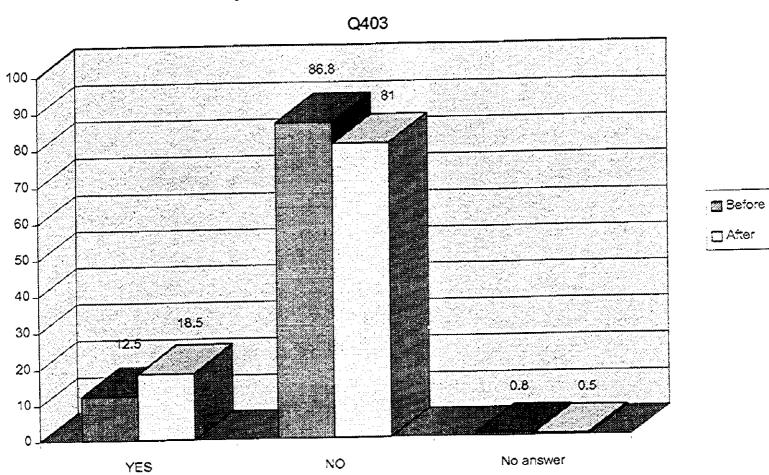


🛭 Before

☐ After

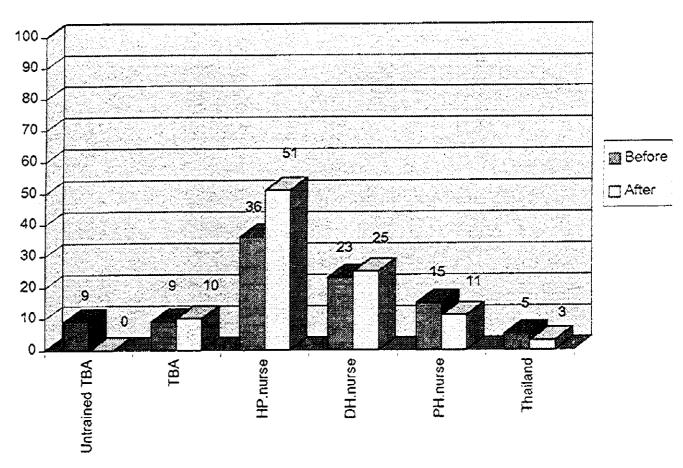
chart4/phc

# Did you see a doctor every your pregnancy?



# Where did you consult your pregnancy ? ( If yes)





# Did you take a vaccination for tetanus every your pregnancy?

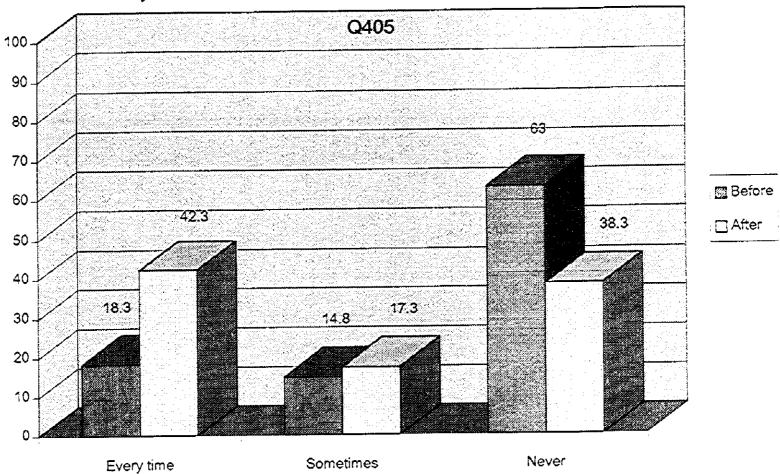
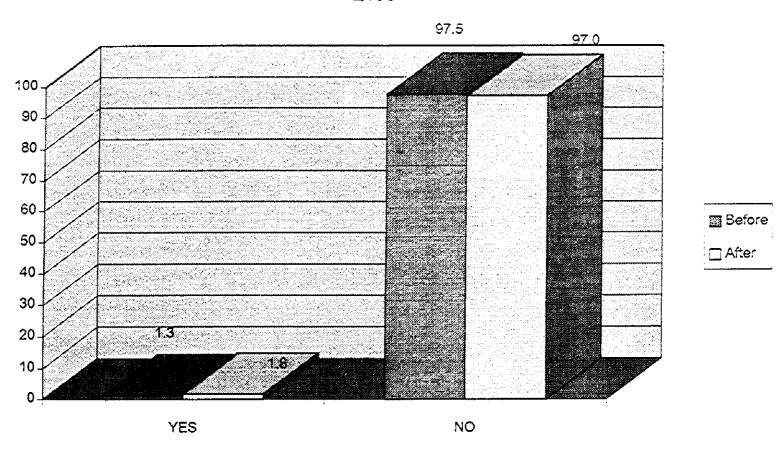


chart20/phc

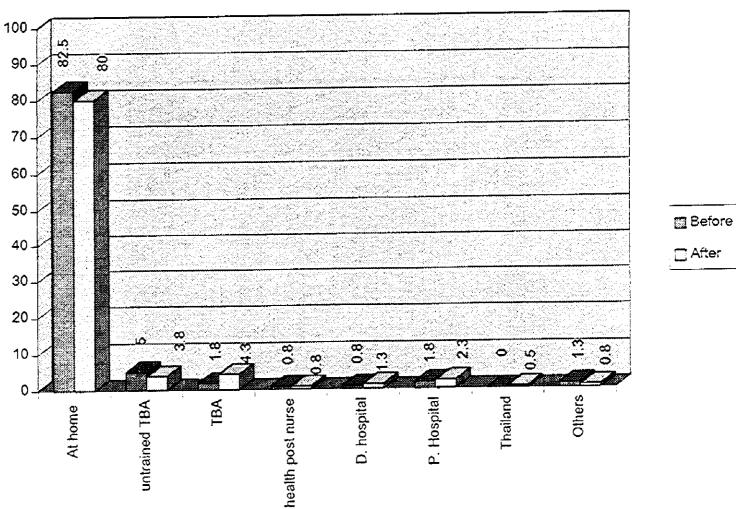
# Was there any women died of pregnancy?

## Q406



# Where did you give birth each time?





# Was there any women died during delivery? Q408

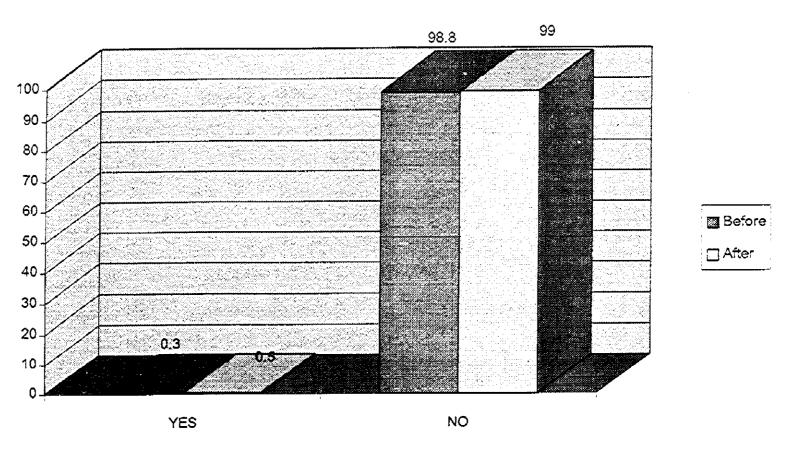


chart23/phc

# Did you follow up post natal care? Q409

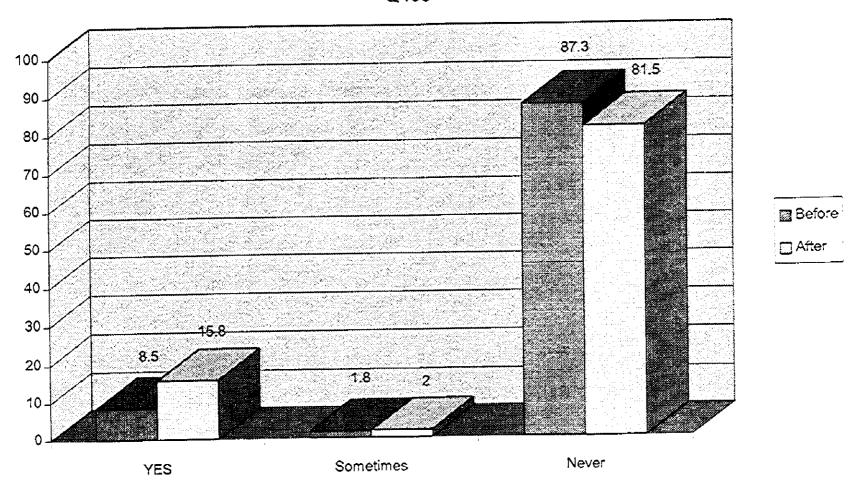
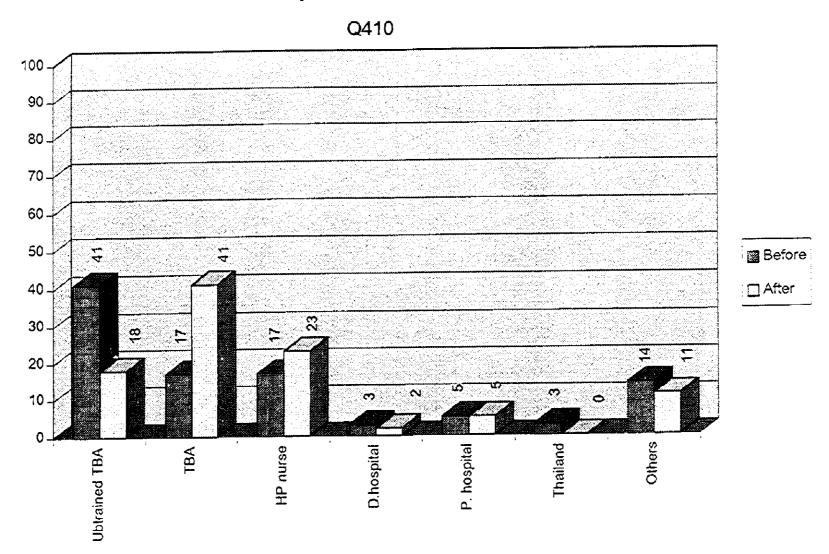
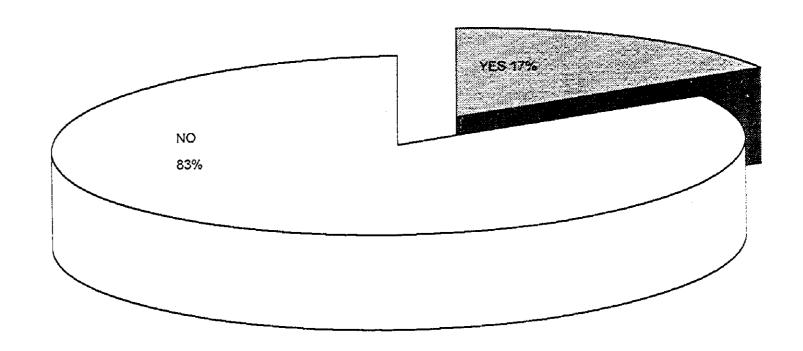


chart24/phc

# From whom did you take post natal care? (If yes)



# Was there any new born this year? Q411



# Mortality rate of children

# Q412.Q413

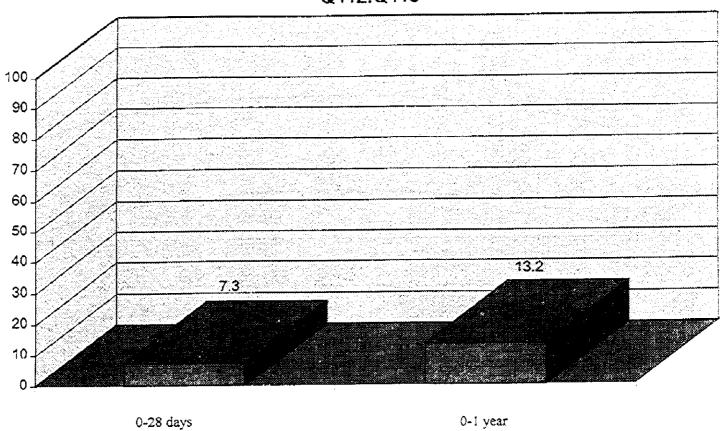


chart26/phc

Dead children Q 414.Q415

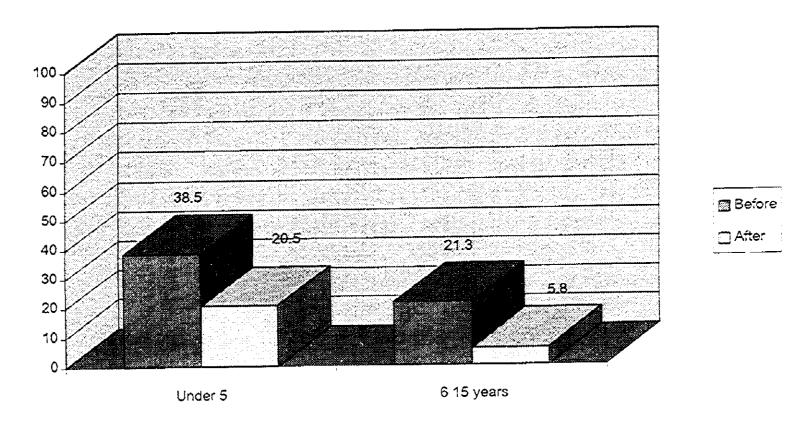


chart5/phc